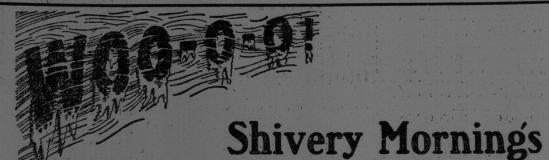
MC 2035 POOR DOCUMENT





When the wind blows

Something hot tastes cracking good

The New Hot Porridge

Post Tavern Special

Is just the thing

This pleasing blend of the rich food flavours of wheat, corn and rice makes a fetching breakfast dish that the home folks quickly appreciate.

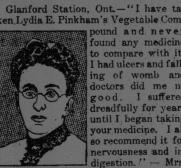
Grocers everywhere sell this Canadian-made food

"Tomorrow's Breakfast"

Canadian Postum Cereal Co., Ltd., Pure Food Factories, Windsor, Ont.

For Years, Restored To Health by Lydia E. Pinkham's Vegetable Compound.

Canadian women are continually writing us such letters as the two following, which are heartfelt expressions of grati-



w. F. Hatheway last night addressed meeting of the Carpenters' and Joiners' would float before my eyes and I was always constipated.

W. F. Hatheway last night addressed meeting of the Carpenters' and Joiners' linion in the Opera House, at which rades and Labor Council representatives about Temple was considered. The idea abor Temple was considered. The idea abor Temple was considered. The idea if the unions is not to erect a new building, but to secure suitable quarters were ll unions may convene together, having the norms in the carme place. Other

heir rooms in the same place. Other peakers besides Mr. Hatheway, were J. Sugrue, A. W. Reynolds, G. Redmore and C. E. Bettinson.

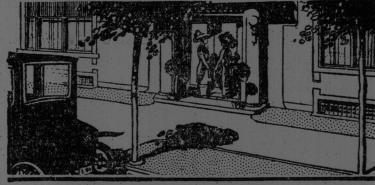
The masons in the city intend to ask for an increase from \$4.05 to \$4.40 a day if the May 1, and also want a reduction to the eight hour day.

HEN J. MARTIN, Chesterville, Ontar Canada.

Tr. de Van's Female Pil A reliable French regulator; never tails. The pills are exceedingly powerful in regulating generative portion of the female system. Reflection to the sense of the scobell Drug Co. St. Catharines, On the Scobell Drug Co. St. Catharines, On the sense of the sense

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where who are considering offers now would listen to your proposition if you were on hand.

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1

Use

"The Want Ad Way"