

THE UNION ADVOCATE

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Poetry, per line10c.
Caps and Black Face Readers 15c per
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NEWCASTLE, N. B.

TUESDAY, FEB. 20TH, 1923.

Stormy Weather Hard On Baby

The stormy, blustery weather which we have during February and March is extremely hard on children. Conditions make it necessary for the mother to keep them in the house. They are often confined to overheated, badly ventilated rooms and catch colds which rack their whole system. To guard against this a box of Baby's Own Tablets should be kept in the house and an occasional dose given the baby to keep its stomach and bowels working regularly. This will not fail to break up colds and keep the health of the baby in good condition till the brighter days come along. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

ICE A MENACE TO NAVIGATION

Field 400 Miles Southeast Of
Halifax

Boston, Feb. 19.—A radio to-day from the steamer Eastern Coast, bound for Helsingfors for Boston, said that she had just passed the southern end of an ice field between forty and fifty miles long, which was a menace to navigation. She gave her position as latitude 43.08 north, longitude 58.15 west, or about 400 miles southeast of Halifax, N. S.

SUGAR FREAKY
The sugar market has been somewhat freaky during the past week. Over night sugar advanced \$1.00 per bag of 100 lbs. and the next day declined \$1.00, leaving this commodity as it was previously. The unusual jump was influenced by an erroneous estimate of the Cuban crop, which was corrected and in consequence the market dropped to its original point.

GLAD SHE DID AS DOCTOR TOLD HER

Took Tanlac On Physicians
Advice And It Put Her
In Fine Condition, States
Mrs. Coles

"Tanalac is certainly an ideal medicine," recently said Mrs. L. Esie Coles, highly esteemed resident of 1851 Lorne St., Regina Sask.

"I was in such a badly run-down condition that I just felt miserable all the time. My appetite had failed to such an extent that I was losing weight steadily. My nerves were awfully unstrung; many, many times I couldn't get even an hour's sleep all night long, and I never felt like doing my housework at all.

"I was badly in need of something to build me up and when a physician advised me to take Tanlac, I lost no time getting a bottle. Now, I really don't feel like the same person, the medicine has done me such a world of good. My nerves have steadied down, I am sleeping like a child, eating heartily, have gained several pounds, and am feeling just fine. Knowing what a wonderful medicine Tanlac is, I can sincerely recommend it to anyone."

"Tanalac is for sale by all good druggists. Over 35 million bottles sold

ARE YOU IRRITABLE?

"The widespread idea that irritability is only a bad habit, and is always to be conquered through merely exercising one's will power, is a mischievously mistaken idea," declares H. Addington Bruce, in Forbes Magazine (N. Y.)

"Almost always, as a matter of fact, to be irritable is to be afflicted with some degree of ill-health. Psychic or physical. As the Boston physician, Myerson, tersely states the case, 'Irritability is a common reaction of the neurotic and the weak.' The really healthy, the mentally and physically vigorous, are seldom irritable and never grouchy. They are too full of a sense of organic well-being for grouchiness to take possession of them.

"But let a man become weakened from any cause and at once, if merely as a symptom of nerve fatigue he may begin to develop grouchy ways. Everybody has had the experience of feeling short tempered after a sleepless night, an attack of indigestion, or a few days total deprivation from outdoor exercise.

"In like manner, chronic ill-temper may have its origin in the persistent keeping of late hours, persistent overeating, or persistent failure of exercise. Thence results a nerve poisoning and exhaustion that may have grouchiness as its outstanding sign. There are numerous grouchy workers who need only change their living habits in order to banish their chronic irritability and simultaneously improve their business prospects."

ECZEMA
You are not experimenting when you use Dr. Chase's Ointment for Eczema and Skin Irritations. It relieves at once and gradually heals the skin. Sample box Dr. Chase's Ointment free if you mention this paper and send 3c. stamp for postage. 60c. a box; all dealers or Edmondson, Bates & Co., Limited, Toronto.

CONTEST BIRDS AFFECTED BY COLD WEATHER

The hens taking part in the egg-laying contest at the Fredericton Experimental Station showed a slackening up in egg production last week because of the cold weather.

The total egg yield for the 200 birds was 450 and the grand total at the end of the fifteenth week was 6052.

Here and There

GLASGOW, Scotland. — The Glasgow Herald says: An agreement has been made between the Government of the Province of Ontario and the Overseas Settlement Committee for the acceptance by Ontario of a certain number of British settlers. The majority will consist of unmarried men, but there will also be a limited number of married men and of youths and girls over 16 years of age. Of the married men, about 250 have already been accepted by the Ontario authorities. In London the Ontario agents are now dwelling in the Hebribides, where agents on behalf of the Province have been carrying on a special canvass for some time past. The agents are also endeavoring to select from the same islands a number of female farm workers, and there is a proposal that a special ship shall be chartered to sail from the North of Scotland to convey these settlers in a body.

MEDICINE HAT, Alta. — The Moose Hall was recently the scene of what is probably the most important railway function in the history of Medicine Hat. The occasion was a banquet in presentation in honor of Henry Hardy, J. F. Fisher and Thos. Penhale, all engineers in the Canadian Pacific Railway service who have recently retired. There were more than 200 guests. A considerable number of the guests were from other railway centres throughout Canada.

CALGARY, Alta. — Belsaker, a town on the C. P. R. and G. T. P., about 35 miles northeast of Calgary as the crow flies, is in the grip of an incipient silver boom. On Saturday and Sunday men from the local district and from points afield, where the news spread with the usual rapidity of such tidings, staked out claims covering several sections about four miles east of the town. These were registered at the federal land office in Calgary.

No assay has yet been made of the ore, but those interested in the property are sending a sample to Edmonton. It may be necessary to bore another test hole, the finders say, before sufficient ore can be obtained to get a reliable assay. The original find was made by crews drilling for water and much of the first ore taken out has been given away as samples. The first find was made about three months ago.

CALGARY, Alta. — "We cannot expect to recover in a year or so from the effects of abnormal circumstances the whole country has been suffering from," remarked W. B. Laniel, of Montreal, freight traffic manager of the Canadian Pacific, in the course of an interview with The Herald in Calgary, "but I am safe in making this prophecy that this year will witness throughout Canada a revival of industry and agriculture, and that by 1924, the city of Calgary and the country tributary to it, as well as the rest of Canada are going to enjoy a return of their former prosperity."

It was in these words that the freight traffic manager of the great transportation company replied to the question as to how he viewed present conditions. "No matter what pessimists may say," he continued, "the resources of this country in minerals and in the fertility of its soil has not been appreciably touched and it has been inadequately advertised. The Province of Alberta, with its agricultural possibilities, its wealth of coal, and in my opinion, the waterpower of its streams and hills need only population to bring these possibilities into wealth. How any person can survey all these natural conditions and still remain a pessimist, is something I cannot understand."

BROCKVILLE, Ontario. — Several retirements on pension are announced on the Canadian Pacific Railway in this vicinity.

James Jolly, road master for the railway at Carleton Place for many years and a native of Leeds county, is retired on pension upon reaching the age limit. He entered the railway service as a youth and has seen the railway grow from small beginnings into the present great system. James Milliken, section foreman for the C.P.R. at Carleton Place, is also superannuated. For some years he was on duty on the Montreal-Toronto mainline and a number of years ago was transferred to Carleton Place.

After 28 years as station agent at Merrickville, and nearly 40 years in the company's service, James A. Angus has also retired on pension. He is being succeeded by K. S. Corbett, Terrebonne, Que.

M. Jolly, who has been assistant division engineer of the C. P. R. at Smith's Falls, has been appointed division engineer, same road, at Schreiber.

The steel structure for the new C. P. R. tracks at Kingston Junction has arrived and the Dominion Bridge Company, Montreal, the contractors, has started to erect the bridge which, when completed, will open the new line into the city for the C.P.R. and C.N.R. traffic.

Rails For Canadian National Railways

Double Shift Started At Algoma Steel Company

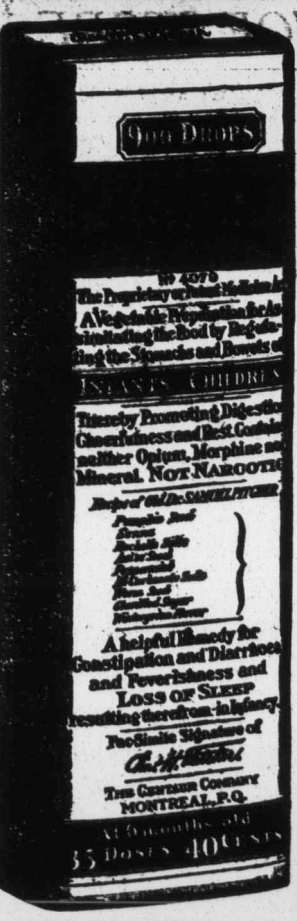
Soo, Ont., Feb. 19.—Last night the rail mill of the Algoma Steel Company started on double shift rolling rails for the Canadian National Railways, it was announced from the offices of the corporation yesterday. Most of the old staff of the corporation are back on the job. Altogether 1,000 additional men have been taken on since the orders were issued to get the mill ready for active operations.

Miss Blanche Glasier and her brother Arthur Glasier, a former M. P., from Sunbury Co., and latterly a sessional clerk at Ottawa, both died suddenly at Ottawa from flu. Their father was the late Senator John Glasier, who became known as "The Main John Glasier," an appellation which came into general use along the St. John river in designation of the chief of any work or operations being carried on, and they were the last members of the family.

DEED FORMS

We have in stock, Deed Forms, Teacher's Agreements, School District School Tax Books, Dog Tax Books, Assessment Lists, Road Tax Books, Poor and County Rates.

THE ADVOCATE



CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria

Always
Bears the
Signature
of

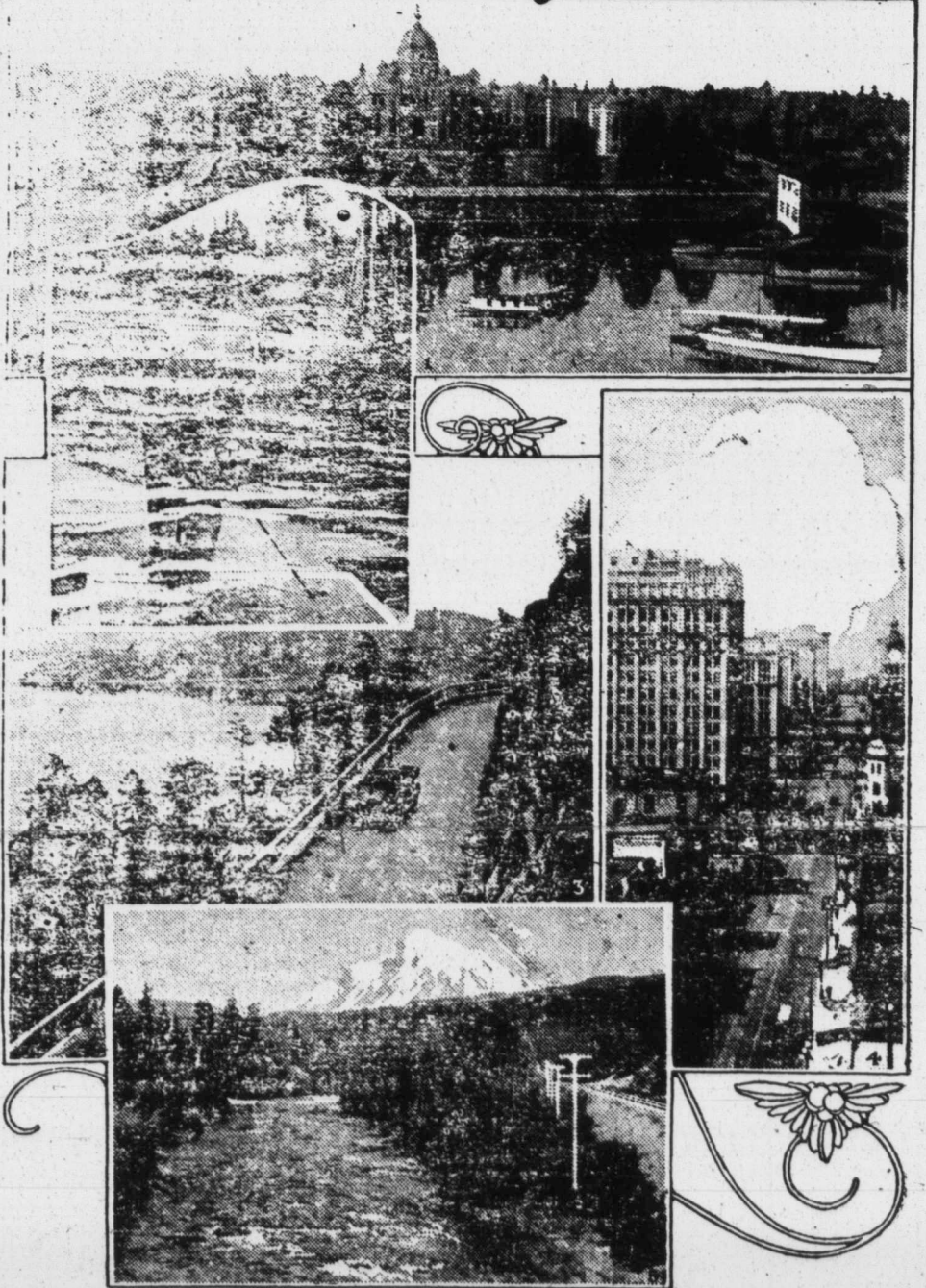
Dr. H. H. Hitchcock

In
Use
For Over
Thirty Years

CASTORIA

THE CASTORIA COMPANY, NEW YORK CITY.

Best Place to go in Winter



1. Parliament Buildings, Victoria, B.C.
2. Golf may be played every day in the year.
3. Famous Malahat Drive, Vancouver Island.
4. Vancouver is a beautiful modern city.
5. Magnificent mountain scenery en route.

Nature has dealt most generously with Canada in respect to her climate. While in the East we have winter weather worthy of the name, with lots of snow, which nowadays proves an attraction to thousands who revel in the bracing winter atmosphere and enjoy our winter sports of tobogganing, skiing, skating, etc., there are many who seek a warmer climate. We have this in Canada also.

Victoria and Vancouver, on our own Pacific Coast, offer ideal retreats. Here flowers bloom in winter, and the grass and trees are always green. South-westerly breezes prevail throughout the year, reaching the land warmed by their passage across the vast breadth of the Pacific, whose waters on this coast have a temperature of 52 degrees.

In Victoria, 49 degrees has been the mean annual temperature for the last thirty years, while Vancouver is a little colder, but extremes in weather are never experienced. Golf and other outdoor sports may be engaged in all winter, while the climate is so mild and the natural settings, and hundreds of miles of the finest roads on the continent invite motoring. You have the grandeur of mountain scenery, glorious seascapes, luxurious evergreen forests and invigorating sea air, with all the advantages to be found in a modern metropolis, for Victoria and Vancouver are two of the finest cities in the Dominion.



THE EDUCATION OF YOUR CHILDREN

Have you the money with which to do it?
Start to save while they are young—let them commence life knowing you are at the back of them.

Savings Accounts are a specialty with

THE ROYAL BANK OF CANADA

J. P. MacRAE, MANAGER