



Entrance
to
Harbour,
St. Lucia.

FOREWORD

The brief notes printed in the following pages cover but a small section of the subject. One of the striking points in connection with the British West Indian Colonies is their variety of appeal. Not only do those in search of a pleasurable holiday find unsurpassable opportunities in Caribbean waters, but these Western Islands contain items of absorbing interest to "all sorts and conditions of men." Botanists, and indeed students of natural history of all descriptions, will meet unfamiliar species. An expert has counted hundred different varieties of ferns in one of the Jamaican valleys. The patriot and the student of history are interested at every step. Philosophers and psychologists have ample material here, whilst the artist cannot but revel in the flood of colour spread hourly before him.

But above all, the soft air and bright sunshine which prevail in the West Indies through the