

A PAGE OF GENERAL INTEREST TO WOMEN READERS

CAT'S PAW
CUSHION
RUBBER HEELS

It's like walking on a cushion when your shoes are fitted with "Cat's Paw" Heels.

50¢ A PAIR PUT ON

SAFEGUARDING THE HOME

[Everywoman's World.]

"Despite the fact that we in Canada are heirs to the statutory laws of Great Britain, and have added to or amended these to suit both our general and particular requirements, there are still some laws which require amendment and others which should be called into existence."

Mrs. Arthur Murphy (deceased), the famous Canadian author, police magistrate of the city of Edmonton and judge of the juvenile court of that city.

"This is particularly true," she continues, "of the enactments which safeguard, or should safeguard, the home. While the majority of these are wise and well-considered, they still leave much to be desired. But, after all, in law as in life, the struggle is not so much between the good and the bad, as between the good and the better. While there is nothing new in life or in law, nevertheless, people change, conditions change, and civilizations change. The framing of a children's protection act, a liquor law, or one governing assault, may affect or require other laws, so that the chain with all its links is endless."

"It is not desirable that we in Canada should needlessly multiply laws, thus working out an injustice to some classes and burdening all. That country is best governed which is governed by the fewest laws, and it is natural to do the right thing, rather than the wrong. The recognition of this influence of environment upon conduct drew from Shakespeare the observation, 'How oft the sight of means to do ill deeds make ill deeds do!' If we see to it that the law governing prohibition be observed, we prevent, to a very appreciable extent, the dragging of young girls, which is the chief weapon of that seemingly person of misanthropic spirit known as the white-slaver. We also prevent the degradation of intoxicated men, an evil art in which certain quick-fingered, slow-moored women do greatly excel, and of their offences it behooves us not to mention."

A dainty dish
for Friday dinner

There's a certain sameness to fish and eggs that makes these dishes lose their appetizing appeal. But with

CATELLI'S
MILK MACARONI

MADE IN CANADA

there is practically no limit to the delicious, appetizing, nourishing dishes that you can prepare for Friday dinners.

Let our new Cook Book show you how to make over a hundred different macaroni dishes—more than enough for every Friday in the year. Write for a copy—mailed free.

THE C. H. CATELLI CO., LIMITED,

MONTREAL

10¢ EVERYWHERE

Rideau Hall
Coffee

Is the acme of coffee goodness. Its flavor is indefinable, but it awakens, stimulates, gratifies and satisfies the most critical taste. Order a trial tin from your grocer.

Gorman, Eckert & Co., Limited

London and Winnipeg

Pound Tins 45c
Smaller Tins 25c

McCormick's Jersey Cream Sodas are so crackling crisp, so light, and so easily digested that they can be eaten at times when heavier, comfort foods, perhaps, would cause discomfort. Sold fresh everywhere in different sized packages. Ask your grocer.

McCormick's
Sodas

So good that butter seems unnecessary

White as Snow
Ready Flow
REGAL
FREE RUNNING
Table Salt

IS CLEAN
SANITARY
AND FREE
RUNNING

THE CANADIAN SALT CO., LIMITED

Cynthia Grey's
Mail-Box

She Owns No Party.

Dear Miss Grey,—I have been waiting for someone to tear those tissue-paper dolls to pieces, or, at least, to the attic where useless articles belong. Certainly I agree with them. What do tissue paper dolls want with a vote anyway? It's really just women who want it, and should have it, and have got it. Those dolls ought to be hung up (on the wall, I mean), in order to escape contamination. Such precious bits of feminine dishonesty. At any rate, when the women (not dolls) of Saskatchewan got equal franchise, they made good use of their privileges. There was a man (?) who had a Government position, and whose household he was drawing his salary from, and if any man had the nerve to want some compensation, but they refused that.

Again, it was the mothers and wives of the men in khaki who petitioned and prayed for the wet canteen to be abolished, and the one who had the power to have their petition granted, and it was the women who asked for this reform. "The hand that rocks the cradle is the hand that rules the world," and a woman's responsibility should not stop when the cradle-rocker stops. For my part, I'm glad, rocking stone, that women are going to have the chance to houseclean in politics, and if any man doesn't choose to be courteous at all times, he isn't worthy the name, and wouldn't be the potter of the women had the vote or didn't have.

As for that \$400 rug, why a woman could have made that room look dignified and beautiful with the same amount of money that those idle, unproductive men spend on one rug for one, am going to use my right to vote for the right candidate, regardless of partyism. One vote is worth a lot of money, but I'm no orator. I'm going to do my little bit by being at the polls first time I have the chance. So I needn't be afraid to have the letter printed. It looks as though the shirkers, when they build those modern dancing pavilions, at resorts, and the same dignified by the name of "ballroom," at the Parliament Buildings. Later on, when the price of liquor is cut in half, the limits of the nurses of poor folk, these same M. P.'s will see that no one suffers from lack of food. I hope.

I guess my former pen name is most appropriate. UGLY DUCKLING.

S.—I hope "Extorior" writes again.

Ans.—Good for you, little "Duckling." I like to hear that non-party note being sounded by our women.

"Extorior," how can you resist such a plea? And I add mine to it, too.

Need Not Hesitate.

Dear Miss Grey.—Just a line or two this time, so as not to bother you too much. I see where "Aunt Hester" would like a recipe for a jelly cake, and as I had it I thought I would send you. Two eggs, three-quarters cup sugar, one tablespoon water, one teaspoon soda, one teaspoon cream of tartar, three-quarters cup flour, half-teaspoon vanilla. I have used this recipe for some time and always found it good. Could any of the readers give me an old song, of which some of the lines are:

"Maria, she don't want to go,
She says we're growing old,
And when the sun goes down tonight
I'm going to say good-bye."

I had a very nice letter from "Aunt Nannie" a few days ago. What has become of "No Answer" and "Coal-Box"? Have they called on again in vain? There, Miss Grey, I said I wouldn't write much, so I had better say good-bye.

Ans.—You need not fear staying too long or coming too often, as that is what the Page is for. I, too, should like to hear from "Coal-Box" again. Has anybody a copy of the old song quoted above?

"Mrs. Pickwick," who wrote the about designing dresses, please send her address, as I have a letter that may interest her?

Are They "Seeds"?

Dear Miss Grey,—I see by the paper a girl asking a cure for seeds. Would you kindly tell me what kind they are? I have a little boy and he has quite a number of warts on his cheek and under his chin. I do not know what else I could call them, as they are little bumps, but not very rough, and they must be a species of a wart. Now, I wonder, Miss Grey, with all the readers, if you can tell me if any other mother has had any trouble in that line and found a cure? I took him to the doctor several times, but he did him no good. If anyone can tell me a home remedy, I would be very glad to hear of it. I am sure I do not know the cause, and otherwise he has had skin eruptions.

A LONDON MOTHER.

Ans.—Never having had a wart in my life, I'm at a loss, too, to know just how "seed" warts develop. From others. So please help us out, Gorman. We want that little lad to grow up handsome.

That "Mile a Minute."

Dear Miss Grey,—Is there room for me, too? I have been reading your page and noticed several times where you exchange "crotch" patterns. I would like to get the pattern for the round yoke in the "mile a minute" stitch, which has only seven or eight scallops. I have some crotch patterns and will gladly exchange. Will you please tell me what they put in the water to take the gum off new curtains which have not been

USE the right dentifrice
to keep teeth and your teeth will stay white and healthy.

Get the Green Calox that saves your teeth from decay, makes them sound and white and keeps the mouth sweet.

There's only one Oxygen Tooth Powder. At All Druggists.

25c. 50c.

CALOX
TOOTH POWDER

McKesson & Robbins, New York

BEFORE RETIRING

Unpleasant effects from a late supper may be quickly dispelled and restful sleep assured by taking a dose of

BEECHAM'S PILLS

Sold Everywhere. In boxes, 25c.

Advertiser Patterns

1920



A Practical Model.

1920—Ladies' Apron and Sleeve Protector.
Dress, linen, lawn, alpaca, percale and brilliantine can be used for this style. The bib is joined to strap portions, which are covered then back and fastened to the belt. The apron has ample fullness in its skirt portions, and is fitted with deep pockets. The sleeve protectors are very serviceable, and easy to make. The pattern is cut in 4 sizes: 34, 36, 38 and 40 inches bust measure. Size 38 requires 5 yards of 36-inch material for the apron, and 3/4 yard for the sleeve protector.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

ADVERTISER PATTERN DEPT.

Please send above-mentioned pattern.

as per directions given below:

Name

Town

Province

Age (if child's or miss's) pattern

Measurement: Bust..... Waist.....

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is sent, you need only mark 32, 34, or whatever it may be. When in waist measure, 32, 34, 36, or whatever it may be. If a skirt, give waist and length measure. When making a sleeve protector, write on the figure representing the size. It is not necessary to write name, but it is necessary to reach you in less than one week to date of application.

washed? May I call again, Miss Grey?

Hope to see my answer in print in the near future. I remain, Sir, your obedient servant.

Ans.—I. Crochet design request is referred to "Crochet."

2. You mean the starched substance usually termed "dressing," do you not? I have a recipe for it.

3. Indeed, you may.

We're Glad to See Her.

Dear Miss Grey.—It is a long time since I paid a visit to your Mail-Box so I hope you won't mind my calling now.

Where, oh where, are all of the old friends, Cynthia, "B. D.," "Uncle Josh," "J. J.," "Edith," "J. J.," "More Young Man" and "Mrs. H. B.?"

It seems like the visit of a friend after a long absence. Aren't we proud to have a young man like "Original Lonely" in our midst who has spoken out against the use of profanity. How can men use such dreadful words?

Am sure they are ignorant of what they say or they would not utter them.

I was reading lately where one of our allied leaders has prohibited all profane and obscene words to be used in his whole (Italian) army. All honor to General Cadorna for such a brilliant act.

I noticed where you suggested a debate on the franchise, but so far it has been a failure.

Could you publish "Aunt Nannie's" address, Miss Grey? I'd be so glad to hear from her.

Ans.—I will send you a card with address for you.

"Speaking of," "Dove of Peace" and "Tollyanna" have to say about it?

Yours as ever,

THE SILVER MAPLE.

Ans.—So far from "minding," I am glad you called. Do you really think our franchise campaign is a failure?

It may not be much of a "discussion," 'tis true, as all the speakers (with one or two exceptions) appear to be on one side, but the letters dealing with the topic go to show that our women are thinking about their own responsibilities, anyway.

Write to "Aunt Nannie," care of Carrier, her Zimere, and your letter will reach her. Come again, "Silver Maple."

Slirts or Bloomers.

Dear Miss Grey.—Here again, intended to ask you for a soft corn and bunion cure. My mother had a bunion, and we used to put a piece of lemon on it each day, and it will cure, but it takes nearly two months for soft corns and bunions to be cured. I have a cure for soft corns, and I have cured both with this. Would the "Engineer's Wife" please send me

11. How long does it take today for strong drink to consume the "glorious beauty" of either a man or a woman?

12. Verse 4—in what way does the "demon" become "a crown of glory," and a "crown of beauty" to those who "cast him for their stimulus" this study is based, as you ponder the following questions:

"The Importance of Self-Control" (Temperance Lesson). Isaiah, xxxviii, 1-13.

Golden Text—"Every man that striveth in the games exerciseth self-control in all things." 1 Cor. ix, 25.

8. Verse 3.—In what way does the "demon" become "a crown of glory," and a "crown of beauty" to those who "cast him for their stimulus" this study is based, as you ponder the following questions:

"The Importance of Self-Control" (Temperance Lesson). Isaiah, xxxviii, 1-13.

Golden Text—"Every man that striveth in the games exerciseth self-control in all things." 1 Cor. ix, 25.

8. Verse 3.—In what way does the "demon" become "a crown of glory," and a "crown of beauty" to those who "cast him for their stimulus" this study is based, as you ponder the following questions:

"The Importance of Self-Control" (Temperance Lesson). Isaiah, xxxviii, 1-13.

Golden Text—"Every man that striveth in the games exerciseth self-control in all things." 1 Cor. ix, 25.

8. Verse 3.—In what way does the "demon" become "a crown of glory," and a "crown of beauty" to those who "cast him for their stimulus" this study is based, as you ponder the following questions:

"The Importance of Self-Control" (Temperance Lesson). Isaiah, xxxviii, 1-13.

Golden Text—"Every man that striveth in the games exerciseth self-control in all things." 1 Cor. ix, 25.

8. Verse 3.—In what way does the "demon" become "a crown of glory," and a "crown of beauty" to those who "cast him for their stimulus" this study is based, as you ponder the following questions:

"The Importance of Self-Control" (Temperance Lesson). Isaiah, xxxviii, 1-13.

Golden Text—"Every man that striveth in the games exerciseth self-control in all things." 1 Cor. ix, 25.

8. Verse 3.—In what way does the "demon" become "a crown of glory," and a "crown of beauty" to those who "cast him for their stimulus" this study is based, as you ponder the following questions:

"The Importance of Self-Control" (Temperance Lesson). Isaiah, xxxviii, 1-13.

Golden Text—"Every man that striveth in the games exerciseth self-control in all things." 1 Cor. ix, 25.

8. Verse 3.—In what way does the "demon" become "a crown of glory," and a "crown of beauty" to those who "cast him for their stimulus" this study is based, as you ponder the following questions:

"The Importance of Self-Control" (Temperance Lesson). Isaiah, xxxviii, 1-13.

Golden Text—"Every man that striveth in the games exerciseth self-control in all things." 1 Cor. ix, 25.

8. Verse 3.—In what way does the "demon" become "a crown of glory," and a "crown of beauty" to those who "cast him for their stimulus" this study is based, as you ponder the following questions:

"The Importance of Self-Control" (Temperance Lesson). Isaiah, xxxviii, 1-13.

Golden Text—"Every man that striveth in the games exerciseth self-control in all things." 1 Cor. ix, 25.

8. Verse 3.—In what way does the "demon" become "a crown of glory," and a "crown of beauty" to those who "cast him for their stimulus" this study is based, as you ponder the following questions:

"The Importance of Self-Control" (Temperance Lesson). Isaiah, xxxviii, 1-13.

Golden Text—"Every man that striveth in the games exerciseth self-control in all things." 1 Cor. ix, 25.

8. Verse 3.—In what way does the "demon" become "a crown of glory," and a "crown of beauty" to those who "cast him for their stimulus" this study is based, as you ponder the following questions:

"The Importance of Self-Control" (Temperance Lesson). Isaiah, xxxviii, 1-13.

New Undermuslins
For Summer

A SPLENDID COLLECTION OF NEW, FRESH WHITEWEAR AT REASONABLE PRICES

Corset Covers

AT 35c—Plain and Lace-Trimmed Corset Covers from 36 to 44.

AT 39c—Corset Covers, trimmed with heavy, good-wearing lace.

AT 50c—A splendid range of pretty Corset Covers, lace and embroidery trimmed; sizes from 34 to 44.

AT 65c—Nainsook Corset Covers, with a heavy, deep lace; sizes 36 to 44.

White Petticoats

White Petticoats with a neat embroidery flounce, lengths 36 to 40. Special..... 85c

Petticoats with lace and embroidery flounces, with underfrill, many different styles. At \$1.00

A splendid range of fine Cambric and Nainsook Petticoats, pretty trimmed with fine lace and embroidery. At \$1.25, \$1.50, \$1.75, \$2.00, \$2.25 and \$2.75

A Special Bargain in Petticoats

REGULAR \$1.25 VALUE, FOR 95c.

These are made of fine white cotton, with a deep flounce, trimmed with wide lace and insertion, in lengths 36, 38 and 40.

Nightgowns

SPECIAL VALUES AT \$1.00 AND \$1.25.

AT \$1.00—Gowns in open-front and slipover styles, with three-quarter and short sleeves, made of fine white cotton, neatly trimmed with lace and embroidery, in regular and O. S. sizes.

AT \$1.25—Women's White Cotton Gowns in slipover and open-front styles, lace and embroidery trimmed, in regular and O. S. sizes.

Gowns in finer qualities in open-front and slipover styles, prettily trimmed with fine lace and embroidery. At..... \$1.50, \$1.75, \$2.00, \$2.25, \$2.75 and \$3.00

Children's Black Sateen Bloomers

Made of good quality sateen, with elastic at knees; sizes 2 years, 25c; 4 to 8 years, 35c; 10 and 12 years..... 40c

Two Special Values in
Marquisette Curtains

AT \$3.00—Fine Ivory Marquisette Curtains, with hemstitched edge and Swiss embroidery insertion set in, regular \$5.00 value.

AT \$3.49—Fine Dalmor Swiss Embroidery Serim Curtains, in ivory; pretty insertion and hemstitched border; regular \$5.00 value.

Women's White Cotton Drawers

FROM 35c TO \$1.50.

AT 35c—A plain style, either open or closed.

AT 50c—Embroidery-trimmed Drawers, open or closed; also O. S. sizes in a plain style.

FINE COTTON DRAWERS, lace and embroidery trimmed, open or closed. At..... 75c, \$1.00, \$1.25 and \$1.50 pair

GRAY'S
LIMITED.

AGENTS FOR THE LADIES'
HOME JOURNAL PATTERNS
140 DUNDAS STREET.
Phones 115, 116.

LIMITED.

The Salt in
Demand TodayWindsor
Table
Salt

THE CANADIAN SALT CO., LIMITED.

CHILDREN
DELIGHT IN
Cuticura Soap
baths because they
are so refreshing.
When assisted by
Cuticura Ointment
they mean skin
health in infancy and childhood.
Sample of each free with 32-page skin
book. Address Cuticura, Dept. S., Boston.

Whenever you sprain your ankle or
wrist, think of

COMPASS OIL

The oil that soothes, strengthens and
limbers up the joints.

Graduation
Bouquets

"THE BEST FROM WEST."

WEST FLORAL CO.

249 Dundas St. Phone 2157.

Guaranteed Not To Shrink.

CEETEE
UNDERCLOTHING

Guaranteed Not To Shrink.

Sunlight Soap

THE BEST AND PUREST
HOUSEHOLD SOAP MADE.