

HEALTH.

Remedies to Have in the House.

Every mother of little children should be to a certain extent, her own family physician.

A child should be so closely watched by the mother that no derangement of its system may escape her notice.

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Slight bowel troubles can usually be regulated better by diet than by drugs.

Pain in the stomach or bowels, or colic, is so varied in its manifestations that it is hard to lay down any fixed rule of treatment.

The enumeration of such remedies might be increased indefinitely. They will suggest themselves to every thoughtful mother.

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Without such an operation the pus becomes septic, or putrid, and fills the system with blood-poison.

Doctor Agnew, of New York, saw a case on Monday, and urged an operation; but the attending physician and the family preferred to wait.

Pus is at first healthy. By its formation nature seeks to check, or cure, inflammation; but if the pus cannot find a free vent, it soon becomes septic.

A very severe pain in the right side of the lower part of the abdomen, extending more or less upward, should suggest appendicitis, and result in sending for a physician.

A CHINESE RASOAL.

He is the Mandarin who was at the Bottom of the Outrages on the Yangtze.

The Chinese Government has at last given orders for the arrest of the Mandarin Chouhan, who is mainly responsible for the obscene literature which was printed last year and scattered all over the Yangtze Valley.

Some papers have printed specimens of this literature, carefully expurgated portions which would not look well in print.

Chouhan has not attempted to conceal his connection with this work. He, in fact, published a letter recently, in which he gloried in the part he had taken in the commission and circulation of these documents.

The four literatures emanated from the Hall of the Benevolent Society of Changsha, the capital of the province of Hunan.

In this document they said their purpose was to drive out foreigners and to restore the fame and honor of the sages.

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To Be Read by Single Men.

Hugh—"Where away, old man?" Jack (hastily packing valise)—"Anywhere, so that I get out of town for nine months."

Hugh—"Heavens! Haven't been doing anything crooked?" Jack—"Guess not! But I have every reason to believe that three girls—one with a squint, one with a bass voice, another who says 'I seen,' are going to take advantage of leap year.

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A Good Reason.

Little Boy—"Can your sister play?" Little Girl—"No, she makes awful noises when she tries."

ODDS AND ENDS.

South Australia hotels must close on Sunday.

Berlin University is the third largest in the world. Paris, with 9,215 students, and Vienna, with 6,250, are larger.

A hive of 5,000 bees will produce about fifty pounds of honey annually.

There are between 40,000 and 50,000 ragpickers in Paris divided into three classes besides the maitre chiffonier, who is well-to-do.

A Scotch Presbyterian church is endeavoring to save sinners by expelling a member who supplied a duchess with milk from his dairy on Sunday.

The rarest thing in all Arizona, it is said, is a thunder storm. Sometimes there is not one a year.

There are between 1,600 and 1,700 lawyers in Boston, with scarcely business for 200.

No Indian wigwam has been struck by lightning since the dawn of history, and no Indian has been killed by lightning for more than 100 years.

Geologists say that when America rose from the sea the greater part of an older continent was submerged, all that was left of it being what is now known as New Zealand.

Along the Arctic coast men cut off their hair on top of their heads, so that they look like monks, the object being to avoid scaring the caribou by the flitter of their locks.

The Esquimaux are fond of eggs not yet hatched, but about to be. They are much addicted to liquor and tobacco, and it is a common thing to see a nursing infant with a quid of tobacco in its mouth.

In 1430 A. D., after nineteen years of ceaseless labor and an expenditure of about \$300,000, the Chinese Government finished the wonderful porcelain tower at Nankin, which stood for nearly four-and-a-quarter centuries, until 1850, the most marvelous building ever erected by human hands.

It was octagonal form, 200 feet in height with nine stories, each having a cornice and a gallery within.

AFRICA CANNOT KILL HIM.

A Man Who Has Lived Longer in Central Africa than Any Other European.

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Legat is now 32 years old. He is so completely isolated from his fellow officers that he never starts for the nearest post till he would take him three and a half months to reach it.

The Congo Free State has twelve agents in its service who have spent nine years in the Dark Continent, but every three years they have returned to Europe to recruit their ranks.

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OUR DEFENDERS.

Major-General Herbert's Opinion of the Canadian Militia and their Equipment.

So much has been said recently concerning a possible war between the United States and Great Britain that a short description of the military defences of our country as they stand to-day will interest the most of our readers.

The quantity of blood in the human body varies, but is generally about one-tenth the total weight of the body.

Baron Liebig says:—"There is more nutriment in an egg than in anything of equal bulk that exists in nature, or that is usually consumed by man."

For the purpose of defending this line and of bearing the brunt of a first attack, a permanent militia establishment composed of the whole population, divided into classes, was organized, and when, some years ago, the imperial forces evacuated every Canadian fortress except Halifax, small garrisons of Canadian regulars, doing duty also as military training schools, were quartered at Fredericton, Quebec, St. John, Kingston, Toronto, Winnipeg, and Victoria, in all a total establishment of 960 non-commissioned officers and men.

As a military line of communication and defence the Canadian Pacific is by no means completed. At its western extremity, between Vancouver and Asia, a line of armed steamers has, it is true, been established, but without the protection of a powerful fortress these steamers could not render very efficient service in the way of disembarking troops.

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mental details have been settled, to the commencement of this important work. The problem involves the consideration of the measures to be adopted, not only for the protection of a very extensive land frontier, but for that also of certain points on the Pacific coast, which have recently acquired a more than ordinary importance to the commercial prosperity of the Dominion.

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LATE FOREIGN NEWS.

A lawyer in Lewiston, Me., wrote the note to the Clerk of Courts: "Mr. Clark please enter this writ in its full Booklet."

All authorities say that Pekin, the present capital of China, and Nankin, the ancient capital, are hardly half so large as they were a hundred years ago.

A man in Milbridge, Me., was building a small schooner, and was about to cut down a tree for the stowage when he was approached by an elderly French Canadian, asked: "You cut down that tree?"

In the West Indian island of New Providence there is a new and important industry in the cultivation of the grass, which is equal to Manila hemp for making rope and twine.

A disgraceful scene occurred in the Cathedral at Nancy, on Monday. Bishop Turin was delivering a discourse on the labour question, and the speaker's remarks not meeting with general approval, members of the congregation commenced a disturbance, in the course of which chairs were thrown about on all sides, and the chandeliers were broken. Five persons were injured.

Within three years passenger rates on the railroad across the Isthmus of Panama have been reduced to ten and five cents a mile for first and second class tickets. Up to that time the charge for passenger transportation on the Panama Railroad was the highest in the world, being \$25 in American gold for first class and \$10 in gold for second-class passengers between Panama and Colon, or about fifty cents and twenty cents a mile, respectively.

Like Jonah's gourd, the journalism of Japan has grown within the brief period of constitutional government. Last year there were as many as 550 Japanese newspapers and other periodicals, and in the city of Tokio alone there were seventeen political dailies, with a weekly circulation of over 1,000,000 copies, besides weekly and monthly publications devoted to progress, science, literature, the fine arts, and social affairs.

The spectacle of two young women being chased by a bear in the streets of a city is rather unusual, but such a thing occurred in Gardiner, Me., the other day. Had the girls stood still when Mr. Marshall's pet bear dropped over the garden wall they would have been all right, but they ran and screamed, and the bear followed in high glee. One of the girls fell, and the bear, after poking his "horrid nose" into her face, resumed his pursuit of the other until she sought refuge in a house. Then he seemed to think the fun was spoiled, and ambled home. Now the women want the poor bear killed.

The public schools in Deming, N. M., had to be closed recently because a violent storm prevailed. Little incidents like that indicate the inconvenience, discomfort and positive danger, not easily comprehended by Eastern dwellers, caused by the miniature simoons in the dry, sandy prairie and hot-plain districts of the West.

A fire broke out at 7.30 on Saturday morning at a large warehouse situated on Kaiser Quay, Hamburg. The damage done is estimated at several million marks. One of the firemen has been seriously injured, and Herr Tegge, the quay inspector, is missing. The merchandise stored in the warehouse included large quantities of raw cotton, and oranges. In the cellar were barrels of palm oil and spirits. The cellar was flooded in the hope of saving the contents. The services of six floats and all the Hamburg fire brigades were brought into requisition, and the fire was thus localised. Shipping was removed from the neighbourhood of the outbreak as a precautionary measure.

In 1842 a Russian farmer named Bokareff conceived the idea of extracting oil from the seed of the sunflower. His neighbors told him it was a visionary idea and that he would have his labor for his pains. He persevered, however, and from that humble beginning the industry has expanded to enormous proportions. To-day more than 700,000 acres of land in Russia are devoted to the cultivation of the sunflower. The area devoted to the crop has nearly doubled in five years. Two kinds of sunflowers are grown, one with small seeds which are crushed for oil and the other with large seeds that are consumed by the common people in enormous quantities, very much as people eat peanuts in this country.

A "whale back" steamer 500 feet long, to carry passengers, will be built for the World's Fair.