

confessors who attend only to the purpose of their penitents never more to offend God, but take very little trouble to exhort them to have recourse to God by prayer whenever they shall be tempted to sin again. Confessors should be persuaded that when a penitent is strongly tempted all his purposes and resolutions will be of little use unless he ask of God help to resist the temptation; prayer alone save him. It is certain that they who pray are saved, and that they who do not pray are damned.

Hence, my dear reader, I say again, if you wish to save your soul, pray continually to give you light and strength not to fall into sin. In asking this grace, it is necessary to be importunate with God. St. Jerom says, that "such importunity with the Lord is seasonable." Do not omit to entreat him every morning to preserve you from sin during the day. And when any bad thought or dangerous occasion occurs to you, do not pay a moment's attention to the temptation, but turn instantly to Jesus Christ, and to the Holy Virgin, and say: "My Jesus, assist me; most Holy Mary, pray for me." To banish the temptation, it will then be sufficient to pronounce the names of Jesus and Mary; but should it continue, be careful to continue to call on Jesus and Mary for aid, and you shall never be conquered.

DEVOTIONS TO THE SACRED NAME OF THE INFANCY OF JESUS.

INVOCATION OF THE MOST SACRED NAME OF JESUS.

The name of Jesus signifies a Saviour, and expresses what the Redeemer has done for our souls, by shedding the last drop of his most sacred blood, and giving his life for us on the cross.

It should remind us of our strict obligation to be grateful to him, and to make the best return in our power for this immense benefit of our redemption; at the same time it should animate our confidence of being saved through his infinite merits: For, *There is no other name under Heaven, given to men, whereby they may be saved.* Act, iv, 12.

Pope Sixtus, V. penetrated with these reflections, and desirous that every christian should frequently entertain in his heart, and express with his tongue the most holy name of Jesus and also that of Mary, more especially at the approach of death; by a brief, dated July 15, 1587, granted 100 days of Indulgence to the faithful, each time that, saluting each other, one should say: *Praise to Jesus Christ, and the other should answer: For ever, or Amen, or May he be always praised.*

Moreover to those who devoutly invoke the sacred name of Jesus and Mary, the aforesaid Pope granted for each time an Indulgence of 25 days; and if they should have practised the pious custom of saluting or answering, as a Love, or of invoking frequently, during life, these holy Names, he granted to them, at the time of death, a plenary Indulgence, provided they call on Jesus at that awful hour, at least with a contrite heart, if their tongue be unable to express this most hallowed and all-saving Name.

Finally, he granted the above-mentioned Indulgences to Preachers, and to all others, who exhort the faithful to salute each other in this manner, and to invoke frequently the most august names of Jesus and Mary, which were confirmed anew by Benedict XIII in a decree of the sacred Congregation of Indulgences, dated 12th Jan. 1728.