

INVALID COOKERY.

MILK JELLY.

1 oz. isinglass dissolved in $\frac{1}{2}$ gill of water, 1 pint boiling milk, $\frac{1}{2}$ pint cream, 1 dessert spoon sugar; a little thinly pared rind of lemon, or a clove, or a small piece of cinnamon to suit the taste. After the isinglass is dissolved heat all together to boiling point, then strain into small moulds, previously moistened in cold water.

PORT WINE JELLY.

1 oz. isinglass, $\frac{1}{2}$ pint cold water, 1 inch cinnamon. Put in saucepan and stir on the fire till isinglass is dissolved. Add 1 oz. sugar, and 1 pint port wine, strain and set in a mould till cold.

CALF'S FOOT JELLY.

3 calf's feet cut in five pieces each, 3 quarts water, boil 5 or 6 hours, skim and remove the fat, strain through a sieve, and clear of all grease, add one pint of sherry, or more if wished, 6 oz. sugar, 4 cloves, 2 inches cinnamon, juice and rind 2 lemons, whites and shells of 2 eggs, and a little gelatine if the jelly is not stiff enough. Put all on the stove again for 10 minutes, then strain into small moulds wet in cold water.

HINTS.

There is no nourishment in gelatine, it only serves as a pleasant medium for giving nourishment or stimulant.

Always dissolve gelatine in cold water.

In making jellies which are to be heated, always add the stimulant just before removing from the fire, so as not to evaporate its strength.

Consult an invalid's taste as to flavorings and vary the flavorings for even simple dishes which must be given often.

HOSPITAL WANTS.

Cotton batting.

A few small tables—*much needed*.

Three small tables, each containing a drawer, for nurses' writing tables, at which they may sit to chart their temperatures and bedside notes.

Empty homœopathic medicine vials for the dispensary.

Slippers for male and female patients.

Wrappers for patients of both sexes, and also for children.

A few toys for the little ones.

Fruits, jellies, preserves and flowers always acceptable.

Bags to hold combs and brushes of patients.

HOSPITAL NOTES.

Funds are urgently needed for current expenses.

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Have you been around to the hospital since your return to town.

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The number of dispensary patients is steadily increasing, necessitating the formation of extra clinics.

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When purchasing anything from our advertisers, say you saw their "ad." in the Record, and encourage all parties.

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Many thanks for the twenty-five cent pieces, received for subscriptions but there are still some outstanding. Have you sent yours?

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Holidays are over and doctors, nurses, and everyone seem to have derived much pleasure benefit and sun-burn from their outing.

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Now that you have returned, refreshed by your summer's outing take up your hospital work again with the resolve to make this, the banner year of the hospitals' history.

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There is \$100 required for the new surgical beds, don't miss the opportunity of showing your approval of the work of the Woman's Auxiliary, and send in your subscription ere you forget it.

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Your attention is called to the advertisements in this issue, representing as they do the best in the various lines, and well calculated to please the purchaser in regard to price and quality of goods.

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Private wards accommodation includes all ordinary nursing and attendance. Medical and surgical attendance extra, nurse, liquors, special delicacies and medicines (other than homœopathic) not included.

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The regular monthly meeting of the Woman's Auxiliary, will be held on Wednesday, September 16th, at 11 o'clock. A full attendance is requested as reports of the summer's work and expenditure will be read and discussed.

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It may not be generally understood that the private rooms and operating room are open to physicians of any and all schools. Patients may occupy private rooms and be attended to by their own physician to suit his and their convenience.