

# MRS. YOUNG COULDN'T WALK UP THE STAIRS.

### Halifax Woman Suffered Ten Long Years And Was Almost Beyond Hope—Tanlac Completely Restores Health.

"I have overcome ten years of trouble and gained ten pounds in weight by taking Tanlac," said Mrs. Edward Young, who lives at 139 Grafton St., Halifax, N.S. "My experience shows there can be no mistake about Tanlac being a wonderful medicine. When I began taking it I was almost beyond hope. When I would lie down something would rise in my throat and choke me so I would have to get up at once. What little sleep I got by night or by day was while I was sitting in a chair I ate scarcely enough to keep alive, and even then I suffered tortures almost beyond description. Pain in the chest, and under the shoulder blades, I also had attacks of palpitation of the heart and shortness of breath. "I grew so weak I had to hire a woman to help me about the house, as I couldn't walk up or down stairs.

I was nervous and miserable all the time and finally went to the country and stayed six weeks but it did me no good. My husband had been helped by Tanlac so I took it too, and the result was simply a revelation to me. I don't feel like the same person now. I have a splendid appetite and my digestion is perfect. I am so strong I am doing all my own work again and can actually run up and down the stairs. "I don't dread to see night come like I used to and I drop off to sleep almost as soon as I lay my head upon the pillow, and sleep all night long. My health is entirely restored and Tanlac deserves the whole credit. It certainly must be the best medicine in the world." Tanlac is sold in St. John's by M. Connors, in Paradise by Mrs. Martin F. Byrne, in Upper Gables by Hober Andrews, in Portland by H. C. Haines, in St. Joseph, Salmonier, by Mrs. J. Gushko, in Millertown by Ex-plotis Valley Royal Stores, Ltd., in Flat Island by William Samson, in Jamestown by Christopher Haines, and in Lewisporte by Uriah Franke.—adv.

## January Superstitions and Customs.

There are many odd sayings and superstitions about January, which, says an old almanack, "is in weather both divers and fierce. In it are showers, frost, and raynes, and wynter is at its deepest. Now man wanteth a good fire, and upon hys table must he sette bread and yne and other vyandos, so that wyth suche goode thynges as God hath gyven hym he may make merry and feast hys friends." Warm weather at this season is considered unpropitious, a notion prevalent being:—"If you see grass in January Lock your grain in the granary." Rain, instead of snow, is said to predict a bad harvest; whereas thunder is said to signify "great winds, plentiful of corn and cattle, peradventure." If on the entering year the first thunder happens on a Saturday, then it denoted mortality in the Royal families if it thunder on a Saturday, then it will be mortality of judges and governors. According to another old district we are told:—"Winter thunder. Poor man's death, rich man's hunger."—the meaning being that it is good for fruit and bad for corn. "None choose to marry in January or May; or have their banns proclaimed in the end of one quarter of the year, and to marry in the beginning of the next," so says Sir John Sinclair Minister of Logieran, in Perthshire, in his "Statistical Account of Scotland. Various other prognostics have been made from the characteristics of the months—such as its winds, time of the new moon, and the mists and fogs that occasionally make their appearance; while even sunshine is not altogether propitious, for, if the adage be true,—"In January should sun appear, March and April pay full dear." Early in the morning of January 1, the following local custom used to be very faithfully kept in the two northern counties of England, when the Fax-popul assembled together, carrying staves and baskets, an old record states:—"Any inhabitant, stranger, or whoever joins not this ruffian tribe in sacrificing to their favourite Saint Day—if unfortunate enough to be met by any of the band is immediately mounted across the staff—if a woman, she is basketed—and carried shoulder high to the nearest public house where the payment of sixpence immediately liberates the prisoner. No respect is paid to any person; the cobbler on that day thinks himself equal to the parson, who generally gets mounted like the rest of his flock; whilst one of his porters boasts and prides himself on having but just before got the squire across the pole. No one—though ever so industriously inclined—is permitted to follow their respective avocations on that day."

## Oranges!

For your New Year and Holiday Trade we have ready for delivery 180 Cases CALIFORNIA SUN-KIST ORANGES. Sizes mostly 150's and 250's. Order early this week.

Soper & Moore Wholesale Grocers.

## Orange Parade at Harbor Grace.

The members of "Rising Sun," L.O.L. No. 1, headed by the British Band with transient brethren to the number of about two hundred and fifty, paraded on Monday morning and attended service at Christ Church, says the Harbor Grace Standard of Dec. 31. The Incumbent of the Mission, the Rev. W. E. R. Cracnell, conducted the service and preached a sermon from the text John 3, verses 16-17: "So God loved the world." The line of march was from the Hall on Noad Street to the Church, thence West to Pippy's Lane, east by Water Street to Carbonear Road, returning to their Hall by way of Harvey Street. The day was not favorable for the parade, the snow being in heavy drifts especially on Harvey Street, and the walking very tiresome. The members of the Lodges at Carbonear, Bay Roberts, Spaniard's Bay, and elsewhere, held their annual gatherings during the week.

## Danish Girls' Privileges and Limitations.

You may often see her in Copenhagen, sipping her coffee outside the Hotel d'Angleterre with two or three girl friends and managing a small cigar with perfect ease and enjoyment, writes a traveller who recently visited Denmark. She may be a Dane, a native of this Scandinavian Paris, or she may be Swedish, Norwegian or even Icelandic—to one and all belong the golden blonde hair, blue eyes and sturdy, rounded figure of the north. But whichever she is, she is a healthy, happy-faced creature, tanned to a golden peach color by the sun, a stranger to freedom than the modern English girl would consider indispensable, and yet with privileges of her own that were unheard of in 1914. She may take up a profession now without demur from her parents—she may be a journalist, a secretary, an actress or she may even start a millinery business. From the time she is seventeen she may smoke the little cigars of the country all day if she likes in restaurants and in railway carriages, without people looking askance at her. She may bathe with her father or her brothers at any of the magnificent public swimming baths, sail a yacht on the sound, or ride a motor-bicycle in bifurcated garments at which no limitations than there are privileges! Oh, yes, the "but": Well it comprises so many mere trifles or lunch along with a man, even if his beard be white with age. If she does, it is more than a mere escape it is as good as bidding farewell to her reputation. And if she walks down the Ostergade—the Daush Bond Street—in a Paris frock too marked in style she is doing much the same thing. The powder her charming, but usually freckled nose in public, as French and U.S. women do, is to proclaim herself so daring as to verge on the disreputable, and if she were to add a touch of lip salve—! As to games, her tennis is pat-ball, her golf pathetic, and her riding and dancing too much neglected. But you should see her in the water! At Hjeloland, a portion of the sea rolled off as a swimming bath, you may see some of the finest amateur swimmers in the world. Blond-headed, brown-faced girls and boys vie with each other in dangerous looking diving tricks, and when they are tired lounge on the wooden steps in spotless bath-robes, smoking their inevitable small cigars.

## The Week's Calendar.

- JANUARY—1st Month—31 Days. 3.—MONDAY. Slavery abolished in United States of America, 1863. Lord Roberts returned from South African campaign, 1901. 4.—TUESDAY. Cape of Good Hope captured, 1808. First skating rink, St. John's, opened in old gymnasium, 1866. 5.—WEDNESDAY. Edward the Confessor, died, 1066. Japanese entered Port Arthur, 1908. 6.—THURSDAY. Epiphany, Twelfth day. Old Christmas Day. St. Joan of Arc born, 1412. First Mass celebrated in R. C. Cathedral by Bishop Fleming, 1850. 7.—FRIDAY. Calais lost by English, 1558. Phoenix Fire Brigade formed, 1847. 8.—SATURDAY. St. Lucian. Red River insurrection broke out, 1870. 9.—SUNDAY. 1st after Epiphany. Napoleon III. died, 1873. Gallipoli evacuated, 1916.

## Getting Back to 1914.

The T. Eaton Co. of Toronto, has announced that they will re-open after January 1st at 1914 prices if their employees will accept 1914 wages. That looks to be fair enough on the face of it. In the country, unfortunately, while wages are dropping back to 1914 level prices are still sticking around 1920 level. A local lumber Co. is paying only \$30 a month we hear, and a number of men at Port Unken were offering to work for 20 cents an hour. Laborers on the steamers at Lewisporte are being paid only 25 cents, although certain people here decline to believe it. On the other hand prices are no lower, and how men with families are going to live is a puzzle. The Government instead of helping is hindering at once lowering the rate of wages and increasing costs to the consumer—as in the case of the now famous sugar scandal. And the bitterest morsel is the fact that this is the Government in which the people put their faith.—Twillingate Sun.

## THE LAW OF GRAVITY.

The law of supply and demand can no more be repealed than the law of gravity. One can hold up a weight from falling, but the moment the props are knocked out the weight falls. It does not fall, however, without forcing something else up, if it is only air, so that gravity sends things up as well as down. Prices may be forced below their natural level, but the reaction is sure to come and someone is certain to get hurt.—Shoe and Leather Reporter.

## Children's Hair Bobbing, Shampooing, Treatments, Yvette Wave, &c. MRS. J. L. COURTNEY, 112 1/2 Military Road, dec20, 131, 13, 5, 12

## Canadian Trade Commissioner.

W. B. Nicholson, Esq., for the past ten years Canadian Trade Commissioner in Newfoundland, left for Woodstock, New Brunswick, by today's express, where he will in future reside. Since his residence amongst us, during the past ten years, Mr. Nicholson has earned the highest respect and esteem of not alone the business men, but of all classes in the community. He was ever ready to extend a helping hand to those who had relatives in Canada, in their endeavors to locate them, and no matter who sought information at his office, whether old or young, rich or poor, they all left fully satisfied that they were dealing with a thoroughly refined, courteous and cultured gentleman. He thought no effort too great to be of benefit to those who sought his assistance, and many are those in our country to-day who will remember his unremitting kindness with gratitude. He unhesitatingly without having an enemy behind him, but on the contrary, hosts of friends who will miss his genial smile, kind consideration, and the assistance he has ever rendered to them in his official capacity. He took, and will always continue to take, the deepest interest in Newfoundland and its people amongst whom he has spent so many happy years, and to our knowledge, few possess a greater grasp upon the affairs of our country than does the respected Trade Commissioner of Canada. He studiously avoided any interference in all matters outside the duties of his office, and although he was always firm in his convictions, he never interfered with the convictions of others, and in all matters of general interest he exercised a broad-mindedness that was one of the causes to which may be attributed the high respect he is held in to-day by the whole of us. During the ten years that he has represented Canada as her Trade Commissioner in Newfoundland, the imports and exports, to and from that Dominion, went forward with leaps and bounds, all of which may be attributed, to a very great extent, to the business tact and ability, as well as the affability and courtesy of Mr. Nicholson. Now that he has severed his connection with Newfoundland officially, we feel convinced he has a warm corner for us in his heart, and in bidding him "good-bye" the Evening Telegram wishes him every happiness in his home in the Land of the Maple Leaf, and earnestly hopes that ere long we shall have the pleasure of once more heartily shaking his hand, which we feel assured, is the wish of all classes of our community, as it is very probable he will visit us, during the summer months.

Dissolve 1/4 lbs. sugar in 3 quarts of water and add contents of one bottle Stafford's Ess. Ginger Wine.—dec10, 11

## Loyal Orange Association.

ST. BARTHOLOMEW'S LODGE PARADE AND CONCERT. The largest procession ever seen in the history of Clarke's Beach and North River was seen on Friday last when the Orange Society of Clarke's Beach held its annual parade. Over five hundred members were in attendance. The parade started at 10.30 going through Clarke's Beach and North River and returning about one o'clock. Bunting was displayed everywhere and nearly all the residents of Clarke's Beach lined the route of procession. In the afternoon an open meeting was held in the Orange Hall, which was crowded to the doors. Visiting brethren from Spaniard's Bay to Brigus gave interesting and enthusiastic reports on the work of the Order in the several places. At night an impromptu concert and soup supper was given, when the hall and the ante rooms were again crowded to their utmost capacity. The programme was as follows:—

- PROGRAMME. Chorus—The Union Jack Forever. Recitation—Miss Whalen. Song—Mr. W. H. Jerrett. Recitation—Mr. Kenneth Dawe. Song—Mrs. C. Williams. Recitation—Miss L. Snow. Band Selection—Port de Grace Band. Song—Miss Doris Noseworthy. Piano and Viola Duet—Mrs. W. Noseworthy, Mr. J. Morgan. Song—Mr. Chesley Fuller. Reading—Mr. C. Williams. Vocal Duet—Miss D. Noseworthy, Mr. H. Jerrett. Chorus—Rule Britannia. Remarks—G. F. Grimes. Band Selection—Union Jack Forever—Cole's Point Band. Chairman's Remarks—W. H. Jerrett. After the programme was gone through soup was served and an auction of cakes took place, from which the net proceeds were about one hundred and twenty dollars. The Officers and Committee of St. Bartholomew's Lodge are to be congratulated on the successful outcome of their endeavours. The present membership of the Lodge is 260 and is still growing. A Band is in process of formation, twelve instruments having been already secured from Toronto at a cost of \$390. The services of Mr. J. Morgan formerly of Port de Grave, and a talented musician, has been secured for training purposes, and it is hoped that by next year Clarke's Beach Band will take a foremost place among the Bands of Conception Bay. The Officers of the Lodge are as follows:— W. H. Jerrett—Worshipful Master. F. Snow—Deputy. Robt. Boone—Secretary. C. Fuller—Fin. Secy. W. J. Snow—Treasurer. Walter Stevens—Chaplain. Stafford's Ess. Ginger Wine only 20c. bottle. Postage 10c. extra.—dec10, 11

## HOW YOU CAN TELL GENUINE ASPIRIN

Only Tablets with "Bayer Cross" are Aspirin—No others!



If you don't see the "Bayer Cross" on the tablets, refuse them—they are not Aspirin at all. There is only one Aspirin, that marked with the "Bayer Cross"—all other tablets are only acid imitations. Look for the "Bayer Cross"! Then it is real Aspirin, for which there is no substitute. Aspirin is not German but is made in America, and is owned by an American Company, all rights being purchased from the U. S. Government. Genuine "Bayer Tablets of Aspirin" have been proved safe by millions for Pain, Headache, Neuralgia, Colds, Rheumatism, Lumbago, Neuritis. Handy tin boxes of 12 tablets—also larger "Bayer" packages, can be had at any drug store. Aspirin is the trade mark (Newfoundland Registration No. 761), of Bayer Manufacture of Monoaceticacidester of Salicylicacid. The Bayer Co., Inc. U.S.A. CALNDAR.—We thank The Eagle Star and British Dominions Insurance Co., Ltd., for their 1921 calendar.

## CASCARETS

"They Work while you Sleep"



Feel fine as a fiddle! If bilious, constipated, headachy, sallow, or if you have a cold, an upset stomach, or bad breath, take Cascarets to-night for your liver and bowels and wake up feeling clear, rosy and fit. No gripping—no inconvenience. Children love Cascarets too. 10, 25, 50, cents.

## "REG'LAR FELLERS"



By GENE BYRNES

# 1000 Chairs! 1000 Chairs! 1000 Chairs!

at \$1.55 each.

We are now offering these Chairs as a special inducement (they are really worth \$2.50) to patriots of Newfoundland.

The price is ridiculously low. These Chairs were all made in our building and are hardwood throughout. It is practically impossible to break them as they are built on a system of reinforcement and are much more reliable than imported chairs, besides being cheaper.

Why do you buy imported chairs and employ workmen of other countries, leaving your own idle?

**BE PATRIOTIC! BUY CHAIRS MADE HERE!**

Our Mr. T. Henry Smith (who hopes to sail by the "Sachem") expects to sell very large quantities of these Chairs for export to Great Britain. If he has such faith in our new make of Chairs, surely you will allow his long and expert experience in our trade to induce you to buy goods made in your own country. Look at our price also. Keep your money circulating in Newfoundland. Come to-day. On offer only until end of year.

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# The C. L. March Co., Ltd.

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For Motor Boats and Motor Cars.

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# J. J. ST. JOHN, Duckworth St.

# For Sale!

For sale on easy terms, the following property: One House on Plymouth Road, fitted with all modern conveniences; two Houses on Franklin Avenue, built by first class mechanic; one House just off Freshwater Road, at the foot of Field Street. This house is up to date in every particular, suitable for a large family. One House on Blackmarsh Road, with land 25 x 155 ft., treeshed; one house on Clifford St.; one House on Haggerty Street, one Shop, newly built and fitted up; immediate possession given. Apply to

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