

"MY ONLY MEDICINE"

Says Mrs. Corbett, An "Fruit-a-Lives"
"They Keep Me In Perfect Health"



Mrs. ANNIE A. CORBETT
AVON, ORE., May 14th, 1913
"I have used 'Fruit-a-Lives' for indigestion and Constipation with most excellent results, and I continue to be my only medicine. I am highly pleased with it. I thought I might not be ashamed to have the facts published to the world. When I first started, about six years ago, to use them, I took four for a dose, but I cured myself of the above troubles and gradually reduced the dose to one tablet at night before taking 'Fruit-a-Lives'. I took salts and other pills but the treatment was too harsh. I thought I might not suffer from the disease as from these treatments.
Finally, I saw 'Fruit-a-Lives' advertised with a letter in which someone recommended them very highly, so I tried them. The results were more than satisfactory and I have no hesitation in recommending them to any other person. They have done me a world of good, get satisfaction from them, and that is quite a lot!" ANNIE A. CORBETT.
Box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-Lives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874. The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.
Motto—For God and Home and Native Land.
BLACK—A kind of White Ribbon.
WATCHWORD—Agiolate, educate, or guide.

OFFICERS OF WOLFVILLE BRANCH.
President—Mrs. L. W. Sloop.
1st Vice President—Mrs. J. Kaye.
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From Work—Miss Margaret Barnes.
Surprise Soap Wrappers—Mrs. M. Freeman.
Ballads—Mrs. M. Freeman.
Lecturer Work—Mrs. F. Woodworth.
Scientific Temperance in Schools—Mrs. G. Cullen.
Lecturer Meeting at the homes of the members 1st and 3rd Tuesday evenings in the month.

A Recipe.
Take a dash of water cold.
And a little leaves of prayer.
A little bit of sunshine gold.
Dissolved in the morning air,
Add to your meal some merriment,
And a thought for kith and kin,
And then as a prime ingredient,
A plenty of work thrown in;
But spice all kith the essence of love
Let a wise old Book and a glance above
Complete a well spent day.

A Sad Downfall Through Drink.

It is no new thing to read of the downfall of a man through drink. We are too sadly used to seeing such cases, but youths and young men cannot be too often reminded of the terrible depths of degradation to which a man can fall after creating, and then seeking to satisfy the thirst for intoxicating liquor. Such a story was told before the Seine Assize Court, France, the other day, of the career of a man, George Dobri, charged of collecting false money. It was stated that he was a doctor of law, a doctor of political and economical science, and a bachelor of arts. He had held the position of judge at Rouen, commissaire of police at Condom, and clerk of the peace at Luchon. He had practiced as a barrister at Toulouse, and had been secretary of the Toulouse Bar. He had been forced to leave Toulouse in the first place having given way to drink. He spent some time in Algeria, then returned to take up the position of commissaire of police at Condom. He still drank heavily, and in the course of a drunken one day he eloped free, for he was afterwards in an official position at Luchon. Obligated to leave that town, he came to Paris and started a newspaper, the 'Petit Liberal', which failed to make a profit and brought him a profit of \$10. There he became an anarchist, and after another term of prison he joined a gang of coiners. He will spend the next five years in prison.

Declare War on Colic.
A crowd of education which aims that outdoor colic may become uncommon within the next generation has been begun by prominent New York physicians. Here is a list of the 'don'ts' which the doctors will prevent the annual visitation of the colic.
Don't eat in a hasty way.
Don't sleep in hot rooms.
Don't avoid fresh air.
Don't stuff yourself at meal time.
Over eating reduces your resistance.
To which we would add—when you take a cold get rid of it as quickly as possible. To accomplish that you will find Chamberlain's Cough Remedy most effective. It's all doctors.

The Art of Having Time.

The people who work the hardest and accomplish the most are not those who constantly put their time to good use do not excuse themselves from duty on the plea of lack of time. The people who have the most time in the fire are those most ready to receive and forge another. Gethse, one of the busiest men that ever lived, has said, 'Time is endlessly long, and every day is a vessel into which much may be poured, if one will readily fill it up.' And again, 'One has always time enough if he will improve it well.' But we are also to remember that another wise German has said 'To day is the opportunity for enjoyment and work. Knowest thou where thou wilt be on the "morrow"? A greater spirit than either has said, 'Are there not twelve hours in the day?'—Selected.

'What can I spare?' we say:
'Ah, this and this,
From mine array
I am not like to miss.'
'And here are crumbs to feed some hungry one:
They do but grow a cumberance or my shell.'
And yet, one reads, our Father gave His Son,
Our Master gave Himself.

A Night of Terror.
Few nights are more terrible than that of a mother looking on her child choking and gasping for breath during an attack of croup, and nothing in the house to relieve it. Many mothers have passed nights of terror in this situation. A little forethought will enable you to avoid all this. Chamberlain's Cough Remedy is a certain cure for croup and has never been known to fail. Keep it on hand. For sale by all dealers.

The last volume of the largest novel in the world has just been published in Japan. It was commenced in 1852 and in all 106 volumes have been published, each containing 1,000 pages of 500 words each. The whole novel weighs about 130 pounds.

Signs of Kidney Trouble.
In the early stages kidney troubles are known by backache and urinary disorders. Later come dropsy, stone, rheumatic pains, and perhaps diabetes. But don't wait for these. Dr. Chase's Kidney-Liver Pills will help you in a few hours. Their thorough action on the liver, kidneys and bowels will clear away the poisons and make you well again.

Harry Alban Chambers, who at 11 years of age has just been appointed organist of St. Anne's Cathedral at Leeds, Eng., started studying music at 7, and at 8 composed a piece of church music which was published.

A Lumberman's Opinion.
"I was troubled with palpitation of the heart and sleeplessness for some time. Later came dropsy, stone, rheumatic pains, and perhaps diabetes. But don't wait for these. Dr. Chase's Kidney-Liver Pills will help you in a few hours. Their thorough action on the liver, kidneys and bowels will clear away the poisons and make you well again."

In Norway, every woman over 25 years of age who makes \$93 a year in country or \$110 a year in the town, is entitled to vote, and most of them do.

My dear friend,
I was out motoring the other day!
'So?'
'Yes, and I came to a river, but could find no means of getting my machine across.'
'Well, what did you do?'
'Oh, I just sat down and thought it over.'
DR. A. W. CHASE'S 25c CATARRH POWDER
is sent direct to the diseased parts by the mucous membrane. It kills the disease, clears the air passages, stops dropsy, and restores the normal condition of the throat, nose, and ears. A box of 25c. Sold by all druggists or sent on receipt of price by Dr. A. W. Chase & Co., Limited, Toronto.

My dear friend,
I was out motoring the other day!
I saw in the papers to day a decision of a Virginia court that the wife may in some cases be the head of the family.
John Henry replied Mrs. Bickers, 'the courts are sometimes very slow in finding out things!'

THIS IS A HOME DYE THAT ANYONE CAN USE
DYOLA
The Guaranteed "HOME DYE" for All Kinds of Cloth.
Don't wash in hot water. Don't wash in hot water. Don't wash in hot water.

Excelsior Life Insurance Co.
SHOWED IN 1912
FOR SECURITY—\$17 assets for every \$100 liability.
FOR PROTECTION—Interest earned on assets and assets. 7.43% Mortality rate experienced is expected, 67% discount in expense ratio to other companies.
HEAD OFFICE—PROVINCETON, N.S.
CAPT. S. W. BEARDSLEY, Wolfville, Prov. Mgr.

JOHNSON'S ANODYNE LINIMENT

Countless thousands of families have found it to be the surest and quickest remedy for Cuts, Wounds, Sore Throat, Sore Gums, Burns, Scalds, Bruises, Sprains, Rheumatism, Neuralgia, and external ailments.
IN USE OVER 103 YEARS
Its long-continued use is the highest proof of its merit. Sold everywhere.
25c and 50c Bottles
Parsons' Pills
L. S. JOHNSON & CO., Inc., Boston, Mass.

He Spoke the Truth.

Two Irishmen, who were having a little justification, arrived home in the early hours of the morning. They still remained one bottle of whiskey, and neither Pat nor Tim could trust each other not to drink the whole of it. Finally they agreed to leave it downstairs in the corner of the parlor and went to bed.

An hour or so later Pat got up, went down to the parlor and drank the whiskey.
Later still, Tim woke up and was stealing out of the room.
'What do you want?' said Pat.
'Oh nothing, nothing,' replied Tim.
'Very good,' said Pat, 'you'll find it in the bottle in the corner.'

Cause of Insomnia.
The most common cause of insomnia is disorders of the stomach and constipation. Chamberlain's Tablets correct these and enable you to sleep. For sale by all dealers.

A good home is not purchased with money nor can it be maintained by hiring. In the most magnificent mansions are sometimes found the most desolate and unhappy hearts. The children of to-day are to be the founders of the homes of to-morrow. Are they being trained in those that promise perpetuity of the joys of this most sacred place? Are the scenes and surroundings of their lives such as to make it easy and natural to travel in those paths that lead to long and continued peace? Are not some of the so-called best parents thoughtlessly teaching their very own children dishonesty and falsehood, and by their examples establishing idleness and frivolity as the summing bonum of life? The parent who makes a 'breat he sees a latent to fulfill, is planting seeds of untruthfulness in the youth's mind that if it does not yield a crop of falsehood, will one of disrespect for the unwise parents.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of
Warranted Purely Vegetable
In London there is an old pensioner who stands every day at a crowded street corner, helping children across through the traffic. His sole recourse in the gifts which the children offer at Christmas time.

AILING WOMEN OF MIDDLE AGE
Mrs. Doucette Tells of her Distressing Symptoms During Change of Life and How She Found Relief.
Belleville, Nova Scotia, Can.—"Three years ago I was suffering badly with what the doctors called 'Change of Life'. I was so bad that I had to stay in bed. Some friends told me to take Lydia E. Pinkham's Vegetable Compound and it helped me from the first. It is the only medicine I took that did help me and I recommend it to all my friends. You don't know how thankful I am. I give you permission to publish what your good medicine has done for me." Mrs. SIMON DOUCETTE, Belleville, Yarmouth Co., Nova Scotia, Canada.
Such warning symptoms as sense of suffocation, hot flashes, headache, backache, dizziness, palpitation of the heart, spots before the eyes, irregularities, constipation, variable appetite, weakness and languor, and dizziness, are promptly relieved by intelligent women who are approaching the period in life when woman's great change may be expected.
Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the female organism and builds up the weakened nervous system. It has carried many women safely through this crisis.
If you want special advice write to Lydia E. Pinkham Medicine Co. (Post-office) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

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I saw in the papers to day a decision of a Virginia court that the wife may in some cases be the head of the family.
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Indian Summer.

We are beholding the gorgeous pageantry of late Autumn. 'The stillness that doth wait on change is here.' Drifts of scarlet and gold beneath the tread, soon to be shrouded in drifts of spotless white, mark an evening of the 'true' spirit of the 'rolling seasons.' Withered grasses, brittle with frost, seem struggling vainly for new vigor beneath a kindly warmly rising sun. Here may plant-life seem to find a gentler promise that Mother Nature has forgotten that there must be a winter—a promise of spring in the rear guard of summer's train. And here we see Nature in her most mysterious form.

Quite the most splendid of Maritime Canadian seasons, we have said, is autumn; and quite the most charming of late autumn days we term Indian Summer—called by the plains Indians the Summer of All Sides. For a space this mystic stilling holds the stage—then: Slow falls the night-time of the dying year. Misty and dim the patient forests lie. Chill ocean winds the wasted woodlands grieve. And earthward loitering the leaves go by.

There are men who will cringe and scrape and bow to the women in their own sphere, or above them in social positions, who are boorish enough to only half nod without even touching the hat to the women who have not this social prestige. Such a man is thoroughly ill bred, and by so doing he lowers himself fifty per cent. in the estimation of all sensible people.

Send your Raw FURS to John Hallam
FREE HALLAM'S TRAPPERS GUIDE
A book of 50 pages, fully illustrated. Contains a complete list of the fur-bearing animals of the world, and shows to trap, take and care of, and where to sell, both in Canada and the United States. Also contains the names of the fur traders, and the names of the fur companies, and the names of the fur buyers. Write today—FREE for the asking. Write today—address JOHN HALLAM, Limited, 111 Front St. East, TORONTO.

MAKE certain of complete success in your concrete work by always using CANADA PORTLAND CEMENT
We are supplying Canadian farmers with the highest quality of Portland Cement it is possible for human skill to make. We have reduced the price of Canada Portland Cement until it is within your reach for practically every purpose. It is the only building material that is not increasing in cost.

Be sure to ask for Canada Cement, in bags.
Canada Cement Company Limited, Montreal
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JUST THINK!—Christmas is almost with us. A few more weeks and then the joyous season begins. With it comes, of course, the usual tokens of goodwill—the giving and receiving of gifts. "What shall it be?" is the premier thought in most minds, and to many it becomes a great problem indeed. Those of you who have a copy of our Fall and Winter Catalogue need have no such trouble to look through your catalogue you will find it a veritable storehouse of worthy merchandise. Further than that, there are many pages which list just such articles that are of popular choice and pleasurable interest.

THE TIME TO BUY IS NOW—AND THE REASON WHY
So many conditions may later arise that it is well for us to buy gifts early. To put off your purchase too long often brings disappointment. Sit down now and give this matter your earnest consideration and make your choice while stocks are large and varied. Do not forget, also, that ours is not primarily a Christmas catalogue but a comprehensive one of articles of daily use in the home.

Look for our Big Values in Gift Articles for MEN
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FRAME STOCK

SAWED TO ORDER.
Also Lathes, Shingles, Sheathing and Flooring.
WRITE FOR PRICES.
J. H. HICKS & SONS
BRIDGETOWN, N. S.
Hutchinson's Express & Livery.
UP-TO-DATE IN EVERY RESPECT.
Good Horses; Careful Drivers; Fair Prices. Teams at all Trains and Buses. Baggage carefully transferred. Telephone No. 58.
T. E. HUTCHINSON, Prop., WOLFVILLE, N. S.

FOR SALE.
Residence of the late C. R. Burgess at Wolfville. Property consists of 4 1/2 acres with frontage on Main street of 200 feet; orchards of 200 trees, etc.
For price and further particulars apply to
The Eastern Trust Co.
HALIFAX.
Dr. de Van's Female Pills
A reliable Female Pills (never fails). These pills are especially beneficial in regulating the menstrual system. They are sold in all drug stores. Write today—address Dr. de Van's Female Pills, 111 Front St. East, Toronto.
H. LEOPOLD, (Successor to Leopold & Schofield.) Livery and Boarding Stable.
Stylish Single and Double Turnouts Furnished.
Teams meet all trains and buses. All kinds of trucking and express attended to promptly.
Elm Avenue, (Next Royal Hotel), WOLFVILLE.
Electric Restorer for Men
The electrical restorer cures every nerve in the body. It is a complete restorer of the nervous system. It is sold in all drug stores. Write today—address Dr. de Van's Female Pills, 111 Front St. East, Toronto.
If You Ride Horseback, or drive in a carriage, see before you make a start that the Trappings or HARNESS are in good order. Repairs executed promptly. All work will prove highly satisfactory. We carry a full line of Harness Dressing, Aniline Grease, Whips, etc. Also Saddles, Straps, Rivets, Pouches. You'll not find our prices too high.
Wm. Regan, HARNESS MAKER.
R. J. Whitten & Co. HALIFAX
Receivers and Sellers of all kinds of Farm Produce.
Consignments Solicited.
Prompt Returns.
Piano For Sale.
A "Behr" Piano in splendid condition, practically new, cost \$600. Will be sold at a great sacrifice. Apply to
BENJAMIN D. BROWN, Wolfville, N. S.
COAL!
Aoudie Lump, Aiblon Nut, Springhill, Inverness.
A. M. WHEATON.
COAL - BRIQUETTES.
Did you ever try briquettes. Fine for domestic use. No dust, no slack, no waste. We have them. Care of "Mouldie" and Springhill constantly arriving. Prompt delivery and all coal well screened.
Burgess & Co. Wolfville Real Estate Agency.
Persons wishing to buy or sell apply to J. W. SHEPHERD, Manager.
Wolfville, April 27.

Save Your Wife

All Ironing Drudgery
The Imperial Self Heating Flat Iron
does the work in half the time, better and easier at less than one-tenth the cost of the old way. Besides saving the strength, health and temper of the housewife or servant. Heats itself from the inside with gasoline or denatured alcohol. Better and cheaper than gas or electricity. No wires or tubes in the way. No changing irons or fusing with half cold flat irons. No endless walking from hot stove to work. No wiping or waiting.

Synopsis of Canadian North-West Land Regulations.
ANY person who is the sole head of a family or who makes over 18 years old, may homestead a quarter section of available Dominion land in Manitoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency or Sub-Agency for the district. Entry by proxy may be made at any agency, on certain conditions by father, mother, son, daughter, brother, or sister of intending homesteader.
Duties—Six months' residence upon and cultivation of the land in each of three years. A homesteader may live within nine miles of his homestead on a farm of at least 80 acres solely owned and occupied by him or by his father, mother, son, daughter, brother or sister.
In certain districts a homesteader in good standing may, pro tempore, a quarter section along side his homestead. Price \$3.00 per acre. Duties—Must reside upon the homestead if pre-emption six months in each of six years from date of homestead entry (including the time required to earn homestead patent) and cultivate fifty acres extra.
A homesteader who has exhausted his homestead right and cannot obtain a pre-emption may enter for a purchased homestead in certain districts. Price \$3.00 per acre. Duties—Must reside six months in each of three years. cultivate fifty acres and erect a house worth \$250.00.
W. W. COREY, Deputy of the Minister of the Interior, P. O. Unattached publications of this advertisement will not be paid for.

Wm. Regan, HARNESS MAKER.
R. J. Whitten & Co. HALIFAX
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A homesteader who has exhausted his homestead right and cannot obtain a pre-emption may enter for a purchased homestead in certain districts. Price \$3.00 per acre. Duties—Must reside six months in each of three years. cultivate fifty acres and erect a house worth \$250.00.
W. W. COREY, Deputy of the Minister of the Interior, P. O. Unattached publications of this advertisement will not be paid for.

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