## THE ECHO．

## A JOURNAL FOR THE PROGRESSIVE WORKMAN，AND FAMILY NEWSPAPER．

Vol．1．－No． 19. $\qquad$
4

DÓHERTY \＆DOHERTY， ADVOCATES， BARRISTERS，SOLICITORS，\＆C．， savings Bank Chambors， 180 ST．JAMES ST．，MONTREAL．
CARTER \＆GOLDSTEIN， advocates，
Barristers，Commissioners，\＆c． 115 St．Francois Xavier St．， номtreal．
 NOTARY PUBLIO．

 Conveyancer © Commisisioncr Loans negociated 90 St．James St．Montreal，Que． TUCKER \＆CULLEN， | DVOCATES，Uc， |
| :--- |
| 162 st ．Jame | Room 6．${ }^{\text {A }} 162$ St．James street

busingss cards．
B．モ．INCGA工モ， Pharmaceutical and ohemist，Dispensing 2123 NOTRE DAME STREET，

LAVIOLETTE \＆NELSON， dispensing chemists，
Corner of Notre Dame and $\mathbf{c}$ abrol MONTREAL．
TRY

## TAMARAC SYRUP

 For Coughs and Colds． 25c a Bottle．Dr．GUSTAVE DEMERS， 2193 NOTRE DAME ST．，MONTREAL．

LORGE \＆CO．， Hatters and Furriers 21 St．Lawrence Main Street， MONTREAL．

## E．HALLEY，

## PLain and ornamental

 Plataring ropairs appexaity．

J．TIGH \＆CO． AUCTIONEERS AND COMMISSION MERCHANTS．
Altery on hand A Complete Stoik of Patioulutrat tetention pridid to tuation Sale

 J TIGH \＆CO．．Anetionoor．

MONTREAL，SATURDAY，FEBRUARY 7， 1891.
$\substack{\text { mon } \\ \text { mail } \\ \text { bien }}$
be

 share of those benefits enjoyed by the pro－
ducers must still be admitted to small，inadequate，and unjust，and the tendency to inequality in distribution re－
quires a constant and vigilant bridle to pre－ vent it from dangerous encroachment upon the liberties of the people，and no popular
demand could be imagined more surely demand could be imagined more surely
founded upon eqnity ane justice than that which seeks to secure for the producers
whit
their full share in rednetion of toil and in． their full share in reduction of toil and in－
crease of comforts of the benefits of the pro－ crease of comforts of the benefits of the pro－
gressive triumphs of civilization．－Irish MEN IN ENGLAND AND AMERICA． It is now pretty well established that the American horse is as good asany of his kin－
dred in the world，as is proved not only by the race course，bat by the wonderful cav
alry marches in which the sorest part of the contest came upon the mounts of the sol－ diery．Our ordinary field sports have，ex－ cept lacrosse，been derived from England．
Even baseball，which appears as a distinc－ tively American game，is but a modification of an English form of sport，which is really of great antiquity．The fild sports which we may compare in England and America ause of our cuttoms，must take the place of cricket and football，which is identical in the two countries ；rifle shooting，rowing， and the ordinary group of athletic sports in
which single contestants take part．We which single contestants take part．We
may add to this the amusement of sailing， wherein，however，the quality of the struc－
ture as well as the nerve and skill in man． agement play an important part． the American is not a bit behind its trans－ atlantic cousins．The most of the people have the same spontaneous interest in sports
as their forefathers，and they pursue them as their foreauhers，and they pursue them as to the undecayed physical vigor of our population on that spontaneouse activity of
mind without which games are impossible． mind without which games are impossible． Among its many beneficent deeds the United
States Sanitary Commission did a remark－ Statess Sanitary Commission did a remarks
able service ea anthropology by measuring，
it permitted ，bout 250,000 soldiers of the Federal army． The records of these measurements are
contained in the admirable work of Dr．B A．Gould，a distinguished astronomer，who collated the observations and presented
them in a great volume．Similar measure－ them in a great volume．Similar measure
ments exist which present us with the phy． sioal status of something like an equally large number of Eurcpean soldiers，particu－ Gould＇s careful discussion of these statistics＇ it appears that the American man is on the
whole quite as well developed as those who whole quite as well developed an those who
fill the ranks of European armien．－Scrib． fill the ranks of
ner＇s Magazine．
trained cats and rats． Wonderful Results Se cured by Edu－ There is a remarkable show at the Crystal Palace，London，which represents the mill－
ennium on a small saale．The lion dose not iie down with the lamb，but the cat and the rat，thetmouse and the canary，all live in
pease and harmony together and enjoy the
benefits of a good education．The educato benefits of a good education．The educator
of the animals is Miss Tina，who has taught of the animals is Miss Tina，who has taught
them some remarkable feats．The cats walk the tight rope，which has white rats
and mice and chirping canaries strewn all over it．The oats pick their way among and will even carry some of them on their backs without being once tempted to gobble
them up．They walk over the tops of chairs them up．They walk over the tops of chairs
pick their way among a mass of champagne pick their way among a mass of champa out the slightest hesitation．
Miss Tina trains her cats，rats，mice and
birds from a very early age，She begins birds from a very early age，She begins
with a kitten when it is about four monthe old and manages them by kindness，She never beats them and says they can be
trained to almost anything by perseverance trained to almost anything by perseveranc
The rats and mice become accustomed The rats and mice become accustomed t
the cats and lose all fear of them．All ar well fed and seem to enjoy their life．
Men sprang from monkeys；wome
pring from mice．


A few years ago there was a general move ment by the large employers of labor in fac－ tories，mills，mines，workshops and in the
building trades to destroy trade unions，to prevent their employees from combining．La－
bor organizations were regarded by the short． or organizations were regarded by the short ighted employers as dangerous innovation
n our boasted American freedom．Members n our boasted American freedom．Members
of trade unions were called socialists，anar－ chists，communists，nihilists．In the opinion of many so－called conservative capitalists，
rade unionists were quasi criminals，liable to become dangerous because they possessed
more than the average intelligence．．It would never do to encourage the organization of la bor．The wrath of the minister in his pulpit，
the venom of the hired slaves of the metro－ the venom of the hired slaves of the metro－
politan press，the rascality and perjury of the politan press，the rascality and perjury of the
Pinkerton thug，the knavery of lawyers and the purchased influence of legislative，judieial and executive branches of government were
all directed to the one end：the destruction of these institutions，that have accomplished o much for the working classes in the twiligh of the nineteenth century．Finally，as a cul m？nation of the hatred and spite of the
wealthy classes，came the Haymarket riot in Chicago．A few fanatics were hanged，a fow cincago．A few fanatics were hanged，a few their death blow．But in tribulation they have prospered，and being persecuted they have grown great．As we enter the last de－
cade of the nineteenth century we find labo organizations stronger，more powerful an more influential than at any other period o
the world＇s history．They are a recognize fae world＇s history．They are a recognize
factor in our civilization．Capitalists and employers submit with as good grace as poss
sible．Politicians cater to them as an influ ential political quantity，and are ready to The social and political results of trade union may be estimated by contemplating the in
creased wages and home comforts of thei members，the increasing interest of legisla－ tive bodies to their demands．
In the meantime another factor that is des lined to be more potent than even trade lem has forced itself into the political arena of the country．The farmers＇movement， which may properly be designated one of the
results of the great labor movement，is here to stay．Large bodies move slow，but whe
they do move the effect is crushing．Th they do move the effect is crushing．Th
farmers，heretofore regarded as the most con farmers，heretofore regarded as the most con－
servative，are become the most radical in their demand for reform．They have also realized the power of organization，and in their various
forms have completed combinations that wiel a powerful influence．
It nay be confidently assumed that these two elements of the producing classes will，
before the close of the present century， before the close of the present oentury，unite
on conmmon ground and recover from those legalized privilege the immense heritage of which the people have been plundered．W have been and are still moving with a rapidity
that is hardly conceivable，and the crisis may be upon us muct than we anticipate． Rights of Labor．

## THE PULSE

## How the Blood is Pumped Th the Human Body．

The blood is in a state of constant circula tion through the system，propelled by th same organ through the veins．The arteriel current conveys material for nutriment，heat and foree to all the tissues；the venous cur－ rent receives the dead waste of the tissuu
and conveys it to the different eliminatin organs．
The
The propulsive action of the heart is due to its successive contractions．These con tractions occur about seventy times a minute
in a healthy male adult，more frequently in women，and much more frequently in infas to and gradually sinking to about 100 at the sixth year and to 90 or 85 at the tenth， The arteries are unlike the veins in that
they share in the beating of the heart，bu they share in the beating of the heart，but
the beating of the heart is readily perceived only where an artery passes overe a bone near the surface，or when some inflammation of a
part causes an enlargement of an artery and an unusual sensitiveness of the accompanyin nerves．In its normal condition the pulse most conveniently felt at the wrist． most convenienty ise at the wrist．
The blood is the natural stimulus of the
heart，and when the poison of disease changes
$\left\{\begin{array}{c}\text { SINGLE COPIES－THREE CENTS } \\ \text { ONE DOLLAR PER YEAR }\end{array}\right.$
the character of the blood the action of the the character of the blood the aetion of the
heart is correspondingly affected．It is also
affected by organie disorders of the heart and affected by organie disorders of the heart and arteries，by general weakness，by nervous ex， itement，by the state of the stomach and by Hence，as the heart beats and the kinderin． eats accord，the character of the pulse is of great service in determining the patient physical condition．
It will be seen that，in feeling the pulse， age and sex are always to be taken into the account．Further，one＇s pulse when lying
down is about five beats slower，and when down is about five beats slower，and when
sitting about ten beats slower，than when sitting about ten beats slower，than when
standing up．The pulse is slower at night standing up．The pulse is slower at night
also，and during sleep．A tall person has a slower pulse than a short person．
An increased pulse rate indieates a feverish condition，as it rises with every increase of temperature．
There is often an omission of a beat．Some－ times this is at regular intervale，say the
tenth or twentieth；at other timos the tenth or twentieth；at other times the
omission is irregular．In some persons anch omission is irregular．In some persons anch
omiasions are habitual and without signifi． cance；more generally they indicate some disease，mervous or otherwise．
When the pulse is under sixty it is ro－ garded as slow．In not a few persons this is
natural．The pulse is slow alco in persons recovering from pulse is slow also in persons eart being weak and exhausted，like the rest of the body ；also in digestive diseases and while others quicken it．The dying condition characterized by a very rapid but feeble

## DIPHTHERIA OF THE EYE．

A disease known as diphtheria of the eye Boston．As yet it has not gained much Boston．As yet it has not gained much
headway，but eye specialists are on the ookout for such cases in the hope that its rogress may be effectually cheeked．
In conversation with a leading eye phy－ cian of this city a day or two since it was ound that the disease up to the present time had been a very rare one，bnt a very
ew cases being known to him in the past ght or nine years in this part of the coun－ y．These，however，have in nearly every fiected，and ofton in the loss of the entire affected，
right．
The d
The disease，which is considered allvery vicinity of Berlin，where many people have offered from its effects．In nature it is recielly the same as throat diphtheria， nd may be caused by coming in contact with that disease，if the person＇s eyes have asen at all sore or inflamod from any eause． At the prosedt time there is one case
nder treatment at the Massachusetts Eye nd Ear Infirmary，on Charles street，this ity，the patient being a little girl；but as it is a comparatively new case，hopee are dhat her present impaired sight may re restored．
The most
The most difficult trouble encountered in the treatment of this disease by the spo－
cialist is to keep the unaffeoted member tightly bound and hooded，that it may not draw the inflammation from the diseased eye to itself，for，if this should happen
there would be Bcarcely any hope of the pa－ ent recorering．
As yet there is no cause for extreme ing taken to reach these oasses before they hall be imparted to others．，－Boston Her－ ald．
Strange to say，no man ever gets tigh The Pak of ots which have lain in ita ₹aults since the year 1696.
In some parts of France betroteed ladies wear a scarlet bow on the left shoulder．In his part of Canada they wear a green beau left and right shoulder alternately．
The New York Horald says that Prince of Wales is like the Republioan arty－he began with a surplus but is now $1,000,000$ in debt．
There are three kinds of people in the n＇t＇s．The will＇s，the won＇t＇s and the e second opose accomplish everything． ail in everything．
Prof．Huxley says：There was a time yen men walked on all fours．He proba－ bly alludes to that interesting period in the
ife of us all when we approsched a neigh－

