

victim was sick enough for an invalid's diet. What would be the use of being sick at all otherwise? Surely everybody knows that hot lemonade, toast and jelly are indispensable adjuncts to "la grippe." The sick-room is a very nice room, with a cheerful prospect; and books are shut out very carefully. If it were not for doctors, black doses, and mustard poultices, some of us would have been resigned to an indefinite stay, but even "la grippe" has its drawbacks, and these have cured most of us by this time.

THE OPEN MEETING OF THE HELICONIAN took place on the evening of December 1st. Our worthy President, Miss Edith Johnson, occupied the chair.

#### PROGRAMME.

Invocation,		Chancellor Rand.
Piano Solo,	Mazurka.	Godart.
	Miss Fisher.	
Recitation,	Money Musk.	Bayard Taylor.
	Miss Scarfe.	
Vocal Duet,	The Land of the Swallows.	Masini.
	Misses Millichamp and Holmes.	
Paper,	Distinctive Education for Women.	
	Miss McLaurin.	
Piano Solo,	La Morena.	Chaminade.
	Miss Helmer.	
Paper,	University Education for Women.	
	Miss Botterill.	
Recitation,	Spinning-Wheel Song.	
	Miss Edith Taylor.	
Vocal Solo,	"Come Unto Me."	From the Messiah.
	Miss Millichamp.	
Recitation,	Monologue, from Schiller's "Maid of Orleans."	
	Miss Holmes.	
The Heliconian Paper,	Editors: Misses McLaurin & Webb.	
	Read by Miss Scarfe.	
Chorus,	"God Save the Queen."	Ave Maria.

THE Heliconian was well pleased with its representatives, and was noticed to contribute largely to the applause, no doubt appreciating highly the kindness of the members in so cheerfully doing their share to make the evening a pleasant one. It may be interesting to note here that the Society has lately allied itself with the Local Council of Women, thinking that a close connection with outside interests may broaden the Heliconians in a desirable manner.

ON Friday evening, the 17th of November, the Mission Circle had a most enjoyable meeting. We were addressed by Miss Buchan, Secretary of the Women's Baptist Foreign Missionary Society of Ontario. Miss Buchan has been most intimately connected with the Society, and is thoroughly acquainted with its history and workings. She gave us a most interesting and instructive account of the work undertaken by the women of Ontario. After dwelling for some time on the connection between the Circles and the Society, and its relation to the General Society, she gave us a general idea of the workings of the various schools