

OWES HER LIFE TO "FRUIT-A-TIVES"

The Wonderful Medicine, Made From Fruit Juices and Valuable Tonics.



MADAME ROSINA FOISIZ

29 St. Rose St., Montreal.
"I am writing you to tell you that I owe my life to 'Fruit-a-tives'. This medicine relieved me when I had given up hope of ever being well. I was a terrible sufferer from Dyspepsia—had suffered for years and nothing I took did me any good. I read about 'Fruit-a-tives' and tried them. After taking a few boxes, I am now entirely well. You have my permission to publish this letter, as I hope it will persuade other sufferers from Dyspepsia to take 'Fruit-a-tives' and get well!"

MADAME ROSINA FOISIZ.
"Fruit-a-tives" is the only medicine in the world made from fruit.
50c. a box, 6 for \$2.50. Trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

Aim—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Motto—For God and Home and Native Land.

Badge—A knot of White Ribbon.

Watchword—Aglite, educate, or avert.

OFFICERS OF WOLFVILLE UNION.
President—Mrs. B. O. Davidson.
1st Vice President—Mrs. G. W. Miller.
2nd Vice President—Mrs. McKenna.
Recording Sec'y—Mrs. Ernest Redden.
Cor. Secretary—Mrs. W. O. Taylor.
Treasurer—Mrs. H. Pines.

SUPERINTENDENTS.
Evangelistic—Mrs. George Bishop.
Lector Meetings—Mrs. Young.
Lecturer Work—Mrs. Fiddling.
Red Cross and Luncheon—Mrs. J. W. Vaughn.
Press and Willard Hall—Mrs. M. P. Freeman.

White Ribbon Bulletin—Mrs. Hutchison.
Temperance in Sabbath-schools—Mrs. C. A. Patriquin.

Let us not therefore judge one another any more, but judge this rather, that no man put a stumbling block or an occasion to fall in his brother's way.—Rom. 14: 13.

Business meeting of the W. O. T. U. the last Friday of every month.

Peterkins' Problem.

(Continued from last week.)
Aunt Julia looked thoughtful, and Peterkins ran to her quickly and took hold of her hand, patting it which as he did his mother's hand which she was trying to coax her into seeing things his way.

"Dear Aunt Julia, the party is going to be so lovely, can't you leave the wine out of the pretty fountain? Father used to like it and I have heard him say that it had not been for mother's love and influence, he would have been a drunkard. Couldn't you leave the wine out and have punch like mother does at her parties?"

Aunt Julia laughed. "Why, you funny, funny little boy! Run along and play like any normal, healthy child and don't bother your head over what we have to eat and drink. Isn't he ridiculous?" she questioned her maid, still laughing. "Run along now, I am very busy."

Peterkins stumbled blindly out of the room. Aunt Julia had snubbed him, snubbed him completely. But Peterkins' heart was very brave and he knew that he had done right. He hustled up his father to tell him all about it. Big Peter listened in silence, then he gripped Peterkins' hand tight, so tight that it hurt and the little fellow looked up wonderingly. His father was blinking his eyelids very fast, just as he had done that memorable day when Peterkins' baby sister had only come to live one little day. He had held Peterkins in his arms and looked down at the small face on the lace edged pillow that Peterkins' mother had made with so much love and care. Big Peter had slipped his finger in the tiny rose leaf band and had swallowed many times and blinked his eyes then just as he was doing now.

"You—you are a fine boy, Peterkins. I am proud of you," he said finally. "I think we can make your Aunt Julia see that a little child can lend some times."

There was no champagne in the punch that day and everybody had a good time. Peterkins ran around and summoned all his little friends and Aunt Julia herself left the guests and saw that the children were well supplied with ice cream, cakes, candies and all the good things she had provided. When it was all over and the last guest was waving good-bye from the big gate, Aunt Julia sat down on the steps beside a happy, tired little Peterkins and put her arms around him.

"Can you find a white ribbon badge to pin on Aunt Julia, I think?" she asked, using his nickname just as father and mother did. "I am never going to serve wine again in my house or anywhere else, and when you go to your temperance society give this to your leader and tell her to enroll me as a member."

Peterkins looked down and saw a crisp bill of three figures in his hand. All at once he forgot that he was tired. His very heart sang for joy. That bill would furnish the room his little band had been trying to make attractive for the men who had nowhere to go except to the saloons. He hugged his Aunt Julia, then his mother and father.

"Thank you, thank you, Aunt Julia," he cried, then seized his father by the hand. "Let's go tell Mrs. Carry Lou now. She will hurry and get the rooms ready right away."

So, many people profited by one little boy's bravery in standing up for the great cause of temperance. Is there not something that you can do?—A. Marie Crawford.

Starting Something in Pelton

By JANE OSBORN

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"You see, Mr. Pell, I'm trying to start something in Pelton," said Lucy Brown, reporter, "society" writer and second mate of the Pelton Sentinel, explained her call at the old Pelton homestead. "The idea is to send copies of the home-town papers to the boys at the front and there are some hundreds of our town boys who will be getting the Sentinel. Now, you know how it's been with the Sentinel—how it's been with Pelton, in fact. There's never anything doing, and the boys over there don't want to read just a rehash of the news from the front that was stale to them a month before. They want local news. They want to know what's going on in Pelton."

"But nothing is ever going on in Pelton," said Mr. Francis Pell indignantly. "It's a conservative little place that stopped getting excited about anything some fifty years ago. There's never anything doing in Pelton."

"No; that's just it," said Lucy, the color coming to her cheeks and the brilliancy to her eyes at the thought that she was being understood. "Nothing ever happens in this place—but I'm going to make something happen so to put Pelton on the map, and make the boys want to get back to a real live, enthusiastic, human sort of place. I thought I'd begin by getting interviews with some of the local characters like you. I went up to see old Silas Snell yesterday. He's a hundred and three—all the boys know him—used to call him Crazy Sil. Well, he's got some bullets and things from the Civil war and some old clothes he wore seventy-five years ago. I've persuaded him to put them on exhibition down at the bookstore, and I can make a story about that. Then I see Miss Hawkins that's always kept the cent shop—used to sell candy to the boys that are over there now, and she's promised to do something to make a story, and there's the potchman and the old sexton—"

Mr. Pell was hardly dexter at being put in a class with these local celebrities, and had Lucy Brown said much tact as she had enthusiasm she might have made her appeal in another way. But the fact was that Mr. Francis Pell, whose ancestor had founded the old town, was quite as much of a character in his way as was either the toothless Silas Snell or the little spinster who had "always kept the cent shop." Although forty years old, and although no one had ever seen him counting out bags of money, nor had he ever been known to be crafty or shrewd in money matters, he was regarded as the "old miser." There were fabulous accounts of the extent of the Pell fortune, which had once glittered large in the mind's eye of Pelton maidens, but he had long since ceased to be regarded as in any way wealthy.

Disease Comes Through The Blood.

TO CURE COMMON AILMENTS THE BLOOD MUST BE MADE RICH AND RED

Nearly all the common diseases that afflict mankind are caused by blood impurities. Bad blood is the cause of headach and backache, rheumatism and neuralgia, indigestion, constipation and other ailments. It is bad blood that causes skin diseases like eczema, and all rheum, pimples and eruptions. The severity of the trouble indicates how impure the blood is, and it goes always from bad to worse unless steps are promptly taken to enrich and purify the blood. There is no use trying a different medicine for each disease, for they all come through the one trouble—bad blood.

To cure any of these troubles you must get right down to the root of the trouble in the blood. This is just what Dr. Williams' Pink Pills do. They make new, rich red blood. They stably purify and enrich the blood, and the disease disappears. That is why Dr. Williams' Pink Pills have cured thousands of cases after other medicines had failed. Here is proof of the power of Dr. Williams' Pink Pills to cure Mrs. M. Sills, who resides near the town of Naperville, Ill. I cannot praise Dr. Williams' Pink Pills too highly. I was very much run down in health, suffered from frequent spells of indigestion, biliousness, and sick headache. I had almost constant pain in my head and my heart was a source of dread. In fact I felt so miserable that I had to give up my work. I was advised to try Dr. Williams' Pink Pills, which I did, and the result was simply marvellous, and can best be summed up by saying that they made me feel like a new woman, and fully restored my health. I would advise every woman and girl who has poor blood, or is run down in health, to give these wonderful pills a trial. I am never without them in the house.

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Don't Forget the Garden.

Don't forget to include the home garden as one of your main lines of work the coming season. If you have not already made your plans for a garden do so at once. Select fertile soil and prepare your ground as soon as possible. The seed supply should also be looked after and ordered at the earliest possible date in order to prevent disappointments and delays in planting. See that the garden includes a good variety of vegetables, and also plant it so that it will continue to work for you and supply your table with fresh vegetables throughout the entire summer and fall. Too many gardens are abandoned after the first crop of vegetables is harvested in the spring.

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ANCIENT CUSTOMS IN ACADIA

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The invention of the automobile supplanted the once favourite horse-drawn coach, and now the aeroplane may, to a large extent, take the place of the automobile. But, however science progresses, there still are places where the ancient order of things endures and the people are contented following the simple customs of their ancestors. One may yet be seen drawing drays in that part of Nova Scotia known as the Land of Evangeline. It is quaint to see such a sight on the street of a place or town. Unlike horses, oxen have their greatest strength in their necks. The drays are 20 feet long, and are drawn by a pair of oxen with leather straps. Bulls hitch to their breasts as they move along. The tips of the horns are nearly always decorated with brass knobs. A pair of oxen will walk along leisurely drawing a load of four tons. If you try to get the driver he will tell you that they are evenly trained and do their work just as well as horses, and you can see them in places where horses would be difficult to manage. They plough and draw logs with the same gentle temper as they show when yoked to the drays.

There are other old customs still surviving in the Land of Evangeline, and these add to the attractiveness of one of the most picturesque, romantic and historic regions in America. Silvery bays and rivers, shores of golden sand, hills and valleys covered with fragrant pine or towering pines or fruitful apple trees, sunny slopes and freshening sea and land breezes give health and pleasure to thousands of tourists every year.

Across the Bay of Fundy from St. John, New Brunswick, to Digby, Nova Scotia, is a delightful trip occupying a few hours. Approaching Digby Bay is dotted with the crabs of the Bay of Fundy. The crabs are taken by the Bay of Fundy fishery. They are taken by the Bay of Fundy fishery. They are taken by the Bay of Fundy fishery.

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Attention! Sick Women

To do your duty during these trying times your health should be your first consideration. These two women tell how they found health.

Hollan, Pa.—"I took Lydia E. Pinkham's Vegetable Compound for female troubles and a displacement. I felt all run down and was very weak. I had been treated by a physician without results, so decided to try Lydia E. Pinkham's Vegetable Compound, and I felt better right away. I am keeping house since last April and doing all my housework, where before I was unable to do any work. Lydia E. Pinkham's Vegetable Compound is certainly the best medicine a woman can take when in this condition. I give you permission to publish this letter."—Mrs. E. R. CARLSON, R. No. 4, Hollan, Pa.

Lowell, Mich.—"I suffered from cramps and dragging down pains, was irregular and had female weakness and displacement. I began to take Lydia E. Pinkham's Vegetable Compound which gave me relief at once and restored my health. I should like to recommend Lydia E. Pinkham's remedies to all suffering women who are troubled in a similar way."—Mrs. ELLEN HARRIS, R. No. 6, Box 83, Lowell, Mich.

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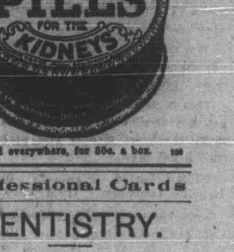
Lowell, Mich.—"I suffered from cramps and dragging down pains, was irregular and had female weakness and displacement. I began to take Lydia E. Pinkham's Vegetable Compound which gave me relief at once and restored my health. I should like to recommend Lydia E. Pinkham's remedies to all suffering women who are troubled in a similar way."—Mrs. ELLEN HARRIS, R. No. 6, Box 83, Lowell, Mich.

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