

# A Page of General Interest to Women Readers

## Literature For Lonely Ones Is Work of Aberdeen Association

Quiet But Effective Work Along Patriotic and Educational Lines—Closing Meeting Held.

Working quietly along various lines, yet never forgetting its primary object, that of sending reasonable literature to lonely people in Western Canada—little is realized of the worth of that organization of London women known as the Aberdeen Association. Founded quite a number of years ago by that gracious woman, whose name the association bears, the Countess of Aberdeen, scores of isolated homes have been cheered by the reading matter sent by the members here and in other cities. It was while on a tour through Western Canada that Lady Aberdeen realized the loneliness of the settler's home, and heard many a story of the absolute creature of a woman's life, especially during the winter months. With a view to relieving this condition, and bringing some brightness into isolated districts, Lady Aberdeen, upon her return east, at once interested a number of women to whom magazines and books were a daily occurrence, in a plan to forward reading matter to the lonely ones.

Now, the association is a Government incorporated society, and the parcels of books and magazines which go forward each month, excepting July and August, are sent free of charge. To the lonely prairie home, to the drear home of Northern Ontario, and to the lumber, and construction camps, literature is sent.

**Patriotic and Educational.** That it is appreciated is given high evidence of in the many letters which reach the members of the London branch. For the last year or so, the



Brings Roses to the Cheeks  
**Cowan's Perfection Cocoa**

**WHAT TO DO WHEN HAIR GROWS THIN**  
Parisian Sage Makes the Hair Grow.

If your hair is getting thin and causing you anxiety, you ought to read about Parisian Sage, the hair grower, that surely does grow hair. Parisian Sage is guaranteed by the manufacturers to stop your hair from falling out, to make the hair grow profusely if used regularly. Hair falls out and stops growing because the hair root does not receive proper nourishment. If the nourishment entirely ceases, for any length of time, the hair root will die and the hair will fall out. Parisian Sage restores the nourishment that nature supplies it. Parisian Sage soaks into the scalp, destroys the dandruff germs and furnishes the nourishment needed to stimulate a renewed growth of hair.

Parisian Sage grows hair, stops hair from falling out, eradicates dandruff and puts an end to splitting hair. It turns dull, lifeless, faded hair into bright, lustre hair, and is used by women and men who take pride in beautiful and luxuriant hair. It is the most delightful and refreshing hair dressing ever put into a bottle, and should be used by every member of the family.

Parisian Sage is sold by leading druggists everywhere for only 50c a large bottle.

For aches, pains, rheumatism, etc., try Parisian Mustard Ointment. Its effect is wonderful. Use in place of mustard plasters, poultices or hot applications; 25c a tube.

**Learn the Flavor of Perfect Coffee**

Blended by experts, from the finest coffee beans the world produces.

**Rideau Hall Coffee**

STEEL-CUT CHAFFLESS

is roasted and ground (steel-cut) in a Canadian Mill, by Canadians, for Canadians.

Sold in sealed tins only, 45c a lb. at your grocer's, or 25c for a small size tin.

Gorman, Eckert & Co., Limited LONDON and WINNIPEG

Billy Coffey Says:— "When you rise up from your couch Don't contract a morning grogginess. Drink a little RIDEAU HALL."

Every 10c Packet of WILSON'S FLY PADS WILL KILL MORE FLIES THAN \$8 WORTH OF ANY STICKY FLY CATCHER

**Sold Weight Guaranteed**

So accurate are Lantic package weighing machines that half an ounce underweight stops the machine. Every Lantic Sugar carton and bag is weighed at the Refinery, and full net weight is guaranteed.

Avoid the "spilly" wasteful paper bag, by asking for Lantic Sugar in original packages. They are easily identified by the red ball trade mark.

Lantic Granulated is packed in 2 lb. and 5 lb. Cartons. Also in 10 lb., 20 lb. and 100 lb. Bags.

Atlantic Sugar Refineries Limited MONTREAL, QUE. ST. JOHN, N. B.

**Lantic Sugar**

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## ADVERTISER PATTERNS



1282—A Practical, Comfortable Costume, Girls' Junior Dress.

As here shown brown and white striped gingham was combined with brown chambray. The style would be nice for blue gaiters or linene, with white or red trimming. It is also good for linen, poplin, repp, crepe, serge, and cashmere. The blouse has straight semi-fitted lines and may be made with sleeves in wrist or "elbow" length. The skirt is cut in three sizes: 12, 14 and 16 years. It requires 5 1/2 yards of 36 inch material for a 14 year size.

A pattern of this illustration mailed to any address on receipt of 10c in silver or stamps.

**ADVERTISER PATTERN DEPT.** Please send above-mentioned pattern, as per directions given below, to:

Name ..... Town .....

Province ..... Age (if child's or misses' pattern) .....

Measurement—Bust ..... Waist .....

**CAUTION**—Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is received you need only mark 22, 24 or whatever it may be. When in waist measure, 22, 24, 26 or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "centimeters". Patterns cannot be sent in less than one week from date of publication.

**LINEN IDEAL FOR MILITARY TAILLEURS**

The summer girl will wear trig military suits of linen this year, and naturally the linen will be blue—soldier blue in shade. From Paris comes such a suit for young women, and it is so attractive, cool and practical for beach and casual wear that the model is being coupled in countless made-to-order tailors. There is, first, a flatty coat, perfectly straight in line and falling to the hips. This is bound at the edges, on the cuffs and down the front—which fastens across toward the left side, with narrow white braid. One white pearl button holds the front just below a tall, military collar, also edged with white braid. A wide, loose black patent leather belt edged with white kid and fastening with two white kid buttons, holds in the loose coat just below a natural waistline. The skirt is a gored, flare model, slashed up six inches in four places at the edge. Skirt and slashes are bound with the white braid, and the skirt is short enough to show military boots of patent leather and gunmetal gloves and a small military hat of blue straw draped with a white tulle mesh veil will add the finishing touch of crisp smartness to this knowing beach costume.

**LADY BECK TO TELL OF HOSPITAL WORK IN ENGLAND**

Men and Women Cordially Asked to Hear Address By Red Cross President—Need of Wheel Chairs.

All the workers at the Red Cross and C. W. C. A. rooms, Hyman Hall, were glad yesterday to welcome Lady Beck, president of the Red Cross, who but recently returned from England. On Friday afternoon at 3:30 o'clock, everyone interested in the work, and men and women generally, are invited to be present at Hyman Hall when Lady Beck will give an account of her experiences in England. During her stay there she visited many of the military hospitals, and came in close touch with conditions existing in the Old Land at the present time.

**Wheel Chairs Needed.** Both the Red Cross Society and the Canadian War Contingent Association are asking for assistance in the purchase of wheel chairs, to be sent to military hospitals in England, or for the donation of wheel chairs used, but in good condition. Two of the latter have already been received.

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**CASTORIA** For Infants and Children In Use For Over 30 Years Always bears the Signature of *Charles H. Tuttle*

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## Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

**Great Steamship Calamities.** Dear Miss Grey—Could you possibly obtain this information for me? When were these steamers lost, and what was the loss of life—Empress of Ireland, Kikemaru, Voltorno, Titanic and the Maine? SANSONE.

Ans.—Fortunately I happened to have the figures at hand. The Maine was blown up in Havana harbor February 15, 1898, 264 lost; Titanic, collided with iceberg in Atlantic April 14, 1912, 1,490 lost; Kikemaru, sunk off Japan September 28, 1911, 1,000 lost; Voltorno, afire in mid-ocean October 10, 1913, 136 lost; Empress of Ireland, rammed in St. Lawrence River May 29, 1914, 954 lost.

**Hot Day Puddings.** Dear Miss Grey—Please give me a couple of nice pudding recipes; something to serve cold for summer.

Ans.—Here are two you may like. The Delmonico pudding is rather large, and for the average family half quantities will answer, with two eggs: Delmonico Pudding.—One quart of milk, three tablespoons of cornstarch mixed with a little cold milk, yolks of five eggs beaten with six tablespoons sugar, boil three minutes, pour in a pudding dish and bake half hour. Beat the whites of the eggs with six tablespoons of powdered sugar, spread over the top and return pudding to oven until a delicate brown.

**Caramel Pudding.**—Melt two-thirds of a cup of sugar in frying pan, stirring so sugar will not burn, heat one pint milk and blend with sugar, add three level tablespoons of cornstarch, one tablespoonful of butter, one egg beaten together; flavor with vanilla. Serve cold with cream.

**Deeply In Love.** Dear Miss Grey—I am a young man, 24 years of age, and am deeply in love with a girl of 18. She tells me she loves me very much, but she persists in keeping company with other fellows, but if I go out with another girl she becomes angry. Do you think she really

loves me, and if so, how can I break her off this habit. WYOMINGITE.

Ans.—As long as the young lady is not engaged to you, she is quite at liberty to accept attentions of other men; she should, however, be willing to accord you the same liberty. Personally, I don't think a girl of 18 is old enough to be really in love, or to grasp its meaning—the average girl, I mean. Seems to me you would find a more congenial comrade from girls nearer your own age. However, if Miss Eighteen-Year-Old is THIS one, should think a little neglect of her, and a bit of attention to one or two other lasses might be the best method of opening her eyes.

**For "Boccagen."** Some time ago a reader, "Boccagen," sent us a poem that had been requested, and asked if it were possible to obtain a certain section of The Advertiser serial "Molly McDonald." I have this clipping on hand, and would be glad to receive "Boccagen's" address so that I might forward it to her.

**Benefited By It.** Dear Miss Grey—I for one am pleased to learn that you are able again to give us our daily Mail Box. I have derived some benefit from it, and hope that some day I may be able to help someone else. I am sending the words of the song "Just Before the Battle, Mother," and trust that the one it is intended for may be able to read it. I would like the words (and music), if possible, of a song, some words of which run something like this:

As I was out roaming one fair day in May,  
And seeking recreation as well, I might say,  
Whom should I see near me but a young Indian lass,

Thanking you in advance, I remain,  
Ans.—Thank you, friend, I hope we may be of some help to you in return, and that some reader may supplant the song you wish.

**THE BACKYARD GARDEN**



**A Way To Get Early Tomatoes**

**GETTING TOMATOES EARLY.** [By Prof. Spade.] If the gardener who desires to supply his family with tomatoes from the backyard lot does not get an early crop he is not taking advantage of the principal reason for getting tomatoes early in the season, when they are costly, instead of late in the year, when the market is glutted.

You need lots of tomatoes for your own use during the winter months, especially as the canning process is simple.

The main point to observe is the necessity of keeping the tomato growing without check of any kind. Many growers of tomato plants sow seed in a hot-bed and let the plants grow without transplanting until the ground is warm enough to plant in the open.

This method simply produces long, thin-stemmed plants that cannot mature, and bear fruit in the same manner, quantity and quality considered, as a plant that has been transplanted

from a hot-bed to a cold-frame, later to a pot and lastly to the field or garden.

If you want early tomatoes train your tomatoes to a stake and prune all side shoots. Just retain the central leader, and let it rise to the stake with raffia. If this method appeals to you it is possible to plant much closer than you can if the vine is permitted to grow at will.

Don't overlook the fact that the tomato does well in a properly cultivated clay soil. And it does not give good results in a limed soil.

Many gardeners supply heavy dressing of stable manure. The result is not necessarily simply encouraging production of vine.

What is needed is a properly-prepared soil that contains the available plant food required by the tomato, and after final planting employ proper methods of cultivation to keep down weeds.

But more important than anything is the maintaining of a dust mulch to conserve moisture. Cultivate!

ready been presented to the Red Cross, one from Mrs. Charles Leonard, the other by the Askin Street Methodist Church, and yet a third has been promised. The C. W. C. A. has pledged itself for twelve chairs, and the Red Cross Society for twelve that number. Donations of money, large or small, would be gratefully received. It is estimated that individual chairs cost about \$50 each, and those in charge believe that could a large sum be collected and several chairs purchased at once, a reduction in price might be effected.

The Red Cross treasurer acknowledges \$50 from the Women's Auxiliary of the wives of Conductors and Trainmen; also \$75 for sale of crocheted yoke.

If you wish your neighbors to see what God is like, let them see what he can make you like. Nothing is so infectious as example.—Charles Kingsley.

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## DAINTY MUSLIN UNDERWEAR

**IN GREAT VARIETY AT LOW PRICES**

**LUSTRES** FOR NOVELTY SUMMER SUITS, DRESSES OR BATHING SUITS.

With the reappearance of the wide skirt, lustres and mohairs have again sprung into popularity. There is no material that will give you better wear or more satisfaction. We are offering splendid values at the following low prices:

42-Inch Lustre, in navy, green, brown, grey, cardinal and black, fine quality and finish, at 50c Yard

44-Inch Lustre, in green, brown and black, at ..... 75c Yard

36-Inch Lustre, in navy, cardinal, green, brown and black, suitable for bathing suits, at ..... 25c Yard

**White Skirts** In White Cotton Petticoats we have a big range of designs selling at 50c, 65c, 75c, 85c, \$1.00 up to \$2.00 each.

**Princess Slips and Combinations** We have a complete range of Princess Slips and Combinations, ranging in prices from 75c to \$4.95 garment.

**Ladies' Knitted Sweater Coats** Our stock of Ladies' and Misses' Sweater and Sport Coats is larger now than for some seasons. All these lines were bought before the great advance in the price of wool goods of all kinds. We are able then to give you an assortment that is all inclusive at very low prices.

**Always the Best of Everything for the Least Money**

**Gray's** LIMITED. 140 Dundas Street. PHONES 115-116.

**OLD SONGS and POEMS**

**JUST BEFORE THE BATTLE, MOTHER.**

[Sent Upon Request by "Unknown."] Just before the battle, mother, I am thinking most of you; While upon the field I'm watching, Comrades brave are round me lying, Filled with thoughts of home and God— For well they know that on the morrow Some must sleep beneath the sod.

Chorus. Farewell, mother, you may never Press me to your heart again; But, oh, you'll not forget me, mother, If I'm numbered with the slain.

O, I long to see you, mother, And the loving ones at home, But I'll never leave our banner "Till in honor I can come. Tell the traitors all around you That their cruel words we know In every battle kill our soldiers, By the help they give the foe.

Hark, I hear the bugle sounding, 'Tis the signal for the fight; Now may God protect us, mother, As he ever does the right. 'Tis the battle cry of freedom— How it swells upon the air, Oh, we'll rally 'neath the standard, Or we'll perish nobly there.

**CHURCH WOMEN CONTINUE WORK FOR C. W. C. A.**

Many Gifts From Local Church Women in May—Fine Work Done Outside, Too.

Women of the city churches are still doing splendid work providing supplies to be sent to the military hospitals in England through the local branch of the Canadian War Contingent Association. During May the following has been contributed:

First Methodist Church—Fourteen suits underwear, 4 dayshirts, 1 hospital shirt, 2 pairs socks, 25 handkerchiefs, 4 dozen towels, 45 sheets, 63 pillowcases, 1 hospital shirt.

St. John the Evangelist—One pair knecaps, 5 pairs socks, 1 muffler, 1 pair pyjamas, 4 pillowcases, 3 handkerchiefs, 1 hospital shirt.

Adelaide Street Baptist—Three pairs socks, 3 handkerchiefs, 21 towels, 12 sheets, 12 handkerchiefs, 4 dayshirts, 4 suits pyjamas, 4 hospital shirts, 6 sheets, 12 towels.

King Street Presbyterian—One dayshirt, 1 suit pyjamas, 1 hospital shirt, 2 pairs socks.

Dundas Centre Methodist—Twenty-two pairs socks, 2 knecaps, 10 dayshirts.

St. James' Anglican—Four hospital shirts, 4 dayshirts, 6 pillowcases, 4 cholera bands, 6 towels, 6 sheets, 11 pairs socks, 4 suits pyjamas, 15 handkerchiefs.

Knox Presbyterian—One hospital shirt, 1 suit pyjamas, 1 dayshirt, 2 pairs socks, 4 towels, 12 pillowcases, 2 sheets, old linen.

First Presbyterian—Twenty-four sheets, 24 pillowcases, 24 handkerchiefs, 22 towels, 2 washcloths.

Talbot Street Baptist—Twenty-seven

bath towels, 5 pairs socks, 5 dayshirts, 1 pair knecaps, 3 suits pyjamas, 6 pairs socks.

Adrian Street Methodist—Six hospital shirts, 9 sheets, 24 pillowcases, 16 towels, 2 suits pyjamas, 12 handkerchiefs, 2 dayshirts, 9 pairs socks, 1 bundle of old linen.

Chalmers Presbyterian Church—One suit pyjamas, 4 pairs socks, 2 handkerchiefs, 1 suit underwear, 1 cholera belt, 1 dayshirt, 1 hospital shirt.

Other donations received are: A friend, 1 pair bed socks, 6 towels; unknown, 1 pair knecaps, Warwick, 6 sheets, 6 nightshirts; I. O. D. E., Stratford, 70 suits underwear, 70 towels; Parkhill, 24 handkerchiefs, 134 towels, 28 hospital shirts, 3 pairs socks; Highgate, 9 pairs socks; Seaford, 4 pairs socks, 2 bands, 6 handkerchiefs; Miss Hetherington, 1 pair socks; Mrs. W. A. McCrimmon, 1 pair socks; Galt, Women's Patriotic League, 183 pairs socks, 103 shirts, 150 handkerchiefs; Blyth, 25 pairs socks; Byron, 20 pairs socks, and 3 pairs knecaps.

Money donations are: \$25 from Farmers' Advocate, per John Weld; \$1 from Miss Mary Mulveny.

**LONDONERS WILL ATTEND Y.W.C.A. CONFERENCE AT MUSKOKA**

June 23 to July 2 Date of Annual Affair—Dr. Brathwaite to Go.

A number of Londoners are expecting to attend the Young Women's Summer Conference at Elgin House, Muskoka. The latter part of 1914 was a most interesting and instructive time is anticipated. Mrs. R. Falconer, president of the Dominion Council, Y. W. C. A., will be the hostess of the conference, and delegates will be present from branches of the association throughout Canada. A large representation from the student and college branches is expected.

The session will open on June 23 and continue until July 2. Professor Brathwaite, president of Western University here; Prof. S. H. Hooke, of Victoria University, Toronto; Principal Oliver, of the Presbyterian College, Saskatoon; and A. W. J. Myers, religious educational secretary of the Presbyterian board, will have chief charge of the Bible instruction and educational lectures. A new feature this year will be "Missionary Training Methods for Leaders," conducted by J. S. Woodworth, secretary Canadian Welfare League, and Dr. Sinclair. It is also hoped by those in charge that Miss Helen Davis, secretary field department, American board, will be able to attend.

**Recreation, Too.** In addition to the lectures and instruction, recreation of various sorts will be provided for, including tennis, basketball, bathing, and launch trips. Special rates for travel and boarding are being arranged for, and Miss Ludwig, secretary of the local association, will gladly furnish any information desired. Applications for rooms must be made before June 8. Among the Londoners who will attend are Dr. and Mrs. Brathwaite, Mrs. C. W. Leonard, Miss Sutherland, Miss M. Ludwig, and others.

On some of the new frocks the waistline is finished with rather narrow velvet ribbon going round from

**A Healing and Antiseptic Soap. LIFEBOUY**

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O, I long to see you, mother, And the loving ones at home, But I'll never leave our banner "Till in honor I can come. Tell the traitors all around you That their cruel words we know In every battle kill our soldiers, By the help they give the foe.

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