It happened one day, that S. Mechtildes was hisited by our blessed Lord in a vision, and along fill him were many saints, one of whom said to ere" 0 , how blessed are you who are still on arth, on account of the many opportunities which foa have of heaping up metit. O! if a man dud how how much he could merit every day, how fil would be his heart of joy at the first beaming f the morning light, that he had been granted sother day, in which he could live to God, and pith his divine grace so greatly augment his own ferrit and the honour and glory of his own adoraWavinur. O, how would this thought strengthmo him, yea, and fill him with a burning ardour to Co and suffer all things, even with the most lively of of his heart." We read of the glorious S . francis Xavier, that he was overpoweted with hame and grief, that the Portuguese merchants Ebuld have gone with their treasures of the gosell, to extend the faith, and enlarge the kingdom sheaven.

The Misericordia.-The Misericurdia is an dmirable society in Florence, consisting chiefly of rbles, who take it by turns, with black gowns tad masks, which completely conceal their persons ts that there is neither ostentation nor humiliation (ait), to carry the sick and the dying, sometimes the dead, to and from the hospitals! When the fespective turn of each member arrives, be he in the midst of a banquet, and that at a royal table, fe is instantly obliged to leave it, to fulfil this ery Christian duty.-Memoirs of a Muscovite.

Entertain a respectful deference for old men, truous women, and merit of power.

When people will speak without having any bing to say, they say nothing that carries persuafion with it.

Faith is required no less by art than by religion. man without faith may bz cunning and clever or a time, but never truly wise, and never a great tenefactor to his species.

Fain has its own noble joy when it kindles lope and a strong consciousness of life, before manant and torpid.

As certainly and suddenis as a good state of fallh dispels the peevisbness and perils of sickess, does a good state of government the animosifind danger of party.

## ORDER OF LA TRAPPE.

Our readers are already aware that a brother of the only house of this order, or any monastue order on the continent of Nonth and south America, lias been antongst us for the last few weeks, solicitng the aid of a taithful in tepathtus the monastery at Tracadie in Nova Scotid, which was buned nearly two yeats ago, but which ftum the number of claims upun their time and attention in inparting relgious instruction to their surrounding netghburhood, as well as the other pessing demands upon the people of canada, fom the late disatious fires, they have as yet been unable to tebuild it. To us every monastic institution biings up sacred memories. Our country-hay the civilised world-owes them lasting debts of gratitude for the zeal and care their inmates have used in protecting the annals and records of the olden time, as well as in cultivating every useful art and science with which mankind worked out its devious passage from barbarism to civilization. Nor are we unmindful of their labours in our own age. We have seen these pious men sustaining themselves by their own ir.dusty in many parts of Ireland-e ching a free school-reading religious works for the sick persons in all the surrounding viliages, and sending forth into the world hundred (f educaten soligious youths that ate a credit and an honour to our country whether at home or abiodd. All that such orders petform for the happiniess and welfare of mankind is unknown-silently they work out their hearenly mission-unheard of or unknown to the to the mass of mankind, unless when driven (as in the present case) by dire necessity to apply to the benevolence of the puiblic. We hope that their labours and their usefulness will be acknowledged by a generous rontribation f.om the fiends of religion in the United States. The order to which Brother Cyprian belongs is cil ed the Benedictine or Cistercian, which was first established in Italy about the end of the fifth century under the sanction of Pope Gregory the Grrat.

Citeaus was a house observing the same rule, founded in 1098 by Eudes Duke of Burgone, and established by St Robert Abbot of Molesme irom Citeaux, filiated four houses called the Mother houses, viz, Laferte, Pontigny, Clairvaux, 领d Morimond. From Citeaus filiated eighteen hundred other monasteries, and from Morimond alone filiated seven hundred Monsteries, besides the military order of Calatrava, Alcantara, and Montessa, in Spain and others in Portugal. Clairveaus was established by St Bernard in 1115. He had seven bundred novices at one time and established seventy two monasteries in different parts of the

