

GOOD MORNING.

The sun has left his rosy bed,  
And from the sky the stars have fled;  
The birds are singing, blithe and gay,  
"Beautiful world, good day, good day!"

The bright sun gilds the treetops tall;  
The flowers unfold their petals small;  
They nod their heads and seem to say,  
"Beautiful world, good day, good day!"

The sunbeams through the windows creep  
To rouse each curly head from sleep;  
With tender kiss each shining ray  
Bids some wee child, "Good day, good day!"

The children rub their drowsy eyes,  
Blue and bright as the sunny skies,  
And then with folded hands they pray,  
"God keep us safe from harm to-day."

LESSON NOTES.

THIRD QUARTER.

STUDIES IN THE OLD TESTAMENT, FROM SOLOMON TO ELIJAH.

LESSON VII.—AUGUST 14.

OBADIAH AND ELIJAH.

1 Kings 18. 1-16. Memorize verses 13-16. GOLDEN TEXT.

I thy servant fear the Lord from my youth.—1 Kings 18. 12.

QUESTIONS ON THE LESSON.

How long had the drought and the famine lasted? How did Ahab feel about it? Whom did he blame? What had he done? What did the Lord at last tell Elijah to do? Whom did he meet on the way? What was Obadiah doing? Was he a good man? What had he done for the Lord's prophets? What did he do when he saw Elijah? What did Elijah tell him to do? Did he want to do it? Why was he afraid? What promise did Elijah make to Obadiah? Did Obadiah then go to tell Ahab? Why did he trust Elijah? Because he believed in Elijah's God.

DAILY STEPS.

- Mon. Read what Elijah did for the widow's son. 1 Kings 17. 17-24.
- Tues. Read the lesson verses. 1 Kings 18. 1-16.
- Wed. Find a picture of Elijah. 2 Kings 1. 7, 8.
- Thur. Learn the Golden Text.
- Fri. How did Obadiah have the blessing of the Lord Jesus? Matt. 10. 41, 42.
- Sat. Find another instance. Matt. 25. 35.
- Sun. Find how Jesus talked with Elijah. Matt. 17. 3.

THREE LITTLE LESSONS.

We have learned that—

1. The good and evil often live together.
2. The Lord knows the heart of every one.
3. And he will take care of all who trust in him.

LESSON VIII.—AUGUST 21.

ELIJAH ON MOUNT CARMEL.

1 Kings 18. 30-46. Memorize verses 36-39. GOLDEN TEXT.

If the Lord be God, follow him.—1 Kings 18. 21.

QUESTIONS ON THE LESSON.

What did Ahab say to Elijah? What did Elijah reply? What did he ask Ahab to do? Where was it done? What did Elijah say to the people? What did he propose to them? How long did the prophets of Baal cry to their god? Were they answered? What did Elijah then do? What did he pour over the altar? What did he then ask of the Lord? Did the answer come? What did the fire consume? What good news did Elijah have for Ahab? What did Elijah see in the sky? What did it soon become? Where did Ahab go? What came with the great rain? Water and the promise of a harvest.

DAILY STEPS.

- Mon. Find how Elijah called the people to Mount Carmel. 1 Kings 18. 17-24.
- Tues. Learn how the false prophets failed. 1 Kings 18. 25-29.
- Wed. Read the lesson verses very carefully. 1 Kings 18. 30-46.
- Thur. Learn Elijah's wonderful prayer. 1 Kings 18. 36, 37.
- Fri. Learn a good text for us as well as for Israel. Golden Text.
- Sat. Learn the very best time to choose. Hebrews 4. 7.
- Sun. Tell some one this story in your own words.

THREE LITTLE LESSONS.

We have learned that—

1. One who is right is stronger than a thousand.
2. We are always right when we are on God's side.
3. Only God can give true courage.

ALECK AND THE SUNSET.

BY KATE M. DUNCAN.

Little Aleck had had such a long, happy day with his brothers and sisters and several others who had gone from Peterboro' for a picnic to Stony Lake. Late in the afternoon one of the big girls, who was fond of children, took him down to the lower part of the boat to watch the spray from the paddle-wheels. How

pretty it was, and little Aleck's laugh rang out happily.

As the boat came nearer the shore, Katie pointed out the reflection of the trees in the water, and then the beautiful clouds. Presently the merry look passed from Aleck's face, and his eyes became thoughtful. "What is my little boy thinking of?" asked Katie. "I'm thinking of the shadows," said the dear little man.

As the sun went down behind a cloud, the little face clouded over, too. But in a few minutes the sky was brilliant with the sunset's lovely hues, and the cloud which had hid the sun was full of glorious beauty as only a sunset sky can be.

Aleck's face grew earnest and wondering, and in an awed whisper he said to Katie, "Isn't God a good man to make such pretty things?"

BORROWED FEATHERS.

Once upon a time, according to an ancient fable which will bear application to life in the twentieth century, the birds wanted a king. He was to be the one among them who had the most beautiful feathers, and the elephant was to decide for them which one it should be.

"I am not a pretty bird," said the jackdaw to himself, "but I would like to be king. I know what I shall do. I shall steal some fine feathers from the other birds, and put them in my own brown feathers; then I shall be the king of the birds."

The next day the elephant and all the birds came together. Each bird went before the elephant, and showed his fine feathers. Very soon it was the jackdaw's turn, and down he flew to show his feathers.

"What a very fine bird you are," said the elephant. "You have a tail like a peacock, a crown like a jay, a breast like a robin. You shall be king."

"He is a cheat! cheat! cheat! He is a great cheat!" screamed all the birds at once.

"Those are my feathers," said the peacock, pulling out the jackdaw's tail.

"Those are my feathers," said the jay, pulling off his crown.

"Those are my feathers," said the robin, pulling out his red breast feathers.

There stood the jackdaw in his plain brown dress. How ashamed he was. How the elephant roared at him, and how the birds scolded him! He was so ashamed that his wings became so heavy that he could not fly, and he crept away into the forest and hid himself under the leaves, and there he died—died of shame.—*Ex.*

Habit is a cable: we weave a thread of it every day, and at last we cannot break it.