

two gills of milk, three tablespoonful of butter, two scant tablespoonfuls of flour, one large teaspoonful of salt, one-fourth teaspoonful of pepper, one tablespoonful of minced onion, yolks of two eggs. Chop the corn very fine and let it cook in a double boiler with one quart of milk for fifteen minutes. Put the butter and onion into a frying pan and cook slowly for ten minutes, then add the flour and cook until smooth and frothy, taking care not to brown it. Stir this into the milk and add salt and pepper, and cook ten minutes. Rub the soup through a sieve and return it to the fire, and then add the yolks and two gills of milk. Let it stand one minute before serving.—'Presbyterian Banner.'

### Relief for Pneumonia.

We have no personal knowledge of the value of the following remedy, yet pass it on, lest in an emergency or an extremity it might be of use:—

'Cut up six or ten onions according to size, put in a large frying pan over a hot fire; then add about the same quantity of rye meal, and vinegar enough to make a thick paste. Meanwhile, stir it thoroughly, letting it simmer five or ten minutes. Then put it in a cotton bag large enough to cover the lungs and apply it to the chest as hot as the patient can bear. When this gets cool, apply another, and thus continue by reheating the poultices, and in a few hours the patient will probably be out of danger. Usually three or four applications will be sufficient, but continue always until perspiration starts freely from the chest. This

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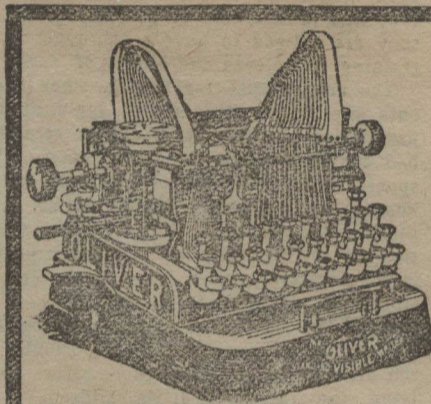
simple remedy, says the "New England Grocer," was formulated many years ago by one of the best physicians New England has ever known. He never lost a patient by this disease, and won his renown by saving persons by simple remedies after the best medical talent had pronounced their cases hopeless. Personally we know of three persons who were saved by the remedy last winter in Boston after their physicians had given them up to die, and if a record were made of all similar cases during the last six years, it would fill a good-sized volume.—'The World's Progress.'

### Eating when Tired.

Every one should know that to eat when tired is to place upon the digestive organs a burden which they are wholly unable to bear. When the body is in a state of fatigue, the digestive organs are unable to perform their natural functions; the glands of the stomach will not form gastric juice, the saliva is deficient in quantity and the whole digestive apparatus is incapable of doing efficient work.

When exhausted, one should rest before eating. If a faint or sinking sensation is experienced, relief may be obtained by drinking a glass of hot water or diluted fruit juice of some kind.—Exchange.

The Christian Endeavor Movement is making way in the great Empire of India. Perhaps the most marked and fruitful development is among the rice fields of East Bengal, where, within a short radius, there exist more than sixty active and efficient societies in as many different villages of Bengali Christians. These have gone far to solve many serious problems of mission work, and to show how a small band of earnest native Christians, under adverse circumstances, can maintain the holy fire of zeal and Christ-like devotion among themselves without the aid of a resident missionary or even a native pastor. This most hopeful work in India is under the charge of the Rev. William Carey, a great-grandson of the great missionary of the same name.—'The Missionary Review.'



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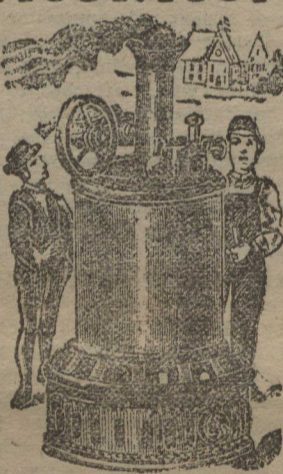
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