Conducted by HELENE

The girl who makes friends wher- greatly to the appearance of the tre ver she goes is delightful. She es into a room like a sea breeze fresh, laughing, nodding right and left with happy impartiality. She is carry out the idea. ready for anything, and never throws among the dark green boughs of the cold water on your plans. She ge- tree they look exceedingly pretty nerally sees the funny side of things, and she has such a whole-hearted way of describing them that you feel as if you had seen them yourself. She does not retail gossip, though, and she does not know how to be spiteful, or sarcastic, or bitter, and stout. The patients eat and drink she never exaggerates to produce an impression. She knows how to be clever and funny without being unkind, or untruthful, or coarse. She likes everybody, not considering it chocolate has of fattening just the is her duty to suspect anyone of evil until they have been proved good. She prefers to consider the world good and honest until it proves itself otherwise. She always gets along, for she has friends everywhere. Her heart is big enough to

A TRAINED NURSE WHO HAS BECOME AN EMBALMER.

contain everybody, and she never

forgets her friends or is forgotten by

A new field for the trained nurse has been recently opened up, and a her entrance therein pointed out by one of the profession. The pioneer in this instance is Mrs. Jennie Morgan Walters, Brooklyn, who has entered the ranks of women embalmers. Mrs. Walters was formerly superintendent of the The Holy Mother knelt in quivering Williamsburg hospital. She is a graduate of the nurses' training Her waiting arms in anguish upschool of the Memorial hospital and was for a time supervisor there

In answer to the question as why she left the ranks of trained nurses to go into a profession that heretofore has not been entered into Her lifted face in adoration dwelt very largely by women, Mrs. Walters said:

"I felt for a long time that there was an opportunity for the trained nurse in the ranks of embalmers, and my experience has shown me how much she is appreciated in this new The trained nurse is, as a rule, a well educated and refined young woman, and her training fits without much extra preparation for the examination she is required to take in order to become a licens ed embalmer. It is a calling suitable for women, though not one which many women would choose. My work entirely to embalming women and children. I expect to lecture on this subject before nurses training classes before two or three of Brooklyn's hospitals, and I hope to induce many trained nurses to join me and become embalmers." Brooklyn has a number of women

undertakers, many of whom are licensed embalmers, but they do care to do the actual work of embalming, so hire men for this task .-Brooklyn Eagle.

ARTISTIC CHRISTMAS DINING TABLE. A very effective Christmas

had for a centerpiece a Jerusalem cherry tree, with many berries, the en pot being concealed by tissue papers matching the red fruit, bound in place by a bit of green ribbon. This in turn was practically conceal ed by a mass of fruit-oranges, apples, grapes and raisins-with green leaves at intervals, all so arranged as to form a kind of pyramid ward the top of the plant. ---

HOW TO DISTRIBUTE SMALL GIFTS.

One of the prettiest suggestions for distributing small Christmas gifts is to have them imbedded in artificial oranges. This may be done lin or paper, and though many will not fit the receptacles they can be made to do so a little padding with cotton or tissue paper. Orange colored crape paper makes the most realistic They are not only pleasing

itself. They should be suspended from the tree by orange satin ribbon or by braided lengths of crape paper, which is more effective When nestling and suggestive.

THE CHOCOLATE CURE.

In an obscure but picturesque little village of far-off Germany there is a place called the "Chocolate Cure," thin people go to become where cocoa and chocolate all the time while they rest, admire the scenery gossip and grow fatter every The true secret of the great success of this treatment is the happy way right places, settling in the hands the arms, the neck and the shoulders, making the fair patient pret tier and plumper all the time. The really effective part of this cure may be tried at home by any persevering woman, and the medicine is so very palatable and the method so simple that there is actually, it seems, ne reason why all of us should not be of just the desired weight: anyway, the suggestion deserves an hones trial, and even if nothing is gained why, surely nothing can be lost.

MOTHERHOOD.

Gray gloomed the hillside. Through the solemn hush

Of dole, the third dark hour-reluctant, shamed--Slow yielded to its close.

Below the dross

calm,

ward reached To take again her Son, her little

Her baby!-while pale thru the mystic dusk, Upon her Lord!

Then near at hand, there broke A woman's sobbing, low and wrenched and fierce.

The cry of one whose hurt is worse than death; And Mary, bending sweet within her

veil. Laid her high grief aside, to pray, "Dear God

Ah, comfort Thou the mother of the

-Edith Brownell, in Independent.

TRUE HOSPITALITY.

In a home that I have in mind the eal spirit of hospitality is shown at its best. There is often no maid, and sometimes the mistress of this household is nearly overworked, but invariably the guest is made comfortable. If it is a hot day a tray bearing lemonade, iced tea or. ginger ale and wafers is brought once to refresh the caller, or on cool day it will be hot cocoa or tea or a bouillon cup of hot soup. Invariably there is something to express a kindly feeling for one's comfort, and it is never preceded with the query whether you will have the cup if it should be prepared.

Many a hostess will ask her guest if he will have refreshment, and it is. The most approved chestnut fillin rare that one replies that he will, for the Christmas turkey is made of for the question itself implies effort, something that should never appear in a hospitable offering. overconscientious hostess, who fears that her beverages may not be made may try the following: Roast thirjust right or that her china is not quite fine enough, misses much pleasure for herself and guest. The beginner in housekeeping would do well to acquire the habit of putting the true spirit of hospitality into homelife at the outset, and as grows older her home will have acquired a reputation for comfort and cheer that an ostentatious dinner or luncheon now and then will never confer.-Chicago Inter-Ocean.

CHRISTMAS RECIPES.

Christmas Mince Meat-Here is recipe that has always given satisfaction. Take a large beef tongueto the children as novelties, but add if dried, soak it over night in plenty

hair to its natural color, and, from its

The great success and reputation that it has already obtained proves that



Was In Untold Misery.

have. I have used only one bottle this time and am happy to state that I have improved wonder-fully. I was not able to leave my bed and could not sleep nor eat, and was in untoid misery, Now I can sleep the whole night and am feeling better and exiting stronger every de-Now I can seek the whole night shid an reemy better, and getting stronger every day. Had it not been for my faith in Pastor Koenig's Nerve Tonion my life would be too much to bear for the last while, but having used it before I know its value too well to doubt the Godsent re-ilef it brings. Would that the world knew more about it, for it is just wonderful. MAGGIE MCDONALD.

FREE and a Sample bottle to any address.
Foor patients also get the medicine
Free. Frepared by the RRV. PATHER
ROBNIO, of Fort Wayne, Ind., since 1876, and
now by the

KOENIG MED. CO., CHICAGO, ILL. Sold by Druggists at \$1.00 per bottle, 6 for \$5.00. Agents in Canada:—The Lyman Bros. & Co., LTD., Toronto; The Wingate Chemical Co., LTD., Montreal.

of cold water, then in the morning put over the fire in a large boiler, well filled with cold water. Let the point, then let it boil steadily but gently for an hour. At the end of that time put in three pounds lean beef from neck or round (if the than three tongue weighs more pounds take same quantity of beef). Add a tablespoonful of salt and let those of the natural color. quor in the boiler and let both the others. tongue and beef cool in the water in which they were boiled. fectly cold remove the fat from liquor, take out the meat and trim Remove all skin and memfine. brane from the three pounds of fresh weighed after they are pared cored; four pounds of large raisins, eeded and cut in half; two pounds of picked, washed and dried currants, of clothing, place a clean white blot one pound of shredded citron, quarter of a pound each of orange and lemon peel, shredded; one pound of sweet and two ounces of bitter alblanch and chop fine. Also add the their color and freshness thin grated yellow rind and the juice of four oranges and four lemons. Sweeten with four pounds soft white sugar; add two level teaspoonsful each of pepper, ground cloves, allspice, cinnamon, mace and two medium-sized nutmegs grated. Moisten the whole with a quart of grape-juice to make it of the proper consistency. Mix thoroughly, adding more sugar, seasoning and spices if taste requires, but be careful that no taste predominates. Let it stand at least twenty-four hours before using. This mince meat will keep all win ter, well covered and in a place. Watch and add more apples if it becomes too dry.

Christmas Plum Cake.-One pound of flour, one-half pound of Sultana raisins, one pound of currants, four ounces of citron, the grated rind of two oranges, and one-half cup of sweet, strong cider or wine, onefourth pound of butter and the same of lard, four eggs, two teaspoons ful of baking powder, two of ground cinnamon, one of cloves, two of ginger and half a nutmeg. Beat sugar and butter to a cream; add the eggs, one by one; sift in the flour, warmed and using only milk enough to make it a very stiff batter-almost a dough.

How to Make a Chestnut Filling .- ed. seasoned with butter, salt and pepper, but those who are willing tax digestion for the sake of variety ty large chestnuts, removing shells and inner brown skin; take about ten of the chestnuts and. pound to a paste with the cooked turkey liver; season to taste with symptoms of kidney disease. onion juice and a teaspoonful the yolks of two eggs, fill this into then I knew that the kidneys the cavity at the neck and sew up. For the body stuffing take five or threatened with Bright's disease six links of tiny smoked sausage and cut into small pieces; mix with two ounces of melted butter and the My water became a natural remainder of the chestnuts,

Plum Pudding, to be at its best, pag and hung from a nail for three four weeks in a dark place. An old English recipe is this: Soak six you insure yourself against kidney es of stale breadcrumbs in a cup of hot milk, and allow it to stand and cool. pound of brown sugar, the yolks of Chase's Kidney-Liver Pills, 25 cents three eggs beaten to a cream, one-half-pound of raisins seeded just Bates & Co., Toronto.

one-half pound of suet chopped fine and salted. The fruit should be well dredged in flour before adding to the bread. Now mix in two ounces of lemon peel, one-half a grated nutmeg, juice of one lemon, two ounces of sweet almonds chopped fine. Beat well together, and, the last thing, add the whites the eggs whipped to a stiff froth Pour into a pudding bag which has been previously scalded and dredged with flour. In tying the bag allow for the pudding swelling. Boil se-

Oyster Cocktails -Two teaspoons ful of grated horseradish, one-fourth of a teaspoonful of tabasco sauce. The dearest corner? Can you guess two tablespoonsful of tomato catsup, the juice of two lemons and a teaspoonful of salt. Mix these and allow the mixture to get very cold. Just before the oysters are served divide into six portions and into cocktail glasses and set in the centre of the oyster plate, the stems of the glasses half buried in cracked The dearest corner? Do I seek ice. Arrange the half shells around As the oysters are eaten they are dipped in the sauce. Litwater gradually come to a boiling tle brown bread and butter sandwiches are served with the oysters. -- -- --

TIMELY HINTS.

It is well to know that brooms of green straw do not wear as well as More it boil gently for three hours longer, brooms are used in the kitchen than keeping covered. Then remove from almost any other part of the house, the fire, take out the tongue and so do not buy green ones under the skin it and then requir to the li- impression that they will outlast the And bending o'er the cradle, kiss

To remove those distressing white When per- spots on your polished mahogany, rub gently with a white flannel cloth moistened with spirits of camphor off all skin and gristle and chop or even eau de cologne if the former is not in the house at the moment. Old fashioned arm chairs may be Unto my spirit did say: beef suet and chop fine, adding to it brought right up to date by covthe beef and tongue. Next add four ering them, arms and all, with pretof chopped tart apples, ty flowered chintz, cretonne or deand nim in brown, green or dark red.

When a liquid which evaporates quickly is used to clean any article To show the height of heavenly love ting paper under the soiled portion to keep the liquid from spreading.

When massaging the face and neck do not neglect to include the ears monds, shelled before weighing; in the treatment, else they will lose

Disease Born of Carelessness

Because Poisonous Impurities are left in the Blood which can be removed by the use of

DR. CHASE'S KIDNEY-LIVER PILLS

Disease results in most cases from the presence of poisonous waste matter in the body, and may, therefore, be said to arise from ignorance or carelessness.

Bilious spells, sick headaches, attacks of indigestion, kidney pains and backaches-such are the indications of failure on the part of the liver to remove the poisonous waste matter as rapidly as it accumulates. By the use of Dr. Chase's Kidney-Liver Pills the situation is prompt ly relieved, because liver, kidney and bowels are set in vigorous action and thoroughly cleansed and strengthen- letin.

such a time is to invite the attack the boiled or roasted nuts, mashed, of such ailments as Bright's Disease dropsy, rheumatism or appendicitis Mr. John Wilson, 918 Esplanade Montreal, Que., writes: 'Last February I was taken sick and had to have the doctor. who said my ailment was a disordered liver. A few weeks after completing this treatment I began to notice pepper and salt; add a few drops of urine took on a reddish appearance and continued to get worse until minced parsley; bind together with there were brick dust deposits, and seriously affected, and that I

"I obtained some of Dr. Chase" Kidney-Liver Pills and as a result of cup of fine breadcrumbs, pepper, salt, this treatment was completely cured. using and is still so. The cure was tho-

rough and lasting.' By using Dr. Chase's Kidney-Live should be cooked in a cloth pudding Pills, one pill a dose at bedtime, as often as is necessary to keep the bowels in regular healthful Bright's disease, dropsy, apoplexy or When cold, add one-half other equally dreaded ailments. Dr.



THE DEAREST CORNER.

Which is it, do you say? Where rich old heirlooms, queer and quaint.

With Time are stowed away? Where ancient gods of good grace

Smile from the dusk and dim-Venus and Buddha's double face-Like spectres dark and grim ?

Where forebears proudly stare From days that died long, long ago To days that are young and fair? Is this the dearest corner ? Ah! Think you I choose this spot? (I love the dear old people, alk) And yet, I choose it not.

The little flower hill Where ivies climb the trellis tree And tumble from the sill? Where orchids turn their pouting lips Up to the lover sun? Think you I love this corner best? Or choose this shining one?

The dearest corner? Not for gifts Of gold, and time, and space I choose a cozy little spot And bless the precious place

To love's own gift I softly steal, And watch, and pray, and peep My little babe, asleep! -Aloysius Coll.

> THE WAYSIDE CROSS.

A wayside cross at set of day

"O soul, my branching arms you see Point four ways to infinity.

"One points to infinity above,

"Two point to infinite width, which

That heavenly love no limit knows "One points to infinite beneath.

To show God's love is under death

'The four arms join, an emblen

That in God's heart all loves will meet.

FUNNY SAYING.

famous chess player, was fond children, and delighted in incidents that illustrated the originality of the child mind.

At the Mercantile library, the haunt of the Philadelphia chess players, Mr. Pillsbury said one day: "I cultivate children because they teach me new ways of looking at things. They give me new points of

"'Not much,' said the little girl. " 'Why not ?' I asked.

a little fish your mamma wouldn't the filtering and excretory system have any lap." "-Philadelphia Bu -- --

> It was on a suburban train. The young man in the rear car was suddenly addressed by the woman in the seat behind him.

> "Pardon me, sir," she said, "but would you mind assisting me at the next station? You see, I am very large, and when I get off have to go backward, so the ductor thinks I am trying to get aboard and helps me on again. He has done this at three stations."

JOHNNIE AS A PROMOTER "I'm afraid you don't like me very

SILENCED THE RINGLEADER. The head teacher in a Sunday hool was much worried by oise of the pupils in the next 100m

I thanked the cross as I turned a For such sweet thoughts in the twi-light grey. -Frederick George Scott.

GUARDED.

"I made believe," thus said my little

"That you were in the next room watching me All day I was as good as good can

And tried to please you as I sang and played."

So strong the safeguard of a loving eye, The simple parable I read aright.

The Father sees me though hid from my sight. If only this I kept in memory.

And tried to do the thing to please Him best, How unafraid I'd see the close of

day! Or if he came at noontide, not cry nay. How free from fear my life, death, how blest!

A SONNET.

What are we set on earth for? Say to toil.

Nor seek to leave thy tending of the vines For all the heat o' the day, till it declines

And Death's mild curfew shail from work assoil! God did anoint thee with His odor-

ous oil To wrestle-not to reign; and He

All thy tears over, like pure crys-For younger fellow-workers of the

soil wear fon amulets. So others shall Take patience, labor, to their heart

and hand. From thy hand and thy heart and thy brave cheer

And God's grace fructify through thee to all. The least flower with a brimming

cup may stand And share its dew-drop with another near.

A CHILD'S REASON.

The late Henry N. Pillsbury, the of

"I showed a little girl an acquarium of Japanese goldfish the other

"'How would you like to be a little fish ?' said I.

" 'Because,' she said, 'if you were

BACKWARD IN COMING FOR-WARD.

well, Johnnie," said the young man who thought he was interesting Johnnie's sister.

Johnnie shook his head. "I ain't down on you," he replied 'I'm only sorry for you 'cause you ain't wise. If you'd put less mone on sis an' more on me you'd stand a blamesight better chance with her. See ?"-Cleveland Plain Dealer.

er, he mounted a chair and looked over the partition. Seeing a boy a little taller than the others talking a great deal, he leaned over, hoisted him over the partition, and tanged him into a chair in his room, saying;

"Now be quiet." A quarter of an hour later a small head appeared around the door and a meek little voice said: "Please, sir, you ve got our teach-

.. SHE HAD A QUESTION TO ASK. A certain prominent dry-goods merchant is also a Sunday-school superintendent. Not long since he devoted the last few moments of the weekly session to an impressive 'elucidation of the parable of the Prodigal Son, and afterwards asked with

due solemnity if any one of the "lit-

tle gleaners" present desired to ask a question. Sissy Jones's hand

shot up. . "Very well," he said, designating her with a benevolent finger and a bland smile, "what is it you would like to know, Cecilia?"

"Please, what's the price of them little pink parasols in your show window?'

SLIGHTLY MIXED

Two correspondents wrote to country editor to know respectively. "The best way of assisting twins through the teething period," and 'How to rid an orchard of grasshoppers.'

The editor answered both ques tions faithfully, but unfortunately got the initials mixed, so that the fond father of the teething twins was thunderstruck by the following ad-

"If you are unfortunate enough to be plagued with these unwelcome lit tle pests the quickest means of settling them is to cover them with straw and set the straw on fire."

While the man who was bothered with grasshoppers was equally amuzed to read:

The best method of treatment is to give them each a warm bath twice a day and rub their gums with boneset."

President Suspenders. Stort, service. 50c everywho

TO P With the pu

test closed, a names of suc to make an e wers in in t day, will NO look back to was the limit The names

fered will app ANSWERS NOV

RIDI Plum puddin DOUB

Christmas. BURI 1. Daisy. 2. Rose. 8. Pink.

4. Peony.

5. Pansy Yew. 6. BEHE 1. Grave, rav 2. Smart, m 3. Strap, tra

Tars, Rats,

WHAT I

WO

Cabbage, Fo

trunk with hin ANSWER Harold O'Sulli Walter O'Sulliv Mary Sanders,

Because he

Emma F. Hunt Maude C., Quel A. Cecelia, St. Letter to

Dear Aunt Beck I am ten yea school every da thers and one s brother is a bal old. He is a d

name is Bernar printed, I will getting long, I close. Good-by cousins " Your I

Cranbourne, F "JUST L 'What a beauti to be!"

Said Faith

"With morning-And dozens of red." "And may be earnest the Illuming her fe

and fair, We can make every sort, For the hotel le wear." "That's just lik dolent Joe,

"But the worms I know: And the gard with weeds When the tende

As he spilled

And the others horns scrate You will find yo In counting you they are ha

What dire pred with a laug "Don't prophes