The Daily Hint From Paris

Bordered Volle and Net,

The Nursery

served as described yesterday. A baked

white potato or bolled rice, green

beans, peas or spinach. Begin by giv-

ing one teaspoonful of the vegetable. Cooked fruit. One to two tablespoon-

fuls, baked or stewed apple or stewed

toust, or bread and milk, or dried-out

bread and butter, and a cup of milk.

EIGHT TO ONE.

completed Methodist vote in favor of

Pay what you will, and go where you

Elinos Murray

The first annual dinner of the Empire Club will take place in Convocation Hall, Toronto University, on Empire Day, May 24, at 7,30 o'clock. Their Royal Highnesses the Governor-General, the Duchess of Connaught and the Princess Patricia will be present. No pains are being spared by the president and members to make this event unique in the history of dinners in Toronto. The dinners held on this day will make a chain all round the world, for the first time in the history of the empire. The inviations will be issued next week, and the governor-general has requested that ladies be included among the guests.

Col. Sir Henry and Lady Pellatt spent the week end with Their Royal High-nesses the Governor-General and Duch-ess of Connaught in Ottawa.

The hostesses in the tearooms at the horse show to-night will be Lady Felconbridge, Mrs. James Fielding Sweeny. Mrs. Samuel Nordheimer, Mrs. Arthur Grasett, Mrs. S. Jacobs, Mrs. Walter Sarwick, Mrs. Allan Sullivan, Mrs. Glyn Osler, Mrs. Gordon Osler, Mrs. Walter Sollowing girls will act as waitresses in the Humane Society tearoom: Miss Phyllis Nordheimer, Miss Vivian Boulton, Miss Violet Edwards, Miss Gladys Foy, Miss Kathleen Cosgrave, Miss Elf Bowes, Miss Helen Stevenson, Miss Phyllis Pipon, Miss Haidee Crawford, Miss Mabel Hay, Miss Eleanor McKenzle, Miss Given Johnston, Miss Marjorie Bell, Miss Clare Corsan, Miss Lorna Murray, Miss Elganche Miles, Miss Marlon Castles, Miss Erva Castles.

The Right Hon. R. L. Borden and fra Borden are expected in Ottawa his week from Virginia.

Mr. George Beardmore, M.F.H., is giv-ing a supper at Chudleigh after the horse show on Saturday evening.

Mrs. James Cosgrave (nec Lyon) held her post-nuptial reception yesterday afternoon with her mother, Mrs. George S. Lyon, who was wearing a handsome black satin gown with pearl ornaments and a bouquet of pink roses. The bride looked lovely in her wedding gown of white satin and pearl embroidery and a bouquet of pink sweet peas and lily of the valley. The rooms were lavishly decorated with pink roses and the same flowers were arranged on the tea table, which was in charge of Miss Beatrice Cosgrave and Miss Irone Case, assisted by Miss Gladys Snelgrove, Miss Marguerite Bigwood and Miss McAndrew.

Mr. Justice and Mrs. Anglin are expected in town next month. They are building a house in Ottawa and will spend the summer at Blue Sea Lake.

A very enjoyable surprise party was given to the Misses Plummer of Sylvan terial a beautiful bordered voile, Tower recently.

Mrs. Watson (Hamilton) is the guest Commander Thomas Law, Sher-burne-street.

Mrs. A E. Kemp and Mrs. McAlgy

Mrs. A E. Kemp and Mrs. McAlgy

Mrs. A E. Kemp and Mrs. McAlgy

Mrs. A. E. Kemp and Mrs. McAlsy left yesterday for New York. They will sail on Wednesday for Paris, where they will join Mr. and Mrs. Chatten Stephens.

The June ball given by the staff and cadets at the Royal Military College, kingston, this year will be held on Monday evening, the 17th.

Mrs. Warren Burton has sold her house in Admiral-road and is spending a few days with Mrs. Barwick before going to New York for a short visit.

The marriage of Miss Maud Minnie

Rubbra, youngest daughter of Mr. Alf. Rubbra, sr., Wetaskiwin, Alta., to Mr. Bertram Francis Cotton, Toronto, will take place on Wednesday afternoon. May 1, in the Church of the Redeemer, vegetables, asparagus tips, string prunes. Water: Do not give milk at this meal. 6 p.m.: Cereal or milk

Miss Marte Macdonall and Mrs. S. A. Moury will receive to-day at Rosary Hall. John-street.

Societies, Etc.

Some members of the Alliance Francesise are giving a "Soirce Dramatique of Musicale" in aid of the Titanic Survivors' Fund on Friday evening. May 10, in the Margaret Eaton School in

A very enjoyable dance was held on church union.

Saturday evening, the 27th, by the Crusader Club in the Balmy Beach Club-rooms. The hall was decorated in the club's colors and sporting goods, which gave it the desired effect.

Mr. and Mrs. E. G. Gooderham and Miss K. Gooderham are at the Chal-fonte, Atlantic City, N.J.

H. R. H. the Duchess of Connaught annual meeting was held April 26, and a record shown of 2808 garments distributed last November. All the officers were re-elected.



Demand for Seats is in Excess of Anything Known at Any Previous

Among the subscribers of plate for the Horse Show, which opens this evening, are Colofiel Hamilton Merritt, commander of the 1st Cavalry Brigade, for teams of nine officers from any one corps; Aemilius Jarvis, a bronze horse, for class 40, the pen-jamp; A. E. Dyment, Miss Augusta Stewart Houston, daughter of the late Stewart Houston, Hon, Clifford Sifton, R. J. Christie, J. D. Montgomery, the Canadian Hackney Society, the Canadian Pony Society, and the King Edward Hotel. In addition to the names already published, the subscribers of money have been: Messrs, Edmund Bristol, M.P.; J. M. McSloy, R. Christie, E. J. Lennox, Captain Norman G. Gzowski, the King Edward Hotel, and Mrs. F Nordheimer. The program for this evening will be

as follows: 7.80—Class 47—Judging 52 jumpers. Open to all. 8.30—Formal opening by His Honor the Lieutenant-Governor, Sir John Gib-

8.40-Class 1 -Judging 9 novice harness horses, not over 15.2.

3.00—Class 24—Judging 4 lightweight saddle horses, over 15.2.

9.15—Class 8—Judging 3 pairs, to be driven by an amateur. 9.30—Class 2—Jüdging 9 novice ness horses, over 15.2. 9.45—Class 20—Julging 3

10.00-Class 39-Judging 10 thorobred 10.30-Class 86-Judging 31 individual N.C.O.'s and men over jumps.

The enquiry for seats at Messrs.

Tyrrell's 7-9 East King-street, has been in excess of anything known at any previous show. The plan will be open at Tyrrell's every day from 9

Rev. Septimus and Mrs. Jones Celebrated Golden Wedding and Received Congratu-

lations of All.

Diet for Third Year The ten-o'clock-at-night feeding Rev. Septimus and Mrs. Jones celeshould be omitted towards the end of brated their golden wedding yesterday. Mrs. Jess Applegath and Miss Apple- the second year. A greater quantity surrounded by their children and Atlantic City.

Of solid food may now be allowed, par grandchildren, at 32 Prince Arthurticularly at the mid-day meal, Three ave. Those present were: Mr. and Mrs. Mrs. Lyons Biggar was the hostess at a luncheon at the Country Club, Ottawa, last week, which was given in honor of Lady and Miss Hare. The guests included: Mrs. Frank Oliver, Mrs. Frank Anglin, Mrs. Nesbitt Kirchhoffer, Mrs. Robert Rogers, Mrs. John Ewart, Mrs. James W. Woods, Mrs. Cameron, Mrs. Charles Harriss, Mrs. Molson Crawford, Mrs. R. A. Pringle.

Mrs. John Gilmour.

ticularly at the mid-day meal. Three regular meals should be given, and milk besides. Water should be allowed freely between meals. The prune pulp is prepared by stewing the dried prunes without sugar until they are very soft. James Edmund Jones, and Mrs. Allows Mrs. Put the fruit thru a strainer and remove all the skin. The baked apple and Joyce. Mrs. Henry S. Jones, Calmove all the skin. The baked apple and Joyce. Mrs. Henry S. Jones, Calshould be given without cream, and Since the canon's serious times to

Mrs. L. C. M. Baidwin. Mr. George Dixon and Mr. J. B. K. Fisker sail from the apple sauce should have very little sugar.

New York for Europe by the Princess Irene. North German Lloyd Line, to day.

Proper schedule for average three-year-old child. 6.30 a.m., orange juice, and the rectorship of the condition of the Redeemer. Which he originally founded, and which under him became one of the foremost Angiliand a piece of dried-out bread. The left for England.

Since the canon's serious filness in 1902, they have been living in retired from the rectorship of the Church of the Redeemer, which he originally founded, and which under him became one of the foremost Angiliand a piece of dried-out bread. The gray is not given every day, only when 192. Rev. Septimus can vividly recail Mr. and Mrs. Lissant Beardmore have the mother thinks best. 10 a.m.. a the mother thinks best. 10 a.m.. a cup of warm milk with a biscuit or piece of stale bread and butter. 2 p.m.. four cunces of soup or two cunces beef juice. Meat: Chop or steak or roasi is in Montreal with her mother, Mrs. Mackenzie, for the present.

four ounces of soup or two ounces beef juice. Meat: Chop or steak or roasi beef or lamb or chicken, prepared and served as described vesterday. A baked

WASHINGTON. April 29.-(Can. Titanic Memorial, which it is proposed shall be erected in Washington, to

A committee of 100 women from all states has been named, and no contributions will be accepted from men. Mrs. John Hays, Mrs. John Hammond and others are interested.

Hats Off to the Lady Grey. MONTREAL, April 29.-The Canadian The Charles Dickens Festival by Mr. Mortimer Kaphan, will take place at Massey Hall this evening.

MONTREAL, April 29.—The Canadian Government steamer Lady Grey passed up the Lachine Canal this morning on way to the foot of the Soulanges Canal, where she will break up some ice which still holds firm, retarding the opening of the canal.

The Lady Grey is the first vessel to pass up the canal this year. like, you cannot get a better, purer or more delicious tea than "Salada."

C.N.R. STEAMER ACCOMMODATION

LAST ENTERTAINMENT IN HISTORIC MANSION

The last formal entertainment to be held in the beautiful precincts of Government House, King-street, took place last night when Sir John and Lady Ghbson entertained some 40 relations and descendants of former lieutenant-governors at a dinner followed by a diance to which about 200 people were chan now with their decoration of spring flowers and palms, and many at sigh was breathed at the remembrance or han now with their decoration of spring flowers and palms, and many at sigh was breathed at the remembrance or han pown of pale blue satin, with silver angred with Kiliarney roses and files, and the host and hostess were assisted by their two popular daughters, also Maj. Shahily and Mr. Sydney Fellowes, A.D.C. Lady Gibson wore a smart gown of pale blue satin, with silver embroidery and diamond ornaments. Miss Gibson was in white satin with real lace and pearl ornaments. Those invited to the dinner were: Sir James and Lady Whitesy, Dr. Goldwin Howland, Mr. and may and Mrs. J. Ross Robertson, Commander and Mrs. J. Ross Robertson, Commander and Mrs. J. Ross Robertson, Commander and Mrs. J. Aw, Mr. 2nd Mrs. Bruce Macdonald, will be satin, with print with real lace and pearl ornaments. Those invited to the dinner were: Sir James and dady Whitesy, Dr. Goldwin Howland, Mr. and Mrs. George Crawford, Dr. and Mrs. Forsyth Phut. Mrs. Resume, Mr. and Mrs. J. Ross Robertson, Commander and Mrs. J. Ross Robertson, Commander and Mrs. J. Aw, Mr. 2nd Mrs. Bruce Macdonald, Mrs. Bruce Macdonald, Mrs. Bruce Macdonald, Mrs. Bruce Mrs. Brown in urquoise satin ninon; Mr. 20 Mrs. Brown in urquoise satin ninon; Mr. 20 Mrs. Brown in urquoise satin ninon; Mr. 20 Mrs. Ross Mrs. Bewart Osborne, the latter in palp bline with the properties of properties last night when Sir John and Lady Gibson entertained some 40 relations and descendants of former lieutenant-governors at a dinner followed by a dance to which about 200 people were bidden. The stately rooms and lovely conservatory had never looked better than now with their decoration of spring flowers and palms, and many a sigh happy hours passed there never to be repeated. The dinner table was arranged with Killarney roses and lilles, and the host and hostess were assisted by their two popular daughters, also Maj. Shahly and Mr. Sydney Fellowes, A.D.C. Lady Gibson wore a smart gown of pale blue satin, with silver embroidery and diamond ornaments. Miss Gibson was in white satin with chiffon and pearls, and her sister, Meta, also donned white satin with real lace and pearl ornaments. Those invited to the dinner were: Sir James and Lady Whitsey, Dr. Goldwin Howland, Mr. and Mrs. George Crawford, Dr. and Mrs. Reaume, Mr. and Mrs. J. Ross Robertson, Commander and Mrs. Law, Mr. and Mrs. Bruce Macdonald. Lieut.-Col. and Mrs. A. G. F. Macdonald (Alexandra), Sir John Beverley and Lady Robinson Capt. and Mrs. Forsyth Grant, Mrs. Stewart Houston, Lady Kirkpatrick, Mr. and Mrs. Wallace Jones, Mr. and Mrs. Harcourt Vernou. Mr. W. M. Kirkpatrick, Miss Mowat, Sheriff Mowat, Mr. and Mrs. A. M. Mowat, Sir Mortimer and Lady Clark. Misses Mortimer Clark, Lieut.-Col. J. Fraser Macdonald of Ottawa, Capt. and Mrs. Douglas Young, Prof. and Mrs. Ramsay Wright, Major C. H. Stewart, Kent, England: Mr., and Mrs. Watson of Hamilton, Sir Charles and Lady Moss, Mrs. Hardy.

Among those noticed at the dance were: Sir Mortimer Clark, Lady Clark in palest pink bengaline, with brussels lace and pink bugle embroidery; Miss Mortimer Clark was in pale blue and Miss Elise in white and silver; Mr. and Mrs. George Crawford, the latter in pale pink satin and ninon, with pin, osprey in her hair; Miss Haidee Crawford looking very well in pale pink ninon and satin and accompanied by her guest, Miss Mabel Hay of South her guest, Miss Mabel Hay of South Bethlehem, Pa., also in pink, with crystal embroidery; Sir John Beverley, Robinson, Lady Robinson, in black sa-tin and jet; Mrs. Hardy, in black satin with diamond ornaments; Miss Mowat, in pale grey chiffon pure sating of in pale grey chiffon over satin of a delicate shade of pink; Sheriff Mowat, Mr. and Mrs. Harcourt Vernon, the latter in black charmeuse and peari pale blue; Major Bennett; Mrs. Bennett, Ornaments; Prof. and Mrs. Ramsay pale blue and gold, with a white satin white satin train and wreaths of roses; Miss Grace Hemming, white satin embroidered with mander and Mrs. Law, the latter in white lace over satin. With diamond ornaments; Commander and Mrs. Law, the latter white satin embroidered with gold and floselle; Hon. D. Reaume; Mr. Jones, for instance, goes to Winnipeg," said the chairman, "and buys miles," said the chairman, "and buys of the C.N.R. Messrs, Law, Messrs, Law, Messrs, Law, Messrs, Felling and Mrs. D. Douglas Young, the latter in pale pink and blue, with pearls; Mr. J. Ross Robertson, Miss Edith Heward; It Band, Messrs, Perry, Mr. Sydney in the latter in the black charmen Mabee outlined a concrete example of what the Dominion Millers, Association were complaining about in this regard.

Well, serve a subpoena on them if that has been brought there over their own lines.

Chairman Mabee outlined a concrete example of what the Dominion Millers, Association were complaining about in this regard.

Written serve a subpoena on them if they won't tell you what y J. Ross Robertson, Miss Eddith Heward: the Band, Messra. Perry, Mr. Sydney in white satin and chiffon, with pearl Band, Messra. Perry, Mr. Sydney trimming and a bouquet of pink roses. Eric Armour, Cant. Walker Bell, Mr. Band, Messrs. Perry, Mr. Sydney, Band, Messrs. Morris, Mrs. Somers, Mr. Eirle Armour, Capt. Walker Bell, Mr. P. Beatty, Dr. Mackenzie, Mr. Macdon-ald, Major Michie, Mr. Albert Nordand lilles; Miss Gladys Edwards, pale blue satin and lace, and Miss Violet Edwards in white charmeuse, with pink roses: Mrs. Frank Mackelcan, in white and silver: Miss Dunlop, also in white; Mr. and Mrs. Gerard Kirkpatrick, Miss Mr. Harold Scandrett, Mr. A. R. Creel-man (Montreal), Mr. Watson (Ham.i-Marjorie Kirkpatrick. in pale blue, with pink roses: Dr. PatHardy: Miss Edith Mowat in white satin and ninon; Major and Mrs. Bickford, the latter in purple satin; Mr. Norman Seagram. Mrs. Seagram, pale blue; Mr. R. J. Christie, Mrs. Christie in white and Mr. A. E. Gooderham, Dr. Brefney O'Beilly, Mr. Alan Taylor, Mr. Andy Duncanson, Mr. Lixle Martin, Mr. Mac emerald green with diamond ornaments: Mr. Cully Robertson, Mrs. Robertson in fine black lace over white: Mr. Burnham, Mr. D. Kirkpatrick, Dr. McPhedran, Mr. John Grey, Mr. Gar-

BROKEN HEALTH BRINGS WRINKLES Question Will Be Discussed at Alumni

How All Women Can Preserve Good Health and Good Looks.

long before they should. In nine cases ou of ten it is a matter of health. Work, worry, confinement indoors and lack of exercise cause the health to run down. Then faces become thin and pale: lines and wrinkles appear, there are headaches, backaches and a con-WOMEN'S MEMORIAL TO HEROES stant feeling of tiredness.

Women and girls who feel well look WASHINGTON. April 29.—(Can. well. Therefore, improve your health given the first dollar to a Woman's that thousands of Canadian women and secretary. The Trusts and Guarantee Co., Limited, 45 West King-street, or Titanic Memorial, which it is proposed shall be erected in Washington, to commemorate the men who went down with the ship.

Titanic Memorial, which it is proposed girls owe the robust health they enjoy to Dr. Williams' Pink Pills. They feel well and enjoy life as only a healthy

The third week of the exhibition of person can.

The simple reason for this is that Dr. black and white art in the gallery of Williams' Pink Pills make year also the public library commenced yester-Williams' Pink Pills make new, rich, day, and people are beginning to reared blood, which strengthens all the lize the importance of the collection. vital organs, brings brightness to the This may be indicated by the one fact eye, a glow of health to the cheek, and alone that it contains forty-five origbracing strength to every part of the inal etchings by Rembrandt. This body. Mrs. Warren Wright, Una, Sask., greatest of Dutch artists, and probably says: "I feel that I owe a debt of gra- one of the six greatest artists in the titude to Dr. Williams' Pink Pills that world, etched a very large number of othing I can say in their favor will plates, and the there has h fully repay. I was so reduced in health erable controversy regarding a few of and strength that I was hardly able to them, the majority are undoubtedly auwalk at all, and could do no work thentic. Some of his etchings are ownwhatever. My blood was so thin and ed by Canadian collectors, but it is watery that my lips and finger tips re-probably the first time that so many sembled those of a corpse. I had all have been placed together in an exhibition in this country. They are important headaches, and the small tion in this country. They are important headaches, and the small ant because they represent his work tating violently, and often I would drop from timid beginnings up to the fina faint. Nothing I did seemed to taneous fulness of his powers, help me in the least, and I felt so far set of the Needlework Guild. The series annual meeting was held April [28, and a record shown of 2808 garments clearly annual meeting was held April [28, and a passenger and crew.]

The annual meeting of the Gladdorne Part of the Gladdorne Pa gone that I never expected to recover

MANY IMMIGRANTS

from timid beginnings up to the spor

helmer Mr. Lynne Plummer, Mr. Stan-

ley Kerr, Mr. John Small, Mr. Cotton

Hon. F. H. Phippen, Mr. Harry Grubbe

ton), Mr. Cyril Watson, Mr. Frank Mc

Carthy, Mr. Hope Gibson, Dr. McLaren

Kelcan, Mr. Davidson, Mr. Cox, Mr. Costin. Capt. Kingsford, Mr. Ridou,

UNIVERSITY SETTLEMENT

Dinner Next Week,

at McConkey's, on Tuesday night, May 7. at 6.15 p.m. In addition to receiving

ient, upon which subject President

Tickets, which, under a new arrange-

ment, include membership in the associ

ation for one year, may be had for \$1.

The third week of the exhibition o

ing will consider the university

any member of the committee.

Falconer will speak.

The annual meeting and dinner of

The Better the Quality The Greater the Quantity

GOES FARTHEST FOR THE MONEY

Millers Make Complaint Of Slow Grain Shipments

grain eastward from Port Arthur and Fort William caused a lively discussion at the session of the Dominion Railway Board yesterday afternoon.

Gwing to the death of Mrs. G. H. Leonard, wife of the superintendent of the C. P. R., and the loss of C. M. Hays, president of the Grand Trunk, with Vice-President Kelly gone to Halifax to meet the steamer carrying Mr. Hays' body, the Dominion Railway Board will not at this session consider the plans for Toronto's new Union Station.

Miss Joan Arnoldi in white chiffon and lace; Miss Jessie Johnston in pale pink; and silver; Miss Grasett, pale pink; Miss Garrow, in yellow; Mr. Norman Gzowski, Mrs. Gzowski in yhite satin and red roses; Miss Bigger in mauve; Mr. C.L.Wiison, Mrs. Wilson, pale blue; Mr. and Mrs. Louis MacMurray, the latter in white satin and real lace; Mr. Casey Wood, Mrs. Wood, white satin with rose-colored sash; Miss Merritt, apricot satin and real lace; Mrs. Law-rence Baldwin, in white brocade and real lace, with pink roses; Miss Adele Boulton, wearing black; Miss Claire Derison, in white and sliver with pink points in eastern Canada. Another Boulton, wearing black; Miss Claire Derison, in white and sliver with pink ms. Bell, in pale blue silk collenne and pearls; Miss Primrose, in green over pink; Mr. and Mrs. Fleury, the latter in white brocade with real lace and train of black satin; Capt. MacMillan, in white over the grain from the terminal elevators that has been brought there over their own lines; Association, presented the case from the millers' Association, presented the icase from the millers' Association, presented the C. P. R. Wastronical the C. P. R. Wastronical t

grain in many cases, because the company had too much of its own business.

"It's no more your business than this again at Ottawa."

Complaint made by the Dominion Millers' Association regarding delay in the shipment and transportation of grain eastward from Port Arthur and Fort William caused a lively discussion at the session of the Dominion Railway Board yesterday afternoon.

Would be," interrupted the chairmen "The traffic in these instances originates at Port Arthur, and I can't see why you can refuse to ship grain eastward just because it has been brought to Port Arthur over some other railroad than the C.P.R."

the plans for Toronto's new Union Station.

C. B. Watts, secretary of the Dominion Millers' Association, presented the case from the millers' standpoint while the C. P. R. was represented by E. W. Beatty, their solicitor, and the C. N. R.

1995, and they have not yet been set-

Mr. Watts maintained that the C.P.R. and C.N.R. have refused to supply nim with necessary information about the distribution of cars at the terminal elevators and the arrangements for shipping grain from there.

"Well, serve a subpoena on them if they won't tell you what you want to know," said Chairman Mabee.

Mr. Shaw of the C.N.R., however, had all the information at hand that Mr. Watts had asked him for. The hearing will be continued this morning.

Must Be Irish

Clarry is evidently an Irishman, and

arrives from Montreal and buys this grain to be shipped to some point in Eastern Canada. He goes to the C. P. R. and as soon as that railway finds the grain has been shipped to Port Arthur over the C. N. R. they refuse to handle it, giving the preference to grain brought eastward to Port Arthur via the C.P.R.

Too Much Business

Mr. Beatty contended that it was impossible for the C. P. R. to handle this grain in many cases, because the company had too much of its own business.

that A. G. Clarry, Locust Hill, had written several letters to the company crossing at that place, and also that the crossing is often blocked for 10 or 15 minutes at a time by freight trains. The board ordered that an electric bell be put at the crossing, and that no further blockades occur. These the company claimed were occasioned by the trains having to be cut and coupled, and water taken in for the boiler.

The part of the C.P. R. to handle this grain in many cases, because the company claimed were occasioned by the trains having to be cut and coupled, and water taken in for the boiler.

FAT VANISHES

ONE POUND A DAY

GET MY FREE BOOK. COMMENCE REDUCING AT ONCE \$5,000.00 IN GOLD IF I FAIL

the Toronto branch Alumni Association Tens of Thousands of Grateful Patrons Proclaim This Wondrous Drugless





Looked as Fat as an Ox Before I Re- Here I duced My Weight With My Great

Drugless Combination Treatment.

THE JOY OF LIVING IS THE HERITAGE OF THE LEAN—I WAS
STOUT, AND I KNOW.

My friends were charitable and called it obesity; others said I was STOUT, but I know, it was just bulky fat. I was miserable, and so are you if too stout. To reduce your weight, you must do as I did. I FOUND THE CAUSE — THE REST WAS EASY. Before I succeeded, stried everything within and some things beyond reason. It was maddening, disgusting, alarming.

All I had to do was to remove the cause, and I MYWAY

Treatment.

To us will let the tell you how to reduce fat "Nature's Way. II it is astronishing the thousands of satisfactors.

To reduce fat "Nature's Way.

The fire fire for i san receiving. J. E.

Boiselle. Box 422. Great Eend. Kan.

White the true way. II it is astronishing the thousands of satisfactors.

The fire fire fire fire for it is astronishing the thousands of

Thruc

A comparis plies in the the correspo years, is as

Corn, bush
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wheat decrea
creased 2,574,
ed 2,000 bush
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year wheat
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decreased 463