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RIO'S SUMMER RE-FRASER," LEY, ONTARIO. HED 27 YEARS.)

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a barber snop and other n provided. nd Detroit River Railway daily connecting at Lon-as, running east, west and nt points. WM. FRASER, Propietor,

FIVE-MINUTE'S SERMON.

The Tenth Sunday After Pentecost. CONFIDENCE IN PRAYER.

"Then I cried to the Lord; He heard my voice from them that draw near against me; and He who is before all ages and remains for ever humbled them; cast thy cares upon the Lord and He shall nourish thee." From these lines we gather that the prayer which the psalmist sent up to the Great White Throne must have been efficacious, for he sings that when he cried to the Lord the sound of that crying was heard and the enemies that

drew near in battle against him were stricken down in defeat. Then, in a tone of triumph, he points out one of the attributes of the God who has answered his prayer, saying to Him that He "is before all ages and

remains forever."
And finally he deduces the moral that we should cast our cares upon Him

since He is so mighty to sustain us. That prayer is efficacious-in other words, that it obtains its effect-is evi dent to every one who has accepted revelation—for we know with that knowledge which comes by faith that the ear of the Lord is ever listening to catch even the faintest whisper of

prayer. But why does the psalmist speak of the eternity of God in connection with His power to answer prayer? We know enough of God's nature to realize in an imperfect manner that as He "is before all ages and remains for ever,' so His all-embracing knowledge must partake of the same quality of eternity. His mind, therefore, foresaw from the beginning and with infallible certainty all the prayers that would be offered up to Him. He saw, moreover, the connection and relation they would have with all other things of His making, and He planned His work accordingly. Consequently, in the scheme of creation prayer became an essential factor, a part and parcel of one great whole, and into its working entered all rational beings. Hence man's duty to pray to preserve the symmetry of creation, and hence also the right of the

Creator to the prayer of man.

Prayer, therefore, has as much reason for existence and is as much a reality as anything we can see or

This must be the meaning the psalmist would have us put upon his words: that God foresaw both his danger and his prayer, and determined the result. With this interpretation, the assertion of modern rationalism, which not only denies all efficacy to prayer but scouts it as an absurdity, becomes a profound lie : for instead of the natural universe being put out of joint by the fulfilment of prayer, it is, on the contrary, clothed with infinite peace and "bound by

gold chains around the feet of God.' Revelation—the promises of God—is the only means we have to prove that prayer is really heard; but where is the proof that God would have to stop the machinery of the world to make prayers availing, as rationalists claim?

The stability of nature, on which they rely, is the uniform working of cause and effect, provided no higher power interferes; the sacredness of nature, so dear apparently to them, is in itself obedience to the Creator, in subserving moral as well as physical ends—both mere expressions, both the creation of Him "who is before all ages and remains for ever."

Why, the mother who bends over the

cradle to kiss her fever stricken child knows this! She knows that the God who struck down David's foes has also the power to cure her son.

once a proof of its complex beauty. and the God who is moulding the tear on that mother's cheek becomes at once the same God who can stop the sun in its course and take the stars from the heavens.

Since, then, prayer is part of God's design, there falls upon every man the obligation to pray. Such also is the psalmist's conclusion, for he says:
"Cast thy cares upon the Lord and He shall nourish thee," and this asking for God's neurishment or protection is nothing but an act of prayer.

Yes! let us by prayer cast our cares upon the Lord, "for more things are wrought by prayer than this world dreams of." Let us learn from the words of the reclaims. words of the psalmist to pray that God may not only avert spiritual but even physical enemies from us. This, we have seen, is God's will, and the eternal fitness of the things in His creation is crying out for it, and the cry must be heard. It is God's will.

Sleeplessness, Mental and Physical

Fatigue.

Go hand in hand. The waste of the body that ought to be restored by rest and sleep suffers increasing diminution: then loss of strength and vigor of body and mind follows. It is in this class of diseases that the marvellous properties of Maltine with Coca Wine are most markedly exhibited. It penetrates to the very sources of vital action. Inasmuch as the nerve centres are impressed by its medicinal power and the digestive functions stimulated to increased and more efficient action. This imparts to the whole system the much-needed impetus, the nerves are soothed from a state of irritability to one of repose—sleep, with all its beneficent influences, comes back to lend its aid to the process of restoration. Digestion keeps pace with the improvement of appetite, and in a short time the nervous, miserable sufferer regains his old-time vigor and the capability to enjoy life and all it affords. Maltine with Coca Wine is sold by all druggists.

The Public should bear in mind that Dr.

The Public should bear in mind that DR THOMAS' ECLECTRIC OIL has nothing in connection with the impure, deteriorating class of so-called medicinal oils. It is eminently pure and really efficacious—relieving pain and lameness, stiffness of the joints and muscles, and sores or hurts, besides being an excellent specific for rheumatism, coughs and bronchial complaints.

GREAT SALES prove the great marit of

OUR BOYS AND GIRLS.

For His Mother's Sake.

The florist's boy had just swept some broken and withered flowers into the gutter, when a ragged urchin darted across the street. He stooped over the pile of mingled flowers, and, looking them through, came at last upon a rose seemingly in better condition than the rest. But as he tenderly picked it up the petals fluttered to the ground, leaving only the stalk in his hand.

He stood quite still and his lips quiv ored perceptibly. The florist's boy who had been looking at him severly felt that his face was softening.
"What's the matter with you, any

way?" he asked.

The ragged little fellow choked as he

answered: "It's for my mother. She's sick and she can't eat nothin', an' I think that if she'd a flower to smell it might make her feel better.

"Just you wait a minute," said the florist's boy, as he disappeared. When he came out upon the sidewalk he held in his hand a heartiful to the sidewalk he held in his hand a beautiful half opened rose, which he carefully wrapped in tissue paper. "There," he said, "take that to your mother."

He had meant to put that rosebud on

his mother's grave, and yet he knew he had done the better thing. "She'll understand," he said to himself, "and I know this will please her most.

Do it Now! This is for girls as well as boys. It s a bad habit—the habit of putting off. If you have something that you are to do, do it now, then it will be done. This is one advantage. If you put it off very likely you will forget it and not do it at all. Or else — what, for you, is almost as bad — you will not forget, but keep thinking of it and dreading it, and so as it were, be doing it all the time. "The valiant never taste death but once;" never but once do the alert and active have their work to do.

I once read of a boy that drooped so in health that his mother thought she must have the doctor to see him. doctor could find nothing the matter with the boy. But there the fact was he was pining away, losing his appe tite, creeping about languidly, and his mother was distressed. The doctor was nonplussed.

"What does your son do? Has he any work?"
"No; he has only to bring a pail of

water every day from the spring. But that he dreads all day long, and does not bring it until dark."
"Have him bring it the first thing

in the morning," was the doctor's prescription. The mother tried it and the boy got well. Putting it off made the job prey on the boy's mind. "Doing it now

relieved him. Boys and girls, do it now !

The Dutiful Daughter.

In almost every family in which there are many children there is one girl who is like the visible guardian

angel of the home.

If the mother becomes an invalid or dies, this dutiful daughter gradually takes her place.
If the father is dissipated or neglects

his religion, this daughter is the person most apt to win him back to sobriety and the sacraments. If the sons turn out graceless and

nows this! She knows that the God ho struck down David's foes has also the power to cure her son.

Thus the element of prayer, instead the is needed for their own support, this daughter to the page of the property of the p of being a disturbance to the prear-ranged order of things, becomes at diate future to care for them in their unhappy old age.

If she has to go out to work to help keep up the house, she spends little on herself, brings home all her earnings, and plans to supply the needs of the other members of the family, happy when she can give father a suit, mother a new dress, or the little children some unexpected treat.

That young woman is finial duty per sonified. The benediction of heaven rests upon her. Wherever she is, there is peace. Her ways are gentle, her voice low, her manner cordial, her heart warm. She is a blessing beyond price. Often she is not properly appreciated by all of her own. Often she has bitter tears to shed because of the unkindness shown by one or both of the parents and the ingratitude she receives from brothers and sisters. But this lack of praise and courtesy makes her merit all the more. There is One who notes all her good works, there is One from whom she shall receive her just reward. - Catholic Columbian.

A Mannerly Boy.

"His manner is worth \$1,000 to him," said the man-the statesmanspeaking of the boy. The boy was a distant relative of the

man, and he had been brought up by careful parents in a far-off city. Among other things he had been taught to be friendly and to think of other persons before himself. The boy was on a visit in the town where the man lived. They met on the street, and the younger recognized the elder, promptly went to his side and spoke to him in his cordial, happy yet respect-Of course the man was ful way. Of course the man was pleased, and knew that anybody would have been pleased. The sentence above was the outcome of it. A little later the boy came in the room just as the man was struggling with his over-coat. The boy hurried to him, pulled it up by the collar and drew down the wrinkled coat underneath. He would have done it for any man, the haughti-

seated. He wouldn't interrupt to let loose the wittiest or most timely remark ever thought of. He may learn his thousand, but it is doubtful. The expression of his kindness may become

conformed to popular usage, medified, refined, but the spirit which prompts Do not misunderstand, boys. You may be truly unselfish and yet not have this boy's prize; you may wish to do things for others, and yet feel that you do not know how. The only way is to try; to hesitate for no feel ing of bashfulness or awkardness, but

Cardinal Manning and the Little

to you. -The Lamp.

put into instantaneous practice,

whatever kind, helpful thoughts occur

Child. Dr. G. A. Sterling, of New York, publishes a letter which his daughter received from the late Cardinal Manning. The little girl conceived the idea of writing to His Eminence. She gave an account of her father (a convert to the Church), her brothers and herself. She asked the Archbishop if he was fond of music and informed him that she played the violin. Child like, she omitted to sign her family name; the letter bore no address and was directed merely "Cardinal Manning, England." The simplicity of the little girl touched the heart of the English prelate, and notwithstanding his many cares, and also the fact that the child had sent neither name nor address, the Cardinal adopted measures to answer his unknown correspondent. She had mentioned the name of Cardinal Gibbons, the Archbishop of Baltimore, adding that her three brothers were attending St. Charles' College, in Maryland. This afforded a clue and a letter to the little girl was sent to Cardinal Gibbons, with the request that he would endeavor to effect its delivery. This is the letter:

Whit Sunday. My dear child: You ask whether I am glad to receive letters from little children. I am always glad, for they write kindly and give no trouble. I wish all my letters were like them. Give my blessing to your father and tell him that our good. Master will reward him a hundredfold for all he has lost for the sake of his faith. Tell him when he comes over to England he must come and see me. And, mind you, bring your violin, for I love music, but seldom have any time to hear it. The next three or four years of your life are very prec They are like the ploughing ious. time and the sowing-time of the year You are learning to know God, the Holy Trinity, the Incarnation, the presence and voice of the Holy Ghost in the Church of Jesus Christ. Learn all these things solidly and you will love the Blessed Sacrament and our Blessed Mother with all your heart. And now you will pray for me that I make a good end of a long life, which cannot be far off. And may God guide you in innocence and in fidelity through this evil, evil world! And may His blessing be on your home and all belonging to you! Believe me always a true friend,

Henry Edward, Cardinal Archbishop of Westminster.

A Boy Who Worked up

One day many years ago a bright boy found employment in a photo-graph gallery in Nashville, Tenn. His wages were small; but he took good care of them, and in course of time he had saved up a snug little sum of money. One day a friend, less thrifty than he, came to him with a long face, and asked for a loan of oney, offering a book as security. Although the other knew there was little probability of his ever being repaid, he could not refuse the request

"Here is the money: keep your book, and repay me when you can. The grateful lad went away in such haste that he left the book behind. The kind youth, with curiosity, ex amined the volume. It was a work on astronomy by Dick, and it so fascinated him that he sat up all night study ing it. He had never seen anything which so filled him with delight. He determined to learn all that he could about the wonders of heaven. He be gan thenceforth to read everything he

could obtain relating to astronomy. The next step was to buy a small spy-glass; and night after night he spent most of the hours on the roof of his house, studying the stars. He secured, secondhand, the tube of a larger spy-glass, into which he fitted an eye-piece, and sent to Philadelphia for an object-glass. By and by he obtained a five-inch glass, which, as you know, is an instrument of con-

siderable size. Meanwhile he worked faithfully in the shop of the photographer: but his nights brought him rare delight, for he never wearied of tracing out the wonders and marvels of the worlds around s. With the aid of his large spy glass he discovered two comets before they were seen by any of the professional astronomers, whose superior instruments were continually roaming the heavens in search of the celestial wonders. This exploit, you may well suppose made the boy famous. He was invited by the professors in Vanderbilt University to go hither and see what he could do with their six-inchtelescope. In the course of the follow ing four years he discovered six com-

He was next engaged by the Lick observatory in California. With the coughs and bronchial complaints.

GREAT SALES prove the great merit of Hood's Sarsaparilla. Hood's Sarsaparilla. Hood's Sarsaparilla. Hood's Sarsaparilla great deal. He has not learned orthald of that magnificent thirty-six-inch

odox selfishness. He positively can't refracting telescope, the largest ever be easy at the table until his neighbors made, he discovered eight comets, and are waited on; a chair is torture if he thinks any one else is less comfortably discovering the fifth satellite of Jupiter. He invented a new method of photographing the nebulæ in the Milky Way, and has shown an originality to do so some day-after he has earned approaching genius in his work in star-

photography. Perhaps you have already guessed the name of this famous astronomer, refined, but the spirit which prompts the expression will only grow with his how he worked up.

CHATS WITH YOUNG MEN.

Line up in Front. Line up in Front.

When all seems lost, and fate unkind,
Throws shadows deep around.
Be brave, and cast all grief behind,
De strong, and stand your ground;
Line up in front without a fear—
Brace up and face the blast;
Let others weaken in the rear—
Be first, and not the last.

Thy trouble, loss or greatest grief May in your darkest day Fill black despair with no relief Find in the gloom no ray; But struggle on, be brave and strong, And to the front look forth; This world is not completely wrong—Press on and test thy worth.

When trumpets call line up in front,
The struggle is for life;
Where danger lies, let nothing daunt
Your courage in the strife;
Brave souls meet fate with smiling face;
Be proud to die for right.
To fall in front is no disgrace,
Care you how goes the fight.

duties, the daily discipline and the daily growth are the stern but simple essentials of development into the highest young manhood. Be Able to use Your Knowledge. Facts can at any time be obtained

The daily opportunities, the daily

from an encyclopedia, and our brain should be something more than a mere portable bookcase. It is the faculty to select, arrange, relate and judge facts that makes the real difference between the educated and the uneducated man Evil Thoughts Lead to Evil Deeds.

Springs of water find an outlet some where, and it is certain that the hidden corruptions of an evil heart will gain expression at some time, however sedu-lously concealed. He breeds a corrupt ing sore who, persistently, and in the covert of his own seclusion, dotes on defilement, and in his dreams clothes with salacious beauty and sensuous grace the nastiness of immorality. He would indignantly declare it impossi-ble for him to commit such deeds, but the opportunity only is wanting.

Corrupt Literature. A father or mother who will allow children free access to corrupt and corrupting books is more guilty the deadliest poison into the little one's empty tomb, a home with bad books is a moral charnel house. Keep, then, in your homes good books, and useful books; keep there the Bible, at least the New Testament; keep there that essence of Catholic wisdom, "The Imitation of Christ," keep a few good books of Catholic instruction, "Faith of Our Fathers," and "Catholic Belief;" and if you will linger in the pleasant paths of fiction, let it be with the masers- with Dickens and Thackeray. with Hawthorne Cooper with Steven son or Crawford. Do not waste your time, do not poison your heart with corrupt and corrupting books of so called realistics, purveyors in ordinar, to the davil himself.

Keep Your Promises. Of all the faults of which man, or says a writer in the Catholic Columbian. It is worse than mere lying-it is, in fact, a refined and aggravated form of that vice. There is something radically wrong in the moral nature of one who habitually and deliberately breaks his word, even in unimportant matters.

Who cannot keep a little promise need never be trusted to keep a great one. Unless you intend to do as you agree, inless you mean to be on hand at the exact minute you name, it is unpardon able in you to make the agreement Moreover, once having pledged his word, a man (or woman) of honor will strain every nerve to keep it, and no consideration of personal convenience will deter him. When unseen circumstances prevent the fulfilment of your promise an apology is always in order, nd every true gentleman or lady will make haste to offer it, even taking pains

o find an opportunity to do so. In business circles the man that is not prompt and reliable acquires after a time a doubtful reputation : so in society when your friends discover that engagements are kept only at your convenience and pleasure, do not be surprised to see them leaving you in disgust: do not be surprised that they think you a bore when you wish to im press then as a most agreeable fellow. for the most disagreeable fellow I know is the one

That keeps the word of promise to our ear, And breaks it to our hope."

The Catholic Young Man Abroad. Walter Lecky, in the New York Catholic News, quotes from an article in the Koelnische Volkszeitung calling attention to the remarkable development of Catholicism in Holland during the past few years, quoting a preacher of the Free Community in Amsterdam, who gave voice to the alarm of ultra-Protestant fanaticism.
"The Catholic Church," he said,

is winning triumphs which fill the leaders of free religious life with the flat country, the Young Men's As-sociation, are all occupied in protect- "Human respect is a vice the very sociation, are all occupied in protect-





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WESTERN FAIR.

LONDON, SEPTEMBER 9th to 18th, 1897 CANADA'S FAVORITE LIVE STOCK AND AGRICULTURAL EXHIBITION.

The most complete Live Stock Buildings in America. More improvements and exten-e additions this year. Every Stockman, Agriculturist, Manufacturer, Dairyman, tist, Inventor, etc., etc., specially invited. Entries close Sept. 9th, in all Departments. Success assured.

SIE HASSEN BEN ALI, The Arab Prince,

. . . . Has been secured to furnish and superintend the stage attractions. Auction Sale of Booths and Privileges August 16th, on the Grounds at 2 p. m. For Prize Lists, Programme and Maps, apply to

LT.-COL. F. B. LEYS, President. THOS. A. BROWNE, Secretary.

ing the faithful against every heretical influence."

Wherever one reads of the growth of the Church he finds this growth identified with the work of the young corrupting books is more guilty men. In this country, where one before the Almighty than they wno put men, very little has been given. If a home without books is an meet, they talk—unceasing talk—they are addressed by a hungry politician who, with very little knowledge of them, in rounded periods praises them to the stars. Then, pleased with themselves, they dine and journey to their respective homes. Foreign associations invite practical men to address them on the best means of promoting the association's welfare. The speak ers must not only be practical Catholics, but they must be men who have shown their enthusiasm in the associa tion's work. These associations look after young men, find them lodgings, cheap board, give them companionship

and friendship, showing that they are truly Catholic by putting into practice that funda-mental law of the Church, loving one another. They publish leaflets by the thousands, circulating them where woman either, is the unfortunate possessor, the inability or indisposition to sep a promise is the most despicable, snares of the proselytizers and by their toil for it; if food, you must toil for ysa writer in the Catholic Columbian. unity and alertness baffle the most it; and if pleasure, you must toil for secret machinations of the cunning

enemy. All these things should be done in this land, and we trust the day is near when they will be done.

Our Greatest Need.

"What is the greatest need of our times? Is it churches? Churches, indeed, are serviceable for the propagation of Christain faith, but they are not the greatest want. Is it schools? Schools are important factors in our Christian civilization, but they do not constitute the greatest need. Is it asy lums or hospitals? They are, indeed, most useful for the alleviation of suffer ing humanity, but they do not conribute the most indispensable require-

ments. "What the times demand is mensturdy, Christian men, endowed with force of character. We need men who are guided by conscience rather than by expediency; men who are con trolled by principle more than by popularity; men who walk in the path of duty and not of self-interest. Above all, we need men of strong religious aith, who are prepared to uphold their convictions in the face of religious

opposition and reproaches. "But this fidelity to religious and moral principles demands of us no small measure of heroism and force of moral character. Many a man who fat they should in their food rushes to the cannon's mouth has quailed before the shafts of derision

and ridicule.
"Daniel O'Connell, the great Irish tribune, in his younger days accepted a challenge from a gentleman named d'Esterre, whom he killed in a duel. In his latter years he declined a second challenge. Now O'Connell displayed greater manhood in declining a duel than in accepting one, for in fighting a duel he yielded to a depraved public opinion, against the voice of con-science, while in declining a second nxiety. The Roman Catholic Popular | duel he obeyed the voice of conscience Association, the Peasants' League in in defiance of public clamor that brand-

opposite of this virtue of Christian Human respect is a base condescension by which a man, from the dread of incurring the censure of others or from the hope of conciliating their friendship, speaks or acts against his honest convictions. The slave of human respect is like the idol mentioned by the psalmist. He has eyes and sees not, mouth and speaks not. He sees through other eyes, he hears through other ears : he is a mere puppet or mouthpiece, echoing the sentiments of

'He tries to please men, which is right, but at the expense of his conscience, which is wrong. For the Apostle says, 'If I should please men at the expense of my conscience I would not be the servant of Christ.'— Cardinal Gibbons.

It is amazing that men and women can piously love the truths and practics of religion, and live along from day to day without vigorously attack ing the error and vice everywhere about them. What coward is so mean as the pious coward?

If you want knowledge, you must it. Toil is the law. Pleasure comes through toil, and not by self indulgence and indolence. When a man gets to love work his life is a happy

They Do not Despair. An utter loss of hope is not characteristic of Consumptives, though no other form of disease is so tatal, unless its progress is arrested by use of Scott's Emulsion, which is Cod Liver Oil made as palatable as cream.

Liver Oil made as palatable as cream.

As PARMELEE'S PILLS contain Mandrake and Dandelion, they cure Liver and Kidney Complaints with unerring certainty. They also contain Roots and Herbs which have specific virtues truly wonderful in their action on the stomach and bowels. Mr. E., A. Cairneross, Shakespeare, writes: "I consider Parmelee's Pills an excellent remedy for Billiousness and Derangement of the Liver, having used them myself for some time."

Corns cause intolerable pain. Holloway's Corn Cure removes the trouble. Try it, and see what an amount of pain is saved. Economy and strength are combined in lood's Sarsaparilla. Every bottle contains 00 doses and will average to last a month.

If we told you that your baby was starving, that it actually didn't get enough to eat, you might resent it. And yet there are thousands of babies who never get the or who are not able to digest the fat that they do get. Fat is a necessity to your baby. It is baby life and baby beauty. A few drops of Scott's Emulsion for all little ones one, two and three years of age is better than cream for them. They thrive and grow on it.

SCOTT & BOWNE, Belleville, Ont.