

## ***Definitions***

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**Total fat:** Total lipid fatty acids expressed as triglycerides

**Saturated fat:** The sum of all fatty acids containing no double bonds

**Polyunsaturated fat:** *cis, cis* - methylene - interrupted polyunsaturated fatty acids

**Monounsaturated fat:** *cis*-monounsaturated fatty acids

## ***Definitions***

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**Total carbohydrate:** Amount calculated by subtraction of the sum of crude protein, total fat, moisture, and ash from the total weight of food

**Sugars:** The sum of all free mono- and disaccharides

**Other carbohydrate:** The difference between total carbohydrate and the sum of dietary fiber, sugars, and, when declared, sugar alcohol

## ***Definitions***

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### **Sugar Alcohol**

The sum of saccharide derivatives in which a hydroxyl group replaces a ketone or aldehyde group

The sugar alcohol must be listed by FDA (e.g., mannitol) or generally recognized as safe (GRAS) (e.g., sorbitol, xylitol)