Greater food value—increased palatability In making chocolate cakes use



with barley and buckwheat flour.

The chocolate covers the color and taste of the dark flour so it is practically as good as when made with all white flour.

This use of cocoa or chocolate increases the food value of the prepared dish.

# Walter Baker & Co. Limited

DORCHESTER, MASS. CANADA FOOD BOARD LICENSE No. 11-690

# Fall Stock Grocery Supplies FOR CHRISTMAS MONTH

FLOUR—Purity, Royal Gold and Five Roses. Bbls., 98 and 24 lb. sacks. Without substitutes. TEAS—New stock Red Rose, Morse's, King Cole. In pkgs. 65e. Splendid bulk Tea for 60c.

ROLLED OATMEAL—Fresh ground stock. 90, 40 and 20 lb Sacks. 71-2 cts. lb.; 10 lbs. for 75c

SHORTENING AND LARD-1, 3, 5, 10 and 20 lb. packages. Fresh stock, and our prices are the lowest.

Pure Cream Tartar, Creamoline, Magic Baking Powder, Royal Baking Powder, full 16 oz. tin; Pure Spices 15c pkg.; Sheriff's Essences, 10, 15 and 25c. Seeded and Seedless Raisins, Dates, Citron, Orange and Lemon Peels, Shelled Walnuts, Fresh Roasted Peanuts, and Mixed Nuts, Moir's Best Chocolates in fancy boxes, Oranges, Table and Cooking Apples. Sour Mixed Mustard and Sweet Pickles in bottles, 35c each. Large bottle Tomato Catsup, 20c. Christie's Fancy Biscuits and Plain Soda Biscuits, Marven's Sweet and Plain Biscuits, Moir's Picnic Pilot Biscuits. Crown Corn Syrup 25c tin; 45c glass jar; \$1.15 tin.

Fine Salt, 7, 15, 30 and 40c sacks. Boneless Codfish, good Salt Herring, Fat Pork, Hand Picked Beans. 

### FOOTWEAR

Lumberman's Rubbers for men, boys and little gents. Larrigans, Overshoes, Men's Slippers, \$2.00 pair; Boys Strong Tan Boots, \$4.00 pair; Ladies Dark Tan Boots with Neolin Soles and Rnbber Heels, also with leather soles. We have a few lines of Felt Boots and Slippers. Large stock all kinds low Rubbers.

# RYAN BROS., Inglis St., TRURO

LICENSE NO. 8-4938. Pay your out-of-town accounts by

Dominion Express Money Orders. Five dollars costs three cents.

### NEWSPAPER FROM MONS.

out of compliment to British and Can-dates for remittances. adian soldiers, who freed this city is party printed in English. A prominent article in this paper is

"To Our Liberation" thanking the British army for their freedom. One paragraf reads; 'Glory to this heroical Canadian

Division whose names ever will remain engraved in the annals of our city and the history of the Belgian There is also a sonnet dedicated to

the Canadians, and it is stated that it is intention to erect a momument in Mons in recognition of the achieve. ments of "the glorious soldiers of Can-

This newspaper also says; "After 51 months of suffering caused by the iniquitious, pitiless and insolent, German occuption. Mons finally has been liberated by the heroism of the 3rd in the morning and revenged by a Glory and recognition to it."

How proud our Canadian lads must en to be there, and as Rev. A. J. MacDonald, said, in a some hur- even in fair demand, owners are for ried notes, that we printed a few days ago, it was worth all this sacrifice

Worms sap the strength and undermine the vitality of children. Streng-then them by using Mother Graves' Worm Exterminator to drive out the

Look at the date printed with your name on the top corner of the first page of this paper. It is the date your NEWSPAPER FROM MONS.

Capt. Weldon, who was city editor of the Mocton Times and enlisted in the fell of 1915, was one of the brave. ceive \$1.50 or \$2.00 a year the regular prices of this sixteen page paper in the fall of 1915, was one of the brave Canadians, who fought their way into historic Mons, on November 11. He has sent the Times a copy of the 'News' pay in advance and get a special rate of only \$1.00 a year in Canada or \$1.50 a year outside of Canada or \$1.50 a year City since August 1914.

It is dated November 17, 1918, and lished that this reminder is published that some need overlook their

A number of sailors were in Truro, on December 9th, enroute from North Sydney to Boston. These men be longing to the U.S. Naval Aviation, have been on Convoy Duty at Sydney for the past three months, and are now returning to their home Chief J. E. Lemerise, and Chief Long, New York, were the officers in charge. The men dined at the C. G. R. Dining Hall, and some of them strolled thru the streets as they had considerable time between trains. They all thought Truro was "quite a town."

### HORSE FLESH A COMMERCIAL PRODUCT IN ANTIGONISH.

For some weeks past regular shipments of horse flesh are going from Antigonish to P. E. Island. Some ten tons of this product have gone for-Canadian Division, after heavy sacrifices, entered the town at 3 o'clock for fox meat. Apparently they have brilliant success the retreat of 1914. fabulous fex prices of pre-war times, and are still giving much attention to fox farms. We have a big surplus stock of horses, and as horses are not ced to sell at extreme low prices. Of course only the very oldest and most to free these people and bring them crippled horses are being turned into back to their owner.

crippled horses are being turned into fox meat.—Antigonish Casket.

### DIED.

ORRISON—East Mines Station, Col. Co. December 3, 1918, Margar-et wife of Charles Morrison, aged Prize for best foal of 1918 sired by MORRISON-East Mines Station,

VAMES OF THOSE RECEIVING SPECIAL PRIZES AT THE DIS-TRICT EXHIBITION AT STEW-IACKE

N. K. Fairbanks Co. donates 50
pkgs. gold dust 20 pkgs. each to 1st
prize winners in Preserves, Jelly,
Pickles and Chow.

Mrs. Wilmer Pearson, 2 pkgs, Shub.
Mrs. A. D. Fulton, 8 pkgs., Stewiscke.

Mrs. J. J. Gourley-4 pkgs, Stew

Mrs. J. C. Gass, 2 pkgs., Shub. Mrs. Fulton Johnson, 2 pkgs., Mid. Mrs. W.G. Ervin-2, pks Stewiacke

A. F. Putnam—2 pkgs., Stewiacke. Jennie R. McNutt—2 pkgs. West

Jennie R. McNutt—2 pkgs. West S. Andrews.

Edna Power—2 pkgs.', Stewiacke.
Minard's Liniment Co., Yarmouth, donates 1 doz. bottles to each exhibiton scoring most points in following classes ornamental plant, fancy work house-keeping poultry, sheep and for best collection of canned vegetables.

Joseph F. Carnell, 1 doz.—Stewiacke Lamont Kent. 1 doz.—Stewiacke

Joseph F. Carnell, 1 doz.—Stewiacke
Lamont Kent, 1 doz.—Stewiacke
Mrs. A. D. Fultón, 1 doz.—Stewiacke
Mrs. J. C. Gass, 1 doz.— J. R.
McDonald, 1 doz.—Shubenacadie.
The Robert Simpson Co., Toronto
donates case of silverware to exhibitor
scoring most points in Domestic Dairy
and Poultry Classes.
Joseph Carnell—Stewiacke.
Mr. C. E. Bentley, Truro donates
\$10.00 for best General Purpose horse.
Campbell Bros—Stewiacke.
T. Eaton Co., Toronto donates for
best 10 lb. butter 2 lb. prints choice of
one rocker, China tea set or one barrel

one rocker, China tea set or one barrel churm.

Mrs. Andrew Brenton-Mid. Stew-

Rufus E. Dickie, Stewiacke offers as special prize \$5.00 for best 10 lb tub butter also 50cts for heaviest doz of Brown Eggs and 50cts for heavies doz, white eggs and 50cts for heavies
Mrs. Barry Fulton—Butter—Stewiacke.

Geo. F. Chaplin, Brown Eggs-

Hugh D. Tupper-White eggs

Suckling & Chase, Truro dona \$2.00 each to winners of first prize Foliage Plant, Best Collection of flowers and best col. Sweet Peas. Mrs. J. C. Gass—Cut Flowers—

Freda Taylor-Sweet Peas-Stew-

Mrs. J. R. Robertson-Foliage

Plant, Stewiacke.

Mr. G. R. Marshall, Stewiacke donates \$5.00 for fastest walking horse.

Frank Gardner—Shabenacadie.

A. D. Fulton, Stewiacke, donates \$5.00 for best driving horse in carriage and roadster.

R. W. Grant—Stewiacke.

News Pub. Co. Ltd., donates a copy of the "Truro Daily News" for 1 yt. for best 1 doz. Fresh eggs.

Frank S. Chaplin—Stewiacke.

Moirs Ltd., Halifax donates
Fancy Cake to lady scoring m
points in housekeeping class, also a
lb. box of chocolates to exhibitor sco
ing greatest number of points in Edu
cational and natural history denan cational and natural history depa

ment. Laura Kent-Cake-Stewiacke. Florence McCully, Chocolates-Truro.

Atlantic Milling Co., Pictou de nates \$5.00 worth of Timothy seed exhibitor scoring most points in Field

Alfred Johnson-Truro.

D. M. Freey & Co., Ont., dona \$3.00 worth of seeds to exhibitor so ing most points in Garden Vegeta Alfred Johnson-Truro

The Metallic Roofing Co., Tor donates one 5 inch 'Halitus Ventilator' to exhibitor scoring most points in all classes of cattle. J. R. McDonald-Shubenacadie

Robert Taylor Co., Halifax, do-nates 1 pr. men's shoes to exhibitor scoring most points in all classes of E. G. Campbell-Stewiacke

McCulloch & Creelman, Truro, nates 1 barrel "Diamond Crystal Salt" for best sample butter made with that salt. Mrs. Angus Rose-West St.

Canadian Bank of Commerce do-nates silver medal for best litter of

J. W. McNutt-West St. Andrews E. T. Sibley, Stewiacke offered \$3.00 for best exhibit of lambs any grade. Russell Kelly-Stewiacke. Canadian Bankers Association of

fered cash prizes to girls and boys for est pigs and calves. Best Cafl-Roger Kent, Stewiac Royal Bank of Canada donates \$25.00 as special prizes for grade Dairy

Grade Ayrshire-J. R. McDonald.

Grade Holstein-J. L. Dickie Grade Jersey and Guernsey-Barry

"Alto Azworthy."

The 'Patt Food Co. Ltd.' Toronto, donated the following special prizes for S. C. White Leghorn Cockerel—Cecil Moutt, West St. Andrews, Pk. Poultry Regulator.
S. C. White Leghorn Pullet—Cecil McNutt West St. Andrews can of

A. E. Matheson, of Lower Five Islands, was in Oxford on the 30th ult

James Purdy, Wentworth, was in Truro, recently. Flight Cadet C. R. Kinnie, Tor-

onto, was in Truro for a few days last reek, enroute to his home in Wolfville. He expects to receive his dis-

Beth Craig, Smith's Avenue the week end in Halifax, visit-

of the Navy League for one year, and the you to the Navy League Mag-e issued monthly.

A \$5 donation makes you a member

s. Frank Johnson, Cross Roads, Mrs. William Hennigar, Elm

bilding permits in Halifax last nonths amounted to \$2 783 465

By Acclamation on Dec. 4 the Sinn thers got 22 Irish seats out of a total \$5; in the last Parliament they had yix seats.

ss Fearless & Co" is a pretty nedy that will be playd by the laddes Branch of the W.M.S. lnesday evening. Dec. 18, in all at Middle Stewiacke. There a sale of "lunches" after the

ht Cadet I. B. McLellan, Torwas in Truro, recently enroute home in Hantsport.

Herbert Sterling, Stentinville, ta, has been visiting at her old in Selmah. She was in Truro mity, the guest of Mrs. Faulkner, mity the Hill.

William Boyle, New York, the ar traveller representing the d Fruit Growers Association, d thru Truro, December 8th, a large shipment of bananas, for Outhit, and Co. Halifax, also shipment for Nickerson and New Glasgow. This is Mr. is last tricker the season.

Ars Lillias McKay, New Glasgow, died in Military Hospital, Edgewood, Maryland, Dec. 4. She was a traind nurse, was stricken with influenza, followed by spinal meningitis.

There is positiv proof that 49 Belgian priests were tortured to deth by the leaders of that "noble German peo-s" we have heard about lately.

is entirely due to Canada tha British butter ration, small tho was, has maintaind in the last two onths of the War. This informatn has been cabled to Canada from

Mr. C. J. Ross, Stellarton, has been spending a few days in town. For some time Mr. Ross, has been employd at the Truro Steel Co. Ltd. as Inspector of shells.

Walter I. Snook, Willow Street, has returned from a business trip to Great Village.

Mr. E. B. Donkin, New Glasgow, spent the week-end in Truro.

The Agricultural College Observatory reports a cold "dip" of 7 degrees below zero on Saturday night.

—On the twenty-ninth inst., at Bible Hill, Truro, Mis argaret A. Boyd, eldest daughter of the late Rev. Samuel Boyd, of Wallace, met with a tragic death. Returning to her home in the early evening she was in a most unaccountable manner struck by the Maritime Express, Injuries were such that medical skill proved unavailing, and she passed away in the Hospital very soonafterwards. Loyal and generous to the Church of her fathers and its kindred societies, faithful to duty, kind to the sick and suffering, Miss Boyd, though only for a few brief years a resident of Truro, has left many pleasant memories behind,—Presbyterian Witness.

The Aquitania saild from Halifax on Sunday morning. Among the passengers was the Duchess of Devon-

Sergt. L. A. Horne, of the 85th Nova Scotia Highlanders died in France of wounds received in action He was formerly an employee as electrician of the Maritime Telegraf Company.

The many friends of Capt, the Rev. George M. Campbell will regret to monia. His wife has hastend to his bedside.





-After every meal

The Columbia is the plainest speaking of all Gramophones, made in Canada. The best value on the market.

## GRAFONOLAS from \$30.00 up. Reasonable Terms.

Columbia Double Records at 90c each



Chas. F. McDonald & Co., INGLIS ST., TRURO, N. S.

Pianos, Organs, Players Gramophones. Music, etc.,



# The Royal Bank Of Canada

aid up Capital Reserve Fund and undivided profits otal Assets

12,911,700 14,564,000 335,000,000.

AVINGS ACCOUNTS opened with any amount from \$1.00 upward nd interest paid half-yearly. RAFTS AND MONEY ORDERS sold, drawn on our Branches and rrespondents in any part of the world.

OUT OF TOWN Business by mail, will receive prompt attention Truro, N. S. M. DICKIE, Manager.

The Misses Ida Withrow and Emma Barnhill, are spending a few days in Halifax.

Contracts for the Canadian Militia Department are being canceld on all sides. In some cases compen sation must be allowd.

British Columbia can now cut and learn that he is very seriously ill at ship all the spruce and Douglas fir Hornell, N. Y. The trouble is pneuthat can be marketed. The restrict-

Soldiers and Sailors are passing thru Truro, enroute to their homes 'in time for dinner Christmas day In Canada the Public Works De partment have just let tenders for different public bildings amounting to about \$1,000,000. The largest tract is for \$551,586 to Rhodes, Currie Co. Ltd. Amherst, for new surgical bilding, and special wards for Military Hospital at Camp Hill, Halifax.

Minards Liniment Cures Garge

In Cows