

## A Page

Cynthia Grey's Daily Mail Box.  
Talks on Styles We'll Be Wearing.  
Recipes by Advertiser Readers.

## For

Series on Backyard Gardening.  
Activities of London Women.  
Items of General Interest.

## Women

## Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

## About Loves and Doves.

My Dear Miss Grey.—I read your page with much interest and profit, and some amusement. To "Star" I would say if you carry out your program you are in a fair way to spoil a good man. It is not good for anyone to always have their own way and be humored in all their whims. I think many a good man has been spoiled by a young wife. A really good wife will gently but very firmly insist on his doing certain things because it is right that he should.

For instance, if he does not like a bath, for goodness sake make him take it. If he prefers going out without you and objects to entertaining your friends at home, don't let him do it—just don't let him. Perhaps he does not care to go to church on Sunday. Just think of "Nine Years Married." I am sure she had just such ideas as "Star" has, and see the result; and it is likely she does not even know it is mostly her own fault. You can do all this the first few months, but it is a terrible task to try to break him of bad habits once formed.

I have been listening to a dove cooing today for the first time this season; it reminds me that someone asked about a dove. I am sure the one she describes is the Asiatic dove. My father used to have some; they were great pets, we kept them caged in the winter, but let them out in summer, and I do not think we ever got through a meal but they would come and light on his head or shoulders and, of course, got the food they were expecting. I think the doves I hear now may be descendants of those, though it is nearly 40 years ago.

And now a word about tomatoes. There is one thing I have never noticed in any of the recipes given, and that is, after you have peeled them, cut a slice off the tomato, take it in your hand like a sponge and squeeze out the juice and seeds, or as much as you can, and then put the flesh in jars and pack as tightly as possible, and when done they will be about an inch from being full, but I never open them, and they never mold or spoil; they tell me it is the seeds and thin juice that spoils them. You can take the juice and strain out the seeds, add more tomatoes and a few apples, and make catsup, and it is fine.

No, not a question this time. Respectfully yours,  
A LOVER OF BIRDS AND FLOWERS.  
Ans.—I suppose in your method of canning tomatoes, the jars full of the sliced fruit are set in a kettle of water and boiled for time?

As to your footnote, your kind pro-

posal is most inviting; especially today is the thought of a cool seat beneath pine trees, delightful. We'll see, some day, friend. How you must enjoy the old house—and the lilacs—I can fairly smell them already!

## The Family Purse.

Dear Miss Grey.—In regard to "who shall carry the purse" problem, which has been open to your mail-box readers, I, for one, have been standing on one side, to see what some of your splendid writers said on the subject. I read some years ago a discussion on this point in the August (Ma) Happy Hours. It said: "Let John and Mary decide by mutual consent who should have the handling of the money. Which one was the most capable, etc. Where there is plenty of this needy article, it is easy for both to dip in and help themselves, and we know it takes grease to keep the wagon-wheels from squeaking, or, in other words, life can run more smoothly when a couple are not financially embarrassed."

My life has been a good deal like "a cork on the ocean." During our 24 years of married life we have tried farming and life in the city. I do not think many of the latter women have written. My husband and I generally talked matters over, and if I could spare \$5 he would try and save it for some extra. Sometimes he would only keep a quarter, and if I wanted it before the next pay-day it would be there, and he would tease me and say, "I knew you would have it." That is the beauty of having a man that does not touch liquor or tobacco. Now we are on the farm again, and as I am not at all strong, he has to do most of the handling of the money, but that does not hinder our talking it over and deciding together what is best to be done. I think if this were followed out, there would be fewer quarrels, and the man would not say so often, "What did you do with it all?"

I heard of a woman who was very poor, never seeing much of anything, till one day someone took her in sight of the ocean. The story says that the old woman exclaimed at last, "Thank God, I've seen enough of something." Think, Miss Grey, you must begin to feel somewhat the same, the heaps of letters you are getting, mentioning the old ethered writer, and you will think me like the Dutch woman in the dialogue, getting "her picture took"; when told not to shake her head kept saying, while she shook it all the time, "No, no, I won't shake mine, head at all." So me, I won't mention names, but only say I have had a good laugh over some letters.

1. Do you not think a person's character can be told more by the way they wear their boots out than by their writing?

2. Also, can anyone be thoroughbred English and have black hair and eyes?

OLD WOMAN IN THE SHOE.

Ans.—1. Yes, to quite an extent; handwriting is often so affected as to be of no real index to character. Perhaps some of our readers know that a person's character is indicated by the manner in which their boots wear out, but shoemakers say it is so. If you are a slipshod, lazy person, the inside of the heel wears first; a person of nervous temperament, easily excited, wears down the outside edge of the heel very quickly; the critical, carping individual, yet perhaps warm-hearted underneath the crust, is sure to get holes first of all in the sole, beneath the toes.

2. In the first place, I do not like to hear of a person being designated as "thoroughbred"—you see, I am not in favor of eugenics. In the second place, it's too hot to think about the matter, and, in the third place, I do not know, but I should think so.

Man—Woman—and Dog.

Dear Miss Grey.—After reading the letter in the Women's Page, recently, I could resist the temptation of writing your little poem, the first two verses of which I found in the Sunday School paper; it fitted in so admirably with the letters. Here it is:

He was a dog,  
And stayed at home  
And guarded the family night and day.  
He was a dog,  
That didn't roam,  
He lay on the porch or chased the stray.  
The tramp, the burglar, the hen away:  
For a dog's true heart for that household beat  
At morning and evening, in cold or heat,  
He was a dog.

He was a man,  
And he didn't stay,  
To cherish his wife and his children fair.  
He was a man,  
And every day  
His heart grew calous, its love-beats rare.  
He thought of himself at the close of day,  
And clinged in his fingers hurried away  
To the club, the lodge, the store, the show,  
But—he had a right to go, you know!  
He was a man.

She was a woman,  
And didn't say  
"I love you dear," when he went away.  
She was a woman,  
And every day  
She thought of the homage he ought to pay.  
To her, his wife, and her voice was firm.  
She said, "You bet I'll make him squirm!"  
I'll copy his faults out one by one;  
I'll think up all the wrong things he's done.  
And then I'll send them to Cynthia Grey  
And find out what she has to say.  
Perhaps it'll frighten Star that Guides,  
And terrify other would-be brides.  
She was a woman.

Then I think she went out, and petting the dog that stayed at home, that's why he stayed at home, because he was petted, and loved, and trusted. "A man can't be trusted," you know. And I wonder. All you women who because you have failed in selecting the right mate for life, are trying to force us young girls to spend our girlhood in fear and trembling, because there is one chance in a hundred that we will make the same mistake. You married women who, because hubby stays out nights are too unbending to let him see that you care for him or, afraid that a little loving and petting will spoil him, I wonder if you ever forget to pet the dog that stays at home.

RANNOCHITE.

Present For Chum.

My Dear Miss Grey,—I have had so

## Look To Your Refrigerator---Dangers May Lurk In Ice Box Corners!

CAROLINE COE'S TALKS TO HOUSEWIVES.

[BY CAROLINE COE.]

Mrs. Housewife, in just what condition do you find the refrigerator you are using this season?

Three things must be found in a perfect refrigeration plant, and these must reach farther than the ice chest, the plant must be sanitary—efficient and economical.

First, one must see that the box is properly placed, preferably in a light, airy place, and that the drain pipe is properly connected. Many builders do not give this any consideration, and many housewives do not seem to care where the pipe leads. It is somewhere and thus does away with the "pan under the ice box." Far better a pan that runs over periodically than a drip pipe connected with foul drain or sewer that will flood the box with sewer gas and poisons its contents.

If the box is wood give it an "air bath" inside and out. Open all doors and dry every part before cleaning, then give it a thorough scrubbing with hot water, soap and borax. Remove shelves and allow box to cool and dry before using.

If the shelves are wood care must be exercised, for in these damp, water-soaked shelves lurk bacteria. These invisible foes are difficult to destroy, and it is only by constant vigilance you combat them.

Wooden shelves absorb odors, and once they become impregnated with these it is almost impossible to get rid of them. If one must use wooden shelves give them an air and heat bath at least every week. Remove shelves and set at once in boiling water, keep at boiling point 30 minutes, set in hot oven for an hour and then rub all over with solution of formaldehyde, wipe dry and put in sun for several hours.

Metal shelves with heavy coating of enamel are safe and easily taken care of.

Keeping all corners and sides, as well as dishes used, perfectly dry and clean; keeping the temperature of the box at a low degree and the air dry, will lessen the danger from bacteria.

See that food is put at once in the refrigerator. If this is left out to be nibbled by the fly that has come from some fever-infested spot covered with germs, some of these must necessarily adhere to the damp surface of the meat.

The cold in the box is powerless to stop the growth of germs, it can only retard it, and sooner or later the food becomes unfit for use.

Foods cooked or uncooked should not "stand around" the kitchen, but should be put at once in the cooling room of the refrigerator.

Partly-decayed food should never be food compartment with the bacteria placed in the refrigerator. You do not laden air that settles upon the food succeed in "keeping" it, and you fill the ice box.



Mrs. Caroline Coe, who tells you how to keep the ice box in order.

## Ice Box Don'ts

Don't set hot cooked foods with strong odors in the refrigerator. Cool the food before putting it in the box.

Don't put meat directly upon the ice—it is safer in the food chamber. If the amount of ice is very low place meat on granite pan and place pan on ice.

Don't use water from refrigerator for drinking purposes.

Don't make the refrigerator a catch-all for odds and ends of food. Keep these used up in some way and save the space for fresh material.

Don't leave food in box until it is so full you can't open it.

Don't open the ice compartment unless absolutely necessary.

## Ice Box Place To Keep Food, Not Ice

[BY CAROLINE COE.]

The aim of a refrigerator is the preservation of food—not ice.

This is only done when the temperature is low enough and dry enough to retard the action of bacteria; the lower the temperature the more successfully this can be done.

There are only three ways of producing cold: by expansion of gases, evaporation of liquids and the melting of solids; this last method is the one used in household refrigerators and this fact should be borne in mind by every housekeeper.

Dissolving the ice produces the cold—so long as the ice is kept from melting the box is inefficient and the aim defeated.

The aim of the manufacturer is to provide a box so made and filled with material that will tend to keep the heat out—this is, I am sure a new idea to most housewives.

When a refrigerator has a capacity for holding 100 pounds of ice that is the amount to put in. It will not be possible to get the desired results from the box if you use 50 pounds. Buy ice in as large amounts as possible and fill box less often.

backed mirror, fancy-work bag, or a pretty pit-owp some description?

2. Sunday; Saturday; Saturday; Thursday.

3. I should judge so.

4. Very neat.

The Poor Dog!

Dear Miss Grey.—Hope this is the song that "Reader" asked for. I have written it from memory, but think it nearly correct.

I enjoy your page very much, and have tried many of your recipes (usually try them on the dog first—looks fine).

I would like if you would answer a few questions for me.

1. I have dark brown hair and eyes, with rather good skin, and lots of color. What are my colors?

2. Can only get one hat for the season. Would you advise getting a black one?

3. Could any of the readers send through your page the words of "The Red River Valley"?

I am much interested in the letters sent in, and think the one who was going to feed him on bread and water for a change was the best of the week. The women are a bit too easy, it seems to me. Wishing you every success.

COUNTRY GIRLIE.

Ans.—You saucy child! Just fancy trying out our recipes on the dog, and then having the presumption to tell us of it! However, I'll relent enough to answer your questions this time.

Some shades of blue and brown will look exceedingly well on you; green, grey and black will be becoming, too; do not wear rose or red.

Yes, either black or a shade to match your suit.

3. Referred to readers.

## Old Songs and Poems

## THE FLAG OF THE FREE.

'Tis the streamer of England; it floats o'er the brave;  
'Tis the fairest unfurled o'er the land or the wave;  
But, thought, brightest in story and matchless in fight,  
'Tis the herald of Mercy as well as of Might.

In the cause of the wronged may it ever be first—  
When tyrants are humbled and fetters are burst;  
Be "Justice" the war-shout, and dastard is he  
Who would scruple to die 'neath the Flag of the Free!

It may trail o'er the halcyons—a bullet-torn rag,  
Or flutter in shreds from the battlement flag;  
Let the shot whistle through it as fast as it may,  
Till it leaves the last glorious tatter

What matter! We'd hoist the blue jacket on high,  
Or the bright red sash from the spear-head should fly:  
Thought it were but a ribbon, the foe-man should see  
The proud signal and own it—the Flag of the Free.

Have we ever looked out from a far foreign shore,  
To mark the grey pennon each passing ship bore,  
And watched every speck that arose on the foam  
In hope of glad tidings from country and home?

Has our straining eye caught the loved colors at last,  
And seen the dear bark bounding on to us fast?  
Then, then have our hearts learned how precious can be  
The fair streamer of England—the Flag of the Free.

ELIZA COOK.

To Remove Ink Spots.

Ink spots can be removed from wood with sweet spirits of nitre. Rub the spot with the nitre, when the wood turns white wipe it off with a soft cotton rag. A second application may be necessary.

## Special Values in Ladies' Suits

### 16 Suits at \$10.00 each

We have sixteen suits now in stock which are special values at \$10.00 each. These are made of an excellent quality English serge, in navy, Belgian blue, brown and black, in sizes 14, 16, 18, 36, 38 and 40. Coats are well made in a medium length, trimmed with buttons in black, and small breast pocket; three-button coat, lined with good quality twilled sateen; skirts are made in plain, full style, with single side pleat. Now on sale at .... \$10.00 each

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## BACKYARD GARDEN

CHAPTER XV.  
ONIONS.  
BY PROF. SPADE.

Of all the bulb crops which include Europe's famous garlic, the onion is the only one that has attained commercial importance in this country.

The onion is grown both from sets and seed. The sets are the cured bulbs of the season before crop. When replanted early they produce green onions with surprising rapidity and they are invaluable to the small gardener. For his later crop and winter supply of larger onions the backyard farmer can plant seed, which will require the use of its space the full growing season.

The householder wants the green or immature crop first of all.

Onions are distinctive among vegetables inasmuch as they require more cultivation and attention than almost any other. And weeds are difficult to eradicate in an onion bed.

Onions are surface feeders, therefore the top soil should be thoroughly and finely prepared. Raking in a fertilizer names two or three dozen sweet herbs that may be grown for culinary purposes in the backyard garden. The common plants are: asparagus, pepper, mint, spearmint, hyssop, thyme, marjoram, balm, catnip, rosemary, horehound, winter savory, tansy and wormwood.

The character of the onion crop depends largely on the seeds, and good seed is none too prevalent. Do not buy cheap onion seed. Poor seed usually means small onions.

On the larger places onions are drilled in rows twelve or fourteen inches apart.

A school teacher instructed a pupil to purchase a grammar, and received next day this note from the child's mother: "I do not desire for Lulu shall engage in grammar, as I prefer her to engage in useful studies and can learn her how to write and spoke properly myself. I have went through two grammars myself, and can't say that they did me no good. I prefer her engage in german and drawing and vocal music on the piano.—Everybody's Magazine.

HINT FOR HUSBANDS.  
[Pittsburg Gazette-Times.]  
Pointer for harassed husbands in

of life they are saved when told not to call again before next month.

SCIENTIFIC.  
[Louisville-Courier Journal.]  
A scientist says there are 10,000,000 microbes on a \$1 bill. Bill collectors should take into consideration the risk

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## Advertiser Patterns



1239  
1239—A Jaunty Style—Ladies' Over-Jacket.  
This design would be lovely in chintz or shadow lace, with lining of soft chiffon or silk. It is also nice for moire, taffeta, crepe, poplin, linen or rayon. The fronts are cut long, and the back is finished with a point at the waist, and lengthened by a ruffle skirtpiece. The pattern is cut in six sizes: 34, 36, 38, 40, 42 and 44 inches bust measure. It requires 3 1/2 yards of 44-inch material for a 36-inch size.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.  
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Then I think she went out, and petting the dog that stayed at home, that's why he stayed at home, because he was petted, and loved, and trusted. "A man can't be trusted," you know. And I wonder. All you women who because you have failed in selecting the right mate for life, are trying to force us young girls to spend our girlhood in fear and trembling, because there is one chance in a hundred that we will make the same mistake. You married women who, because hubby stays out nights are too unbending to let him see that you care for him or, afraid that a little loving and petting will spoil him, I wonder if you ever forget to pet the dog that stays at home.

RANNOCHITE.

Present For Chum.

My Dear Miss Grey,—I have had so

much help from your column that I venture to ask some questions.

1. What would be a nice present for a girl chum for her birthday? She is about 18 years.

2. What day did June 17, 1888, fall on? Also January 20, 1900; May 2, 1906; and September 4, 1902?

3. My little sister wishes to know if she is far enough advanced she is in Grade VII, and is 12 years old?

4. What is your opinion of my writing? Thanking you in advance, I remain,  
OLGA.

Ans.—1. A dainty gift for one girl to give another is some personal bit of adornment, such as a boudoir cap, or fine underwear.

Foods cooked or un