

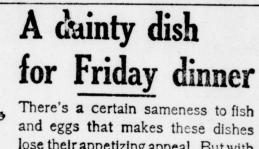


It's like walking on a cushion when your shoes are fitted with "Cat's

clicular requirements, there are still some laws which require attention and others which should be called into existence," says Mrs. Arthur Murphy (Janey Canuck), the famous Canadian author, police magistrate of the city of Edmonton and judge of the juvenile court of that city

ton and judge of the juvenile court of that city.

"This is particularly true," she continues, "of the enactments which safeguard, or should safeguard, the home. While the majority of these are wise and well-considered, they still leave much to be desired. But, after all, in law as in life, the struggles are not so much between the good and the bad, as between the good and the better. While there is nothing new in life or in law, nevertheless, people change, condi-



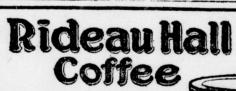
lose their appetizing appeal. But with

MADE IN CANADA

there is practically no limit to the delicious. appetizing, nourishing dishes that you can prepare for Friday dinners.

Let our new Cook Book show you how to make over a hundred different macaroni dishes - more than enough for every Friday in the year. Write for

a copy-mailed free. THE C. H. CATELLI CO., LIMITED, MONTREAL.

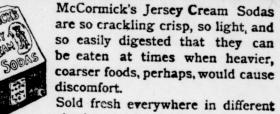


is the acme of coffee goodness. Its flavor is indefinable, but it awakens, stimulates. gratifies and satisfies the most critical taste. Order a trial tin from your grocer.





Smaller Tins 25e



Sold fresh everywhere in different sized packages. Ask your grocer.





Cynthia Grey's Mail-Box

She Owns No Party, Dear Miss Grey,—I have been wait-ag for someone to tear those tissue-aper dolls to pieces, or relegate them ing for someone to tear those tissuepaper dolls to pieces, or relegate them
to the attic where useless articles belong. Certainly I agree with them.
What do tissue paper dolls want with
a vote anyway? It's really just women
who want it, and should have it, and
have got it! Those dolls ought to be
hung up (on the wall, I mean), in order to escape contamination! Such
precious bits of feminine daintiness.
At any rate, when the women (not
dolls) of Saskatchewan got equal franchise, they made good use of their
privileges. There was a man (?) who
had a Government position, and whose
hardest job was drawing his salary
of \$1,000. Well, the women took that
position away from him, and the man
wanted those naughty women to give
him some compensation, but they refused that. fused that

I guess my former pen name is most ppropriate, UGLY DUCKLING. P. S.-I hope "Extorris" writes

Ans.—Good for you, little "Duck-ling." I like to hear that non-party note being sounded by our women.

"Extorris," how can you resist such a nice plea? And I add mine to it,

Need Not Hesitate.

Dear Miss Grey.—Just a line or two this time, so as not to bother you too much. I see where "Aunt Hester" would like a recipe for a roll jelly cake, and as I had it I thought I would send it along: Two eggs, three-quarters cup sugar, one tablespoon water, one teaspoon soda, one teaspoon cream of tarter, three-quarters cup flour, half-teaspoon vanilla. I have used this recipe for some time and always found it good.

Could any of the readers give me an old song, of which some of the lines are:

Measurement: Bust. Waist.

Caution: Be careful to inciose the above illustration, and send size of pattern wanted. When the pattern is bust measure you need only mark 32, 34, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns car-an reach you in less than one week from the pattern is bust measure you need only mark 32, 34, or whatever it may be. When in waist measure. 22, 24, 25, or whatever it may be. If a skirt, give waist and length measure only the figure representing the age. It is not necessary to write "inches" or "years." Patterns car-an reach you in less than one week from the pattern is bust measure you need only mark 32, 34, or whatever it may be. When in waist measure, 22, 24, 25, or whatever it may be. If a skirt, give waist and length measure. 22, 24, 25, or whatever it may be. If a skirt, give waist and length measure. 22, 24, 25, or whatever it may be. If a skirt, give waist and length measure. 22, 24, 25, or whatever it may be. If a skirt, give waist and length measure was a sure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns car-an reach you in less than one week from the pattern was a sure. When in was a sure was a sure. When in was a sure was a sure

I had a very nice letter how has become of "No Angel" and "Coal-Box"? Hone they call on us again soon. There, Miss Grey, I said I wouldn't write much, so I had better say goodwitte much, so I had better say goodwitte. Ans.—You need not fear staying too long or coming too often, as that is what the Page is for I, too, should like to hear from "Coal-Box" again. Has anybody a copy of the old song quoted above?

"Mrs. Pickwick," Please. Will "Mrs. Pickwick," who wrote he about designing dresses, please send her address, as I have a letter that may interest her?

Dear Miss Grey,—I see by the paper a girl asking a cure for seed warts. Would you kindly tell me what kind they are? I have a little boy and he has quite a number of warts on his cheek and under his chin. I do not know what else I could call them, as they are little lumps, but not very rough, and they must be a species of a wart. Now, I wonder, Miss Grey, with all the readers of your page, if any other mother has had any trouble in that line and found a cure? I took him to the doctor several times, but he did him no good. If anyone can tell me a cure, I would be so thankful, as they will be disfiguring as he grows older. I am sure I do not know the cause, and otherwise he has clear skin.

A LONDON MOTHER.

Ans—Never having had a wart in Are They "Seeds"?

Ans.—Never having had a wart in my life, I'm at a loss, too, to know just how "seed" warts differ from others. So please help us out, Pageites. We want that little lad to grow

others. So please help us out, Pageites. We want that little lad to grow up 'andsome.

That "Mile a Minute."

Dear Miss Grey.—Is there room for me, too? I have been reading your page and noticed several times where they exchange crochet patterns. I would like to get the pattern of a round yoke in the "mile a minute" stitch, which has only seven or eight scallops. I have some crochet patterns and will gladly exchange.

Will you please tell me what they put in the water to take the gum off new curtains which have not been side. But SILVER MAPLE.

Ans.—So far from "minding." I am glad you called. Do you really think our franchise discussion a failure? It may not be much of a "discussion," 'tis true, as all the speakers (with one or two exceptions), appear to be on one side, but the letters dealing with the topic go to show that our women are thinking about their new responsibilities, anyway.

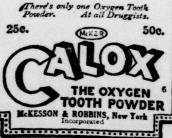
Write to "Aunt Nannie," care of Carrier No. 5, Zion City, Ill." and your letter will reach her. Come again, "Silver Maple."

Skirts or Bloomers.

Dear Miss Grey.—Here again. In-

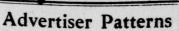


USE the right denti-frice to care for your teeth and your teeth will stay white and healthy. It's the Oxygen in Calox that saves your teeth from decay, makes them sound and white and keeps the mouth sweet and clean.



BEFORE RETIRING Unpleasant effects from a late sup-per may be quickly dispelled and restful sleep assured by taking a dose of

BEECHAM'S PILLS





portions, which are crossed over the back and fastened to the belt. The appon has ample fullness in its skirt portions, and is fitted with deep pockets. The sleeve protectors are very serviceable, and easy to make. The pattern is cut in 1 sizes: 34 38 42 and

A pattern of this illustration mailed to any address on receipt of 10 cents

ADVERTISER PATTERN DEPT. as per directions given below: Name

Age (if child's or misses' pattern Measurement: Bust..... Waist.....

Grey?
Hoping to see my answer in print in the near future, I remain.
NINETEEN.
Ans.—1. Crochet design request is

Ans.—1. Crochet design request is referred to crocheters

2. You mean the starchy substance usually termed "dressing." do you not? So far as I know a soaking first in cold or tepid water, then in warm clean suds, and gentle washing and rinsing will satisfactorily cleanse new curtains, but I'm open for correction.

Mrs. Housewives.

2. Indeed, you may 3. Indeed, you may.

We're Glad to See Her. Dear Miss Grey,—It is a long time since I paid a visit to your Mail-Box, so I hope you won't mind my calling

Where, oh where, are all of the old "Calamity Anne," "Uncle Dick,
"" "Echo," "Lil' Chie' Un. "Mere Young Man" and "Mrs. H. B.?"
It seems like the visit of a friend after a long absence when one of the old writers return. Aren't we proud to have a young man like "Original

Skirts or Bloomers.

Dear Miss Grey,—Here again. Intended to answer sooner. Noticed where some poor soul asked for a soft corn and bunion cure. My mother had a bunion, and we used lemon. Bind a piece of lemon on it each day, and it will sure cure, but it takes nearly two months For soft corns put laudanum on a piece of cotton batting, and keep on soft corn. It will sure cure it. I had two, which eat a hole almost through my toe, but I have cured both with this. Would the "Engineer's Wife" please send me

DAILY BIBLE **QUESTION CLUB**

By Rev. T. S. Linscott, D.D. (All Rights Reserved.)

The six daily studies for this week constitute the International Sunday School Lesson for next Sunday. Read the Bible Story on which this study is based, as you ponder the following questions: "The Importance of Self-Control."
(Temperance Lesson). Isaiah, xxviii.

Golden Text-'Every man that striv



New Undermuslins For Summer

A SPLENDID COLLECTION OF NEW, FRESH WHITEWEAR AT REASONABLE PRICES

Corset Covers

AT 35c-Plain and Lace-Trimmed Corset Covers from 36 to 44.

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AT \$1.00-Fine Nainsook Corset Covers, trimmed with fine lace: sizes 36 to 44.

Fine Silk Camisoles, lace trimmed, in white and flesh, with sleeves. At \$1.25 and \$1.50 Without sleeves at......\$1.00, \$1.25 and \$1.50

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Combinations in envelope style, lace and embroidery trimmed. At \$1 00 \$1.25 \$1 50 and \$2.25 COMBINATIONS IN OPEN STYLES REDUCED IN PRICE \$1.00 VALUES FOR 69c.

These are made of fine cotton, trimmed with torchon lace, to be had in all sizes.

\$1.25 AND \$1.50 VALUES FOR 98c.

Combinations in open style, fine quality cotton, lace trimmed. These are slightly soiled and mussed; sizes 34, 36, 38. Fine Combinations, slightly soiled, lace and embroidery trimmed, in sizes 34, 36 and 38; regular \$2.00. To clear at

Children's Whitewear

Children's Whitewell
Drawers, plain and lace trimmed, from 2 to 16 years. At 25c
Children's Gowns, open front, lace trimmed; ages 4 to 14
years 750
Slipover Gowns, 8 to 14 years
Better qualities at
Princess Slips, 4 to 8 years, at
10, 12 and 14 years at\$1.00

Women's White Cotton Drawers LUCIN 200 10 21.00.

AT 35c-A plain style, either open or closed. AT 50c-Embroidery-trimmed Drawers, open or closed; also O. S. sizes in a plain style.

FINE COTTON DRAWERS, lace and embroidery trimmed. open or closed. At75c, \$1.00, \$1.25 and \$1.50 pair

White Petticoats

White Petticoats with a neat embroidery flounce, lengths 36 to 40. Special......85c

Petticoats with lace and embroidery flounces, with underfrill, many different styles. At \$1.00

A splendid range of fine Cambric and Nainsook Petticoats, prettily trimmed with fine lace and embroidery. At \$1.25, \$1.50, \$1.75, \$2.00, \$2.25

and \$2.75

A Special Bargain in Petticoats REGULAR \$1.25 VALUE, FOR 95c.

These are made of fine white cotton, with a deep flounce, trimmed with wide lace and insertion, in lengths 36, 38

Nightgowns

SPECIAL VALUES AT \$1.00 AND \$1.25,

AT \$1.00—Gowns in open-front and slipover styles, with three-quarter and short sleeves, made of fine white cotton, neatly trimmed with lace and embroidery, in regular and

AT \$1.25-Women's White Cotton Gowns in slipover and open-front styles, lace and embroidery trimmed, in regular and O. S. sizes.

Gowns in finer qualities in open-front and slipover styles, prettily trimmed with fine lace and embroidery. At..... \$1.50, \$1.75, \$2.00, \$2.25, \$2.75 and \$3.00

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Made of good quality sateen, with elastic at knees; sizes 2 years, 25c; 4 to 8 years, 35c; 10 and 12 years......40c

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AT \$3.00-Fine Ivory Marquisette Cuhtains, with hemregular \$5.00 value.

AT \$3.49-Fine Dalmor Swiss Embroidery Scrim Curtains, in ivory; pretty insertion and hemstitched border;

AGENTS FOR THE LADIES HOME JOURNAL PATTERNS

140 DUNDAS STREET. Phones 115, 116.

GRAY'SLIMITED.

LIMITED. her address? Have a little news for Methodist Ladies' Aid; Atwood, Patri- Ridgetown, Patriotic Women; Ridge-

At home a wife and mother's waiting
For a husband who is far across the
foam;
The years may come and go,
But the truth will not be known
Till the war is over and the troops come

Thanking you, yours truly, BROWNIE.

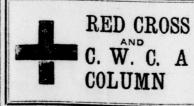
P.S.—Have you many correspondents from here?

Ans.—Answering the last first, we have a few correspondents from your town and district.

Song request is referred to readers.

"Engineer's Wife." do you wish your address sent to "Brownie?"

Personally, I know of no returned soldiers who were at Givenchy, but we may hear of someone through this column. But I've just noticed that you overlooked giving me your own address, so I cannot forward anything, can I?



During the month of April the Red Cross and C. W. C. A. received donations from the following:

Allied leaders has prohibited all profane and obscene words to be used in his whole (Italian) army. All honor to General Cadorna for such a galiant act.

I noticed where you suggested a debate on the franchise, but so far it allowers. I making gardens to put in has been a failure.

Could you publish "Aunt Nannie's" address for it.

Speaking of votes again, wonder what "Sylvia," "Dove of Peace" and "Tollyana" have to say about it?

The SILVER MAPLE.

Ans.—So far from "minding." I am glad you called. Do you really think to be must be much of a "discussion," tit, may not be much of a "discussion," tit, and as on a box, as he has no friends in this title, and a song, I do not know the full publish and about their new responsi
I hotleed where you suggested a debate on the franchise, but to fee it.

I noticed where you suggested a debate on the franchise, but so far it who have large gardens to put in should be excussed if we start to wear in should be excussed if we start to wear all all should be excussed if we start to wear all the speakers (with one or the same as the plant of den, Estherville Red Cross Circle; Dresden, Rutherford Red Cross Circle; Duart W. I.; Dutton, Talbot Workers; Wanstead, Uttoxeter Chapter, I.O.D.E.; Dutton Maple Leaf Society; Warwick, The Newell Ship Club; Embro, Walkers Red Cross Circle; ment; Warwick Women's Patriotic Ettrick, Ballymote Red Cross Circle; League; Watford, Sutorville Red Cross Ettrick, Ballymote Red Cross Circle; Florence Patrictic League; Florence, Florence Patrictic League; Florence, Circle; Watford, Tipperary Red Cross Oakdale W. I.; Forest, North Plympton Aid; Watford, Invincible Red Cross Red Cross Circle; Forest, Jericho W. I.; Circle; Watford, Red Cross Workers' Thanking you, yours truly,

BROWNIE.

P.S.—Have you many correspondents from here?

Ans.—Answering the last first, we have a few correspondents from your wown and district.

Song request is referred to readers.

Song request is referred to readers. Glendale Red Cross Workers; Granton, Prospect Hill Red Cross Circle; Gran-ton. Maple Grove Red Cross Circle; Granton W. I.; Granton Red Cross Circle.

Auxiliary; Harrow Patriotic League; Harrow Patriotic League, Woodman Hall; Hensall Patriotic Society; Hyde Park W. I.; Ilderton Red Cross Circle; Ilderton, Coldstream W. I.; Ilderton, Centenary Ladies' Aid: Ingersoll, Soldiers' League; Ingersoll, Banner and Dixons Corners Red Cross Circle; Ker-wood, Adelaide Patriotic League; Kin-tore Red Cross Circle; Kirkton Patriotic League; Kirkton, Ladies' Ald, St. Paul's Church; Komoka W. I.; Komoka, Lobo W. I. and Melrose Ladies' Aid; Lakeside, Browns' Corners Red Cross Circle; Lambeth Red Cross Circle; Leamington, Women's Patriotic League; Leamington, Women's Patriotic League; Leamington, LO.D.E.; Londwon, The Grove Church; London, Smallman & Ingram Red Cross Circle; London, First Presbyterian Church; London, St. An-drew's Presbyterian Church; London, Golden Text—"Every man that striveth in the games exerciseth self-control in all things." I. Cor. ix., 25.

9. Verse 3—How are the drinkers of today, either literally, or figuratively, "trodden under foot"?

10. Verse 4—The valley of Ephraim was very rich and productive, but became as a "fading flower," through strong drink; what becomes of the fertile farms in this country which are cultivated by drunkards?

11. How long does it take today for strong drink to consume the "giorious beauty" of either a man or a woman?

12. Verse 5—In what way does the Lord become "a crown of glory, and a diadem of beauty" to those who trust him for their stimulus and o not drink? (This is one of the questions which may be answered in writing by members of the club).

Into the following:

Aberfeldy; Aughrin W. I.; Alvinston, Malle Ridge Red Cross Circle; Manthage R

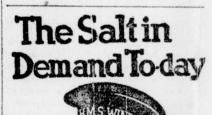
Church; Thorndale, Devizes Red Cross Circle; Walkers, Ferguson's Crossing Needle Club: Wallacetown, Red Cros

Patriotic League; Wyoming Red Cros Money donations were received from the following: Watford, Tecumseh Chapter, I.O.D.E.; Longwood, Glen Oak W. I.; London, Farmers' Advocate; Palmyra W. I.; Ripley, St. Luke's Church, Pine River; Merlin, Ouvrey Patriotic Society; Allsa Craig, Young Ladies' Club; Appin, Walker's Patriotic Society; Wilton Grove, H. T. P. Club of Hubrey; St. Marys, North Nissouri and Blanshard Red Cross Circle; Seaforth, Zion Red Cross Circle, Usborne Comber, Girls' S.O.S. Club; Camlachie Aberarder Red Cross Circle; Thorndale South Nissouri Presbyterian Red Cross Circle; Zurich, Wilton Grove First Presbyterian Church; London, Western University Alumnae; Vanneck Red Cross Circle; Wardsville, Women's

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