

From the falls the route will be to Norris Geyser, thence over the same road taken on the outward journey back to Mammoth Hot Springs.

Rejoining the railway at Cinnabar the journey is continued eastward through Montana and North Dakota, passing through the peculiar formation once known as the Bad Lands, and now designated as Pyramid Park. Cross the Missouri River at Mandan, and pass through Bismarck, the capital of the new state, to St. Paul, arriving two days from the park.

St. Paul and Minneapolis, the twin cities of the Northwest, are about ten miles apart. Both cities have made rapid strides in the past 10 years until there is now a combined population of 300,000 in the two cities.

An interesting excursion can be made to Lake Minnetonka, a pretty summer resort, situated a short distance from the cities. The party can remain over night at one of the fine hotels, or the excursion can be made out and back in a day.

From St. Paul the party turns north, into the great provinces of the Northwest; crossing the boundary at Neche, the Canadian territory is reached, and the first stop will be in

Winnipeg the capital of Manitoba. The city was formerly known as Fort Garry, and is situated at the junction of the Red and Assiniboine Rivers; it was for years the chief trading post of the Hudson Bay Company. From a population of 100 in 1871, it has increased to 28,000 in 1889.

The Canadian Pacific. From Winnipeg the great Canadian Pacific railway extends to Vancouver nearly 1500 miles, crossing two ranges of mountains and passing through grand scenery. For sometime after leaving Winnipeg the road traverses level plain. Crossing the Assiniboine river at Brandon we reach the prairies which extend to the foothills of the Rockies, and enter the great grain growing country of the Northwest, and in the centre of which is Regina, the capital of Assiniboia.

The country beyond Regina is less settled and has a desert-like appearance.

We now approach the foothills of the Rockies. Calgary, the principal town between Brandon and Vancouver, is situated on a plateau in view of the great Rocky range. Beyond Calgary we enter the grand scenery of the mountains, and passing the anthracite mines at the base of Cascade Mountains, a stop will be made at Banff.

Banff Hot Springs are located two miles from the station and a fine hotel has been erected here. A number of sulphur and mineral springs were discovered in this region and the Canadian Government have set aside 260 square miles as a national