



PEACH RECIPES

Peaches are now in season. There are hundreds of ways of giving piquancy to other dishes by peach admixture.

Rice goes especially well with peaches, also ice cream, and an excellent combination is of a ripe cantaloupe melon, with peaches so cut up and sugared, put into the centre when emptied of seeds; these eaten together with ice cream, if liked, is an unusually nice dessert. Peach sponge is made with rice cooked until-soft with milk and sugar and a pinch of salt. Squeeze gradually the juice of a lemon, beat some whites of eggs stiff and fold in; pour into a ring mould, stand in hot water, cover and bake in moderate oven for half an hour. When cool turn out, put sliced peaches round, and fill the centre with cup-up peaches, and top with whipped cream.

PEACH MELBA.

Peach Melba is a great favorite. Pare, stone and cook the peaches in syrup. When cool put half a peach on a small, round cake, of which the centre is cut out. A large spoonful of ice cream is put on the peach and ornamented with a candied cherry. This is made with canned peaches, too. A mould made of scalded cream stiffened with gelatine, and peaches cut small, whipped in, and the mould lined with sponge fingers, with the centre filled in with the fruit and

Bear Island, Aug. 25, 1903.
Minard's Liniment Co., Limited.
Dear Sirs,—Your traveler is here to-day and we are getting a large quantity of your MINARD'S LINIMENT. We find it the best Liniment on the market making no exception. We have been in business 13 years and have handled all kinds, but have dropped them all but yours; that sells itself; the others have to be pushed to get rid of.
W. A. HAGERMAN.

cream is most refreshing if left on the ice for a hot day.

CANNED PEACHES.

For canned peaches the following seems good: Six pounds peaches, peeled; three pounds sugar; 1-2 cup of water. Drop the fruit into cold water when peeled. Place layers of peaches and sugar in the kettle, pour in water and a few leaves if you have them. Place over a slow fire until tender. Remove leaves and seal well in jars. A unique method is to wipe the peaches and put them in a slow oven until baked soft, and serve with cream and sugar.

PEACH FRITTERS.

Peach fritters are nice served with lemon juice and sugar. Jam is almost too sweet unless the stones are cracked and the kernels put in.

Minard's Liniment for sale everywhere

DESERT BEAUTY.

Wonderful Coloring in the Western States.

Every year more and more American painters are going westward, drawn by the strange beauty of the desert regions principally. If this seems strange and perverse to the man uneducated in the language of art it must be remembered that the painter who knows his business uses his material, his natural-historic fact, merely as a symbol. Just because he seems to be dealing less directly with ideas than, for instance, the musician, he often treats his symbols with a certain brusqueness, not to say incivility, to point this fact. Bareness, and even aridity of landscape, which might be repellant to the botanist or farmer,

may therefore appeal to him as a desirable hunting ground because this condition result in peculiar atmospheric states which in their turn produce unusual and beautiful colors, and not at all because of any lack of vegetation for its own sake.

Sometimes, too, as in the view from Furnace Creek, the aridity discloses the essential shapes of hill and mountain, as moulded by wind or rain, shapes which often reveal grandeur of outline and solidity of structure that would be lost in a well-wooded country. These bald hills and mesas, too, are often of vivid coloration; orange, rose and intense red being frequent, and in the clear, dry atmosphere these take on unbelievable hues of purple and deep blue as they recede and as the light declines. At other times, as at noon, for instance, the tendency is for the landscape to present a wonderful gamut of iridescent harmonies of the character of mother-of-pearl; pale gray-greens, yellow and innumerable variations of lilac and blue. From this background, neutral in final effect, the occasional flare of the weird ocotillo or lemon-colored cactus, adds an interest more vivid and intense by contrast with its unpromising surroundings.

Minard's Liniment Cures Dandruff.

New British Gun.

Experiments which have been taking place in connection with a new British field gun have now resulted in the solution of a weapon which is considered to be the best of its kind in the world.

The advantages of the new gun are that it will fire the heavy 18 1/2-lb. shell used in the ordinary quick-firer a further distance and with greater rapidity than has ever been attained with a field-gun before.

In fact the new gun increases the range of the British normal field weapon, by at least 3,000 yards, and it is expected that further development will extend the vulnerable point by another 1,000 yards.

Experiments have shown that the new gun can discharge as many as 28 rounds a minute.

One of the difficulties at first experienced was that, although the increased distance could be attained with comparative ease, accuracy could not be wholly relied upon at the lengthened range, and although the gun was used on a limited scale during the closing stages of the war, its far-reaching effects were not utilized to their full extent for this reason.

The vibration set up by the extreme rapidity of fire also operated somewhat against accuracy, but it is understood that both these difficulties have now been overcome, and that the gun has been found to answer all requirements.

Minard's Liniment Cures Burns, Etc.

HER AGE.

It All Depends On the Woman Herself.

Take two women, in equal circumstances, with an equal amount of responsibility to bear, and of an equal age—say, 30 years. Why does the first impress one as "on the shelf," so to speak? She is "settled" in figure, manner and outlook, and her face, though not old, has still lost its flush of youth—its pulsating quality of expectation.

The second, though the same age, has the slim boyish lines of a girl in her teens, her manner is so alive—so expectant, and her face aglow with youth.

One unconsciously never considers her age, so strong is the impression of merely the beginning of things—she seems always on the threshold of life. She looks almost in a different generation from the first woman. Yet the cause of this difference has nothing to do whatever with the brand of her favorite face cream—nor her preference in the matter of face powder! Her mind is the real fountain of her youth and bids fair to stay so indefinitely. Her thoughts are young thoughts. They belong to

morning, not dusk. She has the glamorous trusting outlook that belongs to youth. She has warm young impulses, young enthusiasms, young interests. She never invites Father Time by thinking of or fearing him. To her he simply doesn't exist.

But how different are the thoughts and the spirit of the first woman. To begin with, she remembers weeks ahead the coming of each new birthday. And each time she says to herself, "I'm a year older—before long I'll be forty!" So looking forward to forty, she already acts it, and more than that! She hates growing older—she fears it, and so it is constantly in her soul! Each day she watches fearfully for the first fine wrinkles—and finds thoughts.

With such an outlook youthful dressing seems absurd, so she adopts matronly fashions; very young occupations and interests look foolish, so she gives up some of her light-hearted pastimes.

In other words, she runs to meet Father Time, before he would otherwise have even started in her direction!

As a fact, though, this type of woman is becoming more and more obsolete. When a well-known moving-picture star of over forty can take the part of a little child, and really look it, what things are not possible in the way of youth retained in this age, where the power of the mind over the body is really beginning to be understood? It is the woman who realizes this truth that can retain her girlish charms, far even onto the shady side of fifty.

So, after all, Ann is just as old as her mind will have her!

Refilling the Teakettle.

Never use water which has been standing overnight in the tea kettle. In the morning fill it with fresh water, boil and use at once.

A GREAT STOMACH BRACER

Make You Feel Lively and Young—Removes That Tired Feeling.

At some period in our lives there is sure to come a time when the stomach is "off"—not working well—failing to enjoy and digest its food. Main thing then is to get the right remedy. You really want a soothing medicine, one quick to act, sure on results, combining the virtue of a gentle laxative with a tonic effect upon the stomach, liver and kidneys.

Certainly the world affords no better medicines for the stomach than Dr. Hamilton's Pills of Mandrake and Butternut. Their laxative effect is ideal—can't be beaten! But in addition to their helpful action upon the bowels, these pills contain certain ingredients that strengthen and invigorate the muscles of the stomach, thereby relieving all sorts of stomach misery, indigestion, sourness, rising gas, headache and biliousness.

Just try Dr. Hamilton's Pills—they'll make you full of energy—brimming over with snap; they bring and maintain robust, sound, vigorous health, and isn't that just what you've looked for these many months? REFUSE A SUBSTITUTE FOR DR. HAMILTON'S PILLS. 25c per box, all dealers.

Bourgeois and Proletarian.

The word bourgeois is the old French word for a citizen of a bourg, or city; we have the same word in English, as burgher, says the Youth's Companion. Originally it distinguished the town dweller from the noble, who dwelt in the hamlet among the fields. Then, since the bourgeois was likely to be a tradesman or a craftsman the word came to have that meaning, too.

As a noun it describes the thrifty, industrious member of the mercantile or manufacturing classes; as an adjective, it described the qualities, the standards and the characteristics of those classes. In the most modern sense of all—that employed by the Socialist writers who take their cue from Karl Marx—the word is used to mean those who have accumulated some property, those who are in a position to employ other people and to pay them wages.

The word proletarian comes from the Latin word proles (offspring), and 2,000 years ago was used by the Romans to designate the less substantial and useful members of society, those who had nothing except their children to offer to the support of the state. The word also has taken on other shades of meaning until it has come to be applied to a member of the community who has no other capital than the strength of his hands; the laborer, or workingman who lives, as it were, from hand to mouth, and who has no reserves to support him in time of need.

Minard's Liniment Relieves Neuralgia

Justice in Wrong.

A celebrated barrister undertook a trade-mark case that looked hopeless for his client. The client went abroad, leaving his telegraphic address, with instructions that he was to be notified of the decision.

He won the case and the barrister called: "Justice has triumphed." The client wired back: Lodge immediate appeal!

ECZEMA IN RASH CUTICURA HEALS

Very Itchy and Burned. Troubled Six Weeks.

"Our daughter's face came out in a rash that we were told was eczema. Her cheeks got sore and she rubbed causing loss of sleep. The breaking out was very itchy and burned so that I had to tie gloves on her hands to keep her from scratching."



"This trouble lasted about six weeks before I used Cuticura Ointment with two cakes of Cuticura Soap when she was healed." (Signed) Mrs. H. Stares, Blenheim Rd., Galt, Ont.

Cuticura Soap, Ointment and Talcum are ideal for daily toilet uses. For free sample each of Cuticura Soap, Ointment and Talcum, address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

Coal Beneath the North Sea.

"It is often said that Britain owes her commercial supremacy to her coal. For her size she has more and better coal than any other country in the world, and for steam purposes, South Wales practically supplies the world. Where did the coal come from?"

The coal seams, lying one below another to an unknown depth, and not infrequently cropping out at the surface, are sure proof that tropical conditions once prevailed in the latitude of these islands. In primeval times, a period whose remoteness is measured by millions of years, the district which is now Britain was connected with the continent, and the coal of England doubtless runs under the Channel and the southern part of the North Sea, and is continued in the coalfields of Northern France, Belgium and Flanders.

All this region was covered thick with great tree ferns, growing to a gigantic height, of exceedingly rapid growth, in the damp steaming heat of a tropical climate which exceeded Africa to-day. Growth succeeded growth, and in the course of ages probably seas flowed over it and deposited the sand which is now rock. Then came another period of growth, and the pressure carbonized the fallen vegetation and formed layers of coal, pieces of which still bear imprinted upon their flat surface the beautiful tracery of the original fronds of the tree-ferns.—Tit-Bits.

THE MIRROR.

I lift baby up to the mirror
And let him look in the glass
To offer to the reflector
His flower or leaf or grass.

And the baby he sees in the mirror
Returns his very smile
And offers a flower or leaf or grass
And is just as free from guile.

And God lifts me up to the mirror,
And holds the world as a glass;
I offer his life reflector
Love's flower or leaf or grass.

And the world I see in the mirror
Returns my very smile,
And offers a flower or leaf or grass
If it finds me free from guile.

For what after all is the gift divine
That I can offer a world?
Save a hopeful smile in life's mirror
That my soul may be unfurled.
—Harold W. Gammans in the Nautilus.

A CRUEL SLAM.

The Brute: "I think that women are much better-looking than men."
She: "Naturally."

The Brute: "No, artificially."
"BUSINESS BOOMING."
"My husband got four new suits last week and three this week."
"Mercy! How extravagant!"
"Not at all; he's a lawyer."



PARKER'S

The clothes you were so proud of when new—can be made to appear new again. Fabrics that are dirty, shabby or spotted will be restored to their former beauty by sending them to Parker's.

Cleaning and Dyeing

is properly done at PARKER'S

Parcels may be sent Post or Express. We pay carriage one way on all orders.

Advice upon cleaning or dyeing any article will be promptly given upon request.

PARKER'S DYE WORKS, Limited

Cleaners and Dyers,

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To Asthma, Hay Fever and Catarrh sufferers. Write to-day and get a trial treatment of the world's greatest remedy, Buckley's two bottle mixture; nothing ever made like it... One bottle gives instant relief, while the other drives the poison from the system. Something different; no burning or nerve wrecking drugs, but two scientific mixtures that will conquer any of the above ailments. Don't hesitate a minute longer. Fill out the blank below and get started on the road to health.

W. K. BUCKLEY MANUFACTURING CHEMIST.
87 Dundas St. East, Toronto.

Sir:—Please send me two bottles of your mixture. I enclose ten cents to cover cost of packing and mailing. Do this to-day as for a limited time only I make this offer.

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