### ART OF SELF-DEFENSE.

Pussy Cat Is Mistress of It Because She Is Born That Way.

A cat is a natural boxer. If you watch two kittens rolling and tumbling about the floor you will occasionally see spirited passages of arms them. They will "lead,"
r," "block," "duck," and 'counter," "sidestep," and, in fact, do all things that your big brother does with his boxing instructor at the gymnasium. The kittens will do it a great deal better, too, for they are much quicker and more grace-ful. It may seem odd at first for a boy or girl to box with a cat, butel just tap her quietly with your index finger. You may tap her once, but not the second time, for she will very neatly block your second attempt with her paw. You must use only one finger of each hand, and be very careful to just touch the cat. Then you must stroke her back occasionally to show that you are only playing with her, and not angry. The cat will understand very quickly that you are only in fun, and do not intend to hurt her, and will keep her claws out of sight, so as not to scratch you, unless she is a cranky old cat with a very sour temper, and if she is you had better leave her

Of course, you do not know much about boxing, but you will learn a great deal from the cat if you watch the manner in which she will handle her paws. After the cat understands that it is only a game, and you have learned how to lead and counter from watching her, you can have some pretty bouts, which will amuse the whole family and greatly help shorten a rainy day.-Cincinnati Enquirer.

### CONVERTED THE OLD BELL.

Priest's Explanation of How a Bell Recame Truly Converted.

For, many years Father Boyle was one of the most prominent and popular Catholic clergyman in Washington, where he had a great reputation as a wit. Many of his most intimate friends were Protestants and members of the Protestant clergy. A few months before his death he erected a missionary chapel by the navy yard and bought at a junk shop an old bell which had been discarded by one of the Presbyterian He sent the bell to a foundry in Georgetown and had several inches of metal pared off the to Blackwell's Island for two months. Having thus got rid of a crack the harsh and discordent tones of the bell became short and sweet. Meeting a Presbyterian parson not ter could scarcely believe it was the "What in the world did you do with that bell?" inquired the Presbyterian pastor, "to cause such a change in the tone?" "We blessed it and blessed it until we got the the Bricish border, camping on the Presbyterian devil out of it," re- hills. The Ameer's troops surprised

### Curious Information

London eats 11 tons of salt a day, Paris only four tons. A vessel drawing ten feet rises two inches in passing from fresh water

all right.

to salt.

Of 100 Irish people 24 are married, 59 unmarried and seven widow-

Marble is worth in the rough £4 a ton, and Italy exports 105,000

tons a year. A sheepdog has 291 ounces of

brain, a record for dogs; but a wolf has 40 ounces or over. The inhabitants of St. Helena

have fallen from 6,444 in 1871 to 4,116 in 1900.

On an average 270 miles of fresh railway line are built each year in the United Kingdom

The Ameer of Afghauistan's mint at Kabul is managed by an Eng-lishman. The kran, or half rupee, is the smallest silver coin struck.

Rivers and River Systems. There are five rivers in the world

which drain over a million square They are the Amazon, La Plata, Obi, Congo and Mississippi. The Paraguay river, so called from the republic of the same name on its banks, is 1,800 miles in length. points in its lower course it is from five to fifteen miles wide.

The outflow of the Nile varies from 16,000 cubic feet a second in June to 400,000 in September. From these figures the value of the new Assouan from preventing this gigantic waste will be plain.

The Mississippi is the longest river in the world, but estimated by amount of water discharged into the sea it ranks third only, the Amazon discharging 1,000,000 cubic feet a second, and the La Plata 850,000, to

# the Mississippi's 500,000.

Music of Beetles. While the structure of the music of stridulating organs of beetles is extremely simple, they sometimes pos-sess contrivances for varying the The general construction of such an organ is a hard surface cov with striations, over which me other member of the body furnished with a rasping edge or area is rubbed. When the striated surface is divided into parts with finer and coarser markings, variations of pitch can be produced.

Not Capable.

She-Poor Jack's doctor told him that he had narrowly escaped an acute inflammation of the brain.

He—That doctor is an ignoramus Jack's brain couldn't develop anything acute.

Tagged for Discharge

When a man goes out in the middle of the day to get a drink, put a tag on him; he's traveling the road that leads to discharge.

Irreparable Loss. He-I've lost a wealthy aunt. She-Really? When did she die? He—Oh, she isn't dead; but mice has just jilted me.

### "I did not sleep a night for seven long weeks."

That prolonged period of sleepless-ness is most expressive of the pain and suffering caused by womanly diseases. It is pleasant to con-

trast the medical in-efficiency which said "I could not be cured" with the prompt and perman-ent cure effected by the use of Docto Pierce's Favorite Prescription. This great medicine for women establishes regularity, dries en-feebling drains, heals inflammation and ul-

ceration and cures female weakness. "I take great pleasure in tecommending Dr. Pierce's medicines to other suffering women," writes Mrs. Mary Adams, of Grassycreek. A she Co., N. C. "I had in-ternal trouble very badly

until it resulted in ulcers
of the uterus. I was
troubled with it so that
I did not sleep a night
for seven long weeks.
The doctors said I could
not be cured, but I commenced taking Dr. Pierce's Favorite Prescription
and 'Pleasant Pellets.' After taking two bottles
I could sleep all night, and after taking six
bottles of 'Favorite Prescription' and two of
'Golden Medical Discovery' and three vials of
'Pleasant Pellets' my case was cured. I had
told my husband that I would have to die, as it
seemed I could not live. He told me to put faith
in Dr. Pierce's medicines, for it had cured others
and would cure me. So it did, and I thank God
and your medicine for saving my life."

Dr. Pierce's Common Sense Medical

Dr. Pierce's Common Sense Medical Adviser, is sent free on receipt of stamps to pay expense of customs and mailing only. Send 50 one-cent stamps for the book in cloth binding, or only 31 stamps for the paper covered volume. Address Dr. R. V. Pierce, Buffalo, N. V.

INSULTED A MOURNING BAND

New York, Sept .18 .- As Magistrate Cornell was leaving the Essex Market police court to-day he was accosted by a man who spoke sneeringly of mourning band which the Magistrate wore on his left sleeve in memory of President McKinley. The Magistrate at once arrested the man and took him back to the court, where he said he was William Davis, a shoemaker, of Troy,

INVADED BRITISH INDIA.

London, Sept, 18. -A despatch to the long after, Father Boyle called his Times from Simla says fighting has attention to the change and the lat- occurred at Pelwar Kotal Pass, at the upper end of the Kuram Valley between the Ameer's troops and the Jargis, a tribe which has long complained of Afghan oppression. Some hundreds of tribesmen moved across torted Father Boyle, "and then it them crossing the boundary in pur-The local British authorities warned the Afghan officer in command that he must prevent his men from transgressing the frontier.

### FISHERMEN ON STRIKE.

London, September 18 .- An alarming situation exists at Grimsby, 15 miles from Hull, where a mob of locked-out fishermen this afternoon English roads cost £800 a mile to wrecked and set fire to the new of-make, French £1,200, Italian only fices of the Owners' Federation, where the owners of the fishing fleet were holding a meeting. The owners es-caped, and the fire was extinguished, but the police were powerless to quell the riot. A strike has been in progress among the fishermen at Grimsby for several months. Four hundred steam fishing boats are idle, and thousands of fishermen and their families have been suffering great hardships. Food had to be sent to them by sympathetic committees.

FOREST FIRES.

Quebec, Sept. 18 .- St. Bruno, a village on the line of the Lake St. John Railway, has been well nigh destroyed by fire. Despatches from Hebertville, in the same district, say that forest fires have been raging around there for the past two or three days. About 50 farm houses, with barns and outhouses, containing the season's crops, have been destroyed. It is hoped to save Hebertville station and the long At trestle, but if strong winds continue many more houses will be burned. All kinds of timber, lumber, pulpwood and cordwood along the railway track has been destroyed between St. Gideon and

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Healthful Play to More Muscle Than Any Other Exercise.

WALKING FOH HEALTH.

Of all forms of exercise, there one that costs nothing, and is probably better than any other, and that is walking. For walking as an exercise there is no adequate substitute, and no man was ever prepared for physical contest of any kind-row ing, jumping or wrestling - without nuch time being spent in pedestrian

It gives healthful play to a large number of important muscles that any other exercise, besides it es pecially tends to promote that cheer-ful frame of mind so indispensable to aid easy digestion and a normal flow

Of course, by walking, it is no intended to convey the meaning that the mere moving of the legs, in a close room or any building, however large, is beneficial. Walking for health and exercise must be in the open air, the more open the better. People of sedentary habits will find daily walks better than a pint of 'tonic." Our breath vitiates the air, and the only way to change the air to keep moving.

Walking expands the lungs as well as strengthens the muscles; it defends the body from lassitude, puts doc-tors at arm's length, and increases

the span of life. . The English live longer than Americans, simply because they live more out of doors. In this country a man of 60 is called "old;" in England he is in the prime of life; yet the climate of England is not to be compared with ours. It is always damp, and generally foggy and rainy, but the average Englishman cares noth-ing for that. While the American takes a car to go to his office or shop, a mile from home, the Eng-lishman foots it, saves his money and betters his health.

Gladstone at eighty years of age did an enormous amount of without perceptible fatigue. He always was a great walker, and at the age of 65 could walk 35 miles in a single day, over the hills of Scotland. At 80 he was still good for a 20-mile tramp. How many 20-yearold Americans can say the same? For girls there is no exercise like walking, and, besides, it is "proper." To be sure, they must wear common sense shoes and moderately loose clothing; but if these conditions are complied with, there is no reason why they should not do their five or ten miles a day, like their English sisters. They would reap their re-ward in rosy cheeks, expanded forms

Days.

and better health all round.-Golden

To England in Two Days. "Fast electric ships crossing the cean at more than a mile a minute, will go from New York to Liverpool in two," writes John Flfreth Watkins, ir., of "What May Happen in the Next Hundred Years," in the Ladies' Home Journal. "The bodies of these ships will be built above the waves. They will be supported upon runners, somewhat like those of the sleigh. These runners will be very buoyant. Upon their under sides will be apertures expelling jets of air. In this way a film of air will be kept between them and the water's surface. This film, together with the surface of the runners, will reduce friction against the wayes to the smallest possible degree. Propellers turned by electricity will crew themselves through both the water bepeath and the air above. Ships with cabins artificially cooled will be entirely fire-proof. In storm they will dive below the surface and there await fair weather.'

Judged Herself Justified.

A London journal tells this tale of a famous novelist who recently took up her residence just opposite where, in the course of educational routine, the children are wont to engage in antiphomal chants wont to engage in antiphomal chants. The following correspondence, therefore, took place, the authoress to the school mistress thus: "Miss presents her compliments Miss and begs that she be good enough to arrange that there be no singing class between the hours of 10 and 1, these being Miss -'s working hours, when distractions . are particularly distasteful. The school mistress to the authoress: 'Miss --- presents her compliments and begs to state that if such course were likely to prevent the writing of such books as "The Horrors of Satsuch books as 'The Horrors of Sat-'The Muscular Traction,' she would rejoice in arranging a singing program for every day from 9 to 2." Poor Marie Corelli!

Butter-Making at Home.

Milk should be set in a perfectly well-ventilated place, where nothing else is kept, and the room so constructed that the temperature can be regulated as desired. There should be another room where the cream can be ripened and churned and the work of the dairy performed. Very few farmhouses have proper conveniences. The cellar is often used to set milk in and the kitchen used to ripen the cream and do the dairy work; the cellar is all right if it is not used as a general store-room for the house. Bad surround-ings and bad company are fatal to fine butter-making.

Poor pastures do not pay for the reason that it is to the interest of abundance of food at the least cost. The animals should not be compelled to work for their food on the pas-ture by tramping the ground in the for grass. As soon as a pasture does not supply an abundance the cattle should be taken off and fed on green food at the barn, as they will fall off in milk if the supply of food on the pasture fails.

Tasted Better. Doctor-Did you take that rhuparb I ordered? Little Fred-Yes, sir; I took

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in the world means success, and success unaccompanied by the necessary wherewithal to make success successful seems a valueless commodity. So aim to succeed by buying good goods at low prices, and if you come to us with this intention, we will certainly help you to succeed. ......

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Made of Silk Tapestry, with buttoned backs, \$18.00, \$20.00, \$25.00 and \$30,00. Three Piece Suites, with Mahogany finished frames, \$15.00, \$18.00, \$20.00, \$25.00. good and serviceable rugs, \$32.00, \$38.00, \$45.00, worth \$40.00, \$50.00 and \$60.00.

Bedroom Suites

A Special Line from \$10, \$12. Do not fail to see these Suites. Polished Oak Suits, with british bevel mirrors, \$25 00, \$65.00. We are offering a special line of CARPETS at 50c per yard, worth 60c and 65c per yard. Made and laid free of charge.

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