

WATER TANKS AT ADEN.

Aden, in the Red Sea, is said to be the It is a barren hottest place on earth. rock, and water for ships is very scarce. It is kept in large tanks, from which the natives laboriously draw it in the natives laboriously draw it in leathern bottles for the purpose, as required.

Sowing-Reaping.

Be careful what you sow, boys! For seed will surely grow, boys! The dew will fail,
The rain will splash,
The clouds will darken, And the sunshine flash; And the boy who sows good seed to-day Shall reap the crop to-morrow.

Be careful what you sow, girls! For every seed will grow, girls!
Though it may fall Where you cannot know, Yet in summer and shade It will surely grow; And the girl who sows good seed to-day Will reap the crop to-morrow.

Be careful what you sow, boys For the seeds will surely grow, boy, if you plant bad seed By the wayside high, You must reap the harvest By-and-bye; And the boy who sows wild oats to-day Must reap wild oats to-morrow.

Be careful what you sow, girls ' For all the bad will grow, girls! And the girl who now With a careless hand, Is scattering thistles Over the land, Must know that whatever she sows to-day She must reap the same to-morrow.

QUIT SMOKING.

Joel Swartz, D.D., said: "If I could tell as well why I took to the cigar as I can tell why I quit, I should feet as much ashamed as I now do for baving to confess that I ever polluted my life and breath with it. The reason why so many are lost in the smoke of the battle is because they have not thought themselves into clear conviction that it is a duty to ouit."

There are six solld reasons that should constrain you to forego the fragrant

First. It is wasteful. Money. which you have none to spare, is a possible talent for good. Why should you puft and spit it away? Why, it would be better to wrap it in a napkin and bury it than to whill it into the thin air, or throw it, in solid or liquid form, into the cuspidor. Shame on such

Second. You have found it unfaithful. It has given you a trembling hand and a pale, greenish complexion —the colour approaching a tobacco worm. In fact, you are fast becoming a tobacco pickle, for when you have not your cigar and cannot get it, you are in a "pickle" indeed. Some of your friends say that your disposition

at such times is decidedly acidulated.
So give up the pickling process and quit.
Third. You have discovered it is lithy. You have tried hard to be a filthy. You have tried hard to be a decent smoker, and suppose you have succeeded as well as the most fastidious. But tobacco has an coour, and whatever may be thought of the "fragrance of a good cigar," all will agree that stale smoke saturating clothes, books, papers, drapery of a room, etc., is simply abom-

Fourth. Your example is bad and corrupting. Why do boys smoke? Because they see their elders smoke, and so to seem to be manly they try to do as they do. What a shame it is to lend one's influence in encouragement of such a wasteful, filthy, unhealthy habit! Moreover, how can any one maintain his self-respect or the respect of the pure and good, and yet lend himself to such

an indulgence?

Fifth. But worse than all that is thus far named is the loss of liberty. He who becomes addicted to smoking bewho becomes addicted to smoking becomes a slave to his cigar. All who have contracted the habit and then have tried to throw it off know what an awful and imperious mastery the weed assumes. How domineering is his master, and what a master a cigar? Shaine on the coward slave who wears the chains of a master who can whip and scourge him with such odious things? Do you him with such odious things ! Do you boast of freedom? Take away your cigar and see how weak and petulant

or anywhere else, a babit that is all I have said of it. Quit the cigar and let nothing tempt you to resume the shameful, guilty habit.

LESSON NOTES.

FOURTH QUARTER.

STUDIES IN THE ACTS AND EPISTLES.

LESSON X.-DECEMBER 5. CHRIST'S HUMILITY AND EXALTA-TION.

Phil. 2. 1-11. Memory verses, 5-8. GOLDEN TEXT.

Let this mind be in you, which was also in Christ Jesus.—Phil. 2. 5.

OUTLINE. 1. The Loving Mind, v. 1, 2.

2. The Lowly Mind, v. 3-8.
3. The Loyal Mind, v. 9-11.
Time and Place.—This epistle was written from Rome to the church in Philippi in Macedonia, during Paul's imprisonment, about A.D. 63.

HOME REAPINGS.

M. Christ's humility and exaltation.

M. Christ's humility and exaltation.—
Phil. 2, 1-11.
To Meckness of Christ.—Isa. 42, 1-7.
W. Lowly in heart.—Mat*, 11, 25-30.
Th. Lower than the angels.—Heb. 2, 9-18.
F. Example of humility.—John 13, 1-15.
S. First and last.—Rev. 1, 1-8.
Su. Worthy the Lamb !- Rev. 5, 9-14.

QUESTIONS FOR HOME STUDY.

The Loving Mind, v. 1, 2.

What four motives to love are named in verse 1?
What do "bowels and mercles" mean?

Tender feelings and compassion. What does Paul ask them concerning

his joy? That it may be made full or

What is it to be like-minded? How is this stated in Rom. 12. 16? What is it to have the same love? Why should Christians be united in heart?

Should those who love Christ love each other?

The Lowly Mind, v. 3-8. What does the apostle forbid in verse 3?

What does he urge? What is recommended in verse 4? Hew is this to be construed? What mind is recommended? Golden

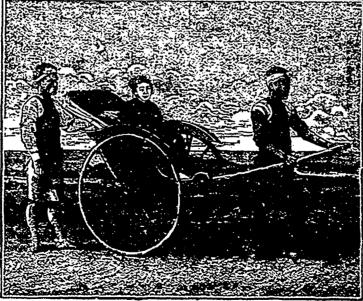
Text. In what "form," or station, was Christ?

How is this stated in John 1. 1? What is the meaning of verse 6, last clause? That Christ's equality with God was no act or robbery or selfish claim.

How did Christ humble himself? In whose likeness was he found? To what death did he submit? For what purpose was this death? 1 Peter 3. 18.

3. The Loyal Mind, v. 9-11.

What honour has God given to Christ?



THE JINRIEISHA.

and wretched you are! What a degradation and dishonour for a rational, free being to sell out his God-given birthright for such a mess of pottage-pottage made of tobacco leaves!

Sixth. These things being so, to smoke is morally wrong; it is sinful. To many this may seem extreme. Can you feel innocent and carry about with you and into the presence of God in prayer, What honour is due to the name of What should every tongue confess?

PRACTICAL TEACHINGS.

Where in this lesson do we find-

1. That love brings joy?
2. That humility obtains honour? 3. That Christ is Lord of all?

"What Next."

A mother sat stitching and stitching

It rained, and her wee ones were indoors at play,
When one of them came and leaned on

her chair, And said, with a touchingly wearled-out air :

"We've played every play in the world that we know; Now, what shall we do?"

Before poor mamma had a chance to roply. The rest of the little ones gathered close

by; And the sum of their troubles all scemed the same-

"We wish that we knew some wonderful game;

We've been sailors and soldiers, and fought battles, too; Now, what shall we do?"

lamma thought for a moment, then

gaily replied: Build a palace of blocks, with a portice wide,

And play that the owner had money to spend, And wanted to decorate rooms without

end, And ordered some pictures painted by you; That's what you can do.

'Now each take a pencil and paper, and draw

The most wonderful thing that you ever 8aw

A llly, a sunset, a shore or a sea, A gorgeous-winged butterfly chasing a bee;

Or-three little boys, that are crying, like you, 'Now, what shall we do?'"

The brightened ap children took pencils in hand, (As amateur artists, you'll all under-

stand), worked at their pictures until it was plain

The funny gray clouds had forgotten to rain ; And mamma had a rest (not a long one,

'tis true), From, "What shall we do?"

Oh! sweet, patient mothers, in this earnest way, You are doing life's work while your

little ones play; You are fashioning souls that hereafter shall rise,

God's beautiful angels, winged, to the

skies; And heaven makes reply to your "What shall we do?'

Since love teaches you.

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