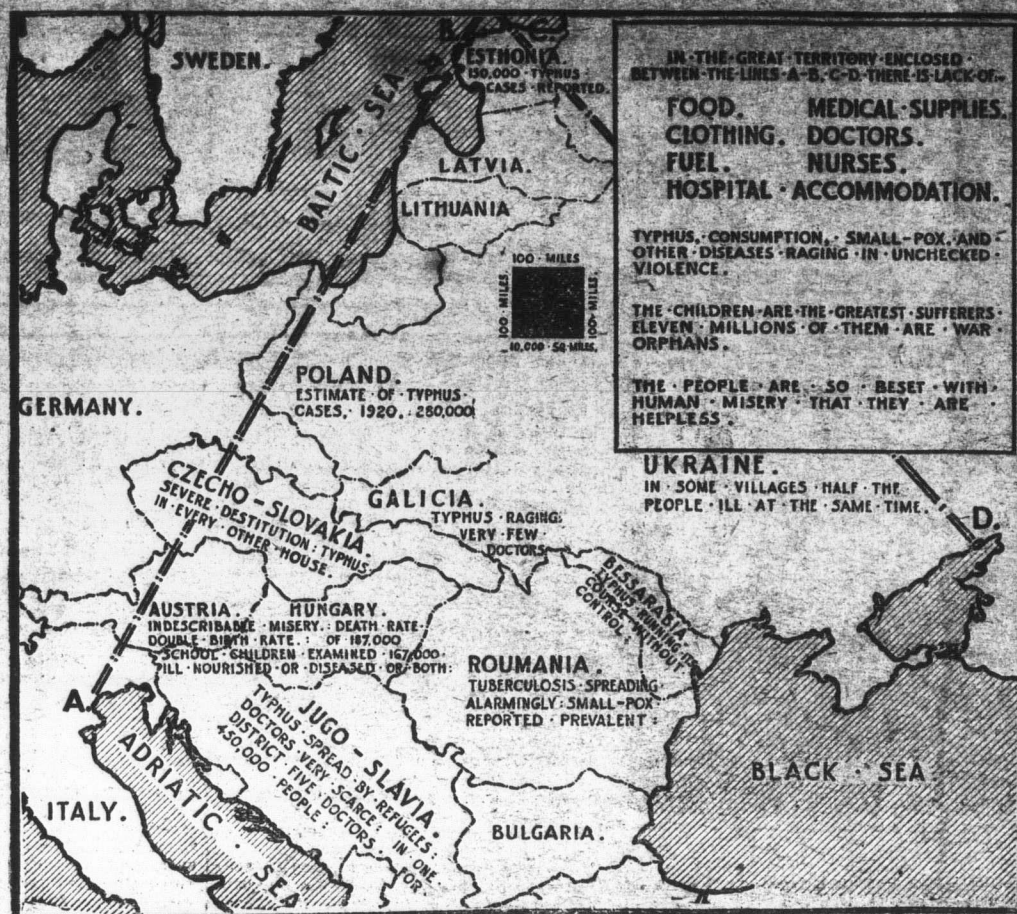




Study this Map

It tells—but only partly tells—the Story of Misery in Central Europe.

Within the great territory between the black lines millions of destitute children are doomed to grow up weak and deformed through want of fats, milk and sugar, unless immediate help comes from without.

HERBERT HOOVER, invited to speak at a Canadian Red Cross meeting, said:

"Our problem over the forthcoming winter appears to be about 3,500,000 to 4,000,000 children.

"These children are the obligation of every man, woman and child in the Western Hemisphere, for we have suffered less; but, beyond this, they are a charge on the heart of the whole world."

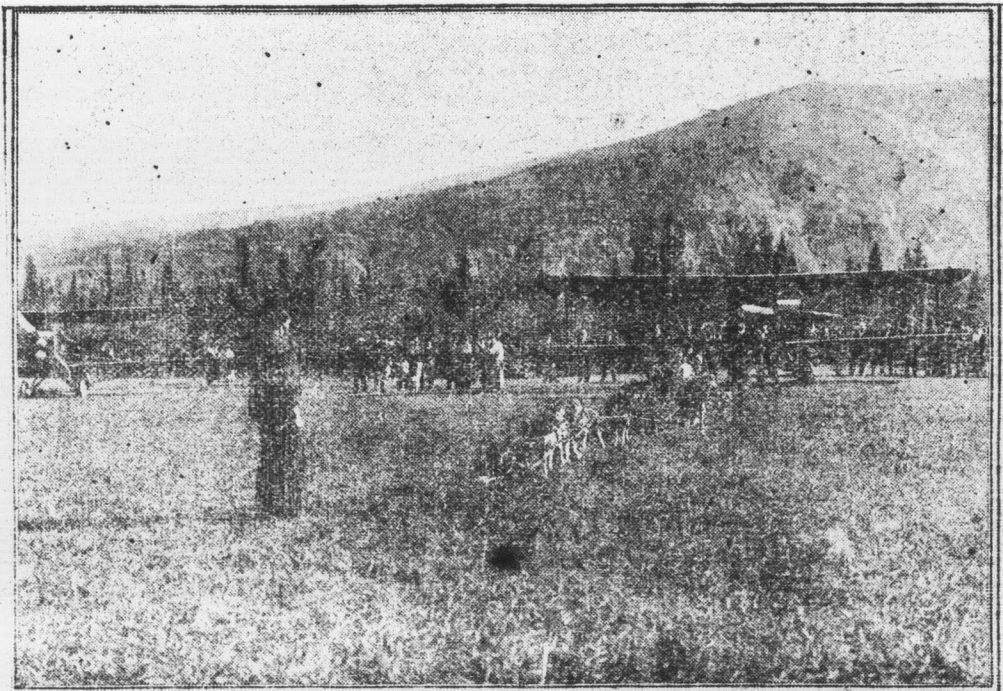
The Canadian Red Cross

appeals on behalf of

The British Empire War Relief Fund
(To Combat Distress and Disease in Europe)

\$10.00 will save a child; \$1.00 will give it "saving" food for a month.
Help in this humane work by sending or bringing your subscription to the nearest local Red Cross Branch or to The Canadian Red Cross Society, 410 Sherbourne Street, Toronto.

NEW YORK TO NOME AIR FLIGHT EXPEDITION



Planes at Dawson, Yukon Territory, Canada, after their successful flight to Nome and return, and just previous to their "hop-off" to Whitehorse, Y.T., Sunday, September 5th, 1920, showing the ancient and modern method of Arctic transportation, the primitive dog team, and the most modern up-to-the-minute flier.

that they merely dwell there, but that it is their home and it is their duty to make it as pleasant and beautiful as possible. If circumstances permit it, educate your child and this will show them the beauty, pleasure, health and independence of farm life.

The boys and girls must be kept on the farms. They must be educated to know the benefits of farm life. The boys and girls of to-day are the men and women of to-morrow, and in order to have a better farming community in the future we must lay the foundation in the present by keeping the boys and girls on the farm.

Second Prize.
By Irene Young.

In our country a great many men are selling their farms because they are getting old, and their boys and girls are leaving the farm and going to the towns and cities.

The boys and girls have left the farms to get more wages and work which is more agreeable to them. On a farm their working hours in the summer are from four or half past four in the morning until eight or nine o'clock at night, while in the towns and cities their hours are shorter. Another reason why they have left is to have more recreation.

To keep the boys on the farm they should have a car or a good horse and buggy. They should have a share in the livestock, and have good

livestock, good horses, cows, pigs and a good dog counts toward keeping him content. He should have a share in everything so that he can say "Dad and I run the farm," not "Dad runs the farm and I work for him."

To keep the girls on the farm they should have a certain amount of money each month, or probably a lamb or calf to raise. She should be a partner with "mother" the same as the boy with "dad."

The work on the farm should be more agreeable to the boy. To have everything on the farm handy is "how to keep boys and girls on the farm" easier and does not cost any more than to have things otherwise. Make the boy proud of the horses he rides behind, plowing or doing other farm work, or maybe have a tractor on the farm. Keep the farm well stocked.

The work on the farm should be made more agreeable for the girl too. There should be a cistern in the house, a bathroom and supplies. There should be an electric light plant on the farm. There should be a handy washing machine. Everything ought to be arranged so that a large amount of work can be done with the least effort.

A boy or girl in the city can attend the best plays, hear the best music and have more recreation than in the country. In the country to overcome this a person can own a car and go to town to see these shows and be back in good time. Where there are consolidated schools one room could be fitted with seats which could be moved back against the wall. Where there is no consolidated school any room fitted for community meetings would afford much pleasure to the young people.

If the boy and girl on the farm got sufficient wages, had the work made less heavy and a little more recreation they would not leave the farm.

Third Prize.

By Mary Besley.

"How are you going to keep them down on the farm?" sings the latest phonograph record, but the farmer finds this a problem of everyday life, and also harder to raise boys and girls than he does his record-breaking cows or fine horse.

Sometimes a farmer gets so interested in building up a fine farm for his boys that he forgets to bring up his boys so they can be trusted with his farm.

To develop in the boys an early interest in agricultural matters he should begin and devote as much time to the boy as to the farm.

To keep children on the farm when they grow up they should be given something that they may call their own and will be able to make some money from it "at the school fair," or by selling it at the market.

Each child should have a small plot of ground; of course it depends on the age. A little plot of each kind of vegetables and perhaps some flowers.

This gardner should spend all his idle time in this plot, keeping down the weeds, and in dry time to keep it watered. If this is kept up until fall they should have good returns from their labor. With this earned money he buys fowl or stock and with the surplus opens up a bank account in his own name and as years go by he will be willing to remain where his income will be greatest from his labor.

Earl Haig Attends Boy Scouts Jam-boree and inspects the Boy Scouts at Scotstoun, Glasgow.



Earl Haig at the Salute.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS as they cannot reach the seat of the disease. Catarrh is a local disease, greatly influenced by constitutional conditions, and in order to cure it you must take an internal remedy. Hall's Catarrh Medicine is taken internally and acts through the blood on the mucous surfaces of the system. Hall's Catarrh Medicine was prescribed by one of the best physicians in the country for years. It is composed of some of the best tonics known, combined with some of the best blood purifiers. The perfect combination of the ingredients in Hall's Catarrh Medicine is what produces such wonderful results in catarrhal conditions. Send for testimonials, free.

F. J. CHENEY & CO., Props., Toledo, O. All druggists, 75c.

Hall's Family Pills for constipation.

Saved Lives of Husband and Wife

THERE is a pathetic instance of a little Toronto family, sadly handicapped owing to the War. The young husband suffered a serious head wound at Passchendaele. Months later he was invalided home to his wife and two little sons. But the trouble was not over. Violent convulsions followed. Finally the dangerous operation of removing a bone splinter from the brain was performed, and the man is recovering. Just as happiness seemed within their grasp, the wife developed tuberculosis. Never of rugged health, anxiety and care had exhausted her strength. If her life was to be saved, complete rest was imperative. But the money—

To-day, thanks to those who back up the Muskoka Free Hospital for Consumptives, she is there, gaining daily under careful treatment, and before long the family will be re-united.

Contributions may be sent to Sir William Gage, 84 Spadina Avenue, Toronto, or to Geo. A. Reid, Treasurer, 223 College Street, Toronto.

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ETC., AT LESS THAN TO-DAY'S MANUFACTURERS' PRICES.

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