

On the other hand, it is a well-known fact that the excessive accumulation of uric acid in the organism and the deficient elimination of urea are very prominent factors in bringing about conditions always serious and often fatal. It is here again that another agent acts with the happiest results. We all know that lithia and its salts are particularly efficacious in making uric acid soluble and easily eliminated by way of the urinary organs, without in the least producing any disagreeable or untoward symptoms. The great influence of lithia and its salts in the rheumatic and gouty diathesis depends entirely on this and the popularity of lithia waters, undeserved as it may be, is due to this very property, which with them is but feebly exerted.

That concerning which we desire to speak more particularly is a preparation which has proven itself equal to the task and invariably produces the desired results. We refer to tongaline and lithia tablets, a preparation which not only does what is attributed to tongaline, but to this is added the beneficial properties of lithia. This is a remedy so scientifically combined as to induce those effects which promptly dissipate the symptoms that are so marked in the spring of the year. It brings on that clean sensation which is always secured by a complete depuration of the system and which always follows an increased activity of the emunctories. In fact, it "cleans out" the system, just when the necessity of doing so is particularly demanded. It places the individual in the condition of being endowed with greater resistance, of having tissues better prepared for the demands which may be made upon them, and putting vitality upon a much higher level than it has hitherto been. In other words it thoroughly eliminates all the old, foul detritus which has often been accumulating for months and it places the organism once more in a condition fit to combat with the demands and to overcome all the wear and tear as well as the fatigue which occurs invariably in the spring.

Those who have had occasion to use tongaline and lithia tablets are fully aware of the truth of our statements and they are the ones who are the firmest upholders of this excellent remedy as a rational "spring medicine."

No remedy can be called good or can be honestly recommended which is purely empirical, but in tongaline and lithia tablets the addition of lithia to tongaline presents an ideal combination which does not rely upon its action on the kidneys alone as is the case when lithia salts or lithia waters are administered, hence the kidneys are not compelled to do all the work, but are materially assisted by the extraordinary eliminative action of tongaline upon the other emunctories and the equilibrium of the system is undisturbed.