

Take Care of Your Stomach and You will Avoid Dyspepsia

Dyspepsia is an advanced stage of indigestion, arising from the stomach refusing to perform its normal functions-Digestion consists in the changing of foods from an inseluble form, so that they may pass through the walls of the alimentary canal and become part of the blood. The stomach keeps the food in almost constant motion for a considerable time to accomplish this purpose, and should this organ not be kept in good condition, indigestion results, to be followed in due course, if not relieved, by dyspepsia. You can keep the stomach performing its functions, and even relieve and cure dyspepsia if you

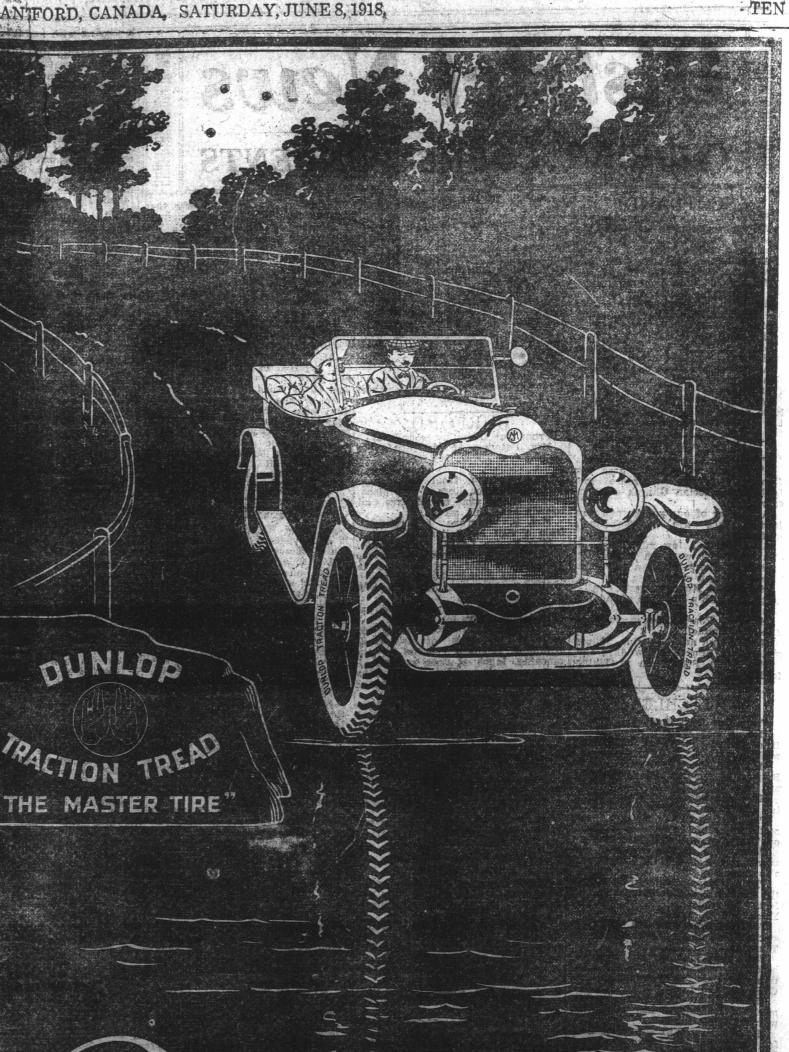
THE COURIER, BRANTFORD, CANADA, SATURDAY, JUNE 8, 1918,

SUNDAY SCHOOL Lesson / 10—Second Quarter, June 9, 1918.

THE INTERNATIONAL SERIES

Text of Lesson, Mark 14:17-26-Memory Verse | John, 3:16-Golden Text, Mark 14:38-Commentary Prepared by Rev. D. M. Stearns.

The incidents of our special lesson verses are Jesus' sorrowful announcement that one of them would betray him, and his eating the passover, and institution of the supper by which his redeemed show forth his death till he come; but we must try to consider the whole chapter. Verses 12 to 31 take us to the upper room where they kept the passover; and all that he did and said that last evening that he spent with them before he suffered is recorded more fully in Luke 22:7-38 and John 13 to 17 inclusive. The rest of the les-Són chapter tells of Gethsemane and his arrest and his being brought before the high priest and the council, May the Lord give us what he would have us to receive from this wonderful portion. As to the place where they kept the passover, some one has suggested that it may have been the home of Mary the mother of Mark, whose husband was probably still alive at that time, and Mark may have been the man bearing the pitcher of water. (See an article on page 4 of July, 1917, Kingdom Tidings.) Luke says that Peter and John were sent to prepare the passover. One thing that interests me much in this record, as well as in that of the ass' colt, is that they found it just as he told them (vs. 16: Luke 19:32), and my heart is often saying. "I believe God, that it shall be even as it was told me" (Acts 27:25). He had a great desire to eat that passover with them, for he would not eat it again until fulfilled in the Kingdom of God (Luke 22:15-16). This leads us back to the night in Egypt when the nation was born, and when there was safety only where he saw the blood, and points us onward to the rebirth of the nation at his coming according to Mic. 7:15, 16; Jer. 16:14, 15. Some of the sad events in that room that evening were the presence of the betrayer and the strife among the disciples as to which of them should be the greatest (vs. 18-21; Luke 22:24). He was always a man of sorrows and acquainted with grief, misunderstood, unknown, hated, persecuted, and all for us, that being redeemed by his blood, we might follow in his steps. As a servant washing their feet he gave them an example of the lowliest service and Paul caught the right attitude when he spoke of himself as "Serving the Lord with all humility of mind" (Acts 20:19). In our brief space we hardly dare venture on anything from the wonderful discourse and prayer of John 14 to 17, but we venture to suggest that it our constant aim in a things and at all times to glorify God; that under all circumstances we may know his peace and have untroubled hearts, and be sustained by the assurance that he longs to have us see and share his glory (John 14:1-3, 13, 14, 27; 16:33; 17:4, 22-24). Do not fail to lay to heart his words concerning the one whom he has sent us in his stead till he shall come again, the Holy Spirit, the Comforter and Teacher and abiding friend (John 14:26, 17, 26; 15:26; 16:7, 8). Now let us see him in Gethsemane, not forgetting to listen to the hymn or psalm they sung before they left the upper room (vs. 26-42). Note the boasting of the disciples and his sorrowful reference to Zech. 13:7. He left eight of the disciples just inside the garden and took a little farther with him Peter and James and John; then he left them and withdrew about a stone's cast farther, and kneeled down and fell on his face and prayed that if it were possible this cup might pass from him. This cup had no reference to Golgotha, but to the seeming possibility of the agony in the garden killing him and his not reaching Golgotha. He prayed to be delivered from death in the garden, and he was heard and answered, and an angel strengthened him. This is to me all very clearly stated in Heb. 5:7, taken with the facts in the gos AMERICAN ARMY pels. How much we all, as well as the weak and unsympathetic disciples, need his admonition to watch and pray, Head of U.S. Ordnance Defor though the spirit may be ready, the flesh is weak (vs. 38). partment Inspected the The kiss of Judas, the arrest, the · VItalian Front leading him away as a prisoner to the high priest, the forsaking of him by all the disciples is all most pitiful reading; and when we remembered that he suffered all this willingly to fulfili Scripture, for they could not touch him if he had not allowed them to do so, it is all too wonderful for us to grasp. I like to see him going forth to meet unitions are produced. those who came to take him, saying to them: "Whom seek ye?" and when they answered, "Jesus of Nazareth," he said just two words: "I am," and they all went backward and fell to the ground (John 18:4-8). How apt we are to blunder as Peter did with the word, and need him to remedy the lunder (vss. 47, 48). The young man of vss. 51, 52 was probably Mark him-self. The abuse he suffered at the ands of the chief priests and council, the false witnesses, the smiting of the servants, their blindfolding him and s probably as good as better nov han it was before the reverse of las spitting upon him and buffeting him, is fall. The great industrial plants of Genoa and Milan have doubled and quadrupled their output in guns, all too awful; but may our hearts truly say, "All for me," and may all this on our behalf lead us to be, if possible, rench mortars, rifles, machine guns nore devotedly his. This same Jesus he production of mortars increasing will come again in glory (vs. 62) and we shall come with him (Col. 3:4), even-fold during the year. Similar extensive development has been going on in the production of mines and armor for naval, con-Flat fish from Prince Rupert to prairie provinces in refrigerator cars are capable of standing a journey of over nine days and still arrive in splendid condition.



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DIMMER

Take Dr. Bantas' Dyspepsia Tablets OC Per Box

Take Care of Your Stomach and You will not have Catarrh

Catarrh is an inflammation of the mucus membranes, many people associate it solely with their nose and throat as if catarrh were a local trouble, as a matter of fact, to treat this dread desease it is necessary to go into the stomach, the root of the trouble, to weed out the poisonous acids, and allow nature an opportunity to repair the formation of poison and those symptoms which culminate in catarrh of the stomach, and spreads to throat and nose You can keep the stomach in normal condition and relieve and cure catarrh therein

Don't Suffer any Longer from **Dyspepsia**, Indigestion or Catarrh of the Stomach---Go at once to : : : : : :



116--118 COLBORNE STREET And Get a Box---They Will Cure You

Executors Notice **OFFICER IN ITALY** the Estate of Herbert Rushton

In the Estate of Herbert Rushton Yates of the City of Brantford, in the County of Brant, Gentle-man, Deceased. NOTICE is hereby given pursuant to the Statute in that behalf that all persons having claims against the estate of the said deceased, who died March 25th, 1918, are hereby re-quired to send by post prepaid or otherwise deliver to the undersign-ed Solicitors for the Executors on or before the 29th day of June, 1918, their names and addresses and full particulars of their claims and the nature of the security, if any, heid Headquarters Italian Army, June —General Crozier of the American ordnance department and member of the Advisory War Board, has spent a week of observation along the Italian front and at the various large centres where artillery, and Besides seeing General Diaz and the Duke of Aosta he visited a numnature of the security, if any, held

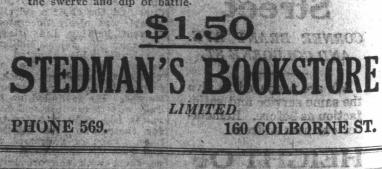
by them per of the corps and division com-nanders along the mountain and And take notice that after the 29th day of June, 1918, the said executors will proceed to distribute the assets of the estate amongst Plave fronts, going into the trenches Place fronts, going into the irenches and among the men, discussing the many questions of coupment and supplies and specially observing the resources in guns. His impressions on the general condition of affairs were entirely favorable The production of artillery in Italy has been greatly intensified within recent months and the present equip-ment of light, field and heavy guns is probably as good as better now

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citors for The Toronto General Trusts Corporation, 83 Bay Street, Toronto, Ontario ALEXANDER DAVID HARDY, Brantford, Ontari

Children Cry FOR FLETCHER'S CASTORIA





Port McNicoll Wednesdays and Sat GREAT LAKES STEAMSHI SERVICE. ing train running through Pacific 'Manitoba'' now leaves Owen Sound 10.30 p.m. each Monday for Sault Ste. Marie, Port Arthur and Fort Wedverdury Saturday, June 1st and each Wedverdury Saturday, Saturday, there-Villiam. Steamships "Keewatin will sail from after.

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