

Mosaic

HEALTH



Home again, see your doctor.

If you should fall sick or feel unwell on your return to Canada the most important advice we can give you is:

See your doctor and inform him, without being asked, that you have been visiting or living outside of Canada; tell him where. If other persons with whom you have been in contact have mentioned similar illness or disease endemicity in the area, tell him that, too.

The next is:

If you have been treated while abroad, show your doctor the laboratory report, medical certificates, drug prescriptions and even the medical insurance claim report (which may have noted the diagnosis).

These two points can greatly help you obtain early and accurate diagnosis and proper treatment.

Smokers are becoming more and more in the minority. The most recent survey, taken in December 1983 and made public in April '85, shows 31.1 % of people 15 years old or older (3.2 million men and 2.7 million women) smoke at least one cigarette daily and the majority smoke more than ten. This represents a slight drop from 32.7 % in 1981 and a significant drop from 42.9 in 1966.

Attitudes towards cigarette and liquor advertising have remained virtually unchanged over the last ten years, concludes a Gallop Poll released in February 1986.

Cigarette Advertising:

1986: Ban – 58%

Don't ban – 35%

1976: Ban – 56%

Don't ban – 34%

Liquor advertising:

1986: Ban – 54%

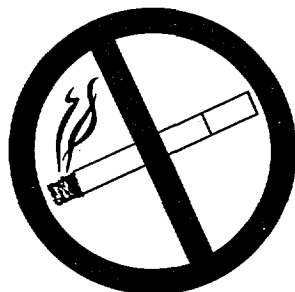
Don't ban – 38%

1976: Ban – 54%

Don't ban – 37%

Younger people, those between 18-29, were as opposed to cigarette advertising as their elders, but were much more receptive to liquor advertising.

45% of the younger people didn't want it banned compared to 37% of the older people.



The elderly "will increasingly have to fend for themselves", said Alan Backley, former Ontario Deputy Health Minister. If the present trend continues of extending the average lifespan and families being less willing to take care of their elderly relative, 725 new hospitals would be required across Canada in the next ten years. Due to the general policy of restraint in health spending, this is not possible.



"Loneliness is the major precursor of illness in old age," he said. "Elderly people will have to learn to stay healthy as long as possible, to find adequate housing and to live on reduced income."

LEISURE

Videos are now classified. As of January 1986 videos require color coding – red for restricted, green for family, orange for adult accompaniment and yellow for parental guidance. The 3 600 Ontario video stores will be allowed a grace period of about a month to classify all their stock. Three provinces, Ontario, Manitoba and Saskatchewan will screen films and provide documentation for classification, and Ontario will issue the authorization based on the consensus of the three. In Nova Scotia regulations took effect January 1, 1986, requiring all videos to be labelled as general, adult or restricted entertainment.

A Canadian cartoon and a documentary are in the running for the 58th annual Academy awards. *The Big Snit*, a ten minute comedy by Richard Condie about a quarrelsome couple playing a game of Scrabble while nuclear war rages outside their door, has already won awards in Montreal, Hiroshima, Chicago and France. *The second, Making Overtures*, is a documentary on

the Northumberland Symphony Orchestra, which humourously and sensitively reveals the strong feelings of accomplishment that a modest amateur ensemble can experience.

Film maker, Jenny Gilbertson, 83, is still tempted to take another trip to the Arctic. "If someone offered me the money to make one more film I'd be tempted," she says. Jenny is an independent – a true independent. She makes films without any crew, doing the filming, the sound, and the rough editing herself. And she has to invest her own money in it. She has been very successful, though. In the '60's she filmed for BBC, in the '70's for the CBC, and she has just completed a feature film, *Jenny's Arctic Diary*. At 83, her sense of adventure and her love of the Arctic is as strong as ever.



Jenny Gilbertson

IN THE DEPARTMENT

Department's pay clerks are responsible for some 350 employees per clerk and the government average is approximately 180 employees per pay clerk.

By the end of the year 118 000 cheques and salary stubs will have been forwarded.

Last year over 45 000 leave application forms were processed by the leave unit of the pay section, consisting of one person.