Are preserved by the use of sealed lead packets 40c, 50c and 60c per lb. At all grocers

# Won at Last

HIGHEST AWARD ST. LOUIS, 1904

The doctor came quickly, and at once declared that life was quite extinct—that he had always anticipated a sudden she dwelt upon it. It was hardly fair to death for his patient. Her heart was weak, and so much emotion as had tried her of late had rendered all exertion, all agitation, dangerous; and probably the effort to rise and stand up, was the final

There was no more to be done. What desolation there is in that sentence! All the warmth of the most glowing love, all the force of the strongest will, are powerless to roll away the stone from the sepulchre of our hopes, one death has placed it there!

It seemed to poor, dazed Mona that Sir Robert and Lady Mary Everard ap-peared as if by magic. What a solace it was to throw herself into kind Lady Mary's arms, and tell her brokenly how deeply she mourned the thoughtful—if

and it is a great comfort to know she was in a happy frame of mind. Sir Robert has sent round to Mr. Waring. He will be here immediately, no doubt, and will be your best support."

'Oh, no ,no! You are the best. You

knew poor, dear grannie so well, and she

was so fond of you."

"Dear old lady! Of course, at such a painful crisis, old friends count for a great deal. I think, dear, you must come back with me to Charles street. I

come back with me to charles street. I cannot leave you here alone."

"No, Lady Mary, I will not leave the house while my poor grannie lies helpless there. I feel and to keep by here to the last."

A message from Sir Robert and the work of the second of

Waring as fast as a well-paid driver could urge his horse. He was quite sorry for the old lady, who had always treated him with kindly deference. He was deeply sympathetic with his peerless Mona, but he was principally put out because he knew that in commonest decency his marriage must be delayed. Mona was not in the drawing room when he reached it, and he was somewhat discomfited when Lady Mary came and explained that Mona was too much overcome to

that Mona was too much overcome to see him—that she was in her own room.
"But she will see me presently, will she not?" he asked, appealingly. "I thought it might be a comfort to her to talk to me."

"No doubt it will be. At this moment she is terribly upset."

It was not till considerably later—after Waring and Sir Robert had arranged the details of the funeral, and all that appertained to it—that Mona.

of little pleasure to him.

of little pleasure to him.

Mona was ready enough to speak of
her sorrow. She was gently grateful for
his sympathy, but she would not sit
beside him, her head on his shoulder, and his arm around her, nor did she permit a course of consolation com-pounded of whispers, kisses and assurances that the whisperer would be brother and sister and grandmother and everything to her. She was so dazed and overwhelmed that Waring was gravely uneasy about her, and it was an immense relief to her to know that Mme. De-brisay (who had heard of the sad event in some occult manner) was in the house, and would spend the night with her fav-

Established custom gathers all things

the deepest grief—the wildest joy. The
dreary days—which lingered, yet went
so swiftly—sped on, and poor Hrs. Newburgh was laid in her grave. Her will,
leaving all she possessed to Mona, was
duly read—her few jewels and personalities packed up. The former went-with
Mona to Harrowly Chase. Her hooks. Mona to Harrowby Chase. Her books, her favorite chair, a few pieces of plate and china were taken charge of by Mme. Debrisay, and the Green street house, pending the action of the liquidators,

was to be let.

Mona took cold on her journey, and for a fortnight was very unwell-so feverish, in fact, as to wander in her speech, and to cause her kind hosts a good deal of anxiety. Her nerves had been greatly shaken; she was weaker and more de-pressed than could have been anticipated. She was very averse to speak, and used

she was utterly lonely. She had no near relative. The Everards were more closely allied by friendship than by blood to Mrs. Newburgh. She had heard not count. Of Lord Sunderline, searest of kin,, she knew but very little,

was that little attractive.
ondering these things, she grew af-Pondering these things, she grew affrighted at the stern aspect of the world she was going to face, for, as she collected her faculties and ethics and ethics and ethics and ethics are statistically as a substant of the state o lected her faculties and studied her circumstances, she grew more and more averse to fulfil her engagement with Leslie Waring. The great motive was gone, and an irresistible longing for freedom, however poverty-stricken soized by the was accomplished at last, however, but Mona waited to post it till she was safe in town, even though she left two of Waring's epistles unanswered. Indeed, her replies had always been few down, however poverty-stricken soized by no way touched her imagination, whose had had so severe a shock in the sudden personal appearance was unpleasant to death of her grandmother in her very

marriage.

Her resolution to break with him grew rapidly stronger almost before she was aware she had formed it. Then she began to see that she was enjoying Lady Mary's kind hospitality under false pre-tences. She did not for a moment doubt that her refusal to marry Waring would bring down, if not a storm of wrath—for Lady Mary and her family were far too well-bred to be violently angry—but an icebery of disapprobation. She must remove herself from the shelter of their roof before she struck the blow that would give poor Waring so well-

deeply she mourned the thoughtful—if that would give poor Waring so much tyrannical—protectress, to whom misfortune had linked her so closely.

"Well, dear, you may rest assured that the near prospect of your marriage soothed and brightened her last hours, and it is a great comfort to know she was in a happy frame of mind. Sir Rob-rad firmer as her nervous extent her blow that would give poor Waring so much temporary.) And where could she go? There was no one but her faithful Mme. Debrisay on whom she could count, and even she would be very, very angry. Still her purpose grew clearer angry. Still her purpose grew clearer and firmer as her nervous system began to recover the shock it had sustained.

"Pray, dear, did poor Mrs. Newburgh leave any ready money?" asked Lady Mary, coming into her husband's dressing room, where he was occupied with his toilet, after a sharp and satisfactory run with the Daleshire hunds.

"Yes; a few hundreds, which she put in my hands to west investigate expressions." in my hands to meet immediate expenses.

Why do you ask?"
"Oh, Mona told me to ask you! She ame downstairs to luncheon to-day, looking very white and miserable, poor child; she seems restless, and anxious to get out of the way of our Christmas gathering. She proposes to spend a

death."

"Pooh! nonsense! Why, nothing would please the old lady as much, even if she were in heaven, as to know the knot was absoluetly tied. You make her hear reason. Let us send for Waring; hear reason. Let us send for Waring; "I knew you would be angry," said Mona, sadly, "but I can not help it. I would be a send to the property of the same of the

Mary.
"By the way, what has become of

feminine! But he ought not to put up with such rubbish. Who is this woman she wants to go to?"

"I told you, my dear. She is a fesor of music, well known to us all. "Well, you ought to ascertain what Waring thinks about it-he has a right | early to be consulted."

"I do not think he would object. Then could stay in London and see her every day; whereas a man so much in love is rather a nuisance in a house."
"Oh, manage it your own way! Marry "On, manage it your own way: Marry them out of hand, if you can. Perhaps it might be as well to let her go; for I want a really nice party to meet Lord Finistoun, who is a capital fellow, and it is his first wisit here. Mind you I it is his first visit here. Mind you. I don't think Mona is treating Waring well; you ought to influence her."

'That is not so easily done. She has

some of the Newburgh blood, you know some of the Newburgh blood, you know, and thinks she knows her own mind." "Bah! I thought better of Mona." The jovial country gentleman was too much occupied with his pleasures and

affairs to trouble about feminine crochets—all that was Lady Mary's work.

Meantime, Mona had not been idle. She wrote to her "dear Deb," be leave to visit her, as she felt herself and impediment to the party Lady Mary wished to assemble, and also because she had more to say than she could write

This brought a speedy, rapturous re ply.

Then Mona applied herself to compose

Then Mona applied herself to compose rewrite, and copy her difficult letter to

ticipated. All her selfish longing for de liverance was for the moment swallowed up in sorrow for the pain she was about to inflict. Nothing kept her steady to her purpose so much as her conviction that she was loing right—that she was delivering Leslie as well as herself. She was more than one day over her task for Evelyn Everard, an exceedingly girl ish girl, who had taken a violent fancy to her, was constantly running into he

one, and an irresistible longing for free and scanty—so much so, that even he om, however poverty-stricken, seized had become restless and dissatisfied. He are good natured sportsman, who in view would put matters all right. Mona

of being a deceiver, that Mona took leave of Lady Mary and her daughters. She took advantage of the vicar's wife's company, as she was going to town for a rare visit, and she thus avoided the cost and worry of having a smart lady's maid sant with her.

It was a gray, blustering afternoon when she reached St. Pancras, and found Mme. Debrisay waiting for her.

"My dear, you do look bad. Come, get into the cab. I will find your things."

"I have only this small portmanteau and bonnet-box for the present."

"That's right. I am sure you are not fit to be out in such weather; get in,

offensive affection wearied her, whose her eye, became infinitely repugnant as she dwelt upon it. It was hardly fair to him either to let him plunge into the irrevocable in ignorance of her aversion. Better let him bear a temporary pang friend; but her heart fainted within her now than incur the misery long drawn out of an ill-assorted, unsympathetic marriage. Yet the house was not mean. The widow woman" who owned it had a certaine that busy woman flitted to and fro. She stirred the already glowing fire, extremely unplaced and unkempt "siamade the kettle boil up, infused the very she had an elderly servant of neat and imposing aspect, who had been must evident to the property of the control immense energy, while Mona—having put aside her bonnet and cloak—lay back in a comfortable little basket chair indescribable despondenucy expressed in every line of her form—her hands clasp-

ed and motionless. "There now," said madame, placing "There now." said madame, placing a small table with a cup of tea and plate of bread and butter beside her young guest, "take that, and get warmed. Then you say your say, for I can see your heart is full. It's like a ghost you are—an uneasy ghost, dear, that hasn't contrived to deliver its message."

"I have no doubt of it," returned Mona with a faint smile. "You describe what

with a faint smile. "You describe what I feel myself to be, exactly."

Mme. Debrisay, looked at her with kind, compassionate eyes, and stirred her own tea reflectively—remaining silent for an unusual length of time.

"You" she said when the refection

gathering. She proposes to spend a short time with Mmc. Debrisay—a very respectable person; she gave Every respectable person; she gave Every waring straight off, and go away with him? That's the sort of change that would set her up."

"Well, you see, she feels it would be short time with the most violent burst of tears. "I have determined to break off my engagement."

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"I have determined to break off my engagement." ould set her up."

"Well, you see, she feels it would be decently soon after her grandmother's cruel and false. I must say it, dear. In-

knot was absoluctly tied. You make her hear reason. Let us send for Waring; she has her wedding gown, and we will marry them next week."

"I wish I could," ejaculated Lady

"I wish I could," ejaculated Lady

"I wish I could," ejaculated Lady

"Ah, then do you think you'll make it

"God forgive me," said the woman solemnly, "He knows I would share my last loaf with you, and will, too; but I am angry with you, my darling. You are flying in the face of Providence, and

driving an excellent young man to I do not think that, Deb. Nay, I suppose in a month or two he will be in love with some one else. I do not think he is the sort of man who will destroy himself for an ideal?"

"Tell me the truth, Mona, my dear child. Are you in love with another some poor creature you can't marry? "No, in truth I am not. There is not a man on the face of the earth at this moment I would willingly marry." "I believe you, for I never knew you

speak falsely yet; but there is something ander it all I can't make out. I always thought there was. May be you will tell me some day. Now, listen to me. If you ever cared for your dear, good, generous grandmother, don't be in good, generous grandmotner, usn to a hurry; just say your prayers, and think. Believe me, it's awfully hard to pick up a living, especially when you have up to take you by the haven't any one to take you by the hand. And you have turned every one against ye, or you will. Don't quarrel with the poor young fellow that has given you his whole heart. Take a day or two to think what you're doing."

I have done it, Deb," stretching out

her hand and laying it on her friend's plump arm. "You posted the letter to plump arm. "You poste him yourself, just now."

"Yes, you will, you must," rising and kneeling beside her, while she clasped her arms round her waist. "I have no one in the world to turn to but you Deb, and I can not marry this man—I can not indeed."

"And you have written to him. Then "And you have written to him. Then

he will never rest satisfied without seeing you; and when he comes in the name of God, let him persuade you."

"I will," said Mona, gently; "and if rocks.—Boston Transcript.

he insists on keeping me to my word, I will keep it; but—but after reading my letter, I do not think he will."
"Don't be too sure of that. Now tell me, have you told Lady Mary?"
"Not yet. I thought I would wait till I had his answer."
"That's right. He'll come and speak his answer himself, or I am much mishis answer himself, or I am much mis-taken, and—well, we'll wait and see what it will be."

"He will not hold me to my word?"
"I am not so sure. Any way, I'll talk no more to you about him this day. You are just tired and done for. We'll leave the matter to Heaven; and you must rest. Do you remember what you said in your unlucky letter?"

"That's right. I am sure you are not fit to be out in such weather; get in, dear."

"I must post this letter, first," said Mona, her lips quivering.

"Very well; give it to me. Oh, yes; quiet right," glancing at the address.

"You must keep him informed of your whereabouts. It's hard times for him, poor fellow, all this delay."

The long drive to Westbourne Villas passed almost in silence on Mona's side. To Madame Debrisay silence was abhorrent, and she poured out much information respecting the changes she had made in her dwelling—the additional pupus promised her next month. "I am glad I have the rest of this one comparatively free. I can give a little time to you, my dear child. And here we are, thank God. You will be the better of a cup of tea."

"Yes, I told him I was driven by nny grandmother's position to accept him; that I did not and could not, love him as a wife ought to love; that I deeply deplored the pain I gave him, and humbly begged his forgiveness; that I thanked him for his goodness, and prayed that he would soon forget me, and soon be happy with some one more worthy than myself."

"All I know—the usual sort of thing. It would serve you right if he never replied. Ah, Mona, Mona, this is the bigmonth. "I am glad I have the rest of this one comparatively free. I can give a little time to you, my dear child. And here we are, thank God. You will be the better of a cup of tea."

"CHAPTER VI.

CHAPTER VI.

gance of the Chase to Mme. Debrisay's London lodgings was about as great as

can be imagined. ror to Mme. Debrisay.

(To be continued.)

### A SPRING TONIC.

Weak, Tired and Depressed People Need a T mic at This Season to Put the Blood Right. Spring blood is bad blood. Indoor

life during the winter months is responsible for weak, watery, impure blood. You need a tonic to build up the blood in the spring just as much as a tree needs new sap to give it vitality for the summer. In the spring the bad blood shows itself in many ways. own tea reflectively—remaining silent for an unusual length of time.

"Now," she said, when the refection was finished— having rapidly packed up the cups and saucers and popped (no other word conveys the action) the tray outside—"now, come, open your heart to me, dear, for I know you are in trouble."

"I am indeed," returned Mona, in a the greatest blood-making, health-voice that faltered and shook in a way giving tonic in all the world is Dr. trouble."

"I am indeed," returned Mona, in a the greatest blood-making, healthvoice that faltered and shook in a way far more touching than the most violent burst of tears. "I have determined to break off my engagement."

| ailments it is a tonic you need, and the greatest blood-making, healthgiving tonic in all the world is Dr.

Williams' Pink Pills. Every dose helps to make new, rich, red, healthgiving blood, which reaches every giving blood, which reaches every nerve and every organ in the body, organ, and every organ in the body, to weak, despondent, ailing men and women. Here is proof: Mrs. Charles will Sir Robert say, and—and Lady women. Here is proof: Mrs. Charles and any of the past ten years Dr. Williams' Pink Pills is the only medicine I have taken when I found I needed a medicine. Last spring I was pring I was feeling poorly, was weak, easily tired.

feeling poorly, was weak, easily tired and depressed. I got three boxes and they made me feel like a new person. These pills are the best medicine I know of when the blood is out of or-

der."

Thousands of people not actually sick need a tonic in the spring, and to all these a box or two of Dr. Williams' Pink Pills will bring new energy and new strength. To those who may be more seriously ailing, who may be more seriously ailing, who have the head blood of the ailafter Waring and Sir Robert had arranged the details of the funeral, and all that appertained to it—that Mona was induced to see her affianced husband.

Lady Mary thought it was kindest to leave them alone, for which poor Waring thanked her from the depths of his heart, but the interview was productive of little pleasure to him.

"By the way, what has become of Waring?"

"He has gone to see his old guardian about some business; to pass away the about some business; to pass away the to see him. He was quite distracted about her at first, poor fellow. I really ing thanked her from the depths of his heart, but the interview was productive of little pleasure to him.

"By the way, what has become of Waring?"

"He has gone to see his old guardian about some business; to pass away the about some business; to pass away the to see him. He was quite distracted about her at first, poor fellow. I really will, and I am persevering; and don't speak so cruelly, Deb, for I feel heart broken."

"No; I dare say not—it would be un-Medicine Co., Brockville, Ont., at 50 cents a box, or six boxes for \$2.50.

> COMES NOW A ROCKOPHONE. Be Long a Curiosity.

rocks of the right tones to make a scale of one octave, semitones included. He could play upon them with wallcould play upon them with mallets, he church?"

dear, he has carried stones mines which out-be in doors gave as sweet and correct tones ther was occupying the pulpit and the as could be amagined, but which were family had moved to Plantsville, to uesless when placed beside the others which the young minister exclaimed, in of the instrument, the difference in tone great surprise:
being caused by the confining walls or "Why, you don't say so! When was the aid of a wind or clear atmosphere this?"

outdoors.

The result of days of searching, testing, carting and clipping now lies in the "rockophone room" of Mr. Gilman's home on Young street, the only rockophone in this country and probably in the world.

Fifty-two rocks or four octaves. on Young street, the only rockophone in this country and probably in the world.

Fifty-two rocks or four octaves, are placed in a case resembling a square pineight and shape, about 12 and the said:

If feel just like Rip Van Winkle, I feel hazy." In this astonishing way was placed in a case resembling a square pineight and shape, about 12 and the lost personality regained. Incident-Fifty-two rocks or four octaves, are placed in a case resembling a square pitano case in height and shape about 12 ally, Mr. Hanna afforded an example in feet long and 3½ feet wide. The rocks real life of how a man may actually vary in size from six inches to three fall into a Rip Van Winkle sleep, and feet, the general shape is oblong, the average thickness about an inch. Mr. Gilman and his sons, aged 16 and

11 respectively, stand at the instrument and play upon it with mallets. The heads of these are lignum vitae or boxwood, one edge tipped with rubber for pianissimo effects. The tone of the rocko shows the content of any other in-strument; there is not the metallic ring of the metalophone nor the hollow sound of the metalophone nor the hollow sound for the metalophone nor the hollow sound for the wooden xylophone. There is a riph pling natural tone quality that first as tonishes, why, I will. He has a right to so much, and I can not refuse."

"Oh, well, that is something."

No, don't refuse; you let him persuade you when he does find you. I'll be bound when he opens his lips and tells you how he has trusted to your word, he will bring you round. Promise me you will hear him."

of the metalophone nor the hollow sound for the wooden xylophone. There is a riph pling natural tone quality that first as tonishes the hearer and then becomes very pleasing to the ear. It has been recently tested by a professional tuner and declared to be in perfect tune. After being especially arranged by Mr. Gilman any music in any key can be played upon it. Mr. Gilman still devotes his spare time to the perfecting of his unique instrument adding to and changing the

From the Plantation to Store

We watch Blue Ribbon Tea. Unsleeping vigilance selects the tenderest leaves, scrutinizes every process of their manufacture, and carefully seals them in lead packets to preserve the flavor. No wonder the best is

## Blue Ribbon Ceylon Tea

### Strange Cases of **Dual Personality**

Cases of dual personality are not so rare as might be supopsed. Many such are related in Dr. Sidis' book. The most remarkable is that of the Rev. Thomas Carson Hanna, a young clergyman of

Carson Hanna, a young clergyman of Plantsville, Conn.

One day when stepping from his carriage his foot slipped, and he fell forward, striking on his head. He was picked up unconscious. When he regained his senses his former personality had disappeared. He was practically a newly born babe. He remembered nothing of a previous life. He could not ing of a previous life. He could not talk or understand anything that was said to him. In former times it would have been thought that he had become idiotic, and he doubtless would have been sent to a home for imbeciles, there

to spend the rest of his life. Dr. Sidis, then in New York, heard of this peculiar case. Here was an opportunity, he thought, to test his theory of disassociation of ideas. He believed that Mr. Hanna's brain cells had merely been dislocated, and that if they were brought back into proper position and working order the lost personality might be rectored.

Under Dr. Sidis' direction, the young minister was educated from his A B C's upward. His faculties were as keen as ever :: even keener, it seemed, than before the accident. In a week he learned how to read as well as a child reads at the end of its first year in school. In three hours Mr. Hanna learned how to play the banjo. In a few weeks he had been taught the meaning of words and language so that he could carry on intelligent conversation.

The first assurance that some traces at least of his former personality re-mained was in the dreams which he related. He told of incidents and place seen in dreams which were really ex-periences of his past life. He spoke of seeing a square house with the sign upon it, "New Boston Junction." This was a place in Pennsylvania where he had once been. Yet in his new personality he could not recognize the church of which he was pastor; nor did he remember the young woman to whom he was engaged. It looked as if he would never again be able to take his former place in society. An entirely different man was growing up from the former Rev. Mr. Hanna.

But still he could not remember his

past life. He did not even imagine what it meant. When asked if he could not guess what Boston meant, he replied: "It might be the name of the building."

Resurrection of the Mr. Hanna Dr. Sidis, not at all discouraged, be gan a most unusual course of treatment. When Mr. Hanna was asleep he passed naturally into a hypnoidic state, which was not a hypnoric condition, but was a resurrected dead personality of his own life experiences. Then something happened that in other ages would be thought mirroules. to talk of one of his old friends, Mr. Buster, and told incidents about him just as he would have done before the

The Rev. Mr. Hanna had returned; Musical Instrument Which is Likely to joyous thought that first flashed into minds of his father and attendants

About seventeen years ago Alonzo R. Gilman of South Berkwick, Me., while driving in New York with his wife was out and tested the tones of several rocks back to glimpses of his first life. Fin-by tapping them with his penknife. He ally Dr. Sidis tried a medicinal stimulater confided to his wife an idea that lus, in the hope of bringing back the lost had been suggesting itself to him for a personality in more stable form. Fin-

thought, like a xylophone.

Since then his spare time has been spent in searching stone walls and heaps. He has carried stones miles which out
The brother then related how his fa-Here at last was the resurrection of

be utterly unconscious of the progress of events, for a long period of time.

than that of Washington Irving's sleep was living an entirely different life while the former personality was asleep. Mr. Hanna is now entirely restored to his normal condition. After recovering he married the girl to whom he was first engaged, who nursed him through So an element of romance is lent to this very strange case.

Strange Case of a Russian Woman Similar instances of forgetfulness or lost personality, though usually in mild-er form, are chronicled in the daily press every little while. Amnesia is the term Dr. Sidis applies to this form of

Another kind of case which Dr. Sidis relates is that of a pretty young Russian woman of 22. She suffered from violent headaches, which secend to be located in a spot about as large as a half dollar just back of the left temple. Upon questioning her, Dr. Sidis learn-ed that when she was a child an insane

woman living across the street rushed into the house one day when her parents were away, caught up the child and kissed her on the left side of the head. It gave the little girl a violent fright, and ever after that she had headaches on the spot where the insane woma

kissed her.

Now comes still queerer development. It was learned that this insane woman's delusion was that two women in white were always following her and pointing their fingers at her. This hallucination was transferred to the girll by a species of mental contaction. While by a species of mental contagion. While under the spell of this delusion the girl was really as crazy as the insane woman. She was cured by hypnotic suggestion, and afterward had neither headaches nor hallucinations,
Another example of the practical use

of psychological methods occurred when Dr. Sidis was director of the Psychological Institute in New York. An 18year-old girl was brought to him. She had been found wandering amlessly about the streets in a seemingly dazed condition. The police were puzzled; so were the doctors at Bellevue Hospital. Dr. Sidis put her through a severe psychological test. His suspicions were

psychological test. His suspicions were aroused. He tried an unusual experiment by administering to her some can-nabis, or Indian hemp. In this relaxed condition which followed he plied the girl with questions. Thrown off her guard by the subtle effects of the medi-cine, the girl confessed that the whole girl confessed that the whole thing was a deception! It had been done on a wager that she could fool the New York police. Her name was Lulu

### SAFETY FOR CHILDREN.

Baby's Own Tablets is the only medicine that gives the mother the guarantee of a government analyst that it contains nous opiate and is absolutely safe. This is worth much to every mo-ther who cares for the future welfare of her child. The Tablets are good for the her calld. Ine lablets are good for the tenderest baby or for the well grown boy or girl, and cure the minor trail-bles that are inseparable from childhood. Mrs. W. J. Macintosh, Clam Harbor, N. S., says: "I have used Baby's Own Tablets for constipation, vomiting and colds, and have found them a splendid medicine. I give the Tablets all the credit for the splendid did health my little one now joys." The wise methor with The wise mother will always can be got from any druggist mail from The Dr. Williams' Medicine Co., Brockville, Ont., at 25 cents a

#### ALL HE WANTED

The Grecian Winner of the Race From Marathon to Athens.

was a poor man, mark you, who and to live most economically to live at all. They offered him 25,000 francs in gold-25,000 francs in a country where a stout laborer earns less than two frances a day. He refused it. To sustain the honor of Hellas was enough for Loues Spiridon, he said, and only asked that he e given a water privilege in his native very morning to fill his goatskins in Athens and drive his little team to his own little village and there sell such of the water as his own people might care it aside for the physical training of set it aside for the physical the boys of the Loues' village.—James B. Connolly in "The Spirit of the Olympic Country Magazine for Games," in The Outing Magazine

"Don't merely scrape the surface of your business chances. Probe them. Then take your coat off and dig." This s the advice of an exchange devoted be publicity. If you do not advertise—if you trust to the drawing power of the over your front door for new cus tomers—if you bury the good things in your stock in obscurity, you are merely "scraping the surface." But to get the new trade that can be had by going afit you don't have to take your coat The newspaper will do the digging or you. Put your hand to the advert ng lever and set the steam shovel

As Good Now as Then.

At Christie's great auction rooms in London one day last week there was sold the autographic order issued by Nelson to captains of his fleet just previous to the battle of Trafalgar. The concluding sentence of this historic message is worth the entire cost. It says: "In case signals can neither be seen nor perfectly understood no captains can do very wrong if he places his ship alongside that of an enemy." Could there be any better gospel for human activity than is here expressed? No one can make a missisher expressed? No one can make a mistake who confronts his enemy face to face. It is as applicable in morals as in maritime wariance. It is as partinent to the man et business as to the man of the sword.