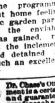
7, 1911.

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who has spent with her sister some on Saturarrow, is visit t present. a, London, is with her parslowly improv

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PAGE OF INTERESTING

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### News for Women

Page of Interesting

ADVERTISER PATTERNS

BEAUTY PATTERN COMPANY.

have yielded excellent results: Craband elder; currant and apple: cranberry and elder; currant and apple: cranberry and wonderberry: nubarb; hlackberry and rhubarb; cranberry and wonderberry: pineapple yield and orange; apple and plum; tomato, raisin, and lemon; grape and apple; pineapple and strawberry; pineapple pineapple and strawberry; pineapple; melon and lemon.

To prepare the fruit for mixing reduce each to a pulp separately, Apples and crabs should be washed and stewed with their skins, then run through a wire sleve.

Oranges, lemons and grape-fruit, may have the pulp removed by squeering or rubbing over the corrugated glass core of a lemon squeezer or they may be cut into thin slices. The rinds, when used, should be grated, stewed in water to cover, and finally to be rubbed through a sleve of drained in a cloth of coarse mesh.

Rhubarb is of better flavor and color if the red skin is used as well. Melon needs to have the soft inner pulp and the green outer rind cut away before the firm, white flesh is diced. Tomatoes are best if the seeds and julce are scooped out and strained for soup, leaving only the firm portions for marmadate.

\*\*Correspondence Edited by Cynthia Grey\*\*

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Attentive to Another.

Dear Miss Grey: 1, I have been gone for the proper with a young man for a counter of the proper with a young man for a counter of the proper with a young man for a counter of the proper with a young man for a counter of the proper with a young man for a counter of the proper with a young man for a counter of the proper with a young man for a counter of the proper with a young man for a counter of the proper with a young man for a counter of the proper with a young man for a counter of the proper with a young man for a counter of the proper with a young man for a counter of the proper with a young man for a counter of the proper with a young man for a counter of the proper with a young man for a counter of the proper with a young man for a counter of the proper with a

DIARRHOEA, DYSENTERY, YOUR

"Let good digestion wait on appetite, and health on both!" They will if you take

## DYSPEPSIA

They correct stomach disorders, assist digestion, and make life worth living again for the victim of dyspepsia. 50c. a box. If your druggist has not stocked them yet, send us 50c. and we will mail them.

National Drug and Chemical Company of Canada, Limited, Montreal.

## The Cook's "Day Off"

You have to give her a day off from the hot kitchen. The cook's "day off" is generally an "off day" for the entire household. It is a day of short rations and unsatisfied hunger. It need not be an off day if you have

in the home-the food that is ready-cooked, readyto-serve, full of nutriment and easily digested. You can prepare a delicious, nourishing meal with Shredded Wheat Biscuit and Triscuit without building a fire in the kitchen. Place two Biscuits (whole or crushed) in a deep dish and cover with berries of any kind-raspberries, blackberries, huckleberries or other fresh fruits—and then pour over them milk, adding a little cream and sugar to suit the taste. Serve Triscuit instead of ordinary toast with butter, soft cheese or caviar. It is a crisp, delicious snack for the Summer days.

Shredded Wheat is ready-cooked, ready-to-serve. It is made of the whole wheat, steam-cooked, shredded and baked—nothing added, nothing taken away—the cleanest, purest, most nutritious of all cereal foods.

MAKE YOUR "MEAT" SHREDDED WHEAT Canadian Shredded Wheat Co., Ltd., Niagara Falls, Ont.

# GILLETTS



FOR MAKING SOAP, SOFTENING WATER, REMOVING PAINT, DISINFECTING SINKS. CLOSETS, DRAINS, ETC. SOLD EVERYWHERE REFUSE SUBSTITUTES

1856-1911.

## **FURN!TURE**

JUST 55 YEARS MAKING AND SELLING DEPENDABLE FURNITURE.

Our designs and prices must be right or we could not have held the large trade we now enjoy all those years. See our line of Verandah and Porch Chairs and Rockers,

all colors, at very close prices.

Dining Room Furniture, very close to wholesale price.

Parlor and Drawing Room Furniture, upholstered in the white-hair and moss filling, ready for the covers.

Den Furniture, any design; very low in price, but high

J. Ferguson & Sons, 174 TO 180 KING STREET.

Trying to light the gas with ordinary matches. Den't

Burn Fingers .

Co., Limited

CANADA

"Eddy's Gaslighters"

Are for that purpose. The lighters are 41/2 inches long, and have the same tips as our famous "Silent" matches. The E. B. Eddy

You'll find these the ideal matches for lighting gas ranges and lights.

AT ALL GOOD GROCERS.

pepper and paprika. Serve on pieces of buttered toast and garnish with toast points and parsiey if it be at hand, Good for a chafing dish supper. KITCHIEN





