

## What to Use it For.

A wild beast may leap suddenly down on you from a tree as you are passing under. Some diseases kill quickly in this way, but it is not the rule. As the whistle of the locomotive lets you know the train is coming, so Nature, in various ways, tries to warn you of approaching danger. Here is a short list of ailments which indicate that there is trouble behind them. *There is not one of them which may not be more serious than you think.* They are not only symptoms, but many of them are exceedingly *painful and dangerous* IN THEMSELVES. Thus they are doubly bad, and should be treated as soon as they appear. A pistol ball through a man's head is only a "symptom" of the powder that sent it; but it kills him all the same. Apoplexy is but a "symptom" of a disordered circulation of the blood;

but it may kill a man in five minutes.

Therefore watch out sharply for things like the following and resort to Mother Seigel's Syrup the very hour any of them first comes upon you.

A feeling of distress after eating, with heaviness and deadness of the stomach; sickness and nausea; pains in the head, chest, sides and back, sometimes shifting from place to place. Bad taste in the mouth, and rising of offensive gas in the stomach; dizziness, as though you were going to fall; costiveness and irregularity of the bowels.

Yellow color of the eyes and skin; cold hands and feet; palpitation and heartburn; variable appetite, sometimes hungry and then loathing the very thought of food.

Sick headache; ringing in the ears; spots before the eyes; flushes of heat across the body.

*For a sore chest use a Seigel's Plaster.*

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