

# casserole

a supplement section  
of the gateway

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It has been many hours since this all began, but what the hell. The photo is one taken during the Canadian university press western regional conference in Vancouver.

There is confusion this week; our newest editor: me, is finding a new editorial policy. The articles found in casserole will deal with the irrelevant interests of myself, and the small minority of people on this campus that have their own form of activism. It is non-political, for to be such, does not indicate apathy. It is concerned with educational reform; much like that Vincent Juliano's presentation. I believe in the revolution of the potential of human beings: Joy.

Therefore, further publications will deal with the arts, psychology, philosophy, and relations of human beings; not political animals.

# Joachim Foikis

By GAIL EVASIUK

"Whosoever shall say thou fool shall be in danger of hellfire!" (Matthew 5:22)

He sat on the curb and watched the 4,500 UBC students haggle over the Oct. Faculty Club invasion.

The bells around his neck tinkled as he laughed and made people happy. His pert, twinkly blue eyes penetrated everyone he spoke to or at. His costume was bright blue and red.

He grabbed my hand and put a large red X on it.

"Welcome to the land of fools," he said.

To Vancouver's Town Fool, Joachim Foikis, it is perfectly natural to be a fool in a fool's world. To him, human beings are fools because they adhere to the restrictions of our present society.

"Fools seek knowledge everyday in the form of Ph.D.'s," he grinned. "It is only one's imagination that creates personal order; the existing law creates psychological chaos.

"For example at the Faculty Club yesterday there were several people that were uptight while others were joyful," he said. "Why do we have to relate to human beings only through the administra-

tion? God is dead. Who is the law giver now?

"As the ministers are turning into fools, it is now time for the fools to minister," he said.

"The purpose of education is to educate and to give the student opportunities for experience. The present system of education does not do this.

"I try to create an educational experience in an atmosphere of joy and ecstasy," he said. "I am one up on the professors. My job is to bring out the confusion and sweep it away with joy."

Life should involve such encounter sessions as took place at the Faculty Club Thurs. nite, he said.

"We formed dragon dances, in which groups of us formed a snake and expressed our reactions to music together. We later divided into lotus flowers in which groups of 8 or 9 people communicated their feelings on a non-verbal level.

"Education should create a total environment," he said. "If the university were to evolve into being a total environment for those in it, then it would have much to offer the great world of the downtown."

Foikis believes that people should touch each other more to express

their feelings rather than being hung up on words which often fail to express their true feelings.

"I touch someone everyday and have a happening every day," he said.

"People should learn to use touch to the extent that the body becomes a whole organism.

"Each movement should be an orgasmic experience. In our present system we experience only psychic constipation; our bodies and our emotions are repressed."

The fog of repression we live in should be swept away, he suggested. We must look through the cob-webs at the self.

"The beauty of humanity shines thru poetry and all art forms," he said.

"But I am now in the post-literary era. I use images and physical actions to evoke feelings."

Foikis has been to Esalen, California, which is a center to explore those trends in the behavioral sciences, religion and philosophy which emphasize the potentialities of human existence. Its activities consist of seminars, workshops, research and consulting programs, and encounter groups.

Encounter groups operate on the premise that most people are unwittingly more involved in a social

role than in their own selves. The purpose of the groups is to get the individual out of his role and his previous self-conceptions, and get him to see who he really is and how he relates to others. There is intense concentration on inter-personal realities and great joy.

At Esalen there is a public bath where both sexes bathe in the nude.

"We should do this here" Foikis said. "People should first strip physically. The second step is stripping psychologically, which is much more difficult to do."

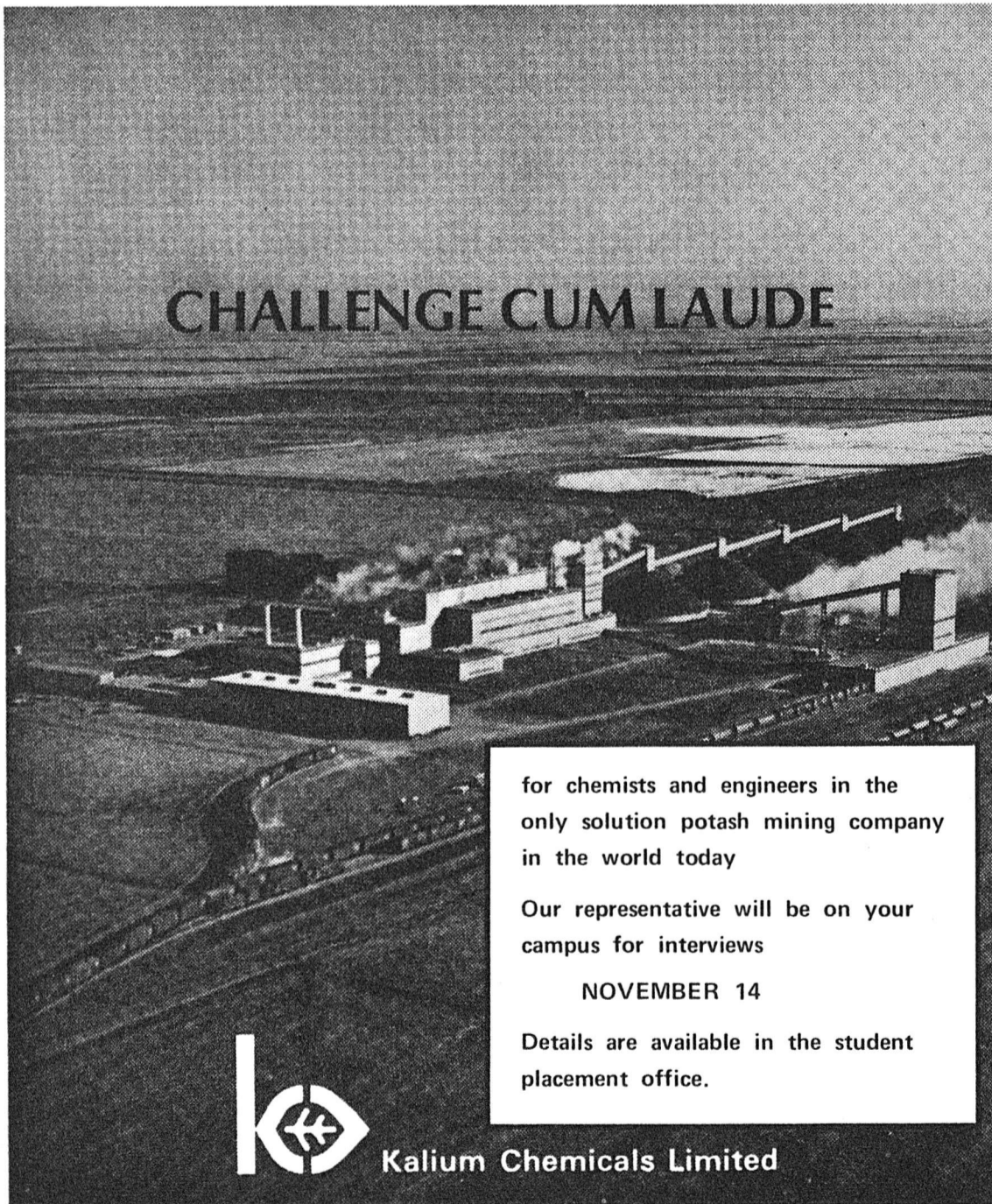
He expressed disappointment at an encounter session held at the Vancouver YMCA.

"We didn't even use the public baths," he said.

Thanksgiving weekend, Foikis with five other instructors was at Prince George, B.C. conducting encounter sessions with 250 people. The three days and three nights of encounter showed creative results. By intensive therapy with fifteen year-old boys, their homosexual tendencies were brought out. Now these boys are conducting other sessions in their schools.

"But sensitivity instructors are fools for working mostly with boys," Foikis said.

—Continued PG. C-6




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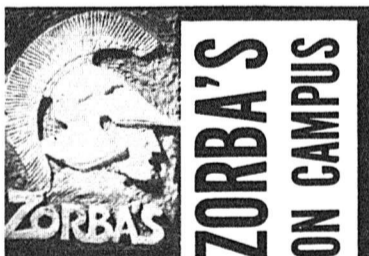
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