# For Summer Gomplaints

# **Fellows'**

A reliable household remedy.

Price 25 Cents

STEAMERS.

INTERNATIONAL S. S. CO'Y. FIVE TRIPS A WEEK.

20 Hours to Boston



Boston.

Because of Maine'
will sail from St. John
and Boston, every MONDAY, MEDNESDAY
and FRIDAY morning, at 7.39 o'clock, standard, due in Boston about 4 p. m. next day.
NOTE-Do not overlook this route to the
Pan-American Exposition at Buffalo, Choice
of route from Boston.

\$20.00 St. John to Buffalo and Return.
Freight received daily up to 5 p. m.
WILLIAM G. LEE, Agent,
St. John N. B.

## Star Line S. S. Go. (Eastern Standard Time)

One of the Mail Steamers, VICTORIA and DAVID WESTON, will leave St. John, North End. for Fredericton and intermediate landings every morning (Sunday excepted) at 8 o'clock, and will leave Fredericton every norning (Sunday excepted) at 7.30 o'clock. On and after June 22nd, Steamer Victoria will leave her wharf at indiantown at 4.30, m. for Hampstead and intermediate landings: returning, will leave Hampstead on MONDAY morning, arriving in St. John at 30.

Freight received daily up to 6 p. m.
R. S. ORCHARD,
JAMES MANCHESTER,
Mana,
President.

#### FOR Washademoak Lake. THE MODERN EDEN.

surpassed on Earth for Beauty and Cli mate, the People's Line.

#### STEAMER STAR

Has been rebuilt under the supervision of the most practical government inspectors, and until further notice will, if possible, leave her wharf North End, every TUES-DAY, THURSDAY and SATURDAY, at 10 a. m., for the above region, calling at all her landings on River and Lake, returning on alternate days at 1 p. m.

Freight received up to 8.45 p. m. on the days of sailing. All freight must be prepaid.

J. B. PORTER, Manager.

For further information apply to

P. NASE & SON, Agents, Bridge Street, N. E.

### Str. CLIFTON

Leaves Indiantown on MONDAY WEDNESDAY AND SATURDAY at 8 p. m. for Hampton and Intermediat

Freight received from 9 a. m. to p. m. on days of sailing.

Arrangements can be made with captain of "Hampstead" or "Clifton" for picnics.

#### Millidgeville Ferru.

Steamer MAGGIB MILLER will leave Millidgeville daily except Saturday and Sun-day at 7.30 and 3.30 a. m. 2, 4 and 6 p. m. Returning from Bayewster at 5.55, 2.55 and 10.15 a. m. and 2.45 and 5.15 p. m. Saturday leaves Millidgeville at 6.15 and Saturday leaves minous v. 9.50 a. m., 7, 6, and 7 p. m. Reterning at 5, 7 and 10.15 a. m., 2.45, 5.45 and 7.5 p. m. Sunday at 9 and 10.30 a. m., 2.30 and 6.15 p. m. Heturning at 9.45 and 11.15 a. m. and

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To beautify your rooms at small cost Also Fancy Goods, Silverware and Stationery; Souvenir Postal Cards and Views of St. John to send to friends.

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LIVERY STABLES.

THE HORSE YOU DRIVE Will be a goed one if you order it from us. We have safe horses, fast horses fine turnouts with rubber tires at J. B. HAMM'S, 134 Union Street. Telephone No. 11.

#### DAVID CONNELL

OARDING, HACK AND LIVERY STABLES 45 and 47 Waterloo St., St. John, N. R. Horses Boarded on Rassonable Terms; orses and Carriague on Hire; Fine Fit-out

DAVID WATSON in attendance at all boats and

### ST. JOHN STAR.

ST. JOHN, N. B., JULY 13, 1901.

IT MUST BE TRUE.

That great minds run in the same channel cannot be questioned. The valued Telegraph has given us proof positive of the fact. Not long since the New York Herald had an article on the subject of "What to Eat and Wear in Hot Weather." Shortly afterward the Telegraph editor wrete two articles, one on "What to Eat in Summer" and one on "Summer Dress." If the Herald man's article had not appeared first one would be disposed to charge him with plagfarism; and the only explanation of the similarity of the two articles lies in the suggestion that by some process of telepathy or the like he found out what the Telegraph man was thinking about and got his work in first. To show how exactly he divined what the Telegraph intended to say we may quote a few extracts:—

Light and easily digested foods should be employed. The heart-ier viands should be discarded as far as possible, and plain foods, which are the natural substitutes employed. The thoughtless man will frequently overfeed in hot weather, and as a result suffers for his indiscretion.

Telegraph:-

Telegraph:-

Telegraph:-

It will be seen that the Herald man anticipated with amazing accuracy

Fortunately when the mercury is ascending the appetite is below par. Nature does not crave for extra food under such circumstances, because there is no urgent need for increased caloric or active nutrition. To such as give no thought to the subject it will be surprising to learn how little of substantial nutriment is required to supply the ordinary working energy of the machine to the requisite point.

Nature, fortunately, does not make such heavy demands upon man durin high temperatures as it does in control weather and consequently the approximation of the subject it will be surprising to learn how little of substantial nutriment of the requisite point.

Thus the heartier viands are instinctively ignored and the plainer ones are the natural substitutes. Light and easily digested foods are the only kinds that can be relished or can be utilized. As a rule, the thoughtiess person overfeeds in hot weather and always suffers in consequence.

Increased evaporation always makes its legitimate demands for more liquids, and the best of these is always within easy reach—pure and plain water. Spirituous liquors are merely cheats and snares, and at the expense of a temporary and illusive stimulation there follows a compensating depression. The intemperate man is always most liable to sunstroke and other forms of heat prostration,

The selection of proper fabrics is no longer a matter of guesswork. Those who have studied the matter in connection with the needs of the soldier in the tropics have done so in a thoroughly scientific manner, and their conclusions are of proportionate value. The different hygroscopic and heat conducting properties have been measured with mathematical accuracy. It has been well established by scien tific investigation what are the proper fabrics to wear, and the hygroscopic and heat conducting properties of ma-terials thoroughly determined.

It would make a long story to discuss, the subject in detail, but it is of practical interest to the man or woman who selects the color and material of garments to know what will serve best when the thermometer is high and the spirits low. Loose meshed wool next the skin is of prime importance, while cotton or linen textures make the most suitable outer coverings. We have not the space for a disser-tation on the hygiene of dress, but it is a safe rule during hot weather to wear loose meshed wool next the skin, while cotton or linea textures are suit-able for outer clothing.

The absorption of heat is an important factor and is most affected by color. It is least in white and increases with darker shades until black is reached, which is the greatest. Absorption of heat by the solar rays is mostly affected by color, being least in white and increasing with yellow, green, red and blue, while black is "hottest" of all,

Straw headgear, also, of natural or For headgear, the light straw hat lighter shades, stands first in the list preferable, while the black silk hat for utility, next the soft felt hat, but the most objectionable. lastly the black derby and the silk

Why should the St. John man not be comfortably dressed on a hot day? He could appear in light duck outer gar-ments, with neglige light colored shirt, straw hat and boots to suit. The neglige light colored wool shirt is always worn by the sensible man.

referred to as our esteemed fellow-citi-zen. He is not more highly esteemed

than before, but he was not until to-

day a fellow-citizen, except in the

larger sense of citizenship in the empire. But now he is one of us, with

the dog tax, denounce the condition of

the streets, and do other things that

sider. Mr. Solomon, when he returns to South Africa, will go with the com-

fortable feeling that if the Boers come

down and capture Capetown he will not be as one without a country. He

Star trusts that Mr. Solomon will never be driven by the fortunes of war

to seek a refuge, but if he should de-

cide of his own free will to return to

The decision of the city council to

make an experiment with the different kinds of paving for streets recommend-ed by Director Cushing will meet with

general approval. The need of a systematic programme of permanen

street work has long been apparent. If the proposed tests show that the three kinds of paving are suitable for

the three classes of streets where they will be laid, the work can be continued

from year to year until the city is

provided with clean and well paved

what the Telegraph man intended to say about summer food and clothing, and was unkind enough to print it before the St. John editor had got his article finished. This is another illustration of man's inhumanity FELLOW CITIZEN SOLOMON. tance of a few merchants to join

> sentiment has been a little further aroused in facor of the reform these dealers will also fall in line.

A SLUMMING EXPEDITION. The visiting King's Daughters delegates, Mrs. Mary Louise Dickenson, Mrs. I. C. Davis and Mrs. M. S. Savage, under the care of Deputy Chief Jenkins, and accompanied by several of the local members of the order, went a-slumming yesterday. Blood alley, Sheffield street and kindred the inalienable right to complain of of the local members of the order, went a-slumming yesterday. Blood alley, Sheffield street and kindred places were visited and inspected. The little children along the route received flowers and to those older in sin much good advice was given, which will undoubted y bear fruit an hundred-fold. The visitors, who have had considerable experience in that kind of work in larger cities, stated that St. John possessed far too extensive regions of that variety for a place of its size.

Bleyclists and athletes depend on BENTLEY'S Liniment to keep their joints limber and muscles in trim.

LORD MINTO'S VISIT. St. John and assume the responsibil-ities of citizenship he may be sure of a hearty welcome.

OTTAWA, July 12.—Guards of honor will be furnished and salutes fired at the following places during Lord Minto's tour of the maritime provinces: Salutes-Sydney, C. B., by Sydney Company Garrison Artillery. Halifax, N. S., by Imperial garrison, St. John, N.B., 3rd, Regt., C. A. Charlottetown, P. E. I., 4th Regt, C. A. Newcastle, N. B., 12th Field Battery, C. A.

Horses to Hire at reasonable terms.

a great deal of encouragement in their efforts to secure early closing. The chief difficulty in the way is the relucion good purchase.

The celebration of July 12th by the Orangemen at Moncton yesterday was a great demonstration. From the north shore, from Albert, St. John, Kings, York and other counties the brethren and friends poured in by hundreds and thousands. The day was hot, but that did not interfere with the general enchusiasm.

did not interfere with the general enthusiasm.

Dinner over, the brethren set out for the commons, where it had been arranged to form the procession. The gathering was an immers one. The citizens were there almost en masse, there were present four or five thousand visitors, and everybody was well dressed. The regails of the Orangemen and the handsome dresses worn by the laddes made the scene one that will not soon be forgotten. Under the direction of the parade committee, J. W. Clarke, it. Tucker, P. E. Heine and Geo. Price, the Orangemen formed up in line as follows:

Chief of Police Tingley, mounted.

Chief of Police Tingley, mounted.
Mounted Policemen.
Id Master A. D. Thomas of Fredericto
mounted on a white charger.
Clarke, Grand Director of Caremonic
mounted. R. H. Gaddis, Alex. McLeed and M. C. Lock-hart, mounted.

71st Battalion Band, Fredericton, Gew. Stockton, W. P., mounted.

\*\*Queen's Preceptory, No. 62.

Royal Black Knights of Ireland, with
banner.

Owing to increased evaporation the system demands more liquids, and the best refreshment is pure, plain water. Spirituous liquors—which men take in winter to raise the temperature and in summer to reduce it—are worse than useless. They merely produce a temporary and illusive stimulation which is quickly followed by a greater depression. It is a well established fact that the intemperate is more liable to sunstroke, and other forms of prostration due to heat than the temperate.

wm. Rodgers, mounted, in command.
Trinity Preceptory, No. 507.
Royal Black Knights of Ireland, with banner.
York County Contingent.
H. F. McLeod, mounted.
Whitestone Preceptory, No. 138, Rayal Black Knights of Ireland, with banner.
County Marter N. J. Smith.
Scarlet Chapter, John Oulton in command. Graham. Bones, Geo. Haviland, with banner, H. F. McLeod, W. M.
Walker Lodge of Fredricton, with banner, H. F. McLeod, W. M.
Equal Rights Lodge, No. 32, of Fredericton, with banner, James Cowie, W. M.
Rosgmore Lodge, No. 40, of Maryaville, R. Blekk, W. M.
Carleton Cornet Band.
St. John County Contingent.
St. John County Lodge, S. E. Morrell, C. M., mount Lodge, No. 2, with banner, C. R. Flewelling, W. M.
Yerner Lodge, No. 1, with banner, W. M. PeaEldon Lodge, No. 2, with banner, C. R. Flewelling, W. M.
Johnston Lodge, No. 2, with banner, D. B.
Webater, W. M.
Johnston Lodge, No. 2, with banner, D. B.
Webater, W. M.
Dominion Lodge, No. 2, with banner, D. B.
Webater, W. M.
Dominion Lodge, No. 1, with banner, W. B.
Wallace, W. M.
No Surrender Lodge, No. 1, with banner, W. B.
Wallace, W. M.
Newcastle Band.
No Surrender Lodge, No. 1, of Newcastle, with banner, Frank, M. Ford, W. M.
True Blue Lodge, No. 5, of Hampton, with banner, H. W. Robertson, W. M.
Restigouche County Contingent.
Heine Lodge of Campbellton, with banner, Kings County Contingent.
Heine Lodge, No. 10, of Newcastle, with banner, H. W. Robertson, W. M.
Champion Lodge, No. 5, of Hampton, with banner, H. W. Robertson, W. M.
Kent County Contingent.
Heine Lodge, No. 10, of Sackville, with banner, Co. Abinus, W. M.
Sackville Band.
Westmorland County Contingent.
Heine Lodge, No. 10, of Sackville, with banner, Geo. Abinus, W. M.
Sanner, H. W. Robertson, W. M.
Champion Lodge, No. 10, of Sackville, with banner, Geo. Abinus, W. M.
Sauders Lodge, No. 10, of Sackville, with banner, Geo. Abinus, W. M.
Sauders Lodge, No. 10, of Sackville, with banner, Geo. Wilmot, W. M.
Phoenix Lodge, No. 10, of Sackville, with banner, Geo. Wilmot, W. M.
Phoenix Lodge, No. 10, of Marchur

J. Selbg, E. Taylor, James McKenzie, S. Henry Farddrit, Norman Proctor, Ellas Balser, W. Chapman, D. Nicker on, Wm. Warman, J. H. Marr, J. N. Staver and S. C. Alward of Moneton; Alex, Mc'urdy of Hampton; Roht, Cochrane, D. G. C., of Fredericton; J. J. McFarlane and J. R. Lutts of Berry's Mills: Howard Segee of Fredericton; Wm. Matthews of Irishton.

There were in line between 800 and 800 Orangemen, with five bands, which brought the total up to 1,000 men. The procession moved down from the square, along St. George street to High, down High to Main, down Main to Bonaccord, up Bonaccord to Union, along Union to Robinson, down Robinson down Robinson to Main, down Main to Alma, up Alma to St. George, along St. George to Steadman, down Steadman to Main, up Main to Weldon, to place of starting.

The music of the different bands was good, the playing of all being loudly applauded. The crowd on the streets were good natured, and some well known Orangemen were cheered at various points.

When the procession reached the square again, the prominent members of the fraternity took seats on a large stand. The bands and the Orangemen formed up as close as they could get and then thousands of men, women and children took up positions behind them. The bands played while the speakers were getting cooled off for their work.

Stirring speeches were delived by Grand Master Thomas, Major Armstrong, H. H. Pitts, Fred, M. Sproul, P. E. Heine and Rev, Mr. Brown.

The whole affair was admirably conducted and there was no mishap of any kind.

The Orangemen at Ottawa held a monster picnic at Wakefield. The brethern at St. Stephen enjoyed

# OUTING DAYS.

(The Star will be stad to receive communications for this column, re-lating to fishing resorts, fishing part-les, fishermer's luck, and that sort of thing.)

which are the materials most generally used on the business streets, Grantie communications for this column, relating to fishing resorts, fishing parties, fishermer's luck, and that sort of thing.)

Vesterday afternoon a party consisting of £8. Al. Schofield, Arthur T. Thorne, James Ferguson, Alex Campbell, Fred, Mansfield, Arthur T. Thorne, James Ferguson, Alex Campbell, Fred, Mansfield, G. Crawford and H. Creighton went out in one of Capt. James F. Belyea's boats to try their tuck at deep sea fishing. They had intended leaving at eleven o'clock, but were unavoidably detained until shout three in the afternoon, and they blame this for their poor luck with the fish. They had a delightful run out, and stopped first a mile or two off Malogany Island, where they spent an hour in an unsuccessful attempt to lure the festive cod from his feeding grounds. They had a delightful run out, and stopped first a mile or two off Malogany Island, where there is not contemplated. The city engineer is also disposed to favor experiments with tone blocks and apphalt blocks in the residence districts, brick and the very steep grades of the full sted borliders are commonly employed. There is no wood pavins, but the use of crososted wood blocks and asphalt blocks in the residence districts, brick and the very steep grades of the full sted borliders are commonly employed. There is no wood pavins, but the use of crososted wood blocks and asphalt blocks in the residence districts, while in the very steep grades of the full sted borliders are commonly employed. There is no wood pavins, but the use of crososted wood blocks and asphalt blocks in the residence districts, while in the very steep grades of the full sted borliders are commonly employed. There is no wood pavins, but the use of crososted wood blocks and asphalt blocks in the residence districts, which can be added to a smooth surface on the upper like and the steet of the full the following the shing. The full the full the residence districts and asphalt blocks is the disseption

THE ROD.

The Really Artistic Game.

We are coming every year in this western country of ours to the times of few fish and skilful angling, says the Chicago Tribune.

It is plain that the man who wrote that forgets that there is a greater west beyond Chicago. However, he goes nicely on thus:

We have a few fly fishers here, but some of them would not classify high in the really artistic game of dry fly fishins, such as is practiced in many of the English chalk streams, where fish are few and extraordinarily shy. Fly fishing, after all, is a new sport in this part of the world, although it can by no means be called a new one in fish of country, even had there been no less ace wolld by teading the slatest actices of today. There is a ring of perfect truthfulness and patness in much that, Stewart's Practical Angler, written in 1887, one can obtain almost as good information in tegard to fly fishing as he could by teading the latest actices of today. There is a ring of perfect truthfulness and patness in much last stewart says, into some of his suggestions are worth noting by the figs gestions are worth noting by the fig

skilful fly fisherman himself, had discovered a half sentury ago what some of our expert fly fishers have not yet mentally assimilated, the fact that long distance castings cuts but little figure in catching trout with a fly. 'We advise the angler,' says he, 'never to use a long line when a short one will, by any possibility, answer the purpose.' The long line may, theoretically, sound nice or even look pretty. Yet as actually seen upon the water by the fish, it is a splashing, wrinkling and obvious sort of affair which is worth about as much to a fly fisher as a brass band is in still hunting deer. The short line, well delivered, keeps the splash back of the leader knot and the files well ahead out of the danger belt. It is this sort of casting which kills the fish."

Stewart was the advocate of fishing up-stream, and was perhaps one of the earliest practicers of that difficult form of fishing. There are not many of our western fly fishers who fish a stream against the grain, as it is much more difficult and fatiguing. Upstream fishing allows one to use a shorter and more deadly line, although it keeps him busy with his rod all the time. Stewart was not a dry fly fisher, yet notice what he says in regard to using the files: "After your flies alight, allow them to float gently down the stream for a yard or two, taking care that neither they nor the fine ripple

WANTED.—A case of Headache that KUMFORT Powders will not cure in

In connection with the proposed work on the streets of this city the follow-ing extract from the report, of the Cincinnati street department may be

To cire Headache in ten minute use KUMFORT Headache Powders.

At the meeting of the finance committee of the municipal council yesterday the matter of investigating the reflections made on Magistrate Alfingham of Fairville in the last report was taken up. Mr. Allingham will be heard on Monday. Auditor Whiteside's report on the alms house accounts was read and the commissioners were asked to send a representative to the Monday's meeting to explain the overdance.

Red Rose tea is sold in six grades at 25, 30, 35, 40, 50 and 60c. per lb.

The men of No. 4 Engine Company are to be congratulated upon their achievement in erecting such a splendid band stand as they have at the junction of Jeffries Hill and City road. The stand will be used for first time on Thursday evening next, when the City Cornet band will play a specially prepared programme. The band will assemble at the head of King street at 7.30 o'clock and parade to the new stand.

ing for trout, yet it is at that, time that the large trout feed and are most apt to be taken.

Again Stewart says: "In rivers much sheed, trout, although sometimes numberous, become shy; seeing artificial flies so often and being deceived by them, they detect their nature, thus showing that they are, to some extent, possessed of memory."

"We customarily supposed," comments a writer in the Fishing Gazette of London, England, that our ancestors used heavy, unwieldy rods, 12 feet or more in length for their fly 'A light, stiff, single handed rod about 10 feet long will be amply sufficient for most waters."

"These are words of sold. A fly rod more than 10 feet in length fs a byword and a reproach. It will perhaps lay out a longer line, but it is most inconvenient in getting about the tangled streams wherein most of our western trout are found. Stewart, a skilfful fly fisherman himself, had discovered a half wentury ago what some of our expert fly fishers have not yet mentally assimilated, the fact that long distance castings cuts but little figure

FOR EXCHANGE

2 Doors, 7 ft. 11 in. x 2 ft. 10 in., and 4 Doors, 6 ft. 5 in. x 2 ft. 5 in., with higges, for offers. Apply Doors, Star Office, St.

MONEY TO LOAN On Freehold and Leasehold Property-eble by monthly instalments or of Apply to CHAPMAN & TILLEY, Ba Poimer's Building, Princess street.

FOR SALE-Fifty Plants, all kinds and colors, for 25c. Roses, all kinds, 2 and 2c. each. JAMES PAWCETT, 11 Summer street.

Going SECULLING

to the Ficyales, Bloy Seashore, Mountains 38 game

or Country 8' ALIAE BEAR Bor your vacation this summer, be

sure and order the SUN and STAR sent to you regularly by mail. The address will be changed as often as you like. The subscription price is 50 cents a month for SUN and 25 cents a month