February 23, 1910

**KING STREET** 

## BAR ROOFING

The "Eastlake" Steel Shingle is the only absolutely weathertight shingle on the market. Let us tell you why. A shingle to be proof against the severest storms must have at least a three inch overlap. The



is the only shingle that has that much. The so-called four-lock shingles have only an inch and a quarter overlap—not enough to keep out the drifting snow and rain, so this proves the "Eastlake" the



"" Bastlake' shingles can be laid in one quarter the time it takes to lay a four-lock shingle."—The Philo-sopher of Metal Town.



1753

**B. P. RICHARDSON** BARRISTER, SOLICITOR, NOTARY PUBLIC.

Letallic Roofing Co

GRENFELL, SASF.

LANDS FOR SALE

At a Highland gathering one Donald McLean had entered for a number of events. The first of these was the quarter-mile. Donald certainly didn't distinguish himself in the quarter-mile. Of eight runners he was last. "Donald, Donald," cried a partisan,

why did ye no run faster?"

"Run faster!" he said, contemptu-ously. "And me reservin' myself for the bagpipe competition!"



When an undue amount of nervous energy is used in the brain there is certain to be failure in the other functions of the body. Digestion is imperfect-the head aches—you cannot aleep—you be-comenervous and irritable—you are easily excited and quickly tired— your memory fails and you cannot concentrate the wind concentrate the mind.



FAIR DATES FOR ALBERTA

The report of the committee on fair dates, at the convention in Edmonton recently gave the following arrangement:

CIRCUIT NO. 1. Calgary—July 1, 2, 4, 5, 6, 7. Okotoks—July 12, 13. Innisfail—July 14,15.

CIRCUIT NO. 2. CIRCUIT NO. Z. Macleod—August 3, 4, 5. Lethbridge—August 9, 10, 11. Claresholm—August 15, 16. Medicine Hat—August 17, 18, 19. Edmonton-August 23,2 4, 25, 26.

CIRCUIT NO, 3. CIRCUIT NO, 3. Raymond—September 19, 20, 21. Magrath—September 22, 23. Pincher Creek—September 27. Taber—September 28. Cardston—September 29, 30. Lloydminster-October 5. Vermilion—October 5. Innisfail—October 6, 7. Manville-October 11. Vegreville-October 12. CIRCUIT NO. 4.

St. Albert—September 16. Daysland—September 20. Sedgewick—September 21. Camrose—September 22, 23. Wetaskiwin—September 27, 28. Bowden-September 28. Lacombe-September 29, 30. Red Deer—October 4, 5. Stettler—October 5, 6. Alix—October 7. Milverton-October 11.

CIRCUIT NO. 5. Leduc—September 13. Olds—September 14, 15. Grand Valley—September 16. Three Hills—September 20. Wabamum-September 22, 23. Rexboro—September 27, 28. Holden—September 29. Viking—September 30. Fort Saskatchewan—October 4. Ponoka—October 5, 6. Didsbury-October 6, 7 Gleichen-October 11, 12 Priddis-October 12. High River—October 13, 14. Five societies, Airdrie, Crossfield Irma, Nanton and Irvine were not represented and were not given dates.

## **CLIPPING FARM HORSES**

As a rule farm horses are soft in the spring and when put at the heavy spring work they perspire a great deal more than would be the case if they were kept regularly at work during the winter months. As the hair is long, the moisture is held in it and dirt accumulates much faster than if the horse was covered with a short coat. This condition has led to the practise of clipping all farm horses in some communities before putting them at the heavy spring work, and the general opinion of those who have to do with such horses both in working them and in maintenance of their health the seems to be in favor of the practice of clipping.

Horses, as we are acquainted with them at the present time, live very differently from their natural state. The wild horse was free to roam about and had very little work to do except in getting enough to eat. The horse as we know him, is subjected to a great deal of hard labor and is fed and housed under conditions that nature evidently did not mean for him; consequently, every provision should be made to keep him under these unnatural conditions in as healthful a way as possible. Experience shows that a soft horse with a long coat of hair, if left to stand on a cold day after perspiring freely, or if stabled without ample protection on chilly nights is apt to take cold and be subject to other ills resulting from these conditions. A long coat of wet hair does not dry out very quickly and also requires considerable body heat to accomplish it. The argument is put forth by those who clip that a horse with a short coat of hair dries out very quickly and in that condition is much

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## Dr. A. W. Chase's **Nerve Food**

is a creator of new, rich, red blood and hence a builder-up of the nervous system. Being mild and gentle in action it is especially

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less liable to take cold than the un-clipped horse with a coat of wet When Answering Ads Please Mention Advocate