

were Silas and Timothy. They told Paul that the people he had preached to in Thessalonica were trying to be good and to do good. Paul was glad to hear that, and he wrote two letters to them. The first letter was a long one, and it began by saying that Paul wanted the people to have peace from God our Father. Then he said that he remembered as they had worked and prayed and trusted and been patient. We will read his words. [Read 1 Thess. 1, 1, 3.] After this he kept on writing, and by and by he said that he and Silas were gentle with them, just as a nurse is careful with little children, because they were to learn to walk in God's ways, even into the kingdom of God. Here he speaks about it. [Read 1 Thess. 2, 7, 12.] Paul seemed to know all about all the many things which people ought to do, like being quiet sometimes, attend to their own business, work with their own hands, be honest and true, then they would not lack anything, but would have enough for their life. [Read 1 Thess. 4, 11, 12.] Paul reminded them of the story which he had told about Jesus as the one who could help them, and who had lived here and shown people how to be good as well as told them. It means very much to be shown how to do something, for doing is better than speaking of it. Paul wrote that they were not walking in darkness because they had light and could see. That means Jesus is called the Light, for all he said and all he did was clear and true. Let us all repeat this verse after we read it. [Read 1 Thess. 5, 5.] The Golden Rule was given by Jesus, and he said we are to do to others as we would like to have them do to us. Paul said that we should not do naughty things to others even if they do to us, but we may pray always and be thankful for everything, for this will be pleasing to God. [Read 1 Thess. 5, 15, 17, 18.]

Explain unusual words: "Ceasing," "cherisheth," "lack," "render."

OUTLINE.

Sunday. Give as much of the story and the Bible lesson as possible and talk of the Golden Text, showing that by doing all that Paul mentioned and adding a joyful spirit the character is made strong and beautiful.

Monday. The first division of the story may be developed. The children will have ideas about love and patience.

Tuesday. Talk of the gentle care of a nurse, whether she be a sister or a mother or any one who cares for children. Gentleness is the topic. We may walk in this earthly pathway as is pleasing to God. Hymn 421 in *New Canadian Hymnal* has suggestions and beautiful figures.

Wednesday. The four thoughts of verses 11 and 12 are clear to children. Let them talk of these: Be quiet. Attend to business. Work with the hands. Walk honestly.

Thursday. Explain simply verses 17 and 18 as teaching reverence and praise. By having thankfulness we check grumbling and fault-finding, either with people or with things.

Friday. Talk and sing about joy. What is it? Some one thinks it is like sunshine in the heart, or like the singing of a brook. A good man (Jean Paul Friedrich Richter) said once that it must be his heart had blue sky in it, he was so joyful. Doing

right brings gladness of the heart, but when people are naughty they cannot be truly joyful. The Bible says that to naughty people there is not even peace or quiet of heart, for they feel as troubled waters look when they "cast up mire and dirt."

NATURE WORK. Let the children bring to you some fruit or grain, an early summer apple or a spray of buckwheat, and talk about its form, color, and uses.

HAND WORK. Let the children suggest topics after reading and talking about "working with your own hands." Let us all try to do this with paper or sticks or clay or something else.

The **TRANSITION CLASS** may find all the nouns in the Bible lesson and write them in a column, beginning each noun with a capital letter.

SCIENCE AT HOME WITH THE MOTHER. Talk of the journey which all the Thessalonians were making. The people of Corinth, too, and we all are walking in the pathway from earth to heaven. What are we doing? What may we do? Enumerate the different things which are done with hands and with minds for ourselves and for others. The very first and best place for service is in the home. What are you doing for others in your own home yesterday and to-day? See what helpful thing you may do to-morrow. Joy in your heart will be God's approval.

LESSON VII. (August 15.)

ABSTAINING FOR THE SAKE OF OTHERS. 1 Cor. 8. 1-13.

GOLDEN TEXT. "For none of us liveth to himself." Rom. 14. 7.

Primary Notes.



This is a lesson about self-denial, and maybe some child does not understand just what it is to deny self. Self is that part of you which says, "I want," "I like," "I must," without stopping to ask what some one else wants or likes or must have. To deny is to say "No," and to deny self is to say to the self which wants its own way, "If I want to be like Jesus, 'who pleased not himself,' I must think of others first." In God's word we find, "Look not upon the wine when it is red." Perhaps a little would not hurt you, but it might hurt another to know that you drank it, so you must learn to deny yourself in this and in many other things.

Do you remember how long Paul stayed in Corinth? [Let some child tell how he supported himself while there, but what his real business was in that wicked city.] For a year and a half Paul worked and preached in Corinth, and a good many people learned to love and follow Jesus. Some