

A WEAK ACHING BACK Caused Her Much Misery.

Mrs. W. R. Hodge, Fielding, Sask., writes:—"A few lines highly recommending Doan's Kidney Pills. For this last year I have been troubled very much with nasty sick headaches, and a weak aching back, which caused me much misery, for I could not work, and had no ambition for anything. My kidneys were very badly out of order, and kept me from sleeping at nights. I tried many kinds of pills and medicines, but it seemed almost in vain. I began to give up in despair of ever being well and strong again, when a kind neighbor advised me to try Doan's Kidney Pills, which I did, and am thankful for the relief I obtained from them, for now I am never troubled with a sore back or sick headaches.

"I will always say Doan's Kidney Pills for mine and can highly recommend them to any sufferer."

Price, 50 cents per box, or 3 boxes for \$1.25, at all dealers or mailed direct, on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

When ordering direct specify "Doan's."

\$3.50 Recipe Free For Weak Kidneys.

Relieves Urinary and Kidney Troubles, Backache, Straining, Swelling, Etc.

Stops Pain in the Bladder, Kidneys and Back.

Wouldn't it be nice within a week or so to begin to say goodbye forever to the scalding, dribbling, straining, or too frequent passage of urine; the forehead and the back-of-the-head aches; the stitches and pains in the back; the growing muscle weakness; spots before the eyes; yellow skin; sluggish bowels; swollen eyelids or ankles; leg cramps; unnatural short breath; sleeplessness and the despondency?

I have a recipe for these troubles that you can depend on, and if you want to make a quick recovery, you ought to write and get a copy of it. Many a doctor would charge you \$3.50 just for writing this prescription, but I have it and will be glad to send it to you entirely free. Just drop me a line like this: Dr. A. E. Robinson, K2045, Lake Building, Detroit, Mich., and I will send it by return mail in a plain envelope. As you will see when you get it, this recipe, contains only pure harmless remedies, but it has great healing and pain-conquering power.

It will quickly show its power once you use it, so I think you had better see what it is without delay. I will send you a copy free—you can use it and cure yourself at home.

LADIES

A safe, reliable and effectual Monthly medicine. A special favorite with

married ladies. Can be depended upon. Mailed securely sealed upon receipt of \$1.00. Correspondence confidential. J. AUSTIN & CO. Hemlets, Simcoe, Ont.

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They mend all leaks in all utensils—tin, brass, copper, granite, hot water bags, etc. No solder, cement or rivets. Anyone can use them; fit any surface, two million in use. Send for sample pkg., 10c. COMPLETE PACKAGE ASSORTED SIZES, ETC., PORTLAND. Agents wanted. Collette Mfg. Co., Dept. D Collingwood, Ont.

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THE CANADA CANCER INSTITUTE, Limited
10 Churchill Ave., Toronto

Correspondence.

We invite our subscribers to make use of these columns, and an effort will be made to publish all the interesting letters received. The large amount of correspondence which is sent us has, hitherto, made it impossible for every letter to appear in print. We would point out that we cannot send names and addresses of our contributors to these columns, but anyone wishing to communicate with any of the letter writers should send us a letter in a stamped envelope, which we will address and send to the party named. We receive a great many letters, both for publication and to be forwarded from persons who are not subscribers, and we wish to say that so great is the work incurred that we really cannot promise to publish or forward any letters from non-subscribers. We think this only fair to our large number of subscribers, as they should be given the prior use of this column.

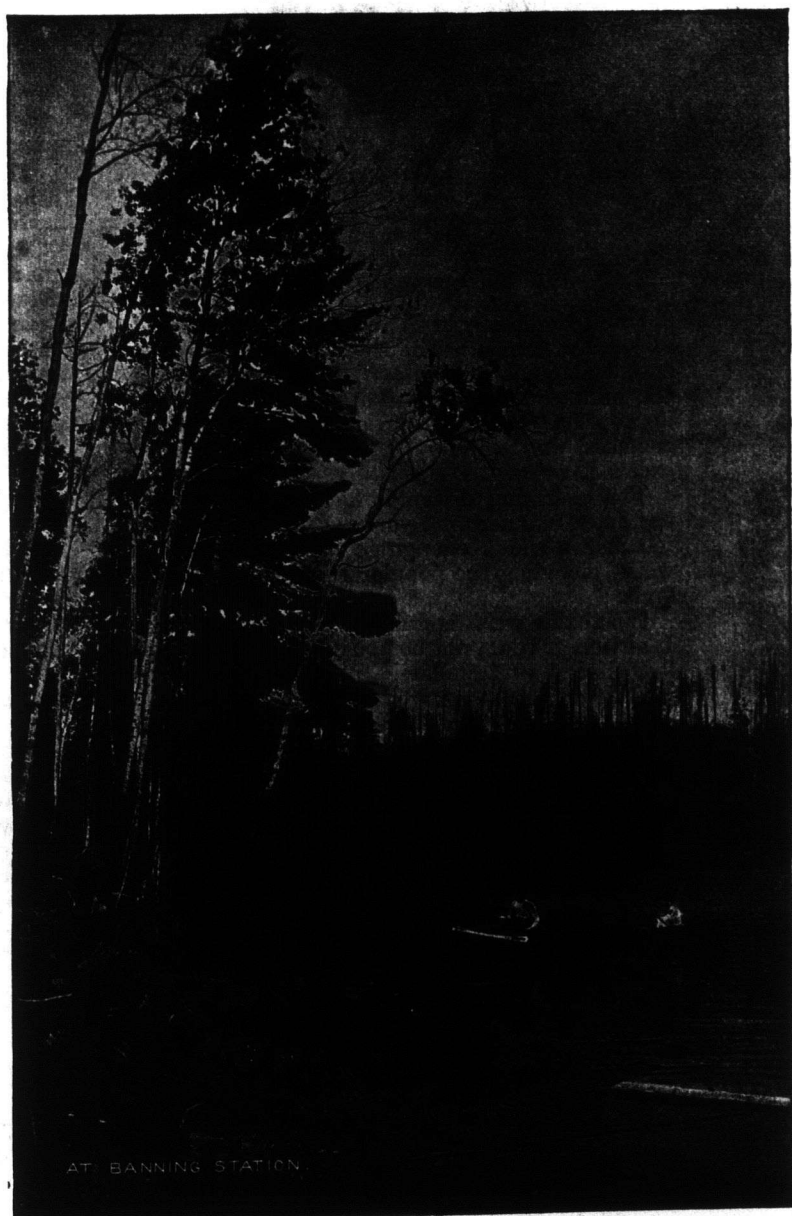
ness, and not making enemies, as some do. How shall we succeed if we do not practise. I presume by reading, some letters are severe criticism, or mighty near it, instead of trying to minimise their expressions. I would like to receive letters on this point, from Christians especially. Probably it is considered popular to describe myself. I am a mechanic, just past 22, 5 feet 10 inches. I have a half section in a good country. I do not smoke, chew, drink, or indulge in any bad habits or card playing. I simply or rather earnestly consider them absolutely unnecessary. Now I must close. Still hoping to see this in print, and wishing all a most sincere communication.

Joy and Peace.

From East to West.

Saskatchewan, March, 1912.

Dear Editor,—Have you room for an-



Would as Soon Give up Smoking.

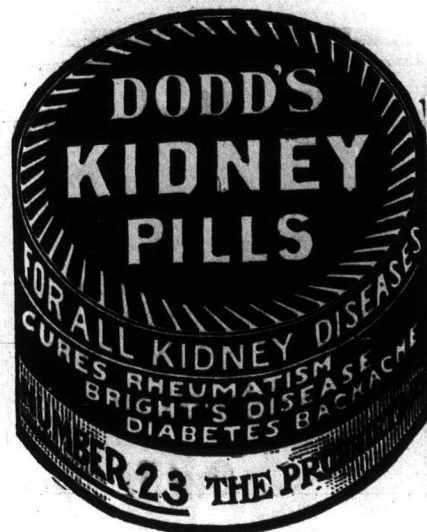
Wilbert, Sask., March 18, 1912.

Dear Sir,—Your valuable paper has been coming to me now for several years and I would as soon give up smoking as miss one issue. I am a Western bachelor and consequently take quite an interest in the correspondence columns, which, to my idea, is a very pleasant means of making an acquaintance. Should any of your fair correspondents care to write to me I would be only too pleased to answer them, and my address will be with the editor. Kindly forward enclosed letter and oblige. Yours truly
Ex Guardsman.

Try to Minimise.

Dear Sir,—After making several unsuccessful attempts, I endeavor to try again, hoping this time to see my letter in print in your widely circulated magazine. After interviewing the correspondence columns, I would like to suggest a few things, though not of such severe criticism and disagreeable remarks as is given The Farmer and The Doctor. In my opinion, we should try to practise eternal attention, cheerful-

other bachelor from the East who has come to the West to make his fortune raising wheat. I have only lately become a reader of your great paper and must say that I am only beginning to realize the pleasure I have missed. I am very much interested in the correspondence columns. Josephus seems to have made quite a commotion with his criticism of dancing. Now, personally, I am not very much of a dancer, but always enjoy a good quadrille, and I think that Josephus was just a little too strong in his criticism. Everybody has a right to his or her own opinion, and should not try to force that opinion down the throat of everybody that they come in contact with. If Josephus and others do not believe in dancing, they should not condemn those who do; no man or woman has the right to say, I am holier than thou. I agree with Cheerful Cynic that there is too much of a sameness in the letters, and too much space taken up with a personal description of writers. While it is all very well to let us know who and what they are, I think the writers would do well to cut so much of the personal description. If they get into



Dangers of Fat

HOW FAT AFFECTS THE HEART

Fatty Degeneration of the Heart may well be a bug-bear to all fat people. An excess of fat around the heart not only impedes its movements, but gradually changes the substance of the organ. The pulse becomes weaker; excitement or extra exertion causes throbbing in throat and temples; the breath is short and gaspy. When these symptoms come to the man or woman who is too fat, steps should be taken to remove the excess fat, not only from the suffocated heart, but from other parts of the body where it makes its unwelcome appearance. Many so-called fat reducers are dangerous to the fatty heart, placing upon it an added burden by stimulating its action. There is but one sure, harmless fat reducer known, the now famous Marmola prescription of a Detroit physician, and its more convenient form, Marmola Prescription Tablets. By means of these harmless little tablets, thousands of overfat people have surely and safely reduced their weight at the rate of 10 to 16 oz. a day without exercise or dieting.

Marmola Prescription Tablets are sold by all druggists, or the Marmola Company, 1412 Farmer Building, Detroit, Mich., at the for a large case.

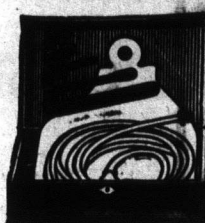
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