### MARCH 22, 1902

# OUR BOYS AND GIRLS.

Those children who have willingly deprived themselves of little luxuries during Lent will now experience a double pleasure in partaking of them. abuble pleasure in partaking of them. They will have the gratification of knowing that they have done at least something to please God, and that as He never fails in His rewards, some day or other He will give them a glad eturn for their simple acts of mortification and self-denial.

#### A Splendid Quality to Cultivate.

"There's grit for you !" said a man to me the other day, pointing to a lad of fifteen who had fallen off his sleigh while coasting on a hilly street and een pretty sharply struck by a bobled. He got up limping and blood was ozing from a cut near the left temple. led. He was in pain, but he just gritted his teeth, clapped his handkerchief to his und, looked bravely up the hill and said to those of his companions who had flocked around him to see if he was

hurt : "That was a bad bump. But I must have one more ride before I go home to mvself

wind, uttering a Comanche yell of de-light. Contented, although suffering, ight.

ndicated strength of character enough o fight a brave fight in the struggle of

fellows of my acquaintance who had shown that they possessed the same

quality of patient endurance. There was the boy who allowed him-self to be covered with India ink designs, pricked with needles into his

There was the boy who took off his own jacket to cover his little sister from a swarm of bees and fought them with is hat until she escaped.

ere was the lad who went without food for two days because he had been nnjustly taunted with being a glutton who could not control himself, and would have fasted longer if he had not cen put under obedieuce to eat. There was the lad that calmly

opped off his own finger that had been oitten by a deadly snake.

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and build r's strength.

s said to be to Druggisi TORONTO. There was the boy who wore no shoes summer or winter, and lived otherwise equality like a Spartan, to save money off the mortgage of his widowed

There was the young man who gave in smoking when he had gone too far in the use of tobacco, and who nearly ventout of his mind before before he conquered the craving for nicotine; but who, even in the semi-delirium of a collapse, kept saying : it ! I won't do it !" n't do it !

These and other instances of strength of will, manifested in calmess in the midst of agony, came before my mind, and I thought to myself: "There are many heroes of whom the world never

Yet, when one shows that he is endowed with that firmness of will, how quick every one is to recognize his mettle and to say: "There's grit for

You 1' It is a splendid quality to cultivate. In the work of the world, it will go with courage, with hopefulness, with persistence, and it will help to bring

In the higher life, it will give stamina and stability against softness and self-indulgence. It will enable the young man to keep Lent cheerfully. It will make him take his lite of bread and cup of coffee in the morning with a merry jest. It will help him to be cheery in

CHATS WITH YOUNG MEN. It is not by regretting what is irreparable that true work is to be done, but by making the best of what we are. It is not by complaining that we have, not the right tools, but by using well the tools we have. What we are, and where we are, is God' What be also, and which we are also so do also, is God's providential arrangements — God's doing, though it may be a man's mis-doing; and the manly and the wise way is to look your disadvantages in the face, and see what can be made out of them. It has been are as easies the face, and see what can be made out of them. Life, like war, is a series of mistakes, and he is not the best Christian nor the best general who makes the fewest false steps. He is

the best who wins the most splendid victories by the retrieval of mistakes. Forget mistakes; organize victory out of mistakes.-F. W Robertson.

#### The Ideal Young Man.

The Rev. Morgan M. Sheedy, P. R., St. John's Church, Altoona, devoted the second of his Lenten series of ser-mons to "The Ideal Young Man."

The ideal young man was described as one who has a noble spirit ; one who loves honor, truth, temperance, cul-I felt like hugging the manly little ture ; a lover of home and the dom estic virtues; one who has a tender and what Up he trudged, dragging his sleigh behind him, up, up for three long blocks. Then down he came like the every trust; one who daily grows strong in virtue; a true knight, never ne next proceeded home to have his pruises attended to. There was grit for you, indeed, that with him the motto is, "Everything can be endured save dishonor;" as he grows in age he grows in grace and character; he loves the things that are good, beautiful and true; he shuns On my way home, thinking of the what is low and vulgar; he avoids bad companionship and dangerous places; companionship and dangerous places; his ambitions are noble; his aims are

high; he is an

Active doer, nobler liver : Strong to labor, sure to conquer.

His life is given to God and the service of his fellow-men; he cultivates the society of the good and great; he holds himself aloof from those who think in herds and estimate all things at the value the crowd puts upon them; he ooks upon life as a sacred gift and knows that his primary duty is to make it true and good; he knows that a life of dissipation, like that of gaublers. drunkards and libertines, soon kills oth body and soul. He held that the loosening of whole-

some domestic restraint destroys the young man's ideals and is responsible for the moral decadence that we see around us. Young people seem to be allowed to have in most things their own sweet will. The result is the loss of those virtues which are nece keep society pure and stable. There is among many of our young people a sur-face refinement without a sense of honor or delicacy. The speaker singled out a few of the virtues that the young man must build upon if he hopes to reach his ideal. Self-respect, self-sacrifice, a deep sense of duty-these crowned by the spirit and practice of religion-are necessary. The deeper and purer one's religion, the higher and richer is one's moral life; a pure heart is better than a strong mind; and honesty, whether or not the test policy, is better than all

He dwelt on the opportunities of the young men of our day. Never before was there such a demand for the right and of young man. Youth is no longer a barrier to the foremost places. He cited the case of President Roosevelt, Schwab, Marconi-all young men. Nor does lowly birth bar the way. "I have neither riches, nor power, nor birth to recommend me," said the son of a mechanic who rose to be one of the foremost men of his time, "yet. if I live, I trust I shall not be of less service to mankind and my friends, than if I had been born with these advantages. It can be said that

-a melanchely saint. It is a tradition in the novitiate of a certain religious order in this country that there was once a postulant whose sunshiny influence affected a whole whatsoever modest, whatsoever interview. The speaker closed with an urgent is the ideal life. In the words of St. Paul: "Whatsoever things are true, whatsoever interview."

## THE CATHOLIC RECORD.

or breathe on it, and all the delicate tracery will be obliterated. So there is in youth a beauty and purity of character which, when once touched and defiled, can never be restored; a fringe touched and more delicate than frostwork, which, when torn and broken, will never be re-embroidered. He who has spotted and soiled his garments in youth, though he may seek to make them white again, can never wholly do it, even though he may wash them with tears.

He who yields to temptation," said Horace Mann, "debases himself with an affliction from which he can never be cured.' Every evil act rebounds a thousandfold upon the actor. He may despoil others, but he is the chief loser. The world's scorn he may sometimes forget, but the knowledge of his own perfidy is undying. A man may be wronged and live, but he that does wrong dies. The moment that any one of the glorious faculties with which God has endowed us is abused, or misused, that faculty loses, forever, a portion of its delicacy and its energy.

Shun evil thoughts as you would shun temptation to crime. Do not harbor them for an instant, lest their foul contagion contaminate your soul with pictures which even religion is powerless to erase. A single glance at an unclean picture or ook may ruin the purity of a noble life The mind's phonograph will repro-

duce a bad story while life lasts, whether we wish it or not. Its deadly echo will haunt us forever. Physicians tell us that every particle of the body changes once in about seven years; but no chemistry, human or divine, can entirely expunge from the mind a bad picture. Like the paintings buried for centuries in Pompeli, without the loss of tint or shade, such an evil picture is as brilliant in age as in youth. That which poor imprisoned Queen Caroline Matilda, of Denmark, wrote on

her chapel window, ought to be the prayer of all,—"Oh, keep me innocent! —Make others great."—From the Sucess Library. The Place of Gratitude.

# The measure of one's gratitude for

past favors is a very good test of character. The man who has been be-friended when in a tight place will, if he is a true man, remember with thank-fulness his benefactor. It seems so natural to think kindly of those who have helped us that it is a wonder there is any one in the world who does not have a grateful corner in his heart for ome one else. How many times have we had a help-

ing hand from a friend, which cost him much self-sacrifice, and inspired in us but little appreciation ! It may have been a financial difficulty in which we were placed, some business troubles out of which he helped us, care and attention in sickness, or advice in perplexity which was at the moment beyond price. For a time we were grateful, but when occasion came that our friend for some reason could not further help us, straightway we forgot all his past good services, and the little oil of thanksgiving we carried was turned he poison of selfish disappoint-So near akin are gratitude and the ment. ill-will: love and hate.

The world would be a much happier mental. place for most of us if we remembered more the kindnesses we have received and thought less of our misfortunes. Let one sit down for a few moments in the shadow of the evening and think of how much he has to thank his fellows for during the day and how much of pleasure he has received from others. He will be surprised, if he himself is at all worthy, to find how many are his

friends and how few his enemies. If we have much to thank man for, how much more have we to thank God for 1 Stalker says: "Our lives would be brighter if there were in them more thank for the same set of the thanksgiving ; we rob ourselves of the sunshine of life when we rob God of praise." The man who is sour should

# OUR EMOTIONAL LIFE.

The Rev. John T. Driscoll, S. T. L., ector of St. Cecilia's Church, Fonds, . Y., is giving a course of six lectures The Individual and the State, the High school at Albany, under the suspices of the University Extension Sircle. Father Driscoll delivered the econd of his admirable and scholarly discourses on Feb. 17. He spoke in part as follows :

The inquiry into the workings of the mind is of great interest and value. Truth is our light throughout life's ourney, and truth is what the intellect seeks. The field of thought is wide and beautiful ; its treasures are of countless price. But the study of this does not exhaust our nature. Thought leads to action. The truth, which the mind as Thought leads to similates, is not barren and inert, but entering into the depths of our being, stirs up the well springs of our emotional ife. We are thus ushered into the vorld of human activity.

Whit a man thinks now becomes sub-rdinated to what he does. The motives, the fears, the strivings of our fellows are a world of which we all are a part, though our eyes at times are holden to much of its truth and beauty. The drama, the novel, the work of biography or of history, the ordinary intercourse of daily life furnish the op portunities which we grasp with divers eagerness and intent. Hence the de-

artment of ethics. Ethics investigates the emotions of ur inner life and the tendencies of human action. The impressions on the senses and registered in consciousness arouse strange feelings within our breasts. The eyes flash, the check flushes, the head is bent to listen, the hand stretches out to grasp, the feet move, the head droops, the counten-

ance becomes radiant, or a thrill is felt through the body. These are the re-flections of our secret life, and are more or less pronounced according as the will has less or greater control over them. Memory with its wealth of association the intellect in the quest for truth, the perception of beauty in nature and in rt make the heart strings vibrate with ver-changing music. A supreme element in our emotional

science is the judgment of the in-

sires of happiness, of sel servation, of self-development

CONSTANCY IN PRAYER.

ant part in every normal life,

WOMAN'S AILMENTS.

fie is the consciousness of obligation. This reveals the existence of a moral Sufferings which Doctors Fail to Cure The distinction between right d wrong is a primary conviction, an alienable possession of mankind. THOUSANDS OF WOMEN THROUGHOUT

SURPRISE

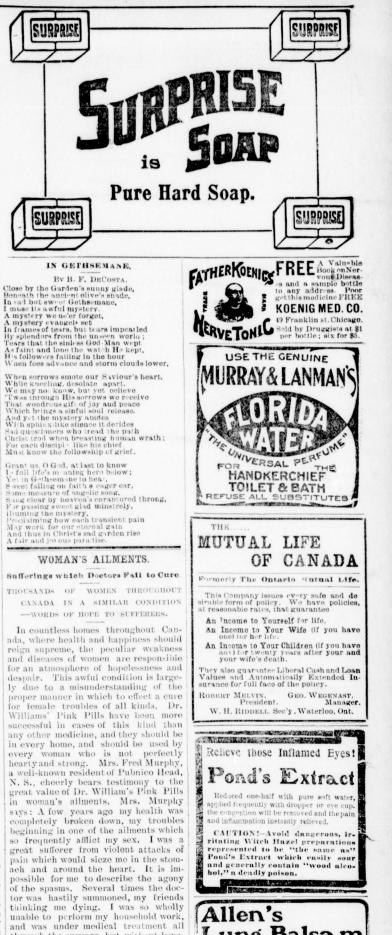
SURPRISE

By B. F. DECOSTA

CANADA IN A SIMILAR CONDITION --- WORDS OF HOPE TO SUFFERERS.

vidual as to the morality of his own In countless homes throughout Cannduct; it is the application of the ada, where health and happiness should reign supreme, the peculiar weakness noral law to the particular events and ircumstances of life. Hence the comand diseases of women are responsible nands of duty, the "ought" or 'ought not." I am free to obey or lisobey. But following the dictate of for an atmosphere of hopel despair. This awful condition is large ly due to a misunderstanding of the the will come the feelings of joy, of proper manner in which to effect a cure beace, of strength, or of shame, of selffor female troubles of all kinds, ndemnation, of sorrow and of remorse. Williams' Pink Pills have been m successful in cases of this kind t At the basis of our emotional life are e feelings which regard self. This any other medicine, and they should be in every home, and should be used by nclination when found in excess bees pride or vanity. Nevertholes every woman who is not perfectly hearty and strong. Mrs. Fred Murphy, a well-known resident of Pubnico Head, lf-love of itself is natural. The deof self-pre-N. S., cheerly bears testimony to the great value of Dr. William's Pink Pills in woman's ailments, Mrs. Murphy perfection with its corresponding ecess of progress and power are funde-ental. Their exercise has an importsays: A few years ago my health was completely broken down, my troubles beginning in one of the ailments which so frequently afflict my sex. I was a great sufferer from violent attacks of Believe me, my dear friends, believe pain which would sieze me in the stom-ach and around the heart. It is iman experience ripened by thirty years in the sacred ministry, I do here affirm that all deceptions, all spiritual defici-encies, all miseries, all falls, all faults, possible for me to describe the agony of the spasms. Several times the doctor was hastily summoned, my friends and even the most sesious wanderings out of the right path, all proceed from thinking me dying. I was so wholly unable to perform my household work, this single source—a want of constancy in prayer. Live the life of prayer; learn to bring everything to change and was under medical treatment all through the summer, but without bene-fit. My appetite left me; my heart everything into prayer — pains and trials, and temptations of all kinds. Pray in the calm, pray in the storm. Pray on awakening, and pray during

would palpitate violently after the least exertion, and I was pale and emaciated. My husband urged me to try Dr. Williams' Pink Pills, and procured me a supply. After using the pills a couple weeks, I could feel that they were helping me, and after using seven bottles, I was fully restored to health. From that time until the spring of 1901 Whatever your repugnance may be, I enjoyed the best of health, but at that



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should be the first thought and must be rigorously insisted upon when buying medicine. for upon its safety depends one's life. ALLEN'S LUNG BALSAM contains no opium in any form and is safe sure.

sunshiny influence affected a whole community. He was slender and grace ful. He had a handsome face and you'd be apt at first sight to set him down as a protice modest, whatsoever lovely, the was slender and grace ful. He had a handsome face and you'd be apt at first sight to set him down as a pretty mother's boy, reared among girls, and spoiled in the process. But there was a fearless look out of his eye and an upward east to his head that Receives a secret symp thatic aid -Tho spoke of a clear conscience and a clean heart. And then his voice was low and his utterance slow. Evidently he had

well, several of the novices there had little or no vocation, and their dis-contentedness was affecting the spirits of the others, like a few drops of ink in a glass of water. Things were growing difficult. The early rising, the manual labors, the simple fare, the monotonously regular life the absence of excitement and amusement, the early hour for bed, tc., etc., were becoming distasteful. Presently in came Master Sunshine.

Soon the blues were driven away. A comic side was perceived to the most ordinary occupations. It is related that he ever found diversion in the dis-cipline. On two evenings of the week the novices, hidden behind the curtains of their cells in the common domitory The provinces, hidden behind the curtains of the curtains the novices, hidden behind the curtains of their cells in the common dormitory, took off their shirts and for the space of three "Hail Mary's" beat themselves with a cat-or-nine-tails made of stout cord. The blows smarted for a second,

The Power of Parity in Character. Virtue alone raises us above fears and chances.-Seneca

A heart unspotted is not easily daunted .- Shakespeare.

No life can be pure in its purpose and strong

in its strife. And all life not be purer and stronger thereby. -Owen Mer dith.

been suffocated by carbonic gases which seek the lowest levels, because of their great gravity. This is fatal, especially the Jesuits at Celle in 1874. But even great gravity. This is fatal, especially in volcanic regions. Virgil tells that every bird that attempted to fly over the mystic Lake Avernus was drawn into its poisonous depths by some un-

There are numerous valleys of poison, and lakes of Avernus in the world,

DR. LITTLEDALE AND THE JESUITS.

Dr. Littledale, in the "Encyclopaedia Britannica," and Mr. Cartwright, in his work on the Jesuits, quote a Jesuit author, Father Louis Wagemann, as lay-ing down the maxim. "*Finis determinat* probletatem actus"—" the end deter-mines the righteousness of an action," which they both interpret as meaning which they both interpret as meaning that the end justifies the means. Father Pollen, S. J., in the current issue of the The "Valley of Poison" is situated on the island of Java. It is filled with the bones of birds and beasts who have mann. They relied on a second-hand

the "Old Catholic " intimates that the phrase in question occurs only in the index at, the end of Wagemann's book. Its appearance there is intended to re-

subject is treated. Father Pollen has, with some difficulty, secured a copy of and takes of Avernus in the world, through which, or over which, it is im-possible for one to pass without wholly losing his spiritual life or having his spiritual wings smirched. One of the defense is chiefen to the morality of human acts is most un-equivocal : "The goodness or badness" is the best and most profitable min-ister's meeting even held in this state, and we think a majority of the brethren present will so testify, if called more possible for one to pass without wholly losing his spiritual life or having his spiritual wings smirched. One of the most poisonous of these valleys is the valley of impurity ; impurity of thought, word, or deed. We sometimes hear people say, as an excuse for participation ing in or witnessing impure things, that they want to know all phases of life by experience and observation. We the morality of human acts is most un-of actions is chiefly to be sought under stances. For an act to be good, it is good ; for it to be bad, it is sufficient that one of them be bad according to the principle, 'Bonum est ex integra

Going and coming, pray. Tired out and distracted, pray.

the daytime.

pray. Pray, that you may learn to pray. "But I cannot pray." This is a heresy. Yes, you can always pray. If you feel a digust, nay, a horror of prayer, pray on; pray in spite of your-self, against yourself. Beg for the courage in prayer which our agonizing Saviour merited for you by His pangs in Gethsemane and upon Calvary. Pray, for prayer is the strength which saves the courage which perseveres, the mystic bridge, cast over the abyss, which joins the soul to God.—Father de Ravignan, S. J.

#### Catholic Bishop Addressed the Preachers.

One day last month the Ministerial Union of Los Angeles, comprising clergymen of nearly every Protestant sect in and about that city, listened to an address from Bishop Montgomery Its appearance there is intended to re-fer the reader to the section where the World." Commenting on this the World." Commenting on this the Monitor of San Francisco says: "It present will so testify, if called upon. It is highly creditable to the spirit of

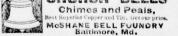
time I felt run down, and suffered from pains in the back. I at once got some more of Dr. Williams' Pink Pills, and they soon put me alright, and I am now feeling better than I have done for years. I cannot praise these pills too much, nor can I too strongly urge those who are ailing to test their won-

derful health-restoring virtues." Dr. William's Pink Pills go right to the root of disease by making new, rich blood, and restoring shattered nerves. In this way they cure such troubles as the functional ailments of women, rethe functional atments of working to sallow store the glow of health to sallow cheeks, cure palpitation of the heart, Flavored with anceas, cure parpiration of the heart, anceas, headache, indigestion, kidney and liver troubles, rheumatism partial paralysis, St. Vitus dance. Be sure you get the genuine with the full name "Dr. Williams' Pink Pills for Pale People," on every box you. If you do not find these pills at your dealers, they will be sent post paid at 50 cents a box or six boxes for \$2.50 by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

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