

### A PHYSICIAN AND HIS PATIENT IMPOSED UPON BY A DRUGGIST'S SUBSTITUTION.

I gave Sanmetto to Mrs. H., aged twenty-eight years, for frequent micturition and tenderness in region of kidneys. Patient was compelled to rise four or five times during the night, passing nearly a half gallon of urine during this time. After using a bottle of Sanmetto she was greatly relieved, but instead of getting more Sanmetto as I directed, patient was induced by her druggist to get a preparation of Palmetto; this had no appreciable effect whatever. Patient is now using Sanmetto, and is not likely to be imposed upon again.

CROSS, OKLA. T.

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### BLOND AND BRUNETTE IN EUROPE.

In a rough way, the extremes in the distribution of the blond and brunette varieties within the population of Europe are as follows: At the northern limit we find that about one-third of the people are pure blondes, characterized by light hair and blue eyes; about one-tenth are pure brunettes; the remainder, over one-half, being mixed with a tendency to blondness. On the other hand, in the south of Italy, the pure blondes have almost entirely disappeared. About one-half the population are pure brunettes, with deep brown or black hair, and eyes of a corresponding shade; and the other half is mixed, with a tendency to brunetteness. The half-and-half line seems to lie about where it ought, not far from the Alps. Yet it does not follow the parallels of latitude. A circle, described with Copenhagen as a center, sweeping around near Vienna, across the middle of Switzerland, thence up through the British Isles, might serve roughly to indicate such a boundary. North of it blondness prevails, although always with an appreciable percentage of pure brunettes. South of it brunetteness finally dominates quite exclusively. It should not fail of note that toward the east there is a slight though constant increase of brunetteness along the same degrees of latitude, and that the western portion of the British Isles is a northern outpost of the brunette type.

Thus we see at a glance that there is a gradual though constant increase in the proportion of dark eyes and hair from north to south. There are none of those sharp contrasts which appeared upon our map showing the distribution of the long and broad heads in Europe. On that map the extremes were separated by only half a continent in either direction from the Alps; whereas in this case the change from dark to light covers the whole extent of the continent. It is as if a blending wash had been spread over the map of head form, toning down all its sharp racial division lines. —Prof. WM. Z. RIPLEY in *Appletons' Popular Science Monthly* for April.

### A DESERVED EUROPEAN INDORSEMENT.

*Health*, a weekly journal of medicine and surgery, diet and sanitary science, London, Eng., says editorially:—"We have received from The Antikamnia Chemical Company, St. Louis, Mo., U.S.A., a brochure dealing with the action, history, indications and administration of their preparation, antikamnia. There is no remedy so useful and attended with such satisfactory results in the treatment of melancholia with vaso-motor disturbances, anæmic headaches, emotional distress, and active delusions of apprehension and distrust; and it also increases the appetite and arterial tension, and promotes digestion, as well as being particularly serviceable in relieving the persistent headache which accompanies nervousness.

"In neurasthenia, in mild hysteroid affections, in the various neuralgias, particularly ovarian, and in the nervous tremor so often seen in confirmed drunkards, it is of peculiar service. In angina pectoris this drug has a beneficial action; it relieves the pain and distress in many cases, even when amyl nitrite and nitro-glycerine have failed entirely. In pseudo-angina frequently observed in hysterical women, its action is all that can be desired.