

Cocoa is the Children's friend, Tea and Coffee are their enemies.

A child, up to seven years of age, should be brought up on milk. And it should never have a drop of tea or coffee until it is thirteen years of age.

But from the age of seven on, they may drink cocoa with great benefit.

There is as much difference between Lowney's Cocoa and ordinary cocoa as there is between cream and skimmed milk.

Lowney's Cocoa is absolutely pure. And we have the reputation of buying the very cream of the cocoa beans that come from the tropics.

Sold by grocers. In tins—10c to 50c sizes.

LOWNEY'S COCOA

The Best Way to Make Cocoa. Mix two even tablespoons of cocoa with two of sugar.

Lowney's cocoa is how Cocoa ought to taste.

The Walter M. Lowney Co. of Canada, Ltd., Montreal.



Little Beauty Chats

By BLANCHE BRACON

Care Will Make the Elbows Beautiful

It is undoubtedly true that ugly elbows are capable of causing more heartache than almost any other beauty defect, and it is for this reason, and no other, that I have decided to gossip with you today on the elbow that is more of an eyesore than an ornament.

Now that you know what to strive for, I will hasten to tell you a beauty secret that will aid you in this work of securing presentable elbows.

My way of keeping the elbows good to look upon, is to hold them for five minutes every day in a pan partially filled with warm sweet almond oil.

What must you do next? Why, wear elbow pads! These are my own invention and I know you will find them of great assistance in this crusade for pretty elbows.

Religion and Social Service

By Kenneth Douglas, B.A., Ph. D.

Copyrighted Canadian Writers, Limited. The other day, at a dinner table at which I sat, the conversation drifted around to the question of the sinning of young girls.

I ventured the statement that many are driven into it by economic pressure. It was met with a volley of denial by the half-score of ladies present.

Each one of these good ladies had some personal experience to tell of, and they ventured with stray young women, from whence they had observed to befriend.

Blasé their hearts, I had not the courage, then and there, to tell them of the little girls of eleven and twelve and thirteen who fall before they know what it is to stand, in the dirty alleys, and back lanes, crowded lanes of our cities.

Long Distance Philanthropy. I was told, too, that there are Y. W. C. A.'s and other institutions for these girls. It is true that there are, but it is also true that these are not expensive for many of our young workers.

Forced to Sin. Many of the hundreds of young girls employed in the large stores and factories of Canada are forced to sin to live.

What Mrs. S. Says. "Words are useless to express the wonderful magic of White Swan Yeast. Bread? Why we have never had such luxury on our table before."

NA-DRU-CO LAXATIVES are entirely different from others both in their composition and their effect—complete evacuation without purging or discomfort.

APOLI & STEEL PILLS. Are the acknowledged "leading remedy for all Female Troubles. Recommended by the Medical Faculty."

PILES. Do not suffer from this distressing and embarrassing ailment. Dr. Chase's Ointment will relieve you of it.

FORMER ST. JOHN MAN, BANKER, SUED BY ACTRESS

Verdict of Two Hundred Pounds Against Charles St. John Collier

BREACH OF PROMISE

Complainant is Variety Actress in England—Evidence in London Court Gives Spectators a Laugh—No Evidence Given by Defence

London papers of October 30 and October 31 contained some amusing particulars regarding a suit for damages in which a London variety actress was successful in securing damages from a London banker, whose parents were formerly well known in St. John, and who was himself born in this city.

"There was almost incoherent laughter in Mr. Justice Horridge's court in the King's Bench Division yesterday during the hearing of an action for alleged breach of promise brought by Miss Mary Ferguson, an actress, against Charles St. John Collier, manager of a city bank.

"The defence is that plaintiff released him from his engagement."

"Mr. Elkin, counsel for plaintiff, said the history of the case was a story of violent love between the two parties. Love at first sight, telephone calls, about 129 letters and telegrams, and hundreds of messages sent to the plaintiff and relatives—said, mark you, he continued, all this took place within the space of 10 days."

"Plaintiff, when she met the defendant, in July, 1910, was an actress, who played the part of a touring company. On July 11 they became engaged, and the day after wards the defendant wrote her a letter from Portsmouth—It ran—

"Dearest Little Girl—This is written just as I am rushing for the train. But I cannot help writing you a few lines. You are the girl of my dreams."

"Do you know," said this social-reform man, "that if I attempted to take up this phase of civil a large amount of the money that I receive annually to carry on these phases of the work would be withdrawn. There are things that I can approach, but there are others concerning which I have been warned, time and time again, 'hands off.'"

I was amazed and indignant. Scores of these men, it appears, give cheerfully to foreign missions and to movements to reform their own cities, but attempt to impose conditions among the workers in their employ and they commence to scowl.

These ladies had much to say concerning moral stamina. I wonder how they expect the little girls who fall to possess any moral stamina, or to be able to resist the foreign missions and to movements to reform their own cities, but attempt to impose conditions among the workers in their employ and they commence to scowl.

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ROYAL BAKING POWDER

Adds Healthful Qualities to the Food

Prof. Prescott, of the University of Michigan, explains why Royal Baking Powder adds healthful qualities to the food.

Testifying before the Pure Food Committee of Congress, the Professor stated that fruit acids were excellent articles of food and that of these cream of tartar, the acid of grapes, held rank with the highest both in itself and its effect in the process of leavening and baking.

He regarded the results from cream of tartar baking powder as favorable to health. Scientists and hygienists are in accord with this opinion.

Royal is the only Baking Powder made from Royal Grape Cream of Tartar.

With a large and well placed gathering in attendance, the annual high tea and fancy sale of the ladies of St. Peter's church, North End, was opened in the hall in Elm street last evening.

The orchestra of the Young Men's Association played several pieces with ability, rendering a pleasing programme of classic and popular strains.

Charles McCormick, C.S.R., made a brief address in which he expressed his thanks and gratitude to the workers, and to the large number of patrons. The high tea this year is under the personal direction of Rev. J. H. Borgmann, C.S.R., who has labored faithfully and well in making it the distinctive success which has characterized it in other years.

He is being assisted by an efficient committee of ladies whose names were published in the Times or Saturday last.

Gyp, the late General Booth's favorite dog, has been sent to Copenhagen to be cared for by the general's daughter.

"I am saving up all the kisses for my own little sweetheart, for your own sweet little white mouth—You own Charlie," Mr. Justice Horridge. "What is Charles's age?"

"Council—About 37, I think."

"Miss Ferguson said that she lived with her married sister at Highgate. She met Mr. Collier in July, 1910. She had just been playing in 'The Rose of Sicily,' and was receiving an average salary of 30s. a week."

"I was travelling from Liverpool to London when I met Mr. Collier," said the witness. "He got in the train at Crewe. He asked me to dine with him, and on the next day he asked me to marry him."

"Mr. Justice Horridge—That was not on the telephone, I suppose?" (Laughter.) "Plaintiff—No, sir. It was at my sister's home. I said I did not think he had known me long enough. He said it did not matter. He was in love with me, and he wanted to marry me. I did not quite consent," said plaintiff, "but he took it for granted." (Laughter.)

"The dandruff germ is a deadly enemy to healthy, luxuriant hair. No matter how thick, heavy and beautiful your hair may be, the dandruff germ may be there at work and very busy too."

Just so sure as you do not take steps to check the ravages of this germ, just so sure you will sooner or later lose your hair.

Baldness may always be prevented by the timely use of Newbro's Herpicide. Herpicide is sure death to the dandruff germ. It cleans the scalp and allows the hair to grow as nature intended. There are no disappointments, unless the hair follicles are completely atrophied, so why put off the treatment until it is too late? Newbro's Herpicide in 50c. and \$1.00 sizes is sold by all dealers who guarantee it to do all that is claimed. If you are not satisfied your money will be refunded. Applications at the best barber shops or dressing parlors.

Send 10c. in postage or silver to The Herpicide Co., Dept. R., Detroit, Mich., for a free sample of Herpicide and a booklet telling all about the hair.

E. Clinton Brown, special agent.

IF THOSE WHO NEGLECT THEIR HAIR ONLY KNEW THE CONSEQUENCES

They Would Use Herpicide

SHIPPING

ALMANAC FOR ST. JOHN, NOV. 12. A.M. High Tide.....1.22 Low Tide.....20.02 Sun Rises.....7.23 Sets.....4.54 Time used is Atlantic standard.

PORT OF ST. JOHN. Arrived Yesterday. Star Navigator, 707, Jacobson, from Charlottetown. Win Thames Co. Star Helen (Nor), 438, Stavros, from Charlottetown. J. T. Knight. Star Sawyer Bros, 278, Colar, from Jonsport. A. W. Adams. Star Nettie Shipman, 287, McLean, from New York. A. W. Adams.

Sailed Yesterday. Star E. Merriam, Ward, for City Island.

BRITISH PORTS. Glasgow, Nov 11—Arrd steam Letitia and Sardinian, from Montreal.

FOREIGN PORTS. Aarhus, Nov 11—Arrd steam Eretica, Crossley, from Rosario.

Philadelphia, Nov 11—Arrd steam St. Andrews, from Newcastle (N. B.).

Vineyard Haven, Nov 11—Arrd steam E. M. Roberts, from Newcastle (N. B.).

Sunderstown, R. I. Nov 11—Arrd steam Edward Stewart, from Calais (Me.).

Vineyard Haven, Nov 11—Sld steam St. Maurice, for St. John; Hattie H. Barbour, for New York; James T. Maxwell, Jr, do; Harold C. Beecher, for Bangor; Ellen M. Golder, for Calais (Me.).

Eastport, Nov 11—Sld steam Centennial, for New York.

Hyannis, Nov 11—Sld steam Ernest T. Lee, for New York.

CHOCOLATE CAKE. One cup of sugar, half cup butter melted with two squares chocolate and one teaspoon vanilla, two eggs beaten, reserving one white if boiled frosting is preferred.

PARISIAN PASTES. Pick over and remove stems from 1 pound of dates. Mix fruit with 1 pound of walnut meats and force through a meat chopper or chop finely. Work using the cross on a board dredged with confectioners' sugar until thoroughly blended.

Roll to 3/4 inch in thickness, using confectioners' sugar on board and pin; shape small, round, cutter first dipped in sugar, or cut with a sharp knife in 4 inch squares, roll each piece separately in the sugar and shake off superfluous sugar. Pack in tin box, putting paraffin paper between layers. A combination of nut meats may be used in equal proportions in place of walnuts.

What Mrs. S. Says. "Words are useless to express the wonderful magic of White Swan Yeast. Bread? Why we have never had such luxury on our table before."

are entirely different from others both in their composition and their effect—complete evacuation without purging or discomfort.

25c. a box at your druggist's.

NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED.

APOLI & STEEL PILLS. Are the acknowledged "leading remedy for all Female Troubles. Recommended by the Medical Faculty."

Dr. Chase's Ointment will relieve you of it.



PRICE \$1.65 Here is just what you are looking for. A Dining Chair, well put up, well finished, seat upholstered in Empire leathers, large pannel back and brace arms. Our Special Price For This Week \$1.65 Come Early, You Know How Long They Will Last at This Price!

J. MARCUS, 30 DOCK ST. Phone Main 1373