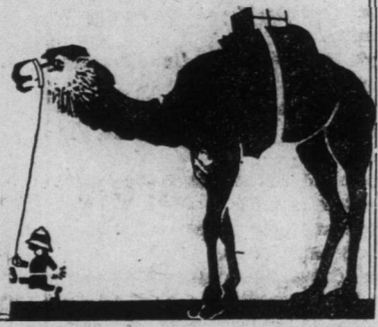


AS THE CAMEL
is indispensable to the traveller crossing the African deserts, so also is SUNLIGHT SOAP indispensable to a careful housewife. A Camel can go for several days without drinking, but a good housewife cannot afford to let a single day pass without putting SUNLIGHT SOAP to some use. The first duty of every housewife is to economise; the duty of

SUNLIGHT SOAP
is to help the housewife to economise. The daily use of SUNLIGHT SOAP is practical economy. It does the most washing in the shortest time, with least labour, and with no discomfort. Use a piece in your next wash, and you will be convinced as to its value.



1st Nfld. REGIMENT.
Casualty List.

- FEBRUARY 12.**
Previously Reported.
- 240.—Private John Hipditch, Paradise, P. B. Defective eyesight, Wandsworth, Jan. 5. Fit for duty; granted furlough, Jan. 6.
- 660.—Corporal Wm. Lloyd Woods, 68 LeMarchant Road, Dysentery, Bristol, Nov. 30. Do. Jan. 8. Mudros E. Nov. 30. Dis. to duty, Dec. 10.
- 254.—Private Robt. Jos. Lahey, Bell Island, C. B. Gunshot wound and jaundice, Mudros W. Nov. 30. Dis. to Emergency Hospital, Mudros W. ex 3rd Canadian Stationary Hospital, Dec. 13; gunshot wound lower jaw.
- 938.—Private Charles Bowman, 60 George Street, Sick, slight, Mudros E. Nov. 30. Dis. to duty, Dec. 7.
- 823.—Private Arthur J. Young, Merrymeeting Road, Do. Dis. to Conv. Depot, Dec. 7.
- 607.—L. C. Jos. Daymond, 26 Victoria St. Sick, slight; Mudros E. Nov. 30. Dis. to Conv. Depot, Dec. 7.
- 1208.—Private Arthur Thompson, Gander Bay, Do.; Nov. 25. Do. Dec. 13.
- 1164.—Private Geo. Phillips, Whitbourne, Sick, Lemnos, Nov. 29. Dis. to Lowlands Conv. Depot, Dec. 9.
- 678.—Private Wm. A. Barstow, Pennywell Road. Bullet wound, back, Netley, Nov. 12. Fit for light duty; granted furlough, Jan. 7.
- 116.—Private Alfred Wells, Battery Road, Jaundice, slight, Malta, Nov. 30. Trans. to Ghaim Tuffieha Conv. Camp, Malta, Dec. 28.
- 638.—Private Edward C. Caldwell, Brigus. Gunshot wound arm, Suvaia, Dec. 1. Adm. 2nd Australian Stationary Hospital, Mudros W. Dec. 2.
- 1035.—Private Arthur H. Young, Twillingate. Side. Rheumatism, Mudros, Nov. 30. Adm. Military Hospital, Tigne, Malta, Dec. 29. rheumatoid fever, slight.
- 1223.—Private Richard S. Redmond, Avondale. Frostbite feet, Mudros, W. Dec. 2. Dis. from 27th Canadian Hospital, Mudros W. Dec. 20.
- 916.—Private Roderick J. Purcell, 10 Stevens Street, Appendicitis, Mudros, Dec. 1. Trans. to 27th Canadian Hospital, Mudros W. Dec. 20.
- 1127.—Private Frederick J. England, 45 Long's Hill, Wounded, Wandsworth, Dec. 2. Fit for light duty; granted furlough, Jan. 7.
- 528.—Private Lawrence Barnes, 157 New Gower Street, Do. Do. Dec. 2.
- 864.—Private Augustus J. Tracey, Torbay, Sick, Lemnos, Dec. 4. Adm.
- Lowland Conv. Depot, Mudros W. Dec. 9. Frostbite.
- 563.—Private Peter J. Constantine, 20 McFarlane St. Do. Do. Dec. 10. Frostbite feet.
- 1327.—Private Austin Benoit, St. George's, Debility, Mudros E. Nov. 30. Dis. to Conv. Depot, Dec. 15.
- 1082.—Private David Richards, Little Braha, St. Harb. Sick, slight, Mudros E. Nov. 30. Do.
- 725.—Private Maurice Connor, Blackpool, England, Sick, Lemnos, Dec. 4. Adm. St. John's Military Hospital, Silema, Malta, Dec. 29; frostbite, slight.
- 669.—Private Alex J. Myler, 13 Adelaide Street, Sick, Lemnos, Dec. 4. Adm. Lowland Conv. Depot, West Mudros, Dec. 15. Jaundice.
- 898.—L. C. Geo. E. Pike, Grand Falls, Jaundice, Mudros W. Nov. 30. Discharged to Lowland Conv. Camp, Mudros W. Dec. 17.
- 1323.—Private Paul H. Lilly, Exploits, Do. Do.
- 1238.—Private Richard Ryan, Melbourne, T. B. Sick, Lemnos, Dec. 4. Dis. to Lowland Conv. Camp, Mudros, West, Sick, slight, Mudros E. Nov. 30. Discharged to Conv. Depot, Dec. 17.
- 1236.—Private Donald Tempienan, 49 Duckworth St. Do. Do.
- 1302.—Private John McNaughton, Perth, Sick, slight, Mudros E. Nov. 30. Discharged to Conv. Depot, Dec. 17.
- 259.—Private Michael F. Walsh, Placentia, Sick, slight, Mudros E. Nov. 30. Do.
- 1218.—Private Allan G. Steele, Northern Bay, Do. Do.
- 108.—Private John H. S. Greene, St. John's, Debility, Netley, Nov. 30. Fit for duty Class A. Granted furlough, Jan. 11.
- 3083.—Private David McGory, 83 Patrick Street, Dysentery, slight, Malta, Nov. 27. Trans. to Ghaim Tuffieha, Dec. 29.
- 825.—Private Robt. H. Martin, 83 Flower Hill, Sick, Lemnos, December 4. Adm. St. John's Military Hospital, Silema, Malta, Dec. 29. Frostbite, slight.
- 197.—Private Harold W. James, 85 New Gower Street, Jaundice, Mudros W. Nov. 30. Adm. St. John's Military Hospital, Silema, Malta, Dec. 29. Jaundice, slight.
- 351.—Private William May, Botwood. Diphtheria, Intarfah, Malta, Nov. 18. Trans. to Ghaim Tuffieha Conv. Camp, Malta, Dec. 20.
- 775.—Private Andrew Coady, 29 Job Street, Frostbite and rheumatism, Silema, Malta, Dec. 20. Private Ship Soudan for England, Dec. 28.
- 1238.—Private Andrew Yattman, 25 Barter's Hill, Conjunctivitis, Cairo, Oct. 24. Dis. to duty, Dec. 27.
- 830.—Private George L. Cull, Bonavista, Diarrhoea, Cairo, Oct. 25. Trans. to Conv. Hospital, Montazah, Dec. 27.
- 1238.—Private Frederick Dalton, Conception Har. Dysentery, granted furlough, Nov. 9. Fit for duty; granted furlough, Jan. 12.
- 528.—Private Hugh P. Bowden, Wesleyville, Pyrexia, Perth, Dec. 21. Fit for light duty; granted furlough, Jan. 14.
- 337.—L. C. Oscar A. Vaughan, Leslie Street, Frostbite, Wandsworth, Jan. 6. Fit for duty; granted furlough, Jan. 13.
- 702.—L. C. Albert E. James, Hant's Harbor, T. B. Pharyngitis, Netley, Dec. 18. Fit for duty Class A. Granted furlough, Jan. 14.
- 106.—Private Walter Kavanagh, 233 St. Do. Do.

It Stops the Twinges of Rheumatism, Limbers the Muscles, Eases the Joints

Amazing Relief Comes at Once—Cure Every Time.

USE NERVILINE.

Aching joints and sore muscles are common in rheumatic people. Inflammation is deep in the tissues. You might use a dozen remedies and derive less relief than Nerviline will give you in half an hour.

Nerviline is a pain-subduer that works do not altogether describe. It is fully five times stronger than most remedies, not that it affects the skin unfavourably—no, its great power is due to its wonderful penetrative quality—it strikes in deeply, but never burns or blisters.

Just rub Nerviline into sore muscles, stiff joints, and note the glow of comfort, the ease of pain that follows.

You are astonished, delighted; this is because words do not express the promptness and permanency with which Nerviline cures every ache and pain in the muscles and joints.

Marvelous, you'll say. Natural, we say, because Nerviline is different, stronger, more penetrating, a true pain-subduer. Just try it and see if it doesn't cure rheumatism, neuralgia, lumbago, strains and sprains.

The large 50c. family size bottle is far more economical than the 25c. trial size. Get it to-day. Sold by dealers everywhere.

In Five Minutes! No Indigestion, Gas Or Sour, Acid Stomach

The moment "Pape's Diapepsin" reaches the stomach all distress goes.

"Really does" put had stomach in order—"really does" overcome indigestion, dyspepsia, gas, heartburn and sourness in five minutes—that just that—makes "Pape's Diapepsin" the largest selling stomach regulator in the world. If what you eat ferments into stubborn lumps, you belch gas and eructate sour, indigested food and acid; head is dizzy and aches; breath foul; tongue coated; your insides filled with bile and indigestible waste, remember the moment "Pape's Diapepsin" comes in contact with the stomach all such distress vanishes. It's truly astonishing—almost marvelous, and the joy is its harmlessness.

A large fifty-cent case of Pape's Diapepsin will give you a hundred dollars worth of satisfaction or your druggist hands you your money back.

It's worth its weight in gold to men and women who can't get their stomachs regulated. It belongs in your home—should always be kept handy in case of a sick, sour, upset stomach during the day or night. It's the quickest, surest and most harmless stomach regulator in the world.

Tells Horrors of Sinking Ship.

Red Cross Nurse Says the Brindisi Survivors were Killed by Bombs.

Athens, via London, Feb. 5.—"There isn't any way to tell you so that you would understand the awful horror of the things that I have seen and lived in the last month," said Marie Lemos, of Irving Park, Chicago, one of the Red Cross nurses who survived the sinking of the Italian steamship Brindisi, which recently struck a mine in the Adriatic. She continued: "The hideous rapidity of the sinking of the steamship Brindisi with her decks covered with dead; myself shot into the water, which was full of struggling youths trying to keep afloat, but disappearing one by one, within sight of land; the Austrian aeroplane attacks on San Giovanni de Medua and Durazzo, the ghastly sight of hundreds of Serbs falling, exhausted and dying from hunger and cold, along the road of their retreat through Albania—it does not seem believable."

Miss Lemos is twenty-two years old, with broad features revealing her Bohemian extraction. High-laced boots, a short khaki blouse and a jacket embroidered with Red Cross insignia and a fanny waist constitute her only possessions.

"We struck a mine at 9.30 o'clock in the morning, and the ship began to sink immediately," said Miss Lemos. "We tried to lower a boat, but the ship heeled over so that everybody in the boat was thrown into the water. I managed to scramble back aboard of the Brindisi, where I found some 200 Montenegrins, who were unable to swim."

"These men said they would not die by the enemy's hands. They sang their national anthem, and then one squad shot the other, and finally killed themselves. The decks were covered with dead and awash with blood."

"When the ship began to founder I slipped back into the water and swam to a plank on which several men were clinging, but who dropped off one by one. Finally, after being three hours in the water I was picked up and taken to San Giovanni de Medua."

"As soon as the 142 persons rescued were safely ashore the Montenegrins lined up and re-sang the national anthem. While the men were singing I saw an Austrian aeroplane swoop down upon the town, killing eighteen of those who had just been saved."

"Reaching Durazzo, seven pursuing Austrian aeroplanes bombarded the town, where the remnants of the Serbs were so crowded that they were unable to escape the missiles. Many were killed and others wounded, and, owing to the lack of medical stores, the suffering was frightful."

"From Durazzo we accompanied the Serbs to Avlona and Corfu, and thence to Athens. We have sent a cablegram to the United States asking for instructions."

The Silent Piper.

(A Highland soldier lay in hospital. His hand was shattered. "I would have given my leg," he said, "if I had only spared my hand so that I might play the pipes again.")

Lad, I could blow the pipes as sweet 'e'd thought 'twas Orpheus come again.

For I could make me smile or greet, Sae blithe, sae sad, the liltin' strain. Aye, and my pibroch's wild appeal Has played me on to do 'a' dare; But thae auld tunes I loved sae weel 'I should wake beneath my hands nae mair.

How many a bonnie lad an' lass Has danced the powdren' round 'em? That aye too swiftly seemed to pass 'W' gleeft' reels, strathspeys an' a' Weel, life and love must still gang on, But little we handle the pipes must play, For 'a' my pipin' days are done.

An' 'a' the joy of life forye.

Pain had I crawled a crippled thing Until the end if I might yet Mak' the auld pipes ance mair sing. And then, while the men were singin' to me, Aye, I had gladly given my life, 'W' my auld pipes an' my land ere, in that burnin' hell I'd be left.

"Touchstone, in London Daily Mail."

Does Catarrh Bother You? Are Your Nostils Stuffed?

Why not give up that snuff and stop dosing your stomach? The one sure treatment is "Catarrhazone," sure to cure because it goes where the disease really is. Certain to cure in your case because it has restored tens of thousands worse than you are. Catarrhazone is a thorough cure because it destroys the causes as well as the effects of the disease. Relief is prompt, cure is quick with this powerful remedy which is guaranteed to cure Catarrh in any part of the nose, throat, bronchial tubes or lungs. To be really cured, use only Catarrhazone and beware of dangerous substitutes meant to deceive you from genuine Catarrhazone which is sold everywhere, large size contains two months treatment, costs \$1.00; small size 50c.; sample size 25c.

Sir Sam Says He's All Right.

Ottawa, Feb. 6.—General Sir Sam Hughes to-night made a statement in regard to comments which have appeared in certain newspapers to the effect that the chief officer of the Intelligence Branch of the Militia Department, overseas, is a German and that his brother may be fighting in the German army.

"Capt. Hahn, the officer referred to," said General Hughes, "comes from Stratford, Ont. He is in the trenches where he has already won the D.S.O. There never was a better boy. I wish I had a Dominion like him. Capt. Hahn is one of hundreds of German Canadians who are fighting under the British flag for liberty. Up to the present time thirty-eight Canadians of German origin have been killed at the front. It would be better if some of those who are always criticising Germans would follow their examples and go to the front themselves. This is not a war of race, but a war for liberty."

Make a hole in the end of the potato before baking it. Into this space put a small piece of bacon curled into a roll. This will give the potato a delicious flavor.

BIRD'S NEST LIVER OILS DIS.

Note Your Increase in Weight

By making the Blood rich and red Dr. Chase's Nerve Food forms new cells and tissues and nourishes the starved nerves back to health and vigor.

By noting your increase in weight while using it you can prove positively the benefit being derived from this great food cure.

50 cents a box, all dealers, or **Dr. Chase's Nerve Food**, Toronto.

1870 1916

Forty-Sixth Annual Report of Canada's Only Mutual Life Assurance Co.

On Thursday, February Third, the Forty-Sixth Annual Meeting of the Mutual Life Assurance Company of Canada took place at its Head Office, Waterloo, Ontario. Notwithstanding the disturbed conditions which prevailed throughout the Dominion, the Directors were able to report very gratifying results from the year's operations. Following is a

SUMMARY STATEMENT

Income	\$ 4,972,782	Gain over 1915	\$ 433,709
Paid to Policyholders	2,035,814	Gain over 1915	444,368
Assets	26,894,524	Gain over 1915	2,222,210
Surplus	4,258,237	Gain over 1915	440,258
Assurance in Force	101,092,030	Gain over 1915	6,614,670

EXPENSE AND INTEREST RATE

The ratio of expense to total income has fallen, while the rate of interest earned has risen, both results being favorable to the payment of substantial profits.

SURPLUS EARNINGS

The Company's well-established reputation as a dividend payer was further enhanced by the notable record of

SURPLUS EARNED DURING THE YEAR, \$1,158,210.20

an increase of ten per cent. over the previous year. This assures the continuation of the payment of generous dividends to the participating policyholders of the Company.

The steady growth of the Company is illustrated by the following:

STATEMENT BY DECENNIAL PERIODS

Year.	Income.	Assets.	Paid to Policyholders.	Business in Force.
1875	\$ 29,593	\$ 53,681	\$ 4,625	\$ 1,177,085
1885	270,997	750,344	115,669	8,259,361
1895	735,079	3,123,575	328,829	19,312,477
1905	1,856,519	9,236,092	552,914	44,177,954
1915	4,972,782	26,894,524	2,035,814	101,092,030

A full report of the proceedings of the Annual Meeting and the detailed financial statement will be mailed to every policyholder in due course.

GEO. WEGENAST, Managing Director. **E. P. CLEMENT, President.**

ARTHUR S. RENDELL,
General Agent, Water Street, St. John's, Nfld.

Household Notes.

Linen garments should be long with the fulness downwards, but with flannels, the reverse plan should be adopted.

Fresh fish can be bought at the city wharves for much less than fish market prices, and so can fresh oysters.

If you can buy pure fresh grains in bulk they will prove much more economical than the cereals put up in packages.

A cup of cold boiled rice added to griddle cakes, muffins or waffles, makes them lighter and more easily digested.

Never wash meat, but see that the butcher gives you a fresh cut and carefully wipe the outer edges with a damp cloth.

Lots of dresses show the new bustle feature in the shape of bouffant draperies.

LAST WEEK A NOTABLE SUCCESS!

Our Prices Did It.

Another Large Shipment of **American Goods** AT SPECIALLY ATTRACTIVE VALUES.

Clearing Line in EMBROIDERIES & INSERTIONS . . . 10c. to 35c.
The values and designs are wonderful.

Large Range TEA APRONS . . . 20c. to 50c.
These prices will effect a quick despatch.

CHILDREN'S WHITE DRAWERS, Frilled & Embroidered . . 12c. to 25c.
These were bought much under price.

CHILDREN'S COLORED OVERALLS, Smart and Stylish, with Bands. Very cheap . . . 35c.

MADRAS WINDOW MUSLIN, choice patterns, big value . . 16c. to 38c.
The price will create a flurry.

48 sets SASH CURTAINS, 2 1/2 yards long, American Scrim, with Lace Insertion and Lace Edge . . . \$1.20 to \$2.70

COMBINATION SASH CURTAIN CLOTH, Sateen and Scrim; 40 inches wide. Very nice . . . 43c. yard

800 yards Very Soft Finish LONGCLOTH. Special value . . 10c. & 12c.

10 only ONE-PIECE SILK DRESSES, Colored Black. Very dainty, exceedingly cheap . . . \$5.30, \$9.00, \$11.00

10 only ONE-PIECE COLD DRESSES, \$4.00 to \$7.50. Value \$6.60, \$12.00

If eggs are plenty, make them into a dinner dish and save the most bill. Beaugard of eggs, for instance is delicious and filling.

BISHOP SONS & Co., Ltd

'Phone 484. Mail Orders Receive Careful Attention. Dry Goods Dept.

Canada

The final situation is its the Canada L. For a number of Life has earned 1915 the surplus year being in the the Company's

Policyholder item, for large dividends. The holders over \$2, 1915, the rate continuously im

The full Rea

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C.

War News

Messages Received Previous to 9

GREEK PRIME MINISTER TESTS AGAINST ITALIAN POSAL.

BERLIN, Feb. 13.—According to the Swiss Berner Bund, the Greek Prime Minister has protested against the proposal to land forces against the Island of Corfu. Premier Venizelos added that the general public about this step in Greece was that the Greek Government claims all responsibility which result from Italy's action.

SINGLE MEN MUST EN

LONDON, Feb. 13.—The Central News is authorized to report that all single men called on to enlist next to royal proclamation will sign issued notifying all single men test. The Central News says attributes the unexpected summons to the many recollections taken by the Ministry of Munitions and the War Office.

GERMAN ATTACKS REPULSED.

PARIS, Feb. 13.—Five successive infantry attacks were delivered by the German Champagne yesterday and were repulsed. The French War Office statement says the assaults were repulsed. The German penetrations into the French trench, but were ejected.

CEDARWOOD SUNK.

LONDON, Feb. 13.—Lloyds reports that the steamer Cedarwood has been sunk and two members of the crew. The Cedarwood was 654 tons built in 1907, and owned at Scarborough, England.

FEARS FOR SAFETY OF CRUISER.

PARIS, Feb. 13.—The Minister of Marine fears the fate of the cruiser Amiral Duroc.

Trained

But First—the mind the support of a well

No food supplies the rich nourishment body and brain build

Grain

Made of whole famous pure food elements, lacking in for energizing and special forces.

Easy to Digest

"There's a

Made in Canada

Canadian Patent