one's suffering and waste one's energy

ion to make don't worry yourself try

ing to make it and until you have all

possible information in hand. When

two to commune with yourself and

One word more, don't leave the way

open for you to change your mind.

Cross your bridge and then burn it.

That is, do something to make the

look the ground over and at the end

of that time make your decision.

slides, with soap or paraffine

them to polish stoves.

stained parts well.

Extra!

COLLINS'



so 'tis

have

th at-

LADIES' DRESSES in Linen and Serge; colors: Navy Blue, Cream, Black, Tan and Lt. Blue. At Half Price.

CHILDREN'S DRESSES to fit 4 years to 8 years old. At Half Price. SKIRT EMBROIDERY,

45 inches wide. Regular 75c. for 57c. Regular 1.00 for 70c. LADIES' SINGLETS.

Regular 15c. for ... 8c.

Regular 20c. for13c.

MEN'S

WORKING SHIRTS. Direct from the factories and bought much below the regular value. Regular 75c. for 63c. Regular 85c. for70c.

WORKING PANTS. Sizes 3 to 7; very strong material and worth \$1.80 a pair. Selling at \$1.30.

WHITE QUILTS. A lot of American Cotton Quilts, bought direct from a jobber at anchor

Regular \$2.00 for \$1.30 Regular \$1.50 for 85c. Mill Ends of WHITE FLANNELETTES Worth 15c. yd. for 10c. yd.

P.F. Collins.

NEW GOODS at FREW'S!

Now Showing: LADIES' MANTLES, COSTUMES, HATS, FURS, DRESS MATERIALS, BLOUSE CLOTHS,

RIBBON, FEATHERS, Etc., Etc. All very newest and most up-to-date goods. Quality and prices always right.

WILLIAM FREW

"Molassine" Meal

is as useful in Summer as in Winter.

"MOLASSINE" MEAL helps all animals to get greater nourishment out of their other foods

Worms cannot exist in animals fed on "MOLASSINE" MEAL. It is therefore a necessity during the grazing season.

Good for: HORSES COWS

OXEN

and digest them.

SHEEP CALVES LAMBS POULTRY

PIGS Try "MOLASSINE" DOG CAKES on your

Harvey & Co.'y.

<u></u> **Arrival** of **Prince Albert** TOBACCO.

Prince Albert Tobacco is prepared for smokers under the process discovered in making experiments to produce the most delightful and

wholesome Tobacco. A rich mellow smoke, does not bite the

One Way to Conserve Energy.

BY RUTH CAMERON.

It is not almyself out vacillating back and forth ways physical ef-before I make up my mind."

You may be sure I didn't laugh. us physically tir- knew too well what the poor girl was When night- going through. time finds us ut-Each human being has a certain terly spent and amount of energy. A few lucky indiweary in mind viduals seem to have an ample supply, and body, we are but the most of us haven't an iota apt to blame our to waste. Why waste any then

condition upon miserable decision? the physical ef-How can one help it when decisions fort we have must be made? Why, simply by makmade, the actual ing them. This girl did not expect work we have ac- any new factors to enter into the case complished. I think we make a great in the next month. She was simply mistake in this. Quite as often the deferring the decision because she

weariness is the result of mental effort dreaded to make it—even as you and some difficult decision weighing up- in that way. When you have a decison one's mind often takes more out of

one than a great deal of work.

the other evening. A friend of mine climbed wearily up our veranda steps, with the air of being utterly exhausted. We asked if she had had an especially hard day. 'No," she said. "not as far as work goes, in fact, I naven't done as much as usual. I'm am so tired. I got a letter this morning telling me about another position might be able to get. It's a good temperament that is the hardest thing pportunity, but it means making quite a change. I'm not sure whether would be the best thing in the end | that will come to you when an irrevoor not and I can't decide what to do. so I keep turning it over and over in my mind, like a squirrel in a cage. That's why I'm tired out to-night. And the worst of it is, I haven't got to decide for a month and I know I'll wear

Household Notes.

Never buy wilted vegetables if it can

The best kindergarten lunches are

Toasted bread or croutons give a

Heavy soups should be kent for th

Little fabric dusters are far more hygienic than feather dusters.

Firm, close ticking is an important

Pears may be used instead of apples

Marshmallow sauce is a good ac

inpaniment to coffee ice cream.

ith brown sugar are excellent.

Bread and butter sandwiches filled

Put a teaspoonful of peanut butter

n fudge when nearly done. It is de-

Wood ashes are splendid for remov ing flower-pot stains from window

To clean willow furniture, apply

chiefly of fruit.

rich flavour to soup.

nain dish at luncheon.

make delicious fritters.

oroughly until dry.

to your eyes.

the black will wash off easily.

It is a good plan to keep a

good to clean pots and pans with.

Owing to partial failure of local berry crop, we have ordered Plums for early

To arrive Thursday:

10 cases, 4 bks. each, assorted PLUMS. 50 baskets TOMATOES.

Also full stock of

Laying Foundation Stone of Church at Whiteway

decision irrevocable. To a vacillating The Church people of Whiteway in the world, but it is also the safeest. are only few in number and have And believe me, the ineffable peace place of worship worthy the name cable decision is made will more than They have now determined that this reward you for the effort it cost to state of things shall end in the course of a year or more. The old building which did duty as school-chapel s many years, and which was neve very suitable for the purpose, wi give place to a decent little Church lesigned to meet the requirements of the settlement. The concrete foun Windows that stick can be made to dation is to be laid at once and nove very freely by rubbing the sides work of erecting the building will b of the jambs, where the window begun as soon as convenient. Or Monday morning at 11.30, the cere-When the feet of stockings are worn mony of laying the Foundation Stone out, cut them off and slit the legs clear was performed. The Incumbent of lown. Sew several together and use the mission, Rev. T. W. Upward, conducted the service. The congrega Stains can be removed from wicktion, augmented by some of the other er chairs and tables by using oxalic denominations, met in the School cid and an old tooth brush. Dip the chapel where the first part of the brush in the acid and brush the service was held, then singing as Processional "The Church's One

a close a service which will be ever

Food is So Dear

memorable to the Church people of

New York, Aug. 27.-Thirty-nine

lobsters at one meal is the latest

gastronomic achievement of Christo-

pher Gsanger, of No. 724 Third aven

ue. Brooklyn. His full course at the

meal, which was eaten Saturday

night at John Edward's, Twenty-

hird street and Third avenue, that

porough in competition with Arnold Hartman, of Orchard Terrace

Dhioville, Ulster County, N.Y., was:

Thirty-nine lobsters, weighing one

Time required-One hour and forty

There were two hundred specta-

tors of the match. Hartman ate only

thirty-one lobsters and lost the \$10

Gsanger weighs 239 pounds, is

nd stands five feet ten inches. Hart-

nan is middle-aged, tall and weighs

Gsanger's best previous record at

meal was 220 clams. Two months

ago he ate fifteen pounds of blue-fish

Gustav Lexander, of No. 931 Third

avenue Brooklyn, ate at one meal

two weeks ago an eleven-pound tur-

key, five green peppers, nine pota-

toes, two loaves of bread and one-

half pound of butter and drank ten

Blectric Restorer for Men

Six green peppers

Ten bottles of beer.

Nine potatoes. Two loaves of bread

80 pounds.

at a sitting.

A Reason Why

If stockings become stained from the Foundation," they went to the site of e of the snoes, put the new Church. After the psalu one teaspoonful of borax in the water "O, how amiable are Thy dwellings a which they are washed. This re- Thou Lord of Hosts," the stone was solemnly blessed and prayers offered When frying oysters, try adding a for the success of the undertaking. ittle baking powder to the flour in After the hymn "Christ is made the which they are rolled. The oysters sure Foundation," Mrs. Leander ncrease greatly in size, are "puffy" Drover placed the stone in position and altogether very delicious. "In the Faith of Jesus Christ: I

If the common wayside golden rod the name of God the Father, God the s transplanted into rich soil and Son, and God the Holy Ghost." Durgiven thorough cultivation, it will de- ing the singing of "We love the place elop into a magnificant plant five or O God," a collection for the building six feet high, bearing great feathery fund was taken up, and the blessing

plumes of bloom to beautify the gar-

Grease the bottom of granite or fin Light colored slippers can be cleaned by taking a piece of clean white ets before placing over the fire and flannel dip a piece in menthylated spirits and rub the slippers all over being careful to rub the way of the f sandpaper above the sink; it is very satin. Do not rub them with any part Apply kerosene liberally to any of the flannel which has become soilcopper vessel which has become dis-

colored; then wash with hot water and Bread should be removed from the tins as soon as baked and cooled in the fresh air uncovered. When cool, When washing windows, try putit should be kept in a tightly covered ting a little turpentine in the water. tin box or stone jar. The bread box It will do wonders in brightening the should be scalded and dried in the sunshine at least once a week. A The right way to peel onions: Becloth should not be kept in the bread gin at the root of the onion, peeling upward, and the juices will not fly iu-

CHEAP PIANOS, ORGANS, Etc. -If you get ink on your fingers, wet We are now in a position to state he head of a match and rub it on the truthfully that our instruments are the cheapest under our new business arrangement, viz, cash down, no booking, 15 to 25 p.c. discount. CHESLEY WOODS, Importer and Manufacturers Agent, Water Street.—aug23,tf well with lard and heat it thoroughly n the oven. Tinware treated thus

What's Best.

The best theology-a pure and The best philosophy—a contented

and temperance. shine from a cloudy day.

weakness. The best engineering-building

Advance Show

Ladies' Fall and

20 baskets Large Blue

10 baskets Large Yellow PLUMS. 10 baskets Green Gage PLUMS.

Apples, Pears, Bananas, Oranges, Cabbage, Potatoes Turnips, etc.

HENRY BLAIR'S.

Now showing the latest styles in Ladies' Winter Coats; new colorings, new shapes, cheap prices. Also first portion of Misses and Children's Winter Coats now

Winter COATS:

Costume Skirts and Golf Jerseys,

100 Ladies' Cloth and Serge Costume Skirts, in Navy and Black only, from 95c. to \$3.50 each.

A fine show of Ladies' Long Knitted Golf Coats, from

A few Ladies' Sets Golf Coats, Cap and Scarf to match. Pre-eminent for good value in Ladies' Winter Coats.

HENRY BLAIR.

DINNA' FORGET

that fire protection is an absolute essential to your welfare and success. Losses multiply every year. Why not decide promptly to take a policy with one of my strong companies at a very low rate?

PERCIE JOHNSON

Do not take

milk supply

or on vacation

Office: Corner Duckworth and Prescott Streets.

W. E. BEARNS, THE HAYMARKET CROCERY.

Rose's Fortified Lime Juice,

50c. per quart bottle.



IRISH HAMS and BACON, Sliced by machine. Thin and even.

LONG'S NON-ALCOHOLIC WINES and SYRUPS. Cherry Brandy. Port Wine. Orange Wine. Raspberry Syrup.

Pineapple Syrup. Special Price, 40c. per bottle

100 Baskets PRESERVING PLUMS

Tintara

Hayward & Co.

In Bottles and Halt Bottles.

Advertise in THE EVENING TELEGRA

Cured Eczema Like Magic

Suffered for Years—Tried All Kinus of Treatment—Surprised at Results From Dr. Chase's Ointment.

You can soon tell when people are enthusiastic about medical treatment by the language they use. After experimenting with all sorts of ointments in a vain effort to obtain relief and cure, the writer of this letter was astonished at the quick and satisfactory results obtained by the use of Dr. Chase's Cintment.

Indeed, it is surprising the healing that is often effected in a single night by this great ointment. The stinging and itching are relieved at once, and cure is only a matter of time and patient treatment.

Mrs. Clements, 13 Strange street,

Mrs. Clements, 13 Strange street, Toronto, Ont., writes: 'T have suffered from eczema for years, and after using all kinds of cintments, at last tried Dr. Chases Ointment. It worked like magic and proved a Godsend to me. I would advise anyone suffering from eczema to try one box and be convinced." 10 cents a box, all dealers, or Edmanson, Bates & Co., Limited, Toronta.

beneficent life. The best law—the Golden Rule.

education—self-knowgovernment.

The best medicine-cheerfulness The best science-extracting sun-The best war-to war against one's

The best music—the laughter of an a bottles of beer. bridge of faith over the river of death.-Christian Age.

Belts are worn in a variety of ways. They hang about the waist, rather

med with bands of Bulgarian embroid