

more chilling. What with the confined air and the heat by day, and the chilly dampness of night, the mortality from both fevers and consumption is increased.

COST OF PREVENTION.—If we accept the authority of Dr. J. S. Billings, says *the Proceedings*, the ratio between prevention and charity is not very different from that which the adage gives as existing between prevention and cure. Dr. Billings says: "The interest on the money which, during the past fifteen years, has been raised by voluntary contributions in the North to aid Southern communities affected with yellow fever, would more than pay all the expenses" of quarantine measures for the exclusion of that disease from Southern ports. The ounce bears about the same arithmetical proportion to the pound that interest (at six per centum) does to principal.

THE JEWISH SANITARY CODE.—Dr. Richardson recently delivered a lecture on the Jewish Sanitary Code, in the Chapter-house of St. Paul's Cathedral, (*Medical Times and Gazette*). The opening remarks explained a series of facts relative to the present distribution of the Jewish races throughout the world, and dwelt on the phenomenon of vitality as illustrated in the Jewish people, indicating the greater vitality which they presented as compared with that of other races among whom they were cast. From this Dr. Richardson passed to consider the cause of the vitality, and argued that it depended mainly on the observance of certain parts of the Mosaic sanitary laws. Among other aids to health suggested from the source named, he deduced five in chief, viz., Pass-over cleaning, rest from labour once in seven days, chastity and good domestic life, temperance and great circumspection in regard to foods, and care of the enfeebled and destitute of all ages of life.

MOULD-POISONING.—In the *Revue d'Hygiene*, January, 1881, (*Medical Times and Gazette*.) M. Megnin narrates an interesting case of poisoning by mouldy biscuits. Two cavalry horses in Algiers, who had consumed about half a kilogramme (somewhat over a pound), manifested very remarkable

symptoms, as colic, followed by attacks of vertigo, alternating with profound coma, accompanied by general anæsthesia and complete muscular relaxation, also atony of the urinary bladder, loss of sight, and profuse cold sweats. He adduced a number of other cases among men and animals of poisoning by mouldy or rancid provisions, notably those of two pigs, who, after eating a quantity of spoilt bread, died with colic, cerebral symptoms, and blindness; and comes to the conclusion that the most virulent and characteristic of these mould-poisons is the *Ascophora nigricans*—the *Oidium aurantiacum* polymorphic with *Erysiphe aur.*, ranking next; the *Mucor mucedo* and *Aspergillus glaucus*, which develops into *Eurotium herbariorum*, being comparatively innocent.

TO PUBLISHERS OF PAPERS.—We desire to convey our sincere thanks for notices of the JOURNAL, some so highly complimentary, and to say at the same time, however, that it is not for the purpose of an exchange that we send the JOURNAL to so many. It is easy to understand that we cannot possibly look through, even, much less read, the hundreds of papers sent weekly to the JOURNAL, and what we want is notices of it monthly and proper acknowledgment when articles are copied, which some fail to give, while others give only partial acknowledgment, as "*Health Journal*." We are always glad to have any thing in the JOURNAL copied into local papers and hope friends will not fail to send us a marked copy of their paper containing any such, or any notice of the JOURNAL. Sanitary work is yet almost a work of *charity* in this country, and we respectfully ask the utmost "consideration."

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