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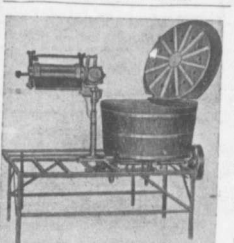


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With a **PAGE** Power Washer and Wringer you can get the clothes done in half the time. In fact, they do themselves.

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Then when you want to wring them you put them through the reversible wringer. This turns them from the washer into the rinse tub, then into the wringer tub and from there into the basket.

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THE PAGE POWER COMPANY LTD.
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The Upward Look

Travel Thoughts—No. 2 An Inspiration

"I WILL lift up my eyes unto the hills from whence cometh my help."—Psalms 121:1.

That night's sleep was very difficult, for in the morning I was to have my first view of the Rockies. The berth-shade was left high up. As the train sped on, from the first streaks of light, I kept looking out for this first glimpse. As the daylight grew, I saw away in the distance a dim bluish line. This became more and more distinct, until I could see a white, cloud masses lying up it.

I was keenly disappointed, for in that blue mountain ridge was none of the greatness nor grandeur I expected. But I watched the clouds for a long while, so long that I finally noticed there were no clouds elsewhere, and that these never changed or moved. Then with a great throb I realized they were not clouds, but snow-covered peaks, reaching and extending all those long miles, and rising majestically above the plains.

Denver was reached. While I stood on a corner, as I was waiting for a car, I turned to look up the street. There at the end, seeming such a short distance away, rising as it were, out of an ordinary city street, towered Pike's Peak. Of all the throng hurrying and rushing by, few seemed to look at it as it rose there, its summit gleaming in its snow mantle. But to me the uplift of that moment will never be forgotten. In commonplace tasks the thought of it strengthens; in daily drudgery it inspires; in temptation it is fortifying. How could anyone with that view, or the memory of it, do a dishonorable or unworthy act?

The next day I went up to the summits, 14,000 feet high. As we rose, the rocks gradually became bare, the more stunted, until all vegetation disappeared. Rocks, bare and bleak, appeared. At last snow appeared, and the piles and banks becoming deeper and deeper. From the summit one could see soft, white masses of clouds far below. Away 80 miles off, ranges of mountains were clear and distinct.

To my great joy, my sleeping-porch commanded a view of the peak. I saw it by sunset, by moonlight, by sunrise. The memory of that mountain will always bring help, strength, inspiration.—I. H. N.

What We Can Do for the Boys Alice A. Ferguson, York Co., Ont.

WE can understand him. This is not as easy as it sounds. It requires a memory of our own boyhood or girlhood, and also the fact that no two boys are quite alike in disposition. But when a boy feels that he is understood, he is won. He may do lots of things you wish he would not do, but you know it is not from a desire to be naughty, but from sheer thoughtlessness or abundant activity, and not having brought all his powers into captivity to a reasoning mind. He is an irresponsible being.

We can love him, and boys are so lovable, aren't they? But not the overflowing, gushing, sentimental names! A boy hates to be called pet names, to be hugged and kissed. No, if you understood the boy, there will be little of that, but there is the love that sees under the prickly husk, the sweet wholesome kernel within, and seeing, loves him, not for what he appears to be, but for what he is.

We can trust him. If a boy feels that you do not trust him, you have lost him. Trust him, and his nobler

self will grow to the surface. His point of view may be entirely different from ours, and he is honestly following according to his light. His ideas may undergo great changes, and you cannot put an old head on young shoulders. Trust him.

Do not betray his confidence. If you receive his confidence, be worthy



A Household Delight.

Hot and cold water on tap is the housekeepers' greatest convenience. A system of complete modern plumbing for a farm house need not exceed that of a binder.

of it. Seal your lips; let it be a secret jealously guarded between you two. Wholesome comradeship between boy and girl have often been ruined, because the boy had confided that he meant to marry that girl when he became a man. The confidence was not respected, and he was teased to such an extent that he grew shy and reticent and trusted no more confidences to you.

Note wherein he excels, the direction in which his talents lie; help him to develop these and thus find his place in life.

A boy likes to feel that he is of some importance. Let him see that you need him, by giving him something to do for you: something he enjoys doing, doing when you are away, planning and making a decision as to whether or not he should do it.

It increases his self-respect, and he needs it. To correct his faults, teach positively, not negatively. Instead of saying "Johnnie don't," try "Johnnie do." "Johnnie, don't pull the cat's tail." But he must expend his energies somehow. Give him something to do that necessitates him leaving the cat alone. Instead of continually finding fault with his manners, show the good points in others that he may emulate them, or, in some cases, show some one help falls short, but carefully, this last—so as not to disparage the person alluded to, as "I notice so-and-so does not know that the use of the saucer is to hold the cup, not to pour the tea into." He will be careful to show his superior knowledge after that. Or, "Mr. So-and-so has been well taught. He was sitting down when I went to talk to him, but stood up, and when we talked, as he would not sit while I stood." Or, "What a good mannered boy your son is. He lifted his hat to his mother when he met her to-day, and carried her parcels for her." Also if a boy appears awkward, do not show that you notice it. Try to put him at his ease. Self-consciousness will make anybody awkward.

We can help the boy in the selection of good literature. Read it yourself, or have him read it to you, talk to him about it. So much depends on the boy's choice of reading.

We can teach him to honour wo-

men, by being the soul of honor ourselves. A boy can read one book correctly, and he measures others by about the same measurement as he does you. If he finds you to be "all wool and a yard wide," he has his generous measurement for all of your kind, but if he finds shoddy, then what faith has he in womankind?

Lastly, we can help make him a good husband in the years to come. Many a husband was spoiled when a boy, by having a mother, who thought of him as a worker, and humored him and spoiled him. He looked on a woman as made to do his pleasure and consider his every whim.

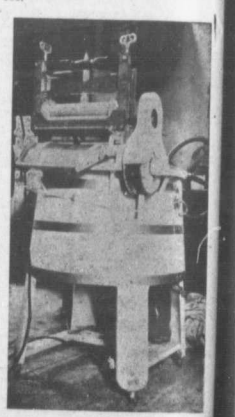
We want our boys to be the best boys and to make the best men. They are lovable and have infinite possibilities for good or bad in them. "The boys of to-day are the men of tomorrow." Our part in the development is very great. Blessed is the woman who can do her part in making a man of him, without him ever suspecting that she is doing it.

A Kitchen Score Card

IT is quite the common thing to hear the men folk talking about score cards for use in connection with keeping records of milk, eggs, etc., but something new along this line is a kitchen score card, as explained by Miss Miriam Haynes, Colorado Agricultural College, as follows:

"Real home lovers claim that when starting housekeeping the kitchen should be furnished first because it is the real 'work-shop' of the home. If there is anything left, one may purchase a 'push-parlor set' if they desire. Directions for furnishing a kitchen can only be given in a general way, but so plan that the 'head will save' the hands and feet as much as possible. Systematic everything and group such articles as belong to each kind of work. A critical inspection of a great many kitchens will show that the refrigerator is too near the stove; the sink too low; poor lighting and ventilation, etc.

"The following kitchen score card has been suggested by Miss Grand: 'Ventilation, 25; Light, 15; Fuel (heat), 15; Water, 15; Furnishing, 10; Arrangement, 10; Convenience, 10; Floor and wall covering, 5; Total, 100.'



Wash Day Made Easy.

This washer and wringer are both run by electric power and have made run day easy for several years in the home of W. L. Smith, Durham Co., Ont.

—Photo by an editor of Farm and Dairy.

A Problem

Mrs. J. McInerney.
SOMEONE asked me if I ever became the boys would call me because I get vexed at the present moment. I grumbled that it would be to make me wash my life and be off to bed. I may as well tell you the cause of my mind. It is nothing to our hired man, young girl, we never had a good fortune because we should have done. After I was married began as far as hired men by the day, but if of much worry, as I



A Blessing to the Farm.
is the tenant house for the farmer. It is a house for cooking and washing for the man's standpoint. It is a house for the man on the farm of W. L. Smith, Durham Co., Ont.

—Photo by an editor of Farm and Dairy.

The man was needed more possible to secure one. The conclusion that the do was to hire a man to which we have done ever.

One of my greatest pleasure in having a hired man and day out, is that it is a family life more serious our chats around the time we used to find time to discuss many interest to the family, but not mentioned before. As a result, it is difficult conversation going, and the alert, the hired man best to monopolize the talking about something interest to no one but him.

When company comes, or to spend the evening, pleasure is taken away from the visit because the hired man is on the spot, and it seems to throw off a certain rest if he is around. Some people if you take a hired man, help and treat him as a family, you will never be fully in securing a good been our experience, how we began treating our hired men of the family, they were without exception, foregone and make themselves un-

I might go on enumerating grievances ad infinitum, I strain myself, and instead to point out the silver lining to the cloud. This thing never fails to have come to the point of a hired man question will problem, if a problem a