

Right Food for Infants.

RUSKS.—Rusks and the top crusts of loaves have long been used as food for children. They are recommended by Dr. Underwood, in his valuable work on the "Management of Infants," published nearly a century ago. The rusks may be brought, or may be made and reduced to a *panada*, as follows: Tear into pieces the crumb of a newly-baked loaf, and brown them without burning in an oven. Boil in water for an hour, beat them into a fine pulp, then add warm milk, a little loaf sugar, and a few grains of salt.

BREAD PANADA.—Soak a few thin slices of stale, light, and well-baked bread in hot water, so as to form a pulp of suitable consistence. Simmer it gently, with some little addition of water from time to time as it thickens; then add two or three tablespoonfuls of warm milk, a little loaf sugar, and a few grains of salt. The objection to this bread pap as commonly used, is, that nurses are sometimes apt to make it too thick. It should not be given with a spoon until the infant is twelve months old.

Extracts from Druggists' Letters.

Chas. G. Rich, Druggist, writes from St. Thomas, Ontario, April 2nd, 1867:—I have sold all the ALLEN'S LUNG BALSAM you left me in February. It takes well. Please send me three dozen more at once.

A. D. Calder, Druggist, writes from Dundas, Ontario, April 1st, 1867:—Please send me three dozen more of ALLEN'S LUNG BALSAM. I have sold all you sent me in February last. I think it will have a large sale.

Messrs. S. & T. Hay, Druggists, write from Ailsa Craig, Ontario, October 29th, 1867:—ALLEN'S LUNG BALSAM is selling very well up here, and although it is quite a new thing yet, I think the sales are increasing rapidly. I have had another supply from London since you sent me.

B. A. Mitchell, Druggist at London, Ontario, says of it:—I have used ALLEN'S LUNG BALSAM myself and have seen its effects upon others who were suffering from coughs and colds, and can recommend it.

Dr. J. A. Rolls, Druggist, of Chatham, writes, April 1st, 1868:—I enclose herewith cash in full for three dozen of ALLEN'S LUNG BALSAM left on sale some time ago. I have sold considerable more than the above, purchased in Hamilton and Toronto.