-There is a Peace That Cometh After Sorrow.'
(Jessie Rose Gates, in the 'Century.')
There is a peace that cometh after sorrow, Of hope surrendered, not of hope fulfilled; A peace that looketh not upon to-morrow, But calmly on a tempest that is stilled.
A peace which lives not now in joy's excesses, Nor in the happy life of love secure;
But in the unerring strength the heart pos. sesses
Of conflicts won while learning to endure.
A peace there is, in sacrifice secluded;
A life subdued, from will and passion free;
${ }^{\prime}$ Tis not the peace which over Eden brooded, But that which triumphed in Gethsemane.

## A Well-Spent Life.

Dr. Griffith John, the well-known and devoted missionary who has done and suffered many things in China, tells us that it was the gladdest moment of his life when he was privileged to shed his blood for Christ amid a crowd of roughs who were pelting him with stones. Now Christian churches flourish among this very people. Is it not a well-spent life? Who will follow this worthy example? Sixteen years ago he said, I have been twentysix years in China. Had I twenty-six more lives thrice twenty-six in length, every day would be devoted to China.'-'Congregational Magazine.'

## Dr. Grenfell's Mission in Labrador.

## A chance to help.

There are many warm hearts full of eagerness to help the work of the Labrador Mission, but as far as money gifts go, their assistance has to be strictly limited. There are other ways in which much acceptable aid may be given, ways, too, that are possible, some of them at least, for almost anyone. Cruising up and down the lonely bays, Dr. Grenfell finds many a half-clad family, whosa scanty wardrobe must be supplemented by contributions from the mission storehouse, though grants of this kind, wherever possible, are repaid in part by labor of some sort. The mission storehouse can only be kept replenished by barrels and bozes of warm clothing sent out continually by friends in more favored lands.
In this storeho:ise, either new or secondhand clothing is acceptable, but if the latter is sent, great care must be taken that all garments are in thorough repair. If everything is neatly patched or darned, buttons or tapes in place, it will not matter so much if garments are slightly faded or not of the latest design, so long as they are strong and warm. Particular care should be taken that no moths are lurking in the folds of woollen garments when packed, for it may be some months before the barrels are opened, and there are few things more disheartening to a missionary than to find the gifts, intended by kind-hearted donors to give lasting comfort, are only fit to be thrown away.
Where the mission is called on to minister to men and women, boys and girls, of all ages, down to the youngest infant, it will readily be seen that any article of warm whole clothing can be used, whether for indoor or outdoor use. Cloth or knitted hoods or caps, woollen mittens, cuffs, muwers, or socks, thick jerseys, fishermen's knitted helmets, all these are particularly useful. The mittens are preferred with quite short wrists,
to lessen the danger of the chafing of wrists already, perhaps, galled by oilskin sleeves, and for much of the work it is found more convenient to have the mittens bound off after an inch of ribbing about half-way down the fingers. This leaves the tips of thumb and fingers freer for hauling the ropes and handling the nets.
Quilts and comforters are most welcome, both for needy families and for use in the different hospitals, for everywhere the stock needs constant renewing. Bandages ready rolled are invaluable in the hospital, saving much time to the often over-taxed assistants. Perhaps the most useful sizes are from $I^{1 / 2}$ to 5 inches in width. They lose half their value, however, if they are not tightly and smoothly rolled; the end is best secured with a very small safety pin which is useful for securing the bandage after application.
For those who would like to make something out of the common, there are the waterproof finger stalls and mittens, made of rubber sheeting, the sections carefully bound with tape before sewing together. These stalls or mittens prove very comforting and protect sore hands in great measure from the salt water, where work has to be continued even under great difficulties.
As to packing and shipping of supplies, of course, no work of this kind can be undertaken unless the entire expense is prepaid. Fortunately, no expense is incurred from Montreal to Labrador, the Black Diamond line, plying between this port and St. John's, Nifd., very kindly carrying the mission supplies frec. The Newfoundland Government admits them duty free, and the coasting schooners and steamers carry them free round to some port where Dr, Grenfell himself picks them up when cruising in the 'Strathcona.' If, therefore, friends will prepay to Montreal, consigning to Black Diamond Line Steamship Co., they may be assured that their gift will reach its destination in due time.
Barrels should be used in preference to bales or boxes. Sailors like barrels better and find them much easier to handle. The address, 'Dr. Grenfell, Deep Sea Mission, Labrador,' should be clearly placed on the head of the barrelbetter both ends, in fact, and it is well to mark the name of the place from which it is sent round the side-though this is not necessary. One thing should be done without fail-that is, to place inside the barrel, on top of all the contents, a letter giving a list of the articles sent, the date of sending, the address of the person to whom acknowledgment should be sent, and any special points of interest you may wish to give. A duplicate letter and list placed at the bottom before the goods are packed would not be a bad idea, and would ensure the list being seen whichever end was opened first.
It is most desirable at the Mission to be able to credit each barrel to the right donor, and to be able to recall from the list, the contents of the various barrels when the time for writing the acknowledgment comes.
Even with the letter inside, do not be disappointed if six months or even more elapses before acknowledgment is made, for unforeseen delay may occur. Be sure that long before a formal letter of thanks reaches you grateful hearts have sent you thanks 'on the wings of the wind,' and the other will come in good time.
We have made a number of suggestions, feeling sure that there are many readers who will be glad to keep this mission in mind from this time forward, and prepare during the summer and winter to make yearly gifts of this kind as the spring comes round. For
this year, the response must be at once, if at all. The best time for sending all consignments is the early part of June, for then barrels will probably reach their destination and be acknowledged before the close of the short summer. If sent later than that various causes may delay acknowledgment even to the following summer. There are many places where with a little prompt action a barrel could be packed and despatched within two weeks, or at least three. Individual friends wishing to send a small parcel, a warm coat, a couple of pairs of socks, mitts, or the like, should send in at once to the Montreal committee, care of Miss Roddick, so Union avenue, for enclosure in the barrels, which are to be packed very shortly.
We have said purposely nothing about jams or jellies because these can only be made as the fruit comes in and must have special provision made for late shipping. A little later we hope to give some hints on that subject.

## The Saintly Wife as Proxy.

In Canon Gore's opinion, there is a danger of re!ying too much upon living saints, as well as upon dead ones. How many a man, he said in his Sunday evening sermon at Westminster Abbey, recently, is there who is glad that his wife is such a good religious woman? 'My wife is reaily a saint,' he says. But he entertains the strange idea that it is the woman's part to have the religion for the family, and that it can hardly be expected of the male part of the population. He relies upon his wife's religion. Now, religion is a matter which cannot be lent ans' borrowed. The religion of my neighbor may inspire me, may sustain me, may encourage me; but so far from being a thing which by mere external influences can pass into me, the most dangerous situation of all is to be always near religion and never to assimilate it. There are people who pride themselves on not being sacerdotalists; they do not rely on the assistance of any priest. Well and good. But they rely upon their favorite preacher; they like to hear such an one preach; and when he ceases to preach they cease to worship.-The 'Christian World.'

## Acknowledgments.

We hold over the list for this week of gifts to the Labrador Mission, as it is not very large. Next week we hope to have a marked increase. Preparation for summer is the order of the day for us, but in Labrador it is the eager, strenuous preparation through the brief summer for the long, hard winter. Prompt gifts now will mean timely relief for some one just when it is sorely needed.

## NORTHERN MESSENGER PREMIUMS



