

charges in twenty-four hours, secretions normal and healthy. Cured.

CASE 2.—S. R., white, single, aged twenty-eight years, sailor in the revenue service. Was sent to me for treatment by the captain of the revenue cutter, Joe Lane, in June, 1868. Four years ago had fever and dysentery while in China; had then been unfit for duty for three weeks, when he went to sea, and his general condition improved, got rid of the fever, but has had dysentery discharges continuously since the first attack—an average of five discharges daily, frequently bloody and slimy.

Physical examination revealed decided tenderness over the course of the large intestine, and several ulcers just within the margin of the anus. Appetite fair, tongue red on the edges, thickly furred in the middle; some loss of flesh, and a general feeling of languor, with loss of strength and vigor; the skin lacked its natural elasticity; urine normal.

*Treatment.*—To take a hot salt water bath three nights a week, just before going to bed; to eat such nourishing food as best agreed with him; to eschew all kinds of intoxicating liquors; to wear flannel next his skin; to sleep in a well ventilated, dry, and warm room; to take fifteen grains of powdered ipecac morning and evening, on an empty stomach. At the end of eight days he was much improved; discharges from the bowels more consistent and much less frequent: general condition much better. Continue the ipecac in ten grain doses twice a day for a week. Reported at the end of the week so much improved that he desired to be returned to duty, as his ship was short-handed. To take every night, at bed time for two weeks, eight grains of powdered pecac. Was seen again in three weeks entirely well, and about going to sea on a cruise. Cured.

CASE 3,—T. R., white, single, aged forty years, sailor in the merchant service. First seen in August, 1868. Two years ago he had an attack of dysentery in Chili; was then very sick for one month, when he left for the north, and had not been able to do any heavy work since; had been compelled to abandon the sea. He presented a very unhealthy appearance: skin of a bad color, lax and bloated; great tenderness on pressure over the entire abdomen; no piles or ulceration about the anus; urine highly colored and scanty; appetite capricious, strong desire to eat whatever disagreed with him; thirst considerable; tongue red and dry most of the time; strength much reduced; flesh soft and flabby.

*Treatment.*—To take a sea bath daily during the summer, as had been his habit; diet to be light and nourishing; to drink two glasses of grog a day; to wear flannel next the skin; to sleep in