

INTERNATIONAL THROAT AND LUNG INSTITUTE.

Head Office: London, England. Branches: Montreal, Toronto, Detroit, Winnipeg and Boston. This institution is rapidly enlarging its field of usefulness...

Dr. J. Rolph Malcolm, (ESTABLISHED 1863)

Physician for Affections of Throat, Lungs and all other Chronic Diseases. 357 KING ST. WEST, TORONTO.

SPECIALTY—The Treatment of Affections of the Respiratory Organs by Inhalation.

All those suffering from Catarrh, Bronchitis, Asthma, Consumption, or any other disease of the Lungs, standing, are cordially invited to call. CONSULTATION FREE.

Books giving full particulars, mailed free, on application.

RHEUMATINE An Internal Remedy and a SURE CURE for all kinds of



KIDNEY COMPLAINTS Give RHEUMATINE a fair trial. You will never regret having done so.

Testimonial from Rosa Needham, who has been for years in the service of the Rev. Dr. Williams of St. Paul Street Methodist Church, St. Catharines St. CATHARINES, July 2, 1883.

MR. SUTHERLAND Dear Sir,—I have been afflicted some years with Rheumatism, became stiff and almost helpless. I also suffered very great pain. I was in this state when I first saw your advertisement of Rheumatine in the papers. I thought it could do me no harm to try it, which I did with the best results. Now I can move about as well as ever. I had to take quite a number of bottles. Still that is nothing to bring cured, which I am happy to say I am.

I did not feel any relief until I had taken four five bottles when I began to feel better. I truly hope anyone else who is suffering from Rheumatism will give your Rheumatine a fair trial, for I was very bad and it cured me. Do as you see fit with this letter and believe me to remain.

Most gratefully yours, (Signed) ROSA NEEDHAM. P.S.—I am living at the Rev. Dr. Williams, St. Catharines. Any reference to him will prove that the above is true. (Signed) ROSA NEEDHAM.

See our Change of Testimonials every week in Daily Papers.

—SOLD BY ALL DRUGGISTS



Good Pay for Agents \$100 to \$200 per week made selling our Books and Bibles. C. McCurdy & Co., Philadelphia, Pa.

CONSUMPTION

I have a positive remedy for the above disease. It has cured thousands of cases of the worst kind and is the only medicine that has been cured. Indeed, so strong is its efficacy, that I will send TWO BOTTLES FREE with a VALUABLE TREATISE on this disease to any sufferer. Give Express and P. O. address.

DR. T. A. SLOCUM, 121 Pearl St., New York.

\$66 a week in your own town. Terms and full particulars. Address H. HALLEY & Co., Portland, Me.

AYER'S Sarsaparilla

Is a highly concentrated extract of Sarsaparilla and other blood-purifying roots, combined with Iodide of Potassium and Iron, and is the safest, most reliable, and most economical blood-purifier that can be used. It invariably expels all blood poisons from the system, enriches the blood, and restores its vitality.

Inflammatory Rheumatism Cured.

"AYER'S SARSAPARILLA has cured me of the Inflammatory Rheumatism, with which I have suffered for many years."

Durham, Ia., March 2, 1882.

PREPARED BY

Dr. J. C. Ayer & Co., Lowell, Mass.

Sold by all Druggists, \$1, six bottles for \$5.

CATARRH advertisement with text: 'To any suffering with Catarrh of the Throat or Lungs who earnestly desire relief, we furnish a means of Permanent Cure. A Home Treatment charge for consultation by mail. Value of Treatise Free. Certificates from Doctors, Lawyers, Ministers, Business Men. Address Rev. T. P. CHILDS, Troy, Ohio.'

Bells.

MENEELY BELL FOUNDRY advertisement: 'Favorably known to the public since 1840. Church, Chapel, School Bells, and other bells; also Chimes and Musical Bells. MENEELY & CO., WEST TROY, N.Y.'

THE TROY MENEELY BELL FOUNDRY advertisement: 'CLINTON H. MENEELY BELL COMPANY, TROY, N.Y. manufactures a superior quality of Bells, Gongs, workmen, Greatest experience. Largest Stock. Special attention given to CHURCH BELLS. Illustrated Catalogue mailed free.'

MESHANE BELL FOUNDRY advertisement: 'Manufacture those celebrated Bells and Chimes for Churches, Schools, Locks, etc. etc. Prices and terms lowest sent free. Address, H. MESHANE & Co., Baltimore, Md.'

BUCKEYE BELL FOUNDRY advertisement: 'Bells of Pure Copper and Tin for Churches, Schools, Fire Alarms, Farms, etc. WARRANTED. Catalogue sent free. VANOUZEN & TIFT, Cincinnati, Ohio.'

Baltimore Church Bells advertisement: 'Since 1840 we have been manufacturing the superior quality of Church Bells, Gongs, and other bells. We have a large stock of Bells of all denominations. The best selling Family book ever published. Agents are meeting with wonderful success. No competition. Any man or woman wanting a good business, contact, for extra terms and special territory.'

Life and Labels of C. H. Spurgeon advertisement: 'FOR the 7th edition of "Life and Labels of C. H. Spurgeon," the greatest of our century. By C. H. Spurgeon, the greatest of our century. It contains the life, labors, and death of the great evangelist. The best selling Family book ever published. Agents are meeting with wonderful success. No competition. Any man or woman wanting a good business, contact, for extra terms and special territory.'

Sawing Made Easy advertisement: 'Monarch Lightning Sawing Machine! Sent on 30 Days Test Trial. Great Savings of Labor & Money. A boy is now old on saw logs FAST and EASY. MURRAY, PORTLAND, ME. writes: "Am much pleased with the MONARCH LIGHTNING SAWING MACHINE. It sawed out a 24-inch log in 2 minutes. For sawing logs into suitable lengths for family stores, wood, and all sorts of log-cutting, it is the most perfect and most reliable. Illustrated Catalogue, FREE. AGENTS WANTED. Mention this paper. Address: MONARCH MANUFACTURING CO., 165 E. Randolph St., Chicago, Ill.'

GET A MODEL PRESS advertisement: 'A complete with... Model Press, J. W. Daugherty & Co., Philadelphia, Pa.'

Scientific and Useful.

DAFFODIL PUDDING.—Boil a large cupful of tapioca in a quart of water till clear. Add half a lemon, sliced thin, and the juice and zest of the remainder; also the yolks of three eggs, beaten very thoroughly, with a cupful of powdered sugar. Make a meringue of the whites, and brown lightly.

CHEESE CLOTH FOR COMFORTS.—Cheese cloth, or, as it is sometimes called, cotton bunting, in scarlet, blue, or cream colour, is good material for lounge quilts and comforts for the guest chamber. The cloth is light, but very firm, and wears well; it is also much used for lining lace spreads, lambrequins, etc.

DAIRY COLD-SLAW.—Slice this a small solid head of cabbage, and sift through it a teaspoonful of powdered sugar, with salt and pepper to taste. Melt a dessertspoonful of butter, and add slowly a teaspoonful of French mustard; pour these over the salad hot. Then add two tablespoonfuls of tarragon vinegar, and twice the quantity of sweet cream. Serve with grated Edam cheese.

CANNED FISH IN CREAM.—This is delicious for bluefish or salmon. Slip the fish into a baking-tin, and set it in the oven for ten minutes. Heat a cup of cream, season delicately, add a few capers or nasturtiums, and thicken with a dessertspoonful of flour, smoothly blended with cream. Garnish the platter with sliced lemon and hard-boiled egg, and serve very hot on sippets of fried bread. Very nice for luncheon.

MEAT PÂTE A LA BOURGEOISE. Line a deep pudding dish with thin pastry, and brown slightly cut half a dozen potatoes into dice, and boil tender. Slice two small onions, and fry in butter. Cut a pound of thick round steak into mouthfuls, and boil gently fifteen minutes; thicken with brown flour and cream, season generously, and flavour with sweet herbs fill your dish cover with paste, and bake half an hour in a hot oven.

If a man is wounded so that blood flows, that flow is either regular, or by jets or spurts. If it flows regularly, a vein has been wounded, and a string should be bound tightly around below the wounded part, that is, beyond it from the heart. If the blood comes out by leaps or jets, an artery has been severed, and the person may bleed to death in a few minutes; to prevent which apply the cord above the wound, that is, between the wound and the heart.

POLISH FOR OAK.—A polish for fine carved work: Half pint of linseed oil, half pint of old ale, the white of an egg, one ounce of spirits of salts; well shaken before using. A little is to be applied to the face of a soft linen pad, and lightly rubbed for a minute or two over the article to be restored, which must afterwards be polished off with an old silk handkerchief. This polish will keep any length of time if well corked. It is useful for delicate cabinet work, and is also recommended for paper-maché work.

COLD FEET. They are due to weak circulation, and very often to insufficient exercise. The general health should be built up, the feet should be bathed in tepid water, and vigorous friction applied. But for those who can take it there is no friction like energetic walking. Warm woollen stockings should be worn. If the feet are cold on going to bed, they should be well rubbed and put into soft socks, previously warmed before the fire. The use of a hot-water bottle in bed is a bad habit of which the young should beware. It may be necessary for the aged and the invalid.

JOHN HAYS, Credit P. O., says: "His humbler was so lame for nine months that he could not raise his hand to his head, but by the use of Dr. Thomas' Eucalypti Oil the pain and lameness disappeared, and although three months has elapsed, he has not had an attack of it since."

HOW TO TREAT WEAK LUNGS. Always breathe through the nose, keeping the mouth closed as much as possible. Walk and sit erect, exercise in the open air, keep the skin scrupulously clean, and take Hays' Eucalypti Balm for coughs, colds, and bronchial troubles.

MR. JAMES J. ANSLOW, Newcastle, N.B., writes: "Mr. Anslow was troubled with Lung Disease, and until she took Northrop & Lyman's Emulsion of Cod Liver Oil and Hypophosphates of Lime and Soda and little or no appetite, but after taking a bottle or two she gained appetite and had a relish for her food, which was quite a help to her in keeping up against the disease. As we are out of yours, and cannot procure any here, she is taking another Emulsion, but as we prefer your preparation to any in the market, will you kindly ship me some at once and oblige."

COMPETITION No. 2.

GOLD WATCHES, SILVER WATCHES, JEWELLERY, ETC., GIVEN FREE TO SENDERS OF FIRST CORRECT ANSWERS TO CERTAIN BIBLE QUESTIONS.

The publisher of the Ladies' Journal, a twenty-page Monthly Fashion Magazine, published at Toronto, Canada, offers the following valuable prizes:

First Prize.—One Solid Gold Hunting Case Ladies' Watch, cases elegantly engraved, retailed about \$60.

Second Prize.—Ladies' very fine Hunting Case Coin Silver Watch, retailed about \$20.

Third Prize.—Gentlemen's Solid Coin Silver Hunting Case Watch, retailed about \$18.

Fourth Prize.—Gentlemen's Solid Coin Silver Hunting Case Watch, retailed about \$16.

Fifth Prize.—Gentlemen's Solid Coin Silver Hunting Case Watch, retailed about \$14.

Sixth Prize.—Gentlemen's Nickel Silver Hunting Case Watch, retailed about \$10.

Seventh Prize.—Gentlemen's Open Face Nickel Watch, retailed about \$8.

Eighth Prize.—A Pair of Beautiful Heavily Plated Gold Bracelets, retail \$7.

Ninth Prize.—A Solid Gold Gem Ring—a very pretty article.

Each of the following questions must be answered correctly to secure a prize. The prizes will be awarded in the order the correct answers are received. That is, the first one sending the correct answer to each of the Bible questions asked below will receive the first prize, and the second sending correct answers to all the questions will receive the second prize, and so on. Remember all the three questions must be answered correctly, and FIFTY CENTS IN SCRIP OR COIN must be sent by each competitor, and for this half dollar they will receive the Ladies' Journal for one year.

Remember these prizes are only given you in order to get you to take an interest in the Ladies' Journal, and also to get you to study the Bible. You will get extra good value for your half dollar investment even if you don't secure one of these valuable prizes. The following are the questions, and they are really not so very difficult if you know anything at all about the Bible:—

No. 1.—How many letters are there in the Bible?

No. 2.—How many words?

No. 3.—What verse in the Bible contains all the letters of the alphabet, counting I and J as one?

The Old and New Testament are included in the term Bible, but not the Apocrypha.

The Ladies' Journal is the best value for fifty cents to be found anywhere among ladies' fashion publications. It consists of twenty pages each issue, and contains the sum and substance of all the high-priced American fashion publications, with large full page illustrations of all the latest fashions, with two full pages of the newest music, a short or serial story, household hints, and a lot of other very interesting matters for ladies. This competition will remain open only till 20th January next. The names and addresses of prize-winners in this competition will be given in the February issue. In the January issue of the Ladies' Journal, just published, will be found the names and addresses of the successful prize-winners in Competition No. 1, just closed. The annual subscription to the Ladies' Journal is fifty cents. Single copies, five cents. Address, EDITOR LADIES' JOURNAL, Toronto, Canada.

EDITOR LADIES' JOURNAL, Toronto, Canada.

WHAT a comfort to be able to gratify one's appetite once more without pain, the long suffering from Dyspepsia. Victims of indigestion wise enough to accept the general verdict in favour of Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure as true, and use the article, can enjoy the well come relief. Obsolete Dyspepsia, Constipation and Biliousness, invariably yield to its potent regulating action.

HIGHLY AGREEABLE.—One very valuable feature of Dr. Low's Pleasant Vegetable Scraps is that it is highly agreeable to the taste. It is a variety of Worms, tape worm and other parasites can be safely expelled by it, without recourse to harsh and sickening drugs.

H. A. McLAUGHLIN, Norland, writes: "I am sold out of Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure. It sells well, and I find in every case it has proven satisfactory. I have reason to believe it the best preparation of the kind in the market." It cures Dyspepsia, Biliousness, and Torpidity of the Liver, Constipation, and all diseases arising from Impure Blood, Female Complaints, etc.