## NOURISHMENT.

THIS WORD EMBRACES MORE THAN ORDINARY SPECIFICS.
Nourlshment Is the Oorner-stone of Health - What Food is Iniended to Do - ivold iSeoret Mixtmree When ITryIng to Get Well.

The ordinary specific or secret nostrum affords only temporary relief. For instance, you may buy seme ordinary pecific to cure a cold and find temporary in the mixture, but the remedy does nithing to curs the weaknes. that allowed you to take cold. Connequently chen your are subject to ancther attack rou will succumb in the same way with more serious results.
This is what leads to consumption.
The smme illustration applies to bun dreds of other complaints. If you are poorly nourished, you will lose flesh, take cold easily, and giadually grow weake Nour your health is seriously impaired health. Food is dexigned to nourish the body, ovarcome wasting and give to every part of the wonderful buman machinery the right substance to keen it n working order. But we all know fond frequently falls short of the mark. It mav be that the digestive orgaus are out of order. There may be some increased demand upon nourishment made by gome unnatural condition. The most learned physician is frrquently puzzlen to know the cause of a decline in health but one of the first things be thinks of is to prescribe a reurishment that will counteract the wasting or other un natural condition.
In all cases of wasting Seott's Emulsion is the most effective cure. It has many uses because it is both a concentrated food and medicine, but the wor: "wasting" signifies much that Scott'r Emulsion is especially designed to over come.
All of the stages of the decline $0^{\prime}$ health, even to the errly stryes it C.in sumption, are cured by Sunti" E unfolo Loss of flasband atrengith are -rwedi overeame and re a cure form off gin. Gire Thr at, We,k Liniramad Banchiio.

Bation mid mineran fint in So tu' Enulsi wtite vishelentribatof fon' ing

 Rathen and chilirea torive on $S$ and Elluminn when all the rist of their fow

S w:t-Emal wn is not a secret mix
 beas ur i.gimi ildriga. It bus heen pre acribed ty ahymicians fortw ncy yeura aud has a clean recerd back of it.
Fur sale by sil druggista, 50 cents and 1.

How atartling is the tolling of the death hell! Not one is alarmed! If you could see the anxiety of your guardian angel you would pity that radiant cren serve. Does the dangrar of dying in your sin bring no alarm? Has an eternity of suffering no festurti of dread? My friend it is a frightful ping to be in enmity with the living $G$, $d$, even for one moment. If you saw the terrible fiash if his leepless eye as He looks deep into your heart with an infinite loathing for your shocking sins, you would turn White. Will you have the hardihood to insult that awful Being by remaining in different.
How little do we think of the desd? Their bones lie entombed in all our towns, villages, and neighoorboods. The lands they have cultivated, the house they have built, the works of their hands, are always before our eyes. We trave the same road, waik the same path, bit at the same hreaides, sleep in tbe same rooms, ride in the same carrige, and dine at the same table, and seldom re member that those who once occupied these places are now gone-alas for life should so soon tush in and fill breast to the solution than

Many take the bloseom for the fruit Credulity is not faith, but properly nur tured and developed, it may ripen until it suall be the faith that shall remove mountain!.

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dad you will know what you shonld ase to cure yourselt
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\begin{aligned}
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& \text { Montreal, March } 27 \text { th } 1899 \text {. }
\end{aligned}
$$

"I havo used your ELIXIA ar find it ex cellent for BRONCEIA © DISEASE.S. I intend employing - it in my practice in prefes ence to all other preparations, because ia always gives perfect satisfaction." Dr. J. Ethifr.
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